

Ontario South Assembly Newsletter

Quick Links for Ontario South

[Group Records Change Form](#)

[Donation Form](#) or **E-transfers** can be sent to osatreasurer3@gmail.com. There is no need for a security question and answer. Please note **your district #, group # and group name in the memo section of the transfer.**

[Form C for AMIAS](#)

[Literature Order Forms](#) (Printable and Fillable)

[Area Policy Manual](#)

[Upcoming Events](#)

Option: copy and paste the following to your browser:

<https://al-anon.alateen.on.ca/ontario-south-forms/>

Districts in Ontario South

- District 1** – Muskoka (Angus, Barrie, Bracebridge, Huntsville, Innisfil, Midland, Orillia, Parry Sound, Sprucedale, Wasaga Beach)
- District 2** – Georgian Bay (Collingwood, Dundalk, Owen Sound, Lion's Head, Thornbury)
- District 3** – Bruce County (Hanover, Kincardine, Mount Forest, Port Elgin, Southampton)
- District 4** – Waterloo Region (Cambridge, Elmira, Fergus, Guelph, Kitchener, New Hamburg, Rockwood, Waterloo, Kitchener/Waterloo)
- District 5** – Huron Perth (Clinton, Exeter, Goderich, Listowel, St. Marys, Stratford)
- District 6** – London Region (London, Strathroy)
- District 7** – Sarnia region (Bright's Grove, Forest, Petrolia, Sarnia)
- District 8** – Windsor, Essex (Amherstburg, Essex, Harrow, Kingsville, LaSalle, Leamington, Windsor)
- District 9** – Chatham region (Chatham, Ridgetown, Wallaceburg, Tilbury)
- District 10** – Elgin region (Ingersoll, Port Stanley, Port Rowan, St. Thomas, Tillsonburg, Woodstock)
- District 11** – Brantford, Caledonia (Brantford, Simcoe)
- District 12** – Niagara region (Dunnville, Niagara Falls, Port Colborne, Ridgeway, Welland)
- District 13** – St. Catharines (Grimsby, St. Catharines)
- District 14** – Hamilton West {Amalgamated with District 15} (Hamilton, Burlington, Stoney Creek, Waterdown)
- District 16** – Mississauga (Mississauga, Oakville, Port Credit)
- District 17** – Peel, Halton (Acton, Bolton, Bramalea, Brampton, Erin, Georgetown, Milton, Woodbridge)
- District 18** – GTA North (Aurora, Beaverton, Bradford, Keswick, King City, Newmarket, Orangeville, Stouffville, Sutton West, Tottenham)
- District 19** – Toronto North (Don Mills, Richmond Hill, Thornhill, Toronto, Willowdale)
- District 20** – Toronto West (Etobicoke, Toronto, Weston)
- District 21** – Toronto Central (Toronto)
- District 22** – Scarborough (Agincourt, Markham, Scarborough, Toronto, Unionville)
- District 23** – Lakeshore (Ajax, Bowmanville, Orono, Oshawa, Pickering, Port Perry, Whitby)
- District 24** – Kawartha (Bancroft, Bobcaygeon, Fenelon Falls, Haliburton, Lindsay, Maynooth, Minden, Oakwood, Omemee)
- District 25** – Quinte (Belleville, Campbellford, Cobourg, Foxboro, Picton, Port Hope, Stirling, Trenton)
- District 26** – St. Lawrence (Brockville, Carleton Place, Gananoque, Kemptonville, Perth, Smiths Falls)
- District 27** – Seaway Valley (Cornwall, Lancaster, Morrisburg, Winchester)
- District 28/29** – Ottawa (Ottawa, Arnprior)
- District 30** – Ottawa Valley (Barry's Bay, Cobden, Pembroke, Renfrew, St. Joseph, Quebec)
- District 31** – Kingston region (Kingston, Napanee)
- District 32** – Kawartha South (Ennismore, Norwood, Peterborough)
- District 33** – Overlay

AI-Anon Declaration

Let it begin with me

When anyone anywhere reaches out for help, let the hand of AI-Anon and Alateen always be there and *let it begin with me.*

Statement of Purpose

Open Lines is published three times a year by Ontario South Assembly. This newsletter presents service-related news and information to AI-Anon groups in Ontario South to help keep them informed. Personal sharings of recovery should be sent to the Forum.

Subscription: Rates:

Free for personal email subscription.

If you wish to receive a paper copy in the mail, subscription rates for copies mailed in Canada are \$15.00 for 1 year.

Please send a request for NEW SUBSCRIPTIONS / RENEWALS to:

openlinesosa@gmail.com

© Ontario South Assembly, 2015 Printed in Canada

[Ontario South Website](#) (AI-anon.alateen.on.ca)

From the Ontario South Delegate

Hello fellow Ontario South members,

I hope you're all having a great summer! It's hard to believe how fast it's going by already — but that means we're even closer to a couple of things I'm excited about sharing with you.

Our Assembly only has so much time on the agenda, so in the near future I will be setting up a series of Zoom meetings to share information with you and to get your feedback before I head to next year's World Service Conference. Some members have had questions and concerns about the fellowship's Choosing a Group Name policy, which I mentioned in my AWSC report. This will be the topic of the first Delegate Town Hall meetings; keep an eye out for dates and details of an announcement in the near future about these Delegate Town Hall meetings; I'll send a flyer through the Area Secretary.

If your group met in-person before the pandemic but now meets electronically, have you updated your group's record? Or, does the rest of the fellowship think you're still meeting online temporarily? Please ensure your group's information is up to date. If you have any questions, please ask; I'm happy to help.

I'll be facilitating a sponsorship workshop in Mount Forest September 13, speaking at Hamilton's Autumn Leaf Roundup September 19-20, at Kingston's Day of AI-Anon on October 4 followed by the Ottawa Fall Conference on October 17-19. I hope to see you around the Area soon!

Yours in Service,

Jason W. Delegate, Ontario South

From the Ontario South Alternate Delegate/Forum Coordinator

I am starting to enter my comfortable stage as I have now been doing this position for a year now. Hard to believe the time does go quickly!

I have been busy keeping up with all the emails from the membership and coordinators. I have been lucky enough to attend events in my district as well as a few others.

Recently I attended the executive meeting. We covered a lot of things in a great weekend. The face-to-face fellowship gave me an opportunity to "think out loud" with my fellow executive.

I am looking forward to speaking in Port Dover the end of July and am working hard on the workshop (Writing for the Forum) I will be presenting in September. I am available for doing these workshops upon request subject to my availability as I work full-time still.

In Service

Sharon R., Interim Alternate Delegate & Forum Coordinator

From the Ontario South Area Chairperson

Hello Members of Ontario South!

As Area Chairperson, and member of the Executive Committee, I am privileged to serve Ontario South and participate in the following activities:

Executive Meetings: The Executive Committee had the opportunity to meet in person on July 11th and 12th. AWSC 2025 Evaluation Forms were reviewed for feedback and topic suggestions for planning future Assembly and AWSC meetings. Also, be on the lookout for the News From Your Executive flyer, July edition, for Area highlights.

Assembly 2025: The Chairperson serves as the Executive liaison to the Assembly Host Committee. Meetings are underway for planning the Assembly, to be held October 24-26, 2025 in Kingston (East). The Executive has planned the Agenda at July's Executive meeting, and the Assembly Information package will be finalized and issued in mid-August.

Assembly 2026: The Chairperson plays a role in working with the District Reps to solicit a bid to host Assembly. Districts in the central portion of the Area have been requested to submit bids to host Assembly in 2026, which will be an election year, and held in a central location. Bids are needed now as the original request date of 01May25 is long past!

Assembly 2027: Part of the mandate of the current service term is to secure a location and venue for the incoming Executive, elected at Assembly 2026. Districts in the West part of our Area (Districts 1 – 13) will be requested to provide bids to host Assembly 2027. It's never too early to start the conversation!

AWSC 2026: AWSC will be planned for May 22-24, 2026, at Durham College in Oshawa.

Items for Consideration: Members can submit a suggestion to the Executive using the online Item for Consideration form found on the Area website. Members will receive a response following the Executive meeting at which the Item was discussed. Should the Item require action other than administrative, the Item may become a Discussion Topic at a future AWSC or Assembly. Refer to Section 4 or Section 5A of the OSA Policies and Guidelines Manual (Area Manual) for reference.

AMIAS Letters: As Chairperson, I can issue the Area letter for those members seeking a Vulnerable Sector Check as part of the AMIAS certification process. Please email me your request including your full legal name.

News From Your Executive: This news blast follows each Executive meeting to communicate some of what the Executive has been discussing or planning. Please look for these flyers from your links of service, and share and discuss the information amongst your group members!

Over the spring and early summer, I also had the privilege of serving on the Thought Force on adding an electronic component to our Assembly meetings. I enjoyed the blessings of fellowship and expanded my circle of service while on this learning adventure!

HopeUnityGratitudeService

Deborah F., Chairperson, Ontario South Assembly, Chairons86@gmail.com

From the Ontario South Treasurer

Donations to the area can be made either by e-transfer or by cheque.

E-transfers can be sent to osatreasurer3@gmail.com. There is no need for a security question and answer. **Please note your district #, group # and group name in the memo section of the transfer.**

Or, if you prefer, make your cheque payable to “**Ontario South Assembly**” and mail to P.O. Box 1151, Station Main, Guelph, ON N1H 6N3. For proper accounting please use the donation form found in the area manual. [Click here to go to anon.alateen.on.ca](http://anon.alateen.on.ca), for members, donations.

The budgeted amount suggested from each group for 2025 is \$175.00 (2024 – \$170.00).

Thank you for putting your trust in me.

Janet B Treasurer osatreasurer3@gmail.com

From the Area Advisor, Literature Office Committee Chairperson

Greeting,

By the time you read this, Trillium will have taken place in London. If you attended, I hope you had an opportunity to renew old friendships and make some new ones. I know I did. Congratulations to the Trillium Committee. Great job!

I was realizing today that many of us, in service, are halfway through our term. I know for me that I am healthier when I am in Al-Anon service. Even my husband says he notices that being in service helps me keep my focus on my program. It's not too early to start thinking about your next step. Talking to members who are now in positions that interest you, may help you decide what your next step is. I know I have already thought of a couple of areas that interest me and thus me and my HP are investigating.

A reminder that as your Area Advisor I am available to ***all*** members for Ontario South. That includes ***YOU***. If you do not have my information please speak to your District Representative as she has all my information. I will also be at Assembly in Kingston and we can chat there.

Blessings and Keep Coming Back

Sue Gaskell, Area Advisor, Literature Office Committee Chairperson

From the Area Literature Coordinator

Contact me to help plan and facilitate a District **Literature writing workshop** related to finances in recovery and/or sponsorship ☺

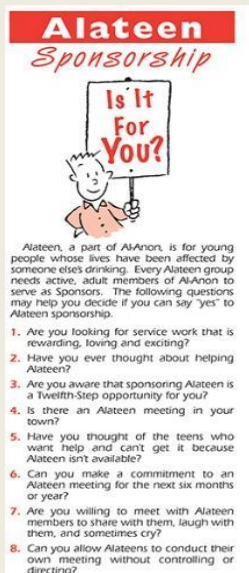
Contact me to help plan and facilitate an **Al-Anon book study** (*Opening Our Hearts Transforming our Losses* has 9 chapters with questions at the end of each chapter and *Intimacy in Alcoholic Relationships* has 6 chapters with questions at the end of each chapter), as well as to **speak about the topic of "Recovery through CAL"**.

 <p>(B 29)</p>	 <p>(B 33)</p>
<p>https://al-anon.org/blog/opening-hearts-transforming-losses/</p>	<p>https://al-anon.org/blog/intimacy-in-alcoholic-relationships/</p>

Check out my current **Al-Anon literature Blog Post** at <https://al-anon.alateen.on.ca/literature/>

Check out **Resources for Professionals:** <https://al-anon.org/resources-for-professionals/>

Does your group have **Alateen literature** readily available? How does your group use Alateen literature? Do you have S-27 available so that your members may consider **Alateen Sponsorship (Is it For You?)**?



Yours in service,

Sue M. Literature Coordinator Ontario South osalitcoord86@gmail.com

From the Alateen Coordinator

Hello Ontario South,

We are still working on finding more AMIASs throughout Ontario South. Our goal is to have 240 AMIAS spread out through Ontario South. Ideally, we will have 8 AMIAS per district; that allows once a month service commitment per AMIAS. We are headed in the right direction. Al-Anon members are encouraged to register and welcome to reach out to me for more information. We currently have 10 Alateen in person meetings + 1 Alateen online meeting spanning from Windsor to Ottawa. This makes it difficult for many kids to get to a meeting. For some, it means a 2-hour drive one way. I know it is sometimes frustrating for AMIASs to show up for the Alateen

meetings where they have no members, but as our service to Alateen we follow the AI-Anon declaration: “When anyone, anywhere reaches out for help, let the hand of AI-Anon and Alateen always be there and let it begin with me.” We hold groups open in case there are any teens looking for help as part of our service to Alateen.

We have 2 groups that are doing their best to get up and running as they had difficulties remaining open.

We have people working towards opening groups in the following areas: Parry Sound, Owen Sound, Guelph, St. Marys, East Toronto, Trenton, and Windsor...EXCITING!!!

ORC 2025 was held March 14, 15 and 16. Janet T, Alateen AMIAS and an Alateen Coordinator planned a full Alateen Program and were successful. Thank you, Janet T and the Alateen Coordinator.

Trillium 2025 was held in June 20-22. There was a full Alateen program. Barb B was working as the Alateen Advisor and an Alateen Coordinator. The program was a success. Thank you to Barb B and the Alateen Coordinator. My family was blessed with the honour to be the family panel this year. Our 26-year-old daughter, Robyn W.L, shared what her experience was growing up in Alateen. Anybody interested in having the recording, please reach out to me.

We have Alateen Speakers scheduled for the following events: Marathon of Unity Conference in Woodstock August 8 – 10, Catfish Creek Campout July 18 to 20.

If you are looking for an Alateen speaker. Please feel free to reach out. I’ll do my best to find one for your event.

Let’s continue to grow Alateen!!!

Yours in Service
Judith W., **Alateen Coordinator**

From the Group Records Coordinator

Greetings from Group Records Coordinator Christina L

I attended the AI-Anon Group Annual Update online on March 1, 2025 from 3:00 PM – 4:00 PM, that was hosted by Valerie S (WSO AFG Records Manager). Coming in March will be the New Online Annual Update Forms. Over the years there has been a decline in groups returning their updates, averaging only 30% return rate. Using the online form will offer the following benefits:

1. More paper forms to return
2. Faster updates to AFG records
3. More accurate group records
4. Easier reporting of no changes

I presented a PowerPoint presentation at AWSC explaining the new process for the New Online Annual Update Forms and stressed the importance of keeping group records current and up to date.

News from WSO - WSO will be putting into effect an upcoming annual purge of AI-Anon group records. Records that have met the defined deletion criteria for the year 2025, are now in "Marked for Deletion" status. These records have an inactive date of 2021 or earlier. WSO is required to retain records containing financial info (including purchase orders, contributions and subscriptions) for seven years. AGRC's can change a record status from Marked for Deletion to Active, however they cannot change it from Active to Marked for Deletion.

Just as a gentle reminder to fill out the JotForm on the Ontario south website of any changes to your groups, such as CMA, GR, email address, address changes and name changes to your group. It is vital and important to provide members accurate meeting information.

Here is the link to JotForm:

[Change form click here](https://form.jotform.com/OntarioSouth/grchangeform) <https://form.jotform.com/OntarioSouth/grchangeform>

Hugs in service

Christina L, Group Records Coordinator grprec@hotmail.com

From the Open Lines Coordinator

Thank you for placing your trust in me and giving me this opportunity to serve. I am so very excited to share this edition of Open Lines with you! As you read these amazing reports may you be as inspired as I am by the Service being done to carry the message of Hope to those affected by the family disease of Alcoholism.

I invite all members to submit to me your feedback throughout the year. I will try to incorporate your suggestions as much as is practical to do so. Reports are sometimes submitted using various fonts. In previous editions I have edited the report to a single font. I member suggested that I use different fonts for the reports. I have incorporated the suggestion in this report. You might find that thinking of your feedback in the form of stop/start/continue (example below) might help to provide respectful, honest and meaningful communication that will enhance the value of the Newsletter to benefit our Area.

As a member of the World-Wide Fellowship of Newsletter coordinators, I belong to a group called AFG Connects. AFG Connects is a password-protected online community platform specifically for members of AI-Anon Family Groups who are involved in service roles beyond the local group level, allowing us to connect with other service members across different areas to share experiences, strength, and hope through discussions and document access. This quarter has been very active with new Newsletter coordinators asking questions and others sharing their experience and ideas related to this service opportunity. As with any service in AI-Anon we are not alone.

Open Lines is published three times a year by Ontario South Assembly. This newsletter presents service-related news and information to AI-Anon groups in Ontario South to help keep them informed. Thank you to all of the Executive, Coordinators and District Representatives who submit to each issue of Open Lines.

The deadline (*mark your calendars*) for submissions to Open Lines each year are:
March 11 (April 1 issue) July 11 (August 1 issue); **November 11** (December 1 issue)

If you do not currently receive your own email copy, please email me at openlinesosa@gmail.com to receive your very own free email subscription. Our member subscription is now up to 350!! That is in addition to every District Rep, Coordinator and Executive who receive their copy. Please spread the word that every member can receive their very own copy free to their own email! The next issue is August 1, 2025.

**OPEN LINES NEWSLETTER
FEEDBACK**
stop/start/continue
Respectful, honest and meaningful communication
Loretta V. openlinesosa@gmail.com

STOP:
*List two or three things I'm currently doing that are not working that would be beneficial if I **STOP** doing.*

START:
*List two or three things that would be beneficial for me to **START** doing.*

CONTINUE:
*List two or three things I am currently doing that I should **CONTINUE** doing.*

Optional:

District: _____
Name: _____
Email address: _____

Yours in Joyful service,
Loretta V, Open Lines Coordinator openlinesosa@gmail.com

From the Technology Coordinator

Projects I have been working on since AWSC:

- 1) I repaired the Group Records laptop. The issue was the mechanical hard drive had become defective. I did a virus scan and no viruses were found. I also installed one of my mechanical hard drives and the laptop booted-up reasonably quickly. So, I purchased a 1 Tera Byte NV Me Solid State Drive (SSD) and installed Windows 11 on it. I transferred all of the files from the mechanical hard drive to the SSD. The boot-up time is now less than 20 seconds, and Outlook opens in 5 seconds. Previously this took approximately 20 minutes and 10 minutes respectively. Christina has the laptop and she was able to login and start using it again. The only thing I forgot to do was transfer the bookmarks. When Christina gets back from vacation, I will work with her to get that setup. The mechanical hard drive is still installed in the laptop but disconnected.

- 2) I was on the Hybrid Assembly Thought Force, which met weekly on Tuesdays. The purpose was to review the information we had gathered and prepare a report for Jason, Area 86 Delegate. The report was due on June 27.

- 3) I have been working with Debbie E from the Assembly Host Committee, and Patrick at Baldwin Studio about renting audio/video equipment for Assembly this coming fall. Some back and forth was required for me to get an understanding of what equipment needs to be rented and what equipment is provided by the hotel as part of its audio/video fee. The most challenging aspect of this has been getting information on what the hotel provides, and actually seeing that gear; which has been difficult due to distance.

4) Next up on my to-do list is reviewing the Area Policy and Guideline Word documents to see which sections need to be converted to PDF files.

Time management and procrastination are still a challenge for me. When things seem challenging, time consuming, and complicated it's easy for me to want to avoid the task. However, it just drags on and nags at me. This is something that service helps me to be more aware of.

Yours in service,

Anthony S., Technology Coordinator os.tc.a86@gmail.com

From the Website Coordinator

As you can see the update to the website is now complete. I hope you all enjoy the new experience. For the next few months, I will be embarking on some back-end projects and meeting with some more districts (things I haven't been able to do as much of this year).

By the time you read this I will be returning from some well-deserved rest and relaxation. I hope you all are able to find a few moments of peace this summer.

I can't wait to see you all at Assembly! There will be some F-U-N at Fellowship Hour! Bring your singing voices :)

In service,

Kathleen S., Website Coordinator Ontario South os.website.a86@gmail.com

From the Trillium Chair

Hello Ontario South!

My name is Shannon K and this is my last Open Lines report as the Trillium 2025 Coordinator. The annual Area 86 Trillium Convention took place June 20-22 in London, Ontario and what a weekend it was! Thank you to all who attended and I hope you got exactly what you needed from the weekend, whether it was inspiration, clarity, practice, relaxation or fun.

I would also like to thank the OSA Executive for their support and for giving me the honour of being Chairperson of the Trillium Convention 2025 planning committee. It was a tremendous growth opportunity for myself and my Higher Power, and a Service experience I will never forget. I would especially like to thank Kathleen, our Area Website Coordinator, for all the website work that was required for this event.

I do like statistics, so let's just go there for a moment. At this year's convention we had 286 registrants, heard 17 speakers and presenters share their experience, strength and hope over the course of 3 days; all planned and facilitated by 17 coordinators from 6 different Districts and countless volunteers during the 15 months prior to the event. That's A LOT of spiritual, emotional, mental and physical energy spent and I am grateful for every single one of you!

Feeling blessed to be a member of this fellowship, as I pass the Trillium baton to Don V, Chairperson, Trillium Convention Committee 2026!

Shannon K, Chairperson

Trillium Convention 2025

Hello all in Ontario South AI-Anon, my name is Don V a very grateful member of AI-Anon, District 25 in Ontario South. I am so grateful and excited to have been asked to participate in the Trillium Convention and to have sat on the 2025 Committee as Shadow Chair. I am honored and privileged to take on the role of Chair for Trillium 2026. Having Shannon as a mentor has, and will be, a huge asset when navigating the role of Trillium Chair 2026. Her energy and enthusiasm during the preparation of Trillium 2025 was infectious and I was able to learn a tremendous amount from her and the rest of the committee. I look forward to Shannon's continued support as Past Chair in 2026.

I am now ready to take on the role of Trillium Chair 2026 and cherish the opportunity to serve Ontario South AI-Anon and it's members. The committee is near completion and I am very excited to jump in and put together a program that will equal the amazing Trillium events of the past. I am looking forward to this wonderful service opportunity, not only to serve Ontario South, but also to enhance my recovery in this wonderful program of AI-Anon. It is always so fulfilling to attend conferences and witness the amazing recovery when AI-Anon, Alateen and AA link arms and collectively bring recovery to all groups involved.

To be a part of this wonderful event brings me more joy than I can express and for that I will be forever grateful. I am looking forward to this wonderful experience and connecting on a higher level with my Higher Power and the AI-Anon Program. Thank you to all in advance for your support and your confidence in the committee of Trillium 2026.

In Loving Service
Don V, Chairperson
Trillium Convention 2026

ITEMS FOR CONSIDERATION

NO	DATE	NAME	ITEM	RESPONSE
1	28May25	Judith W – Alateen Coordinator	<p>It has come to my attention that one of the Alateen Groups has decided to close down for the summer despite the fact that some of their teens have just returned.</p> <p>It has also come to my attention that one of the other Alateen Groups has decided to run the Alateen meeting once a month with no exceptions. I asked what happens if a teen shows up when they are not running the meeting</p>	<p>Thank you for your Item For Consideration. Submitted Items should affect AI-Anon at the Executive or Area level and require a decision that is beyond Group or District autonomy.</p> <p>Your observations indicate the groups are not adhering to several of the Alateen Traditions: Traditions One, Two, and Four for example, and Concept Twelve, Warranty Two.</p> <p>The 2022-2025 AI-Anon/Alateen Service Manual, page 95 states: In order to use the Alateen name, groups must first register through</p>

		<p>and was told they tell them to return on the next meeting date.</p> <p>Would you attend if this was your home group?</p> <p>Although I understand each group is autonomous, it concerns me that the AMIAS's are able to make these kinds of decisions for the Alateen groups. From my perspective, when you take on the role of AMIAS, it is expected that there may or may not be kids. Part of our responsibility is to let the hand of Alateen always be there....if we are running the Alateen program without consistency of making Alateen available, how can there be an expectation the groups will grow.</p> <p>If we let ourselves become frustrated because there are no kids, and let it reflect in our decisions on how we run the groups, Alateen will not grow! The only thing we can do is work on public outreach in the area (internally amongst members, and externally through school boards, doctors offices etc.) and show up consistently every</p>	<p>their Area's Alateen process. Registration provides unity of purpose for both groups and members. Once registered, every Alateen group adheres to the Alateen Traditions.</p> <p>However, page 110 of the Service Manual also states: In keeping with the Traditions and Warranty Five of Concept Twelve, local, Area, or WSO service entities have no authority to close a group or engage in other punitive actions against a group because they disapprove of the manner in which a group practices the AI-Anon program.</p> <p>We are, therefore, reminded of "obedience to the unenforceable" and can hope that ongoing training and communication with the AMIASs may lead to more understanding and application of the principles of our program.</p>
--	--	---	---

			<p>week. Pray and have faith and eventually the kids will come. If we do the work, we need to let go of the results and let God step in.</p> <p>How do we impart this attitude to the AMIASs?</p>	
2	25May25	Louise McF – D22	<p>In order to be inclusive for all members, online issues should be provided in hard copy also (e.g. Area Inventory). This would ensure equality and encourage rather than discourage service. Service appears to be on the decline. This could only help. Those without access or not comfortable may be encouraged to participate.</p>	<p>Thank you for your suggestion. In reference to the Area Inventory, which was prepared and presented at AWSC in May, the rationale for providing the questions electronically using the online fillable form included the ease with which the responses could be tallied and collated for the Workshop Leaders with the assistance of the Website Coordinator. Another District submitted their answers to the questions via email. It is unfortunate that the AWSC members may not have received any feedback from your District.</p> <p>Your suggestion was discussed at the July Executive meeting. Idea such as requesting accommodation in advance, or identifying a computer buddy to assist you, were brought forward as possible solutions to continue to encourage service participation.</p>
3	25May25	Barb B – D28	<p>As the District Representatives would like to meet during AWSC, Assembly and in February (on Zoom), we would like the Executive to consider including a DR meeting on the Agenda, as part of an</p>	<p>Thank you for your Item for Consideration. It is wonderful to hear that the DRs enjoyed the information sharing that Saturday evening at AWSC provided. Adding a DR Meeting to a future Agenda shouldn't be an issue.</p>

			<p>in-reach initiative, as well as provide Zoom for a February meeting.</p>	<p>One of the tasks of the Technology Coordinator is managing the Area Zoom account.</p> <p>Please also be aware that the Executive Committee holds their business meeting one weekend in February over Zoom, the date for which will not be determined until the end of this year, and which might impact availability for planning your electronic DR Meeting.</p>
4	25May25	Deb B – GTAIS	<p>Equalized Travel costs for the groups in the AIS are \$18.25 instead of \$13 which all other groups pay. This is not equitable. A detailed appeal letter has been sent to the Executive (in May) with more supporting details for reference.</p>	<p>The detailed appeal letter has been received. The motion carried at AWSC 2024 was that “Ontario South Assembly will cover the costs for accommodation and meals (accommodation package) for AIS Chairperson(s) to attend AWSC, consistent with what is done for all voting members. The Registration fee and meals required to travel are paid by the Districts the AIS serves. AIS(s) will contribute to the travel equalization amounts, the amount to be determined by the Executive, and mileage costs will be reimbursed by OSA.” As discussed and agreed by the voting members of AWSC 2024, the understanding was that the AIS Chairs would be treated similarly to the DRs.</p> <p>The OSA Policies and Guidelines Manual, Section 4.10, AWSC, and Section 8.6, Finances, provide the following clarification on how travel equalization is calculated: For DRs travel, all groups in Ontario South (except Alateen meetings in schools) contribute to the equalization travel fund. An amount</p>

			<p>is first calculated to cover the cost of travel for all DRs to the AWSC location. From this cost, an amount is determined and paid by each group to cover the costs. Districts are expected to pay the equalization amount whether their DR attends or not. Equalized travel for the DRs makes it fair regardless of the actual travel distance. A District with more groups pays more than a District with fewer groups.</p> <p>Similarly, to cover mileage reimbursements for AIS Chairpersons, we calculated the mileage costs of the GTAIS Chair driving from Toronto to Oshawa and the Ottawa AIS Chair driving from Ottawa to Oshawa. That amount of money, based on the current mileage reimbursement rate, is \$452. This amounts to \$5.25 per group paid by those groups supported by an AIS (72 groups in the GTAIS, and 14 groups in Ottawa). This would be in addition to the \$13 paid per group toward the DR equalization travel amount. These dollar amounts, and the cost per each group supported by an AIS, were included in the proposed budget for 2025 which was discussed and approved at Assembly 2024.</p> <p>In preparing the AWSC package for 2025, the travel equalization amount requested from GTAIS was \$378 and from Ottawa was \$74, based on the number of groups supported by each AIS.</p>
--	--	--	--

				<p>It is unfortunate that significantly less than half of the groups supported by the GTAIS provide financial contributions to the GTAIS. While it may be cost prohibitive to send both the AIS Chair and the Alternate AIS Chair to AWSC, many Districts are likely unable to send both their DR and the Alternate DR for the same reason.</p> <p>More discussion from the broader membership appears to be warranted, including a conversation amongst the GTAIS and the Ottawa AIS and other members of the AWSC. Therefore, consideration will be given to adding this discussion topic to the agenda for AWSC 2026.</p>
5	25May25	Donna P – D33	<p>Given that understanding financial statements can be confusing, and preparing and managing a group budget requires a learning curve, it is recommended that the Executive coordinate and offer a workshop on this topic in preparation for Assembly 2025 either online and/or in person with a possible title of “Managing and Understanding Our Al-Anon Finances.”</p>	<p>It is agreed that understanding financial statements can be confusing. Some members’ feedback is that review of the financial statements is boring!</p> <p>We are reminded, using the spiritual principles of our program, to trust our trusted servants. Therefore, we put our trust in the Area Treasurer, who has the professional skills that support her role, to manage the Area finances and create the financial statements. We are privileged to serve a three-year term, and trust in the 3 C’s of Service knowing that we will transition from confused to capable to comfortable at a pace that is unique to each of us.</p> <p>Each AWSC and Assembly provides sufficient time for presenting the</p>

			<p>financial reports and for members to seek clarity through questions and discussion; we talk to each other and reason things out with one another. For further understanding members need to be aware that the Area's proposed budgets are zero-based or net-even budgets. Expenses are balanced by the groups' contributions, and those contributions are defined on a per group cost to support the annual budget. When the budget is accepted, the groups are responsible for supporting it through their contributions.</p> <p>With respect to Groups preparing and managing their budgets, the <i>2022-2025 Al-Anon/Alateen Service Manual</i> contains a wealth of information on group finances. Page 163 also discusses finances at the Area level. Guideline G-41, found on the WSO website, is also a useful tool for budgeting at Group, District and Area levels.</p> <p>It is worthwhile to focus on sharing information and educating our members through the links of service, DR-GR member. It must be recognized that there is a role for all of our trusted servants, at all levels of service, to share the information attained at AWSC and/or Assembly. The DRs are in the best position to ascertain what additional information their GRs might need to understand the Area's finances as we approach the date of Assembly.</p>
--	--	--	--

				Thank you for your suggestion, and upon the Executive's review of the 2025 AWSC Evaluation Form feedback, a Workshop on this topic has been planned for Assembly 2025.
6	03Jun25	Diana B – D16	<p>I am writing on behalf of the GTAIS committee to make a request of the Area Executive to allow the GTAIS to add the Ontario South website and GTAIS phone number to the next printing of the prescription pads, previously approved for the Pri-Med Conference. Due to the popularity of the pads, we would like to also ask for an extension to use the prescription pads beyond Dec 31, 2025, for the following reasons:</p> <ul style="list-style-type: none"> -the Pri-Med conference is over so further use of the prescription pads will be for use in Ontario South only. -groups in Ontario South have requested the Ontario South website be added to the prescription pads to make it easier for newcomers in Ontario South to access group meeting information. -the GTAIS committee voted to add the Ontario South website and GTAIS phone number to the next 	<p>Thank you for your Item for Consideration. Previous correspondence from the WSO indicated that the Area needed to decide if this prescription pad was going to be the Area's one publication for public outreach. As per the <i>Al-Anon/Alateen Service Manual</i>, page 123, Outreach Publications – AIS/Area, the WSO extends permission to Al-Anon Information Services or Area World Service Committees for the production of only one publication for public outreach for distribution solely within their area of service. As per our Area autonomy to do so, Jason, our Area Delegate (and in the absence of the Area Public Outreach Coordinator), proposed that this one publication be for a finite period of time, for example one year, and this was subsequently approved by the WSO. Because the Pri-Med Conference attracts professionals nationally and not just the Toronto region, the Executive felt it would be wise to use the WSO contact number and WSO website rather than the local GTAIS contact number and the Ontario South website.</p> <p>An approval for a finite period of time with an end date creates an</p>

		<p>order of the prescription pads, if approved by the Area.</p> <p>-the GTAIS committee voted to ask the Area to extend the use of the prescription pads beyond Dec 2025.</p> <p>-the GTAIS has run out of the prescription pads that were ordered for Pri-Med and we have an additional 250 pads requested by groups that we haven't been able to fill.</p> <p>-ordering a larger number helps keep the cost down to members.</p> <p>The prescription pad we are referring to is the one originally sent to the Executive and was approved by WSO.</p>	<p>opportunity for others (Districts, AISs or the AWSC), who may also have ideas for a different public outreach publication, and that could serve all of Ontario South.</p> <p>It was agreed at the time, that if GTAIS would like to use this publication again in subsequent years, then the Area can discuss renewing the approval at that time. Changing the content of the prescription pad would be a new publication, requiring Area approval, rather than a reprint. Until December 2025, you are free to print and distribute the approved publication.</p> <p>It is currently too soon to make the determination for future years of publication.</p>
--	--	---	--

District Representative Updates



District 5 (Huron/Perth) Update

District 5, a relatively large geographical area, covers Huron and Perth counties, both rural and urban. Stretching from Goderich and Bayfield on the shores of Lake Huron, over to Listowel in Mennonite country, with Stratford and St. Marys, the main urban areas.

We're made up of 10 groups, offering 12 meetings, 3 of them online, including our online District meeting. Between the 10 groups we have 6 GR's and 4 contacts, we also have a very active Public Outreach Committee. When my term started, I was encouraged by the resilience of the District, post Covid, and carrying on from my predecessor's work, was able to secure a group contact at Listowel, which was about to be delisted.

Last year, with a goal of developing relationships, we implemented mailed thank you cards to groups to acknowledge donations; I personally try to attend Member one year birthday celebrations or significant milestones (recently a 50-year birthday) - this provides an opportunity to bring "greetings from district". Our Speaker Series, "Guess Who's Coming to District" has been very successful, so far we've welcomed Sue M. (Literature Coord.) Jason W. (Delegate) Debbie P. (Trustee) and Kathleen S. (Website Coord.) Speakers are well received, sessions insightful; you cannot underestimate the value "put a face to a person." After attending the Alateen Workshop about increasing AMIAS's, we followed up with a mini-survey to Groups, as to how realistic it might be to get Alateen going; survey responses were less than ideal, so Alateen was tabled, however, we did have interest from a couple of members about becoming AMIAS, so "the seed had been planted"

We tried to develop an Al Anon Day Committee, with representation from each group. Due to concerns about past low attendance and limited Group feedback, we decided to table until 2026. We closed out 2024 without an ADR, who resigned earlier in the year to join the GEA.

This year, we've continued our successful Speaker Series; another topic, which I notice ties in with the theme, "Investing in Each Other" is the importance of starting a discussion **now** on 2026 elections and service opportunities. My personal experience has been that this topic comes up far too late in the term, especially in a time of challenging service uptake. We've started talking now, with the emphasis on inviting members to serve, and supporting them; mentoring, shadowing, internships, apprenticeships, "try it out for a while", "get your feet wet," in fact, one of our GR's is facilitating our District Meeting while I'm here today. Two of our members recently became AMIAS's and will join another District's online Alateen meeting. We have an Assembly Group Assistant Fund in our budget and have added Alateen in 2025. District 5 groups are aware that our annual suggested donation is \$155 per meeting which equates to \$3.00 week per meeting.

Our ongoing challenges: Service uptake in our District, representation by all Groups at District Meetings, active GR's concerns with the OSA Budget and our reliance on Special Appeals. At the 2024 Assembly, the two GR's in attendance voted down the budget on behalf of their Members, who see the trend as a deficit budget.

Respectfully submitted,

Susan B. District 5 Representative

District 25 (Quinte) Update

Hello all here's hoping all is well with you, below is an update of events in District 25.

1. District 25 has 9 active groups and covers from Port Hope east to Deseronto, and from Campbellford south to Picton. We are at this time operating 3 groups without GR's but I am working with the groups in hopes of filling the positions. I have supplied the groups with information I received at our AWSC Assembly in Oshawa. Chris W from Port Hope was there in my absence and did an amazing job at informing the members of District 25 of upcoming events in Area 86.
2. Quinte Detention Center meetings are going very well. We are meeting one night a week, Friday, and are able to get at least 2 meetings in each week, quite often 3 or 4. At this time we have 3 active volunteers and one that is doing the Police Check, hopefully she will be ready to go in soon. This is very rewarding and I personally look forward to the weekly meetings.
3. We are generating a lot of activity with our website and people are finding it very informative, we have had several people from our District use the Website to locate meetings quickly so as a Public Outreach tool, it seems to be doing a great job. Chique, our website coordinator, is keeping everything up to date and we are tracking the number of people using the Website to determine if we will continue with it next year. I am also getting emails from people who are interested in various things that they may be having difficulty finding, such as: phone numbers for Al-Anon, meetings, Trillium registration, time lines, registering to become an AMIAS and that sort of thing; and I am able to find the information for them or I can reach out to another member for assistance.
4. We continue to try and get members to Volunteer to become AMIAS's. We have a member that has just submitted her application, and we are waiting for the results. This is very exciting as my hope is that more will follow suit, one step at a time. Judith W, OSA Alateen Coordinator, attended the Brighton Round-up as a Keynote speaker for Al-Anon and Alateen and there was also an Alateen speaker with her. There was a lot of very important information passed on to the group and we were very grateful that AA invited and welcomed the members of Alateen, and that they received some great feedback and information on this very important program.
5. Our Public Outreach Coordinator for District 25 Chris W, and our GRs, are doing a wonderful job at getting the message out about meetings and are coming up with wonderful ways of introducing Al-Anon to the public. On May 10th Chris and other members of District 25 set up an Al-Anon information table at the City of Quinte West Community Connections Expo. The event was held from 10am to 3pm and attracted over 400 people. This gave our Al-Anon Program in District 25 a lot of exposure and hopefully will attract some new members to our meetings.
6. New Beginnings AFG in Belleville Celebrated their Anniversary on March 20,2025 at the St Columba Presbyterian Church at 520 Bridge Street. They had 19 in attendance and welcomed speakers to the day. Judy T From Belleville spoke for Al-Anon and Jackie from Belleville spoke for AA. The event started at 10am and went until noon. There was a lot of Fellowship with the Meet and Greet following the event.
7. Our public Outreach was at work again; as we were invited to Belleville Ontario to give a presentation on Al-Anon to a Group of Lawyers. Easton Law, which is in Belleville, invited us to speak. Chris W and Don V gave a presentation to a group of about 10 Lawyers, touching on what we offer members, some history and literature. The response was great, and many questions were asked during the presentation. Two AA members were also there to give a presentation on AA.

8. District 25 celebrated their Al-Anon Day on May 3, 2025 and the theme was Finding Serenity Together, with 71 years of Al-Anon Recovery. There were 51 in attendance, and we had some amazing Speakers for both Al-Anon and AA. There was a raffle for baskets which were donated by groups throughout District 25, a lunch supplied by Al-anon members and a day full of Fellowship, Recovery and Growth. Darlene M and Brenda R from Cobourg Serenity AFG chaired the event. The Al-Anon Speakers were Allyson B from Cobourg AFG and Paul Eric H. from Courage to Change Brockville. The meeting was Chaired by Kitty M, from Belleville AFG. The Second Al-Anon Panel's Speakers were Amy S. from Cobourg Serenity AFG and Don V. from Trenton Hope and Serenity. The meeting was Chaired by Judy W. from New Beginnings Cobourg. AA Speakers were Jodi W. from Acceptance Group, Trenton and Tim R. from Friendship Group, Foxboro, and it was Chaired by Nadine V. from Acceptance Group Trenton. Our Guest Speaker was Sue M. our OSA Literature Coordinator from the New Beginnings AFG, Cobourg. The event was a huge success and everyone enjoyed the day very much.
9. Cobourg, Serenity AFG held their 53rd Anniversary on June 17, 2025. The event started with refreshments and a Meet and Greet from 6:30pm to 7pm. Chairing the event was Darlene M from Cobourg, Serenity AFG and the Speakers were, from Al-Anon Marg F. from Keep It Simple AFG in Port Hope and the AA Speaker was Shelley from Alderville Pioneer Group. Both speakers had very powerful messages to give and did an amazing job. There were 25 in attendance.

In Service

Don V, District 25 Representative

District 26 (St. Lawrence) Update

Hello Ontario South!

We have had a fairly active district since the last Open Lines report. April saw our participation again in the local AA Round-up. We had our Public Outreach literature display available and presented a 2-speaker panel. Again, we were made very welcome and our panelists were well received.

May brought our District Al-Anon Day, in conjunction with the Share and Care AFG 60th Anniversary celebration. We felt it was a great success! Our neighbouring districts were very supportive, along with our own membership. We presented a main speaker, a 3-person panel and a workshop on the Gift of Service. Sometimes workshops on service elicit groans, but it was cleverly presented as service being a gift, not a chore or duty and members responded enthusiastically. For our participation/fun portion of the day, everyone made "Fellowship Bracelets". These were made with beads and letter beads, and members included their favourite slogan on the bracelet. After a delicious potluck lunch we did charades, with members acting out their slogan. It really was fun!

Our Public Outreach efforts include distribution of the business cards we had printed last year. We have purchased Prescription Pads from the GTAIS and will be distributing those as well. Hopefully we will soon have a Public Outreach Coordinator and be able to expand our efforts in this area. A new treatment facility for men has opened recently in the District and we will be making contact with them to see how Al-Anon could be presented.

In an effort to promote "in-reach" in Ontario South, District 26 will be hosting a fellowship time after the close of business on Saturday evening at Assembly. We are planning a Karaoke Night (see flyer), and we invite you all to participate. We are hoping individuals, groups, districts, committees, will get together to entertain us with a song of their choice. Maybe even a special performance by the Executive? This will be a great opportunity to put **Concept 4** into action, as **Participation really will be the key to Harmony!!** So please, leave your inhibitions at home and bring along a smile and your singing voice and join us for **FUN** – Fellowship, Unity and No longer alone!! Should you have any questions please email: district26osa@gmail.com OR os.website.a86@gmail.com

In Service

Carolyn S., District 26 Representative

District 32 (Kawartha South) Update

I recently took over the District Representative duties earlier in the year. The previous Representative had to step away for personal reasons. When we take on a service position there may be times that we need to step away and that is okay.

I attended my first AWSC in Oshawa and found it to be very informative and an opportunity to put faces to the names of the area coordinators.

Our District currently has five groups. Each group reports good membership and being self-supporting in financial and service responsibilities.

We held a very successful Al-Anon Day at the beginning of May with hopes of continuing to hold one again next year. The committee did an excellent job in arranging the day with speakers and panelists, with snacks provided.

At the District Meetings we have been discussing various options in doing Public Outreach such as sending information to the various medical centers, etc.

Hope that everyone is enjoying the summer months and keeping cool.

In Service

Marie A., District 32 Representative

Al-Anon Information Services(AIS) Ottawa (District 28)

- Maintained a 7 day per week telephone answering service 0900 hrs-2100 hrs daily
- Maintained the Ottawa Al-Anon website. Working with OS Website Coordinator to develop an AIS page for OS website. Plan to “sunset” the Ottawa AlAnon website once the AIS page on OS website is ready.
- Continued the Sunday Speaker Open Meeting (SSOM). This meeting takes place concurrently with an AA meeting. SSOM occurs every 2nd and 4th Sunday of the month. 7th Tradition contributions are steady.
- Maintained meeting lists of Al-Anon Family Groups in Ottawa and surrounding areas in printable and online formats.
- Provided literature for District activities such as Al-Anon Day, WOW Festival, Vanier Round Up, AA Spring Conference and AA Fall Conference.
- Maintained the AIS email service, i.e. receive and answer inquiries, distribute emails and event information as required.
- Maintained inventory of AIS Conference Approved Literature (CAL).
- Maintained a positive financial balance at year-end.
- Maintained connection with 2 surrounding Districts 26 and 30 to explore collaboration and support.
- Maintained a Public Outreach (PO) record and continued monitoring of progress of PO.
- Provided a report to the District meeting on a monthly basis.

In addition, we have started a community centre initiative whereby we ask members to take an Al-Anon poster, with the District 28 local information, to their closest community centre to ask if it can be posted on their bulletin board. We are announcing this at our regular Sunday Speaker Open Meeting and also announced it at Al-Anon Day in April 2025. We are keeping a record of the community centres that have been approached with this initiative.

Highlights:

Sunday Speaker Open Meeting(SSOM): Occurs every 2nd and 4th Sunday of the month. This meeting continues to be a success. Groups are now scheduled approximately twice per year, which they find more manageable.

Literature:

An inventory of AIS literature is maintained, and items requiring purchase are ordered as needed. AIS provides an extensive selection of materials at local AI-Anon events.

2024/25 Outreach projects:

1. Eighty (80) outreach packages for Ottawa AI-Anon members were prepared for AIAnon Day 2024. These packages contained the AFA booklet, a bookmark, and a poster.
2. Participation at the City of Ottawa Working on Wellness Festival (WOW) 2024. Over 70 information packages were distributed to participating agencies. AI-Anon WOW volunteers spoke with all agencies present and provided a literature package to agencies as needed.

Challenges for 2025:

There is a good core of members on the AIS committee. Additional GR attendance is desirable. A Public Outreach volunteer is needed to "round out" committee membership. Attendance by GRs at the AIS committee meetings remains low.

At this time, several positions remain vacant and some committee members are performing multiple roles. Service positions are listed on the Ottawa AI-Anon website for information.

The Service positions of AIS Ottawa (District 28) include:

- Chairperson,
- Secretary,
- Telephone Answer Service Coordinator,
- Treasurer,
- Literature Coordinator,
- Website Coordinator,
- Website Architect,
- Meeting List Coordinator,
- Email Coordinator,
- Alternate District Representative,
- Public Outreach

AIS Ottawa meets monthly (except in the months of June and July) on the last Monday of the month. AIS is represented at the District Meetings by the AIS Chairperson or delegate.

Conny M., AIS Ottawa Chair

Literature Distribution Center (LDC) Update

Hello Ontario South. There are not a lot of new things to report to you so I may just take a moment to send some reminders. For those who love the new JotForm, thank you for using it and I hope for those who wanted to use it but were a bit cautious about it you found the workshops our website coordinator did on them in June to be helpful. Once you get the hang of it, they are very simple. I remind you the JotForm is only a form and has no idea what is in stock nor how much the shipping for your order really is. I am the person behind the order that will let you know that info and charge you accordingly. So please don't panic that \$100 will be charged for shipping if that isn't the right amount for your order size. But not everyone likes technology and so I remind you calling in an order or emailing are still more than valid ways to do it. However, you must tell me your district because even if you think your group name is original it may not be and while I like guessing games and mystery it isn't something I have time for most days. This also applies to who will pay your order and the password. Please give me that info so I can match your transfer up and collect it.

The office is going to be in summer closure from July 24th at 1 until Aug. 25th at 10. You may continue to send orders during that time, and they will be handled in the order they come in once it is reopened.

Also, Assembly pre-orders must be submitted by no later than 1 on Sept 11th. I will confirm stock and total and then payments must be in by no later than Sept 18th at 1. There will not be extensions to these dates.

Finally, sometimes I get a little lonely because there aren't enough orders coming in. I'm here for you. Please keep me busy. It makes time go much faster and I like connecting with you.

As always, I know I am blessed to serve Ontario South.

Be well. I am so grateful to serve you.

Linda LDC Office Manager os.literature.distribution@gmail.com

Click here for Upcoming Events!!

NEWS FROM YOUR EXECUTIVE

02/2025

ASSEMBLY 2026 – ELECTION YEAR

DISTRICT BIDS are requested prior to 01May2025.

Districts in the central portion of our Area (Districts 14-23) are requested to research suitable facilities, obtain quotes as outlined in the Assembly Bid Form, and submit to the Area Executive. Section 10 Form F Assembly Bid Form 2020 07

TREASURER'S CORNER

Area computer for use by the Website Coordinator

The Area appeal was a success and sufficient funds were raised to move forward with the purchase of a dedicated computer.

7th Tradition: Gratitude in Action

Last year's special appeal allowed the Area to meet its expenses in 2024 (sending our Delegate to WSO, AMIAS certifications, archive storage, website, zoom account, workshops, Area Coordinator support, Trillium Convention etc.). Awareness and gratitude for what OSA does allows us to think abundantly, and to give of our time and money to accomplish our primary purpose of reaching out to families and friends of alcoholics. Thank you! E-transfers can be made at any time to osatreasurer3@gmail.com

AMIAS CERTIFICATIONS DUE 01MAY2025

You may obtain the Area letter for your Vulnerable Sector Check by email request, including your full legal name, to the Area Chairperson. Send your completed forms and sealed police record check to Crystal P., AAPP Coordinator. Please refer to the AWSC Contact List for the mailing address - available from your DR.

OSA Website: <https://al-anon.alateen.on.ca>

WSO Website: <https://al-anon.org>

AWSC 2025

May 23-25, 2025

Durham College Oshawa

ASSEMBLY 2025

October 24-26, 2025

Kingston

REGIONAL TRUSTEE

OSA will be nominating a candidate to serve as Regional Trustee for Canada Central at Assembly 2025. Applications must be received by 01Aug2025.

THOUGHT FORCE

The Thought Force for Assembly With An Electronic Component has been formed

AAPP COORDINATOR

Crystal P. from D14 has agreed to serve our Area! You can reach her at aapp.ontariosouth@gmail.com

EXECUTIVE MEETING DATES

July 11-12, 2025

November 7-8, 2025



ASSEMBLY 2026

District bids are requested prior to May 1, 2025

Districts in the central portion of our Area (Districts 11 - 23) are requested to research suitable facilities, obtain quotes for the required services outlined in the Assembly Bid Form, and submit a bid to the Area Executive by May 1st of the year prior to the Assembly.

The successful district will form a Host Committee.

The OSA Policies & Guidelines Manual on the area website contains the Guidelines for the Host Committee, Section 5B, and the Assembly Bid Form, Section 10F.

[Section 10 Form F Assembly Bid Form 2020 07 \(alateen.on.ca\)](#)

Please feel free to contact your Area Chairperson for assistance.

TOGETHER WE CAN MAKE IT!

AREA ASSEMBLY 2026

The next incoming Executives will be elected!

DRs, please support the Area by researching local facilities. More bids may provide the opportunity to reduce costs.

Listen and Learn - past Host Committee Chairs are your resource to Easy Does It!

DEBORAH F.

Chairperson
Ontario South Assembly

chairons96@gmail.com

Looking for Volunteers to
Help Grow Alateen in Ontario South (Area 86)

Has Alanon helped
you? Then why
wouldn't you want
to give that *gift* to
your child (or to
other children)?

We currently have *13* Alateen Groups
Across *30* Districts in Ontario South.

Looking for Volunteers to help!

Our goal is to have one Alateen meeting
in each district: We need Al-Anon members
to volunteer and register as AMIASS
(Al-Anon Members In Alateen Service)

Training will be available
Alateen needs the support
Of Al-Anon to grow
Alateen

For more information,
please contact:
Judith W
os.alateen.coordinator@
gmail.com
647-215-3048

Let it begin with me:
When anyone,
anywhere reaches out
for help, Let the hand
of Al-Anon and
Alateen always be
there and let it begin
with me

Ontario South Al-Anon invites you to

Share the Joy – Strengthening our Roots



**Sunday, September 14, 2025, 10:00 a.m. to 3:00 p.m.
On Zoom**

All Al-Anon members in Ontario South are invited

Save the date - more details to follow soon

FALL WORKSHOP

DISTRICT 9

Saturday, September 27, 2025
10am to 4pm

Holy Trinity Church – 81 Selkirk, Chatham, ON

Raffle and Door Prizes

More than 30 Topics to be covered - - - - Guest speaker

Bring a friend, a sponsor, a sponsee

\$8 by Sept 6, 2025

e-transfers can be sent to donate2afg9@gmail.com security question response is District9

Please note your name if sending an e-transfer

OR

\$10 at the door

*Potluck Lunch – bring **COLD** finger foods to share*

Dress in layers

New Item Donations for Door Prizes are appreciated!

Contact Bonnie phone 519-354-9320 email bonnieoagst@gmail.com

Pre-Registration

(by Sept 6, 2025)

Name: _____ City _____

Group name: _____

Total Amount Enclosed: \$ _____

Make Cheques Payable To: AFG District 9
Mail Cheques & Registration Forms To:
AFG District 9 c/o Lewsaw – 10 Phyllis Avenue, Chatham, ON N7M 3B9
Note: If sending as a group, please include a list with the names and phone numbers of all attendees.

Save the date:

**District 31 Day of Al-Anon
Oct. 4, 2025**

**Where: Crossroads United Church
690 Sir John A MacDonald Blvd
Kingston, ON K7M1A2**

9 to 3:30

**Al-Anon and AA speakers, skit, lunch served, basket raffle, come one, come all
and join us!**

District 26 presents at
Assembly 2025

KARAOKE NIGHT

**SAT
NIGHT**

**OCT
25TH**



**SPECIAL
PERFORMANCES**

FELLOWSHIP HOUR

Join us for an unforgettable night of music, laughter,
and fearless performances!

ALL VOICES WELCOME! Whether you're a shower singer
or stage star, the mic is yours! Come solo, bring friends, or
duet your heart out!
Let's make it a night to remember!



GET INVOLVED!

Are you Looking for Opportunities for Personal Development & Growth?

The Al-anon Service Manual recommends that the Alternate Group Representative be a part of GTAIS which meets on the first Tuesday of each month.

GTAIS offers a variety of services to Al-Anon Members and the community.

Attend a GTAIS Meeting!

[Click here to learn more about GTAIS](#)

Zoom ID
830 0917 8410

Passcode
303729

Al-Anon Family Groups

Greater Toronto Al-Anon Information Services (GTAIS)

If you would like more information about GTAIS meetings please email: gtais.chair@gmail.com



NOT EVERYONE TRAPPED BY ALCOHOL IS AN ALCOHOLIC.

.....

Families and friends are suffering too.

- Do you worry about how much someone drinks?
-

Al-Anon and Alateen can help.

.....

London Region
Al-Anon Open Speaker Meetings - 2024
First Friday of every month
8 pm to 9 pm
Zoom ID: 8351 424 7357
Password 036762

Jan 5, Feb 2, Mar 1, Apr 5, May 3, Jun 7, July 5, Aug 2, Sept 6, Oct 4, Nov 1, Dec 6

1-888-4AL-ANON
AL-ANON.ORG

Al-Anon Family Groups
Help and hope for families and friends of alcoholics

**Ottawa Al-Anon Family Groups
Sunday Open Speaker In-Person Meeting**

Every second and fourth Sunday Morning of each month
10:00 to 11:00, followed by half hour of fellowship

Everyone Welcome: Al-Anon/Alateen members, prospective members, general public, professionals, and media
Please join us!!

"the only requirement for Al-Anon membership is that there be a problem of alcoholism in a relative or friend"

**Overbrook Community Centre
33 Quill Street Ottawa, Ontario K1K4E7
(additional parking at rear of building and on street)**

Al-Anon Sunday Open Speaker Meetings 2025

January 12		July 13
January 26		July 27
February 9		August 10
February 23		August 24
March 9		September 14
March 23		September 28
April 13		October 12
April 27		October 26
May 11		November 9
May 25		November 23
June 8		December 14
June 22		Community Center closed until 2026

***** There is a concurrent Open AA meeting (Hand in Hand) held at the same time at Overbrook Community Centre.**