




C
Monday @7:30 PM - Kingston
Group ID: 16405 (D31) - **Al-Anon (in-person) Co-op AFG - Kingston**
Open to: Families and Friends Only
Group email:
mondayco.opafg@gmail.com
Meeting focus: Regular
This group is now meeting in-person.

St. James Anglican Church
10 Union Street
Kingston ON K7L2N7
At Kingston Centre, wheelchair accessible

C 
Tuesday @7:30 PM - Kingston
Group ID: 16407 (D31) - **Al-Anon (hybrid) Collins Bay Gratitude AFG - Kingston**
Open to: Families and Friends Only
Group email:
tuesday.gratitude.afg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings, with a concurrent online meeting (hybrid). Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 896 9336 5125
Password: 262467

Edith Rankin United Church
4080 Bath Road
Kingston ON K7M 4Y7
Downstairs, use waterside door & follow signs. Wheelchair access.


C
Wednesday @10 AM - Kingston
Group ID: 49259 (D31) - **Al-Anon (hybrid) 12 Step AFG - Kingston**
Open to: Families and Friends Only
Group email:
wedam12step@gmail.com
Meeting focus: Regular
Beginner meeting available
This group has now resumed in-person meeting with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 895118639
Password: 224078


Crossroads United Church
690 Sir John A. MacDonald Blvd.
Kingston ON K7M 1A2
Wheelchair accessible. Side door.

O-AC
Wednesday @7:30 PM - Kingston
Sydenham Road, North of Highway 401. Enter door off parking lot. Wheelchair access.
Group ID: 52334 (D31) - **Al-Anon (in-person) Courage to Heal AFG - Kingston**
Open to: Families, Friends and Observers Welcome
Meeting focus: Adult Children
This group has resumed in-person meeting and is no longer on Zoom. Masks must be worn at this meeting until further notice

Kingston Standard Church
1185 Sunnyside Road
Kingston Sydenham Road, North of Highway 401. Enter door off parking lot. Wheelchair access. ON K7L 4V4

O 
Thursday @7:30 PM - Kingston
Group ID: 49140 (D31) - **Al-Anon (in-person) Keep it Simple AFG - Kingston**
Open to: Families Friends and Observers Welcome
Group email:
thursdaykisafg.district31@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

St. James Anglican Church
10 Union Street
Kingston ON K7L2N7
At Kingston Centre, wheelchair accessible

O 
Thursday @7:30 PM - Napanee
Group ID: 16472 (D31) - **Al-Anon (in-person) Napanee AFG**
Open to: Families, Friends and Observers Welcome
Meeting focus: Regular
This group is now meeting in person.
Trinity United Church
25 Bridge Street E.
Napanee ON K7R 1J5
Enter off John St., go downstairs and ring doorbell. Wheelchair access can be arranged with prior notice.

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting
C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting
AC = Adult Children (AN) = Concurrent Al-Anon meeting



C



Thursday @7:30 PM - Kingston
Group ID: 30759836 (D31) - **Alateen**
(in-person) One Step at a Time - Kingston

Open to: Families and Friends Only

Meeting focus: Regular
For age group 7-17 years old.

Meets on the 2nd and 4th Thursdays of the month.

Meets every 2nd and 4th Thursdays of the month. For more information about this meeting, please send an email to: alateen.district31@gmail.com

St. James Anglican Church

10 Union Street
Kingston ON K7L2N7
At Kingston Centre, wheelchair accessible

O

Saturday @3:00 PM - Kingston
Group ID: 30716974 (D31) - **Al-Anon**
(in-person) We Are Not Alone Women's AFG - Kingston

Open to: Families, Friends and Observers Welcome

Group email: wanasaturday@gmail.com

Meeting focus: Women
This group has resumed in-person meetings. There is also an electronic component, for which the credentials can be obtained by sending an email to: wanasaturday@gmail.com

OPSEU Hall Kingston

824 John Counter Blvd.
Kingston ON K7K 2R1
Wheelchair accessible

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AC = Adult Children (AN) = Concurrent Al-Anon meeting