




C  
Monday @7:45 PM - Oakville  
Group ID: 500897 (D16) - **Al-Anon (in-person) Monday Night Oakville AFG**  
Open to: Families and Friends Only  
Group email: [mondaynighthtoakville@gmail.com](mailto:mondaynighthtoakville@gmail.com)  
Meeting focus: Regular  
This group is now meeting in-person.

**St Jude's Church**  
160 William Street  
Oakville ON L6J1C5  
No food or drinks allowed. Basement;  
South Lakeshore, West of Trafalgar

O  
Monday @8 PM - Mississauga  
Group ID: 501220 (D16) - **Al-Anon (in-person) Plan B AFG - Mississauga**  
Open to: Families Friends and Observers Welcome  
Group email: [district16dr@gmail.com](mailto:district16dr@gmail.com)  
Meeting focus: Regular  
This group (formerly: Polski AFG) now has re-opened their door for in-person meetings, adhering to Covid regulations. Mask are required during the meeting. There is also a separate Zoom meeting on Tuesday evening. Check for that day to see details. Spoken language: POLISH.

**Church Saint Maksymiliana Kolbe**  
4260 Cawthra Road  
Mississauga ON L4Z1V8  
Rm. Saint Eugene de Mazonod

O   
Tuesday @10 AM - Mississauga  
Group ID: 16620 (D16) - **Al-Anon (in-person) New Hope AFG - Mississauga**  
Open to: Families Friends and Observers Welcome  
Group email: [district16dr@gmail.com](mailto:district16dr@gmail.com)  
Meeting focus: Regular  
This group has resumed in-person meetings.

**The Elder Center at the Central Parkway Mall**  
377 Burnhamthorpe Road E.  
Mississauga ON L5A 3Y1  
The meeting is held on the second floor.

C  
Tuesday @7 PM - Mississauga  
Group ID: 501220 (D16) -  
-  
Open to: Families and Friends Only  
Meeting focus: Regular  
To obtain meeting credentials, please call 6474570696. Access with the 'Join with Zoom' button on the meetings page of the Ontario website with the provided meeting ID and password.

There is also a separate face-to-face meeting on Monday evening. Check for that day to see details. Spoken language: POLISH.

**Church Saint Maksymiliana Kolbe**  
4260 Cawthra Road  
Mississauga ON L4Z1V8  
Rm. Saint Eugene de Mazonod

C  
Tuesday @8 PM - Mississauga  
Group ID: 30773 (D16) - **Al-Anon (hybrid) Courage to Change AFG - Mississauga**  
Open to: Families and Friends Only  
Meeting focus: Discussion meeting  
Speaker last meeting of the month.  
This group has resumed in-person meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 849 35184377

**Erindale United Church**  
1444 Dundas Cr.  
Mississauga ON L5C1E9  
South off Dundas W. Non-smoking

C-(AN)  
Wednesday @7 PM - Mississauga  
Group ID: 30519795 (D16) - **Alateen (online) Hope Prevails Alateen - Mississauga**  
Open to: Families and Friends Only  
Group email: [hopeprevailsalateen@gmail.com](mailto:hopeprevailsalateen@gmail.com)  
Meeting focus: Regular  
Al-Anon meets at the same time & place. Teens interested in attending may send a message to [hopeprevailsalateen@gmail.com](mailto:hopeprevailsalateen@gmail.com) to get the zoom link.

**Westminster United Church**  
4094 Tomken Road  
Mississauga ON L4W1J5  
Meeting in basement. Wheelchair accessible. Southwest corner of Tomken & Rathburn.

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting  
C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting  
AC = Adult Children (AN) = Concurrent Al-Anon meeting



C  
Wednesday @7:45 PM - Mississauga  
Group ID: 16466 (D16) - **AI-Anon (hybrid) Cooksville Circle of Hope AFG - Mississauga**  
Open to: Families and Friends Only  
Group email:  
district16dr@gmail.com  
Meeting focus: Regular  
This group has resumed in-person meetings.  
There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 367408879

**Cooksville United Church**  
2500 Mimosa Row  
Mississauga ON L5B1P7  
Two blocks north of Queensway and Highway 10; off Floradale. Use door bell on double white doors. Go to Conference Room in basement.

C-AC  
Thursday @7:30 PM - Canada  
Group ID: 38247 (D16) - **AI-Anon (online) Growing Together Adult Children AFG - Mississauga**  
Open to: Families and Friends Only  
Meeting focus: Adult Children  
Beginner's Meeting available  
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 71816346907  
Password: 119119

**Electronic Meeting Ontario South**  
Ontario South  
Canada ON  
Not a physical location

C  
Thursday @8 PM - Mississauga  
Group ID: 51557 (D16) - **AI-Anon (in-person) Meadowvale Back to Basics AFG - Mississauga**  
Open to: Families and Friends Only  
Group email:  
meadowvalebacktobasics@gmail.com  
Meeting focus: Regular  
This group has resumed in-person meetings.

**Meadowvale Community Church**  
2630 Inlake Ct  
Mississauga ON L5N 2A7  
Members are asked to use the entranceway at the rear of the building. After entering, proceed to the end of the hallway and go through the double doors on the left. The meeting for AI-Anon is in the room to the left.

O  
Friday @10 AM - Oakville  
Group ID: 16496 (D16) - **AI-Anon (in-person) Friday AM Oakville AFG**  
Open to: Families Friends and Observers Welcome  
Group email:  
eopratko@bell.net  
Meeting focus: Regular  
This group has resumed in-person meetings.

**Glen Abbey United Church**  
1469 Nottinghill Gate  
Oakville ON L6M1X7  
South on Nottinghill Gate, Just south of Upper Middle.

C  
Saturday @10 AM - Oakville  
Group ID: 28145 (D16) - **AI-Anon (in-person) Saturday Morning Oakville AFG**  
Open to: Families and Friends Only  
Meeting focus: Regular  
Beginner's meeting available  
This group has resumed in-person meetings.

**Hopedale Presbyterian Church**  
156 Third Line  
Oakville ON L6L3Z8  
On the west side of Third Line, 1 1/2 blocks north of Lakeshore Rd.

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AC = Adult Children (AN) = Concurrent AI-Anon meeting