

GREATER TORONTO AREA 86 Al-Anon/Alateen Meeting List



O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting
C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting
AC = Adult Children (AN) = Concurrent Al-Anon meeting

C 

Monday @9:30 AM - Oshawa

Group ID: 43568

District 23 - Lakeshore

**Al-Anon
(in-person) Morning Glory AFG -
Oshawa**

Open to: Families and Friends Only

Group email:

morninggloryoshawaafg@gmail.com

Meeting focus: Regular

Beginners meeting available.

This group has resumed in person meetings. Masks are optional, social distancing is recommended.

Glen Stewart Club House - Oshawa

201 Cabot Street

Oshawa ON L1J 5S2

No food / drink allowed

C 

Monday @1 PM - Etobicoke

Group ID: 54563

District 20 - Toronto West

**Al-Anon
(hybrid) Etobicoke AFG**

Open to: Families and Friends Only

Meeting focus: Regular

No children please.

This group has resumed physical meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 894 9349 9400

Passcode: 250667

Bloordale United Church - Etobicoke

4258 Bloor Street W.

Etobicoke ON M9C1Z7

Room 15; enter through back doors from the parking lot

C

Monday @1:30 PM - York

Group ID: 30795387

District 20 - Toronto West

**Al-Anon
(in-person) York West AFG**

Open to: Families and Friends Only

Meeting focus: Regular

This group is meeting in-person.

York West Active Living Centre - York

1901 Weston Rd

York ON M9N 3P5

C

Monday @6:15 PM - Toronto

Group ID: 26973

District 20 - Toronto West

**Al-Anon
(online) Long Branch AFG - Toronto**

Open to: Families and Friends Only

Meeting focus: Regular

Rotation of Steps, Traditions & topics
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 830 0705 1178

Password: long

L.A.M.P. Community Centre - Toronto

185 5th Street

Toronto ON M8V2Z5

At Birmingham (top floor) Elevator access available. Closed Holiday Mondays

C

Monday @7 PM - Toronto

Group ID: 16677

District 21 - Toronto Central

**Al-Anon
(in-person) Donlands Serenity AFG -
Toronto**

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person meetings.

This meeting is closed on Statutory Holidays.

Holy Cross R.C. Church - Toronto

291 Cosburn Avenue

Toronto ON M4J2M4

Donlands & Cosburn Ave. In rectory bsmt. east of Church. Enter off Cosburn. Stair lift available to access basement hall.

C

Monday @7 PM - Etobicoke

Group ID: 16688

District 20 - Toronto West

**Al-Anon
(in-person) Kingsway AFG - Toronto**

Open to: Families and Friends Only

Meeting focus: Regular

Beginners meeting 7:00pm

The group has resumed in-person meetings. The meeting starts with a 7pm beginner's meeting; the regular meeting then follows at 7:30pm.

St. George On The Hill - Etobicoke

4600 Dundas Street West

Etobicoke ON M9A1A5

West of Royal York Rd. Disabled Access, Frangrance Free


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C
Monday @7 PM - Toronto
Group ID: 16682
District 21 - Toronto Central
Al-Anon
(in-person) Mid City AFG - Toronto
Open to: Families and Friends Only
Group email:
midcityfamilygroup@gmail.com
Meeting focus: Regular
Please note that the Beginners meeting is held prior to main meeting and starts at 7:00pm; Main meeting starts at 7:30pm.
This group has resumed in-person meetings.

Trinity St Paul's United Church - Toronto
427 Bloor Street W
Toronto ON M5S 1X7
Our meeting takes place in the Circles room.

C 
Monday @7:30 PM - Port Perry
Group ID: 24446
District 23 - Lakeshore
Al-Anon
(in-person) Just For Today AFG - Port Perry
Open to: Families and Friends Only
Group email:
justfortodayafg@outlook.com
Meeting focus: Book study group
Discussing the Daily Reader One Day at a Time in Al-Anon. Newcomers welcome.
This group has resumed in-person meetings.

Port Perry United Church
294 Queen Street
Port Perry ON L9L 1B2
Enter through glass doors on Simcoe Street and follow posted signs.

C 
Monday @7:30 PM - Toronto
Group ID: 16684
District 19 - Toronto North
Al-Anon
(in-person) North Toronto AFG
Open to: Families and Friends Only

Meeting focus: Regular
Beginners meeting at 8:30pm
This group has resumed in-person meetings.

St. Clement's Anglican Church - Toronto
70 St Clements Avenue
Toronto ON M4R 1H8
The In-Person meeting is held in the Sunroom (entrance is through the main glass door on St. Clements Avenue; ramp and steps are accessed from the parking lot). Wheelchair access. No food or drink allowed.

C
Monday @7:30 PM - Canada
Group ID: 30834237
District 19 - Toronto North
Al-Anon
(online) North Toronto Electronic AFG
Open to: Families and Friends Only
Group email:
NorthTorontoegroupAFG@gmail.com
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 892 0354 6569
Password: 170406

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Monday @7:30 PM - Unionville
Group ID: 43991
District 22 - Scarborough
Al-Anon
(online) Unionville Caring Sharing AFG
Open to: Families and Friends Only

Meeting focus: Regular
The online meeting is online by invitation.

Central United Church - Unionville
131 Main Street
Unionville ON L3R2G3
North of Hwy. 7

C
Monday @7:45 PM - Oakville
Group ID: 500897
District 16 - Mississauga
Al-Anon
(in-person) Monday Night Oakville AFG
Open to: Families and Friends Only
Group email:
mondaynightoakville@gmail.com
Meeting focus: Regular
This group is now meeting in-person.

St Jude's Church - Oakville
160 William Street
Oakville ON L6J1C5
No food or drinks allowed. Basement; South Lakeshore, West of Trafalgar

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C
Monday @8 PM - Canada
Group ID: 52669
District 19 - Toronto North
Al-Anon
(online) Keep It Simple AFG - Thornhill
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 209 144 1133
Password: 956694

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

O
Monday @8 PM - Mississauga
Group ID: 501220
District 16 - Mississauga
Al-Anon
(in-person) Plan B AFG - Mississauga
Open to: Families Friends and Observers Welcome
Group email: district16dr@gmail.com
Meeting focus: Regular
This group (formerly: Polski AFG) now has re-opened their door for in-person meetings, adhering to Covid regulations. Mask are required during the meeting. There is also a separate Zoom meeting on Tuesday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe - Mississauga
4260 Cawthra Road
Mississauga ON L4Z1V8
Rm. Saint Eugene de Mazonod

C-(AA)
Monday @8 PM - Scarborough
Group ID: 16706
District 22 - Scarborough
Al-Anon
(hybrid) Stepping Stones AFG - Scarborough
Open to: Families and Friends Only

Meeting focus: Discussion meeting
There is a speaker each 5th Monday of month.
The meeting is held in-person with a concurrent online meeting (hybrid). Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.


Meeting ID: 435121245
Password: 093373

St. Paul's United Church - Scarborough
200 McIntosh Street
Scarborough ON M1N 3Z3
Kingston Rd. & Midland Ave. Downstairs to the right.

C-(AA)
Monday @8 PM - Toronto
Group ID: 30621952
District 20 - Toronto West
Alateen
(in-person) Together We Can Make It Alateen - Toronto
Open to: Families and Friends Only


Meeting focus: Regular
This group has resumed in-person meetings.

All Saints Kingsway Anglican Church - Toronto
2850 Bloor Street West
Toronto ON M8X1B2
Take east exit from Royal York subway, walk 2 blocks east

C 
Tuesday @10 AM - Brampton
Group ID: 47427
District 17 - Peel, Halton
Al-Anon
(in-person) Brampton Serenity Tuesday and Thursday AFG
Open to: Families and Friends Only

Meeting focus: Discussion meeting
Step & Traditions
This group has resumed in-person meetings.

Holy Family Anglican Church - Brampton
10446 Kennedy Road North
Brampton ON L6Z 0A7
Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).


O 
Tuesday @10 AM - Mississauga
Group ID: 16620
District 16 - Mississauga
Al-Anon
(in-person) New Hope AFG - Mississauga
Open to: Families Friends and Observers Welcome
Group email: district16dr@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

The Elder Center at the Central Parkway Mall - Mississauga
377 Burnhamthorpe Road E.
Mississauga ON L5A 3Y1
The meeting is held on the second floor.

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C 
Tuesday @10:30 AM - Toronto
Group ID: 16676
District 19 - Toronto North
Al-Anon
(in-person) 12 Step Broadway AFG - Toronto
Open to: Families and Friends Only
Group email:
12stepbroadwayafg@gmail.com
Meeting focus: Step-study
This group has resumed in-person meetings.

Blessed Sacrament Church - Toronto
24 Cheritan Avenue
Toronto ON **M4R 1S4**
Enter church via the north side doors with accessibility entry, then take stairs or elevator down into the church hall, follow signs to Holy Family Room.

O
Tuesday @12:15 PM - Toronto
Group ID: 30572140
District 21 - Toronto Central
Al-Anon
(in-person) Living our Best Life AFG - Toronto
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
Topic Discussion, Tradition & Steps on 1st and 3rd week. Speaker on 5th week of the month
This group has resumed in-person meetings. Note the new start time. Room is open for fellowship from 12pm. End of meeting at 1:15pm.

Trinity St Paul's United Church - Toronto
427 Bloor Street W
Toronto ON M5S 1X7
Our meeting takes place in the Circles room.

C
Tuesday @6:30 PM - Pickering
Group ID: 30613825
District 23 - Lakeshore
Al-Anon
(in-person) Paths to Recovery AFG - Pickering
Open to: Families and Friends Only
Group email:
PathwaysToRecoveryDistrict23@gmail.com
Meeting focus: Book study group
Book-study
This group has resumed in-person meetings.

Montessori Learning Centre of Pickering
401 Kingston Road
Pickering ON L1V 1A3
In gray portable; bring your own chair.

C
Tuesday @7 PM - Toronto
Group ID: 30858581
District 21 - Toronto Central
Al-Anon
(in-person) Serenity for Families AFG - Toronto
Open to: Families and Friends Only
Group email:
serenityforfamilies@gmail.com
Meeting focus: Parents
This group has resumed in-person meetings.

Canadian Centre for Language and Culture - Toronto
635 Markham Street
Toronto ON M6G 2M1
The meeting room is on the second floor (follow the signs). Enter through the main door and go upstairs. Located beside the west entrance (Markham St entrance) beside the Pizzaville. Green P parking across the street.

C
Tuesday @7 PM - Toronto
Group ID: 16689
District 21 - Toronto Central
Al-Anon
(in-person) St Clair AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Regular
Open meeting 1st Tues. Every month.
Speaker 1st meeting of the month.
This group has resumed in-person meetings.

Holy Rosary Parish Hall - Toronto
356 St. Clair Avenue W.
Toronto ON M5P1N4
Hall is west of church. Wheelchair access.

C-(AA)
Tuesday @7 PM - Oshawa
Group ID: 42253
District 23 - Lakeshore
Al-Anon
(in-person) Traditions AFG - Oshawa
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person meetings. If unvaccinated in attendance, masks will be worn by all.

St. Luke's Presbyterian Church - Oshawa
333 Rossland Road W
Oshawa ON L1J3G6
Enter parking lot from Park Road N. Warning, speed bump on the driveway.

Use back door on lower level from parking lot

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.

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C
Tuesday @7 PM - Mississauga
Group ID: 501220
District 16 - Mississauga
-
Open to: Families and Friends Only

Meeting focus: Regular
To obtain meeting credentials, please call 6474570696. Access with the 'Join with Zoom' button on the meetings page of the Ontario website with the provided meeting ID and password.

There is also a separate face-to-face meeting on Monday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe - Mississauga
4260 Cawthra Road
Mississauga ON L4Z1V8
Rm. Saint Eugene de Mazenod

C
Tuesday @7:30 PM - Canada
Group ID: 502780
District 21 - Toronto Central
AI-Anon
(online) The Beach Read & Recover AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Regular
Beginners meeting at 7:00 p.m.
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 826 2386 5102
Password: 996570

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Tuesday @8 PM - Aurora
Group ID: 16240
District 18 - GTA North
AI-Anon
(online) Aurora Serenity AFG
Open to: Families and Friends Only
Group email:
auroraalanongroup@gmail.com
Meeting focus: Regular
Discussion meeting based on the 12 Steps and Traditions with periodical open speaker meetings
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 815 6772 7870
Password: 762921

St. Andrew's Presbyterian Church - Aurora
32 Mosley Street
Aurora ON L4G1G9
Mosley at Victoria St. Enter off Victoria - 2nd Floor. NO Wheelchair access to mtg room.

C
Tuesday @8 PM - Bolton
Group ID: 65131
District 17 - Peel, Halton
AI-Anon
(in-person) Bolton AFG
Open to: Families and Friends Only

Meeting focus: Regular
Discussion


Bolton United Church - Bolton
8 Nancy Street
Bolton ON L7E 1C7
No food and drink allowed; Meeting is in the basement, just past the washrooms

C
Tuesday @8 PM - Mississauga
Group ID: 30773
District 16 - Mississauga
AI-Anon
(hybrid) Courage to Change AFG - Mississauga
Open to: Families and Friends Only

Meeting focus: Discussion meeting
Speaker last meeting of the month. This group has resumed in-person meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 849 35184377

Erindale United Church - Mississauga
1444 Dundas Cr.
Mississauga ON L5C1E9
South off Dundas W. Non-smoking

O 
Tuesday @8 PM - Nobleton
Group ID: 30700335
District 17 - Peel, Halton
AI-Anon
(in-person) Enough is Enough AFG - Nobleton
Open to: Families, Friends and Observers Welcome
Group email:
Afgnobleton2@gmail.com
Meeting focus: Regular
This group has resumed physical meetings.

Nobleton United Church
6076 King Road
Nobleton ON L2M 4G1
Wheelchair access. Enter at rear.

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C-(AL)
Tuesday @8 PM - Milton
Group ID: 503626
District 17 - Peel, Halton
AI-Anon
(in-person) Hope for Today AFG - Milton
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person meetings.

Grace Anglican Church - Milton
317 Main Street E.
Milton ON L9T 1P5
Millside Dr. & Main St.; park at rear, overflow parking across the street.
Entrance at side door of church-third floor

C 
Tuesday @8 PM - Etobicoke
Group ID: 16703
District 20 - Toronto West
AI-Anon
(in-person) Markland Woods AFG - Etobicoke
Open to: Families and Friends Only

Meeting focus: Regular
This group is now meeting in-person.

Bloordale United Church - Etobicoke
4258 Bloor Street W.
Etobicoke ON M9C1Z7
Room 15; enter through back doors from the parking lot

C
Tuesday @8 PM - Canada
Group ID: 16685
District 19 - Toronto North
AI-Anon
(online) New Beginnings AFG - Don Mills
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 687 235 979
Password: 011737

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Tuesday @8 PM - Ajax
Group ID: 16555
District 23 - Lakeshore
AI-Anon
(in-person) New Hope Pickering AFG - Ajax
Open to: Families and Friends Only
Group email: newhopepickering@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Pickering Village United Church - Ajax
300 Church Street N.
Ajax ON L1T 2W7
North Side Entrance, Downstairs

C
Tuesday @8 PM - Scarborough
Group ID: 30769637
District 22 - Scarborough
AI-Anon
(in-person) Tuesday Learning to Live AFG - Scarborough
Open to: Families and Friends Only

Meeting focus: Regular
New AI-Anon meeting. Covid restrictions apply for physical attendance.

St. Jude's Anglican Church - Scarborough
10 Howarth Street
Scarborough ON M1R 1H4
Near Victoria Park Ave. and Lawrence Ave.

C-(AN)
Tuesday @8 PM - Milton
Group ID: 30766841
District 17 - Peel, Halton
Alateen
(hybrid) Tuesday Night Alateen AFG - Milton
Open to: Families and Friends Only


Meeting focus: Regular
This groups meets online and in person. To obtain details for attending the online meeting, please send an email to: miltonalateen@gmail.com

Grace Anglican Church - Milton
317 Main Street E.
Milton ON L9T 1P5
Millside Dr. & Main St.; park at rear, overflow parking across the street.
Entrance at side door of church-third floor

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C 
Tuesday @8 PM - Orangeville
Group ID: 33085
District 18 - GTA North
AI-Anon
(hybrid) Tuesday Night Serenity AFG - Orangeville
Open to: Families and Friends Only

Meeting focus: Regular
Meeting in Person and online with Zoom (hybrid). □

Access online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 844 7422 1859 □
Password: 320491

St. Mark's Anglican Church - Orangeville
5 First Ave.
Orangeville ON L9W 1H7

C 
Wednesday @10 AM - Georgetown
Group ID: 60344
District 17 - Peel, Halton
AI-Anon
(in-person) Georgetown One Day At A Time AFG
Open to: Families and Friends Only
Group email:
Georgetown.oneday@hotmail.com
Meeting focus: Regular
This meeting is now re-opened and you are welcome to attend their physical meetings. Please note that the groups meet at a new location as of February 8, 2023.

Georgetown Christian Fellowship
13619 Highway 7
Georgetown ON L7G 4S4
Enter through front doors, meeting is in the Prayer Room

C
Wednesday @10:30 AM - Etobicoke
Group ID: 67122
District 20 - Toronto West
AI-Anon
(in-person) Wednesday Morning AFG - Toronto
Open to: Families and Friends Only
Group email:
wednesdayamgr@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.


Our Lady Of Sorrows Church - Etobicoke
3055 Bloor Street West
Etobicoke ON M8X-1C6
Meeting room in basement (The Meeting room and Atrium Room) - access is the west entrance. Elevator on the east side of the church. Parking on the West Side

C-(AN)
Wednesday @7 PM - Mississauga
Group ID: 30519795
District 16 - Mississauga
Alateen
(online) Hope Prevails Alateen - Mississauga
Open to: Families and Friends Only
Group email:
hopeprevailsalateen@gmail.com
Meeting focus: Regular
AI-Anon meets at the same time & place.
Teens interested in attending may send a message to
hopeprevailsalateen@gmail.com to get the zoom link.


Westminster United Church - Mississauga
4094 Tomken Road
Mississauga ON L4W1J5
Meeting in basement. Wheelchair accessible. Southwest corner of Tomken & Rathburn.

C
Wednesday @7:15 PM - Toronto
Group ID: 16681
District 21 - Toronto Central
AI-Anon
(in-person) Main St Fellowship AFG - Toronto
Open to: Families and Friends Only
Group email:
mainstreetafg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Community Center 55 - Toronto
97 Main Street
Toronto ON M4E2V6
Main St. at Swanwick. Room - Main Floor.

C-(AA) 
Wednesday @7:30 PM - Toronto
Group ID: 30856992
District 21 - Toronto Central
AI-Anon
(in-person) Bloor and Yonge Alateen - Toronto
Open to: Families and Friends Only
Group email:
bloorandyongevalateen@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

St. Andrew's United Church - Toronto
117 Bloor St E
Toronto ON M4W 1A9
South side, set back from the street.
Ramp and elevator accessible.

C 
Wednesday @7:30 PM - Vaughan
Group ID: 30787405
District 17 - Peel, Halton
AI-Anon
(in-person) Come Together AFG - Woodbridge
Open to: Families and Friends Only
Meeting focus: Regular
This group has resumed in-person meetings.

Woodbridge United Church - Vaughan
8090 Kipling Avenue,
Vaughan ON L4L 0H1

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C
Wednesday @7:30 PM - Toronto
Group ID: 43493
District 21 - Toronto Central
Al-Anon
(hybrid) Fresh Start AFG - Toronto
Open to: Families and Friends Only
Group email:
freshstartafg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.
There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 85210416666
Password: 261581

St. Andrew's United Church - Toronto
117 Bloor St E
Toronto ON M4W 1A9
South side, set back from the street.
Ramp and elevator accessible.

C
Wednesday @7:30 PM - Toronto
Group ID: 43493
District 21 - Toronto Central
Al-Anon
(in-person) Fresh Start AFG - Toronto
Open to: Families and Friends Only
Group email:
freshstartafg@gmail.com
Meeting focus: Regular
Beginner's meeting at 7 PM.
This group has resumed in-person meetings.
This is a hybrid meeting (both online and in-person at the same meeting) whenever there is a speaker or a business meeting.

St. Andrew's United Church - Toronto
117 Bloor St E
Toronto ON M4W 1A9
South side, set back from the street.
Ramp and elevator accessible.

C
Wednesday @7:45 PM - Mississauga
Group ID: 16466
District 16 - Mississauga
Al-Anon
(hybrid) Cooksville Circle of Hope AFG - Mississauga
Open to: Families and Friends Only
Group email:
district16dr@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.
There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 367408879

Cooksville United Church - Mississauga
2500 Mimosa Row
Mississauga ON L5B1P7
Two blocks north of Queensway and Highway 10; off Floradale. Use door bell on double white doors. Go to Conference Room in basement.

C
Wednesday @8 PM - Acton
Group ID: 47839
District 17 - Peel, Halton
Al-Anon
(in-person) Acton AFG
Open to: Families and Friends Only
Meeting focus: Regular
This group has resumed in-person meetings.

Trinity United Church - Acton
70 Mill Street E.
Acton ON L7J1H5
Use East entrance of church (facing side street). Meeting room in basement.

C
Wednesday @8 PM - Canada
Group ID: 16701
District 20 - Toronto West
Al-Anon
(online) Downsview AFG - Toronto
Open to: Families and Friends Only
Group email:
downsviewalanongroup@gmail.com
Meeting focus: Regular
Steps and Traditions Study, topics
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 541316226
Password: 475148

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Wednesday @8 PM - Bradford
Group ID: 61269
District 18 - GTA North
Al-Anon
(in-person) Journey to Freedom AFG - Bradford
Open to: Families and Friends Only
Meeting focus: Regular
This group has resumed in-person meetings.

Holy Martyrs of Japan Church - Bradford
167 Essa Street
Bradford ON L3Z2B6

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AC = Adult Children (AN) = Concurrent Al-Anon meeting

C
Wednesday @8 PM - Canada
Group ID: 48646
District 18 - GTA North
Al-Anon
(online) Keswick Freedom AFG
Open to: Families and Friends Only
Group email:
keswickfreedom@gmail.com
Meeting focus: Regular
When a month has 5 Wednesdays, the
4th Wednesday may be a Speaker
Meeting.
Access directly with the 'Join with Zoom'
button on the meetings page of the
Ontario website. Or enter Zoom details
manually.

Meeting ID: 819 0214 2007
Password: 038100

Electronic Meeting Ontario South - Canada

Ontario South
Canada ON
Not a physical location

C
Wednesday @8 PM - Whitchurch-
Stouffville
Group ID: 66781
District 18 - GTA North
Al-Anon
**(hybrid) Stouffville Steps to Serenity
AFG**
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person
meetings.
There is also a concurrent online
meeting. Access the online portion of the
meeting directly with the 'Join with Zoom'
button on the meetings page of the
Ontario website. Or enter Zoom details
manually.

Meeting ID: 856 9081 0286
Password: 346816

Stouffville United Church

34 Church Street N
Whitchurch-Stouffville ON L4A 1E3
On Church St., just north of Main St.
Enter on south side of church, up the
stairs, down the hall and through the
door. down the hall to the first room on

C
Wednesday @8 PM - Toronto
Group ID: 30053
District 19 - Toronto North
Al-Anon
**(in-person) The New Group AFG -
Toronto**
Open to: Families and Friends Only

Meeting focus: Discussion meeting
This group has resumed in-person
meetings.

Glenview Presbyterian Church - Toronto

1 Glenview Avenue
Toronto ON M4R1P5
At Yonge Street and Glenview Avenue,
Enter door by church driveway on
Glenview, Yonge Street side of the
church, take stairs to finished basement.
Street parking available on Glenview,
parallel to Yonge Street.

C
Wednesday @8:15 PM - Canada
Group ID: 61269
District 18 - GTA North
Al-Anon
**(online) Journey to Freedom AFG -
Bradford**
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom'
button on the meetings page of the
Ontario website. Or enter Zoom details
manually.

Meeting ID:
Password:

Electronic Meeting Ontario South - Canada

Ontario South
Canada ON
Not a physical location

C
Thursday @9:30 AM - Toronto
Group ID: 50672
District 21 - Toronto Central
Al-Anon
**(online) Mothers & Others AFG -
Toronto**
Open to: Families and Friends Only
Meeting focus: Regular
Access directly with the 'Join with Zoom'
button on the meetings page of the
Ontario website. Or enter Zoom details
manually.

Meeting ID: 827 1166 2109
Password: 779363

Eastminster United Church - Toronto

310 Danforth Avenue
Toronto ON M4K1N6
Near Chester Subway Stn. Meeting
takes place in the Jackman Room (follow
signs).

C
Thursday @9:30 AM - Toronto
Group ID: 50672
District 21 - Toronto Central
Al-Anon
**(in-person) Mothers & Others AFG -
Toronto**
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person
meetings.


Eastminster United Church - Toronto

310 Danforth Avenue
Toronto ON M4K1N6
Near Chester Subway Stn. Meeting
takes place in the Jackman Room (follow
signs).

GREATER TORONTO AREA 86 Al-Anon/Alateen Meeting List




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C 
Thursday @10 AM - Brampton
Group ID: 47427
District 17 - Peel, Halton
Al-Anon
(in-person) Brampton Serenity
Tuesday and Thursday AFG
Open to: Families and Friends Only

Meeting focus: Discussion meeting
Step, Traditions
This group has resumed in-person meetings.

Holy Family Anglican Church - Brampton
10446 Kennedy Road North
Brampton ON L6Z 0A7
Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).

C 
Thursday @10 AM - Oshawa
Group ID: 30623776
District 23 - Lakeshore
Al-Anon
(in-person) Let It Begin With Me AFG - Oshawa
Open to: Families and Friends Only
Group email:
beginwithme10@gmail.com
Meeting focus: Book study group
This group has resume in-person meetings. No food and drink allowed in the accommodation.

Alano Club - Oshawa
200 Thornton Road North
Oshawa ON L1J 6T8
Rear Entrance. Meeting is wheelchair accessible via front door.

C
Thursday @10:30 AM - Markham
Group ID: 64092
District 22 - Scarborough
Al-Anon
(in-person) Markham Sunny
Forecasts AFG
Open to: Families and Friends Only
Group email:
sunnyforecastsafg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

The Bridge - Markham
5440 16th Ave Markham
Markham ON L3P 3J3

C
Thursday @12:15 PM - Toronto
Group ID: 51472
District 21 - Toronto Central
Al-Anon
(online) Downtown Noon AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 5849276315
Password: 049431


Holy Trinity Church - Toronto
10 Trinity Square
Toronto ON M5G1B1
Next to Eaton Centre, basement of Old Rectory

O-(AA)
Thursday @7:30 PM - North York
Group ID: 16713
District 19 - Toronto North
Al-Anon
(hybrid) Bayview AFG - Toronto
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
Beginner meeting available
This group has resumed in-person meetings.
Starting 26 October, there is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 857 5292 3287
Password: 105517
In person meeting option available starting November 2, 2023

Church of the Incarnation - North York
15 Clairtrell Road
North York ON M2N 5J7
For in person. enter through the side

C 
Thursday @7:30 PM - Bowmanville
Group ID: 48166
District 23 - Lakeshore
Al-Anon
(in-person) Bowmanville Serenity AFG
Open to: Families and Friends Only
Group email:
bowmanvilleserenityafg@gmail.com
Meeting focus: Discussion meeting
This group has resumed in-person meetings.

Salvation Army Church - Bowmanville
75 Liberty Street S.
Bowmanville ON L1C 2N8
Wheelchair accessible.

GREATER TORONTO AREA 86 Al-Anon/Alateen Meeting List




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C-AC
Thursday @7:30 PM - Canada
Group ID: 38247
District 16 - Mississauga
Al-Anon
(online) Growing Together Adult Children AFG - Mississauga
Open to: Families and Friends Only

Meeting focus: Adult Children
Beginner's Meeting available
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 71816346907
Password: 119119

Electronic Meeting Ontario South Canada
Ontario South
Canada ON
Not a physical location

C 
Thursday @7:30 PM - Canada
Group ID: 30705549
District 19 - Toronto North
Al-Anon
(online) Serenity AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Parents
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 2091441133
Password: 956694

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Thursday @8 PM - Canada
Group ID: 16704
District 22 - Scarborough
Al-Anon
(online) Cedarbrae AFG - Scarborough
Open to: Families and Friends Only
Group email:
alanoncedarbrae@aol.com
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 86967612716
Password: Hope4u#
Dial-in with regular phone: +1 647 558 0588 - code: 467348#


Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Thursday @8 PM - Mississauga
Group ID: 51557
District 16 - Mississauga
Al-Anon
(in-person) Meadowvale Back to Basics AFG - Mississauga
Open to: Families and Friends Only
Group email:
meadowvalebacktobasics@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Meadowvale Community Church - Mississauga
2630 Inlake Ct
Mississauga ON **L5N 2A7**
Members are asked to use the entranceway at the rear of the building. After entering, proceed to the end of the hallway and go through the double doors on the left. The meeting for Al-Anon is in the room to the left.

C
Thursday @8 PM - Toronto
Group ID: 501677
District 20 - Toronto West
Al-Anon
(in-person) Roncesvalles AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Regular
Rotation of steps, traditions, topics.
This group has resumed in person meetings.

Roncesvalles United Church - Toronto
214 Wright Avenue
Toronto ON M6R 1L3
North of Queen. Enter parking lot north side of church, 1st floor. Handicap Access. Fragrance Free

C 
Thursday @8 PM - Newmarket
Group ID: 38515
District 18 - GTA North
Al-Anon
(in-person) Thursday Night AFG - Newmarket
Open to: Families and Friends Only
Group email:
thursdaynightafg@yahoo.com
Meeting focus: Regular
E-Transfers now accepted, using our group e-mail for direct deposit.
ThursdayNightAFG@yahoo.com
This group has resumed in-person meetings. Note: Please stay home if you are unwell, or suspect a possible exposure to COVID-19.

St. Andrew's Presbyterian Church - Newmarket
484 Water Street
Newmarket ON L3Y1M5
Intersection Main St. & Water St.
Entrance door & parking at South side of Church. Extra parking available near (Fairy Lake park-east side of bridge).
Meeting held in "The Mark Room" located on lower level of Church.

GREATER TORONTO AREA 86 AI-Anon/Alateen Meeting List



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O
Friday @10 AM - Oakville

Group ID: 16496

District 16 - Mississauga

AI-Anon

(in-person) Friday AM Oakville AFG

Open to: Families Friends and

Observers Welcome

Group email:

eoprato@bell.net

Meeting focus: Regular

This group has resumed in-person meetings.

Glen Abbey United Church - Oakville

1469 Nottinghill Gate

Oakville ON L6M1X7

South on Nottinghill Gate, Just south of Upper Middle.

C
Friday @10 AM - Scarborough

Group ID: 52747

District 22 - Scarborough

AI-Anon

(in-person) The Fellowship AFG - Scarborough

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person meetings.

Bendale Bible Chapel - Scarborough

330 Bellamy Road N.

Scarborough ON M1H1E8

Intersections- Lawrence and Brimley.

Enter by front door. Wheelchair accessible.

C-(AA)-(AN)
Friday @7 PM - Bramalea

Group ID: 30691934

District 17 - Peel, Halton

Alateen

(hybrid) You Are Not Alone Alateen - Bramalea

Open to: Families and Friends Only

Group email:

yanaalateen@gmail.com

Meeting focus: Regular

Concurrent with AI-Anon Meeting, when meeting physically. Group meets in-person with hybrid option available when contacted in advance. Please send an email to obtain online meeting details to yanaalateen@gmail.com.

St. Paul's Presbyterian Church - Bramalea

723 Balmoral Dr.

Bramalea ON L6T1X5

Balmoral Dr. East of Bramalea Rd. 2nd door from street off parking lot, downstairs. Handicap access.

C
Friday @8 PM - Etobicoke

Group ID: 35730

District 20 - Toronto West

AI-Anon

(in-person) TGIF AFG - Etobicoke

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person meetings.

St. Philip's Parish Hall - Etobicoke

60 Dixon Rd

Etobicoke ON M9P 2L5

One block east of Royal York Road, north side. Ring side doorbell for wheelchair access via elevator.



O
Saturday @9:15 AM - Toronto

Group ID: 30603230

District 21 - Toronto Central

AI-Anon

(in-person) Up'n At'em AFG - Toronto

Open to: Families Friends and

Observers Welcome

Group email:

upandatemsat@gmail.com

Meeting focus: Regular

Mostly topic meeting; last Saturday of month is speaker meeting.

This group has resumed in-person meetings.

Trinity St Paul's United Church - Toronto

427 Bloor Street W

Toronto ON M5S 1X7

Our meeting takes place in the Circles room.

O
Saturday @9:15 AM - Toronto

Group ID: 30603230

District 21 - Toronto Central

-

Open to: Families Friends and Observers Welcome

Meeting focus: Regular

Mostly topic meeting; last Saturday of month is speaker meeting. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 833 8684 2425

Password: 915915

Trinity St Paul's United Church - Toronto

427 Bloor Street W

Toronto ON M5S 1X7

Our meeting takes place in the Circles room.

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C 
Saturday @10 AM - Whitby
Group ID: 30732495
District 23 - Lakeshore
**Al-Anon
(in-person) Peace and Serenity AFG -
Whitby**
Open to: Families and Friends Only
Group email:
peace.serenityafg@gmail.com
Meeting focus: Regular
Topics: Steps / Traditions / Concepts,
topic, speaker
This group has resumed in-person
meetings.

Whitby Baptist Church
411 Gilbert St., E.
Whitby ON L1N 1R6
Enter through back door and follow the
signs. Wheelchair accessible.

C
Saturday @10 AM - Oakville
Group ID: 28145
District 16 - Mississauga
**Al-Anon
(in-person) Saturday Morning Oakville
AFG**
Open to: Families and Friends Only

Meeting focus: Regular
Beginner's meeting available
This group has resumed in-person
meetings.

**Hopedale Presbyterian Church -
Oakville**
156 Third Line
Oakville ON L6L3Z8
On the west side of Third Line, 1 1/2
blocks north of Lakeshore Rd.


C 
Saturday @11:00 AM - Richmond Hill
Group ID: 60260
District 19 - Toronto North
**Al-Anon
(in-person) Choices AFG - Richmond
Hill**
Open to: Families and Friends Only

Meeting focus: Regular
This meeting has re-opened for in-
person meetings.

**St. Mary's Anglican Church -
Richmond Hill**
10030 Yonge Street
Richmond Hill ON L4C1T8
At Major MacKenzie. Handicap access.

O
Saturday @8 PM - Toronto
Group ID: 16690
District 19 - Toronto North
**Al-Anon
(in-person) Saturday Night Open AFG
- Toronto**
Open to: Families, Friends and
Observers Welcome
Group email:
SNO7th@yahoo.com
Meeting focus: Speaker
This group has resumed in-person
meetings.
Note that this meeting opens its doors at
8pm for welcoming and fellowship - the
actual meeting starts at 8:15pm and
ends at 9:15pm.

Volunteers are invited to join the
organising team.
This service commitment requires
volunteers, who are scheduled in teams
of two, to be present at the physical
meetings once a month / six weeks,
depending on the size of the volunteer
team. Tasks include opening and closing
the church, setting out literature and
other meeting materials and chairing the
meeting when there is no host group.

C 
Sunday @10 AM - Toronto
Group ID: 30584824
District 19 - Toronto North
**Al-Anon
(hybrid) AFG Spoken Here - Toronto**
Open to: Families and Friends Only
Group email:
zaidiebob@hotmail.com
Meeting focus: Regular
This group has resumed in-person
meetings.
There is also a concurrent online
meeting. Access the online portion of the
meeting directly with the 'Join with Zoom'
button on the meetings page of the
Ontario website. Or enter Zoom details
manually.

Meeting ID: 209 144 1133
Password: 956694

St. Ansgar Lutheran Church - Toronto
1498 Avenue Road
Toronto ON M5N2J1
Physical meeting location: at corner of
Avenue Rd and Lawrence Ave. W, enter
at South door.


C
Sunday @1:30 PM - Toronto
Group ID: 46684
District 20 - Toronto West
**Al-Anon
(in-person) Parkdale AFG - Toronto**
Open to: Families and Friends Only
Group email:
parkdalegrouptoronto@gmail.com
Meeting focus: Regular
Steps 1,2,3 & beginners meeting. 5th
Sunday of the month will be an open
speaker meeting.
This group has resumed in-person
meetings.

**Masaryk - Cowan Community Centre -
Toronto**
220 Cowan Avenue
Toronto ON M6K2N6
West of Dufferin, south of Queen.
Handicap access.

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AC = Adult Children (AN) = Concurrent Al-Anon meeting

C 
Sunday @7 PM - Oshawa
Group ID: 30548623
District 23 - Lakeshore
Al-Anon
(in-person) Yana - You Are Not Alone
AFG - Oshawa
Open to: Families and Friends Only
Group email:
yanaafg@gmail.com
Meeting focus: Regular
1st Week Step, 2nd Week Tradition, 3rd
Week Concept, 4th Week Topic, 5th
Week speaker.
This group has resumed in-person
meetings.

St. Luke's Presbyterian Church -
Oshawa
333 Rossland Road W
Oshawa ON L1J3G6
Enter parking lot from Park Road N.
Warning, speed bump on the driveway.

Use back door on lower level from
parking lot

Al-Anon is in the auditorium, at the top of
the stairs.

C
Sunday @7:30 PM - Toronto
Group ID: 30771
District 19 - Toronto North
Al-Anon
(in-person) Second Chance AFG -
Toronto
Open to: Families and Friends Only

Meeting focus: Newcomers
This is a dedicated newcomer meeting in
English, that is followed, at 8pm, by
regular Al-Anon meeting.


Glenview Presbyterian Church -
Toronto
1 Glenview Avenue
Toronto ON M4R1P5
At Yonge Street and Glengrove Avenue,
Enter door by church driveway on
Glenview, Yonge Street side of the
church, take stairs to finished basement.
Street parking available on Glenview,
parallel to Yonge Street.

C
Sunday @7:30 PM - Toronto
Group ID: 30771
District 19 - Toronto North
Al-Anon
(in-person) Second Chance AFG -
Newcomers (Español) - Toronto
Open to: Families and Friends Only

Meeting focus: Newcomers
Esta es una reunión de recién llegados
para aquellos nuevos en Al-Anon.

This is a dedicated newcomer meeting in
Spanish, that is followed, at 8pm, by
regular Al-Anon meeting in English

Glenview Presbyterian Church -
Toronto
1 Glenview Avenue
Toronto ON M4R1P5
At Yonge Street and Glengrove Avenue,
Enter door by church driveway on
Glenview, Yonge Street side of the
church, take stairs to finished basement.
Street parking available on Glenview,
parallel to Yonge Street.

C 
Sunday @8 PM - Toronto
Group ID: 30771
District 19 - Toronto North
Al-Anon
(in-person) Second Chance AFG -
Toronto
Open to: Families and Friends Only

Meeting focus: Discussion meeting
This group has resumed in-person
meetings.

Glenview Presbyterian Church -
Toronto
1 Glenview Avenue
Toronto ON M4R1P5
At Yonge Street and Glengrove Avenue,
Enter door by church driveway on
Glenview, Yonge Street side of the
church, take stairs to finished basement.
Street parking available on Glenview,
parallel to Yonge Street.