

ONTARIO SOUTH LDC

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Office Open Mon-Thur

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Make cheques payable to: Ontario South LDC, or email bank transfer. We do not accept credit cards

TOTAL ORDER		District and Group # -Required:
5% HST		Group Name
Shipping <i>see chart below</i>		City where Group meets:
13% HST		Ship to: Name:
		Address:
		City&Province:
		Postal Code:
GRAND TOTAL =		Phone # and E-mail
		Updated January 2025-Please destroy all other forms

TOTAL ORDER	SHIPPING	13% HST	
up to \$25.00	15.00	1.95	
\$25.01 - \$50	16.00	2.08	5% HST is calculated on the total order only 13% HST is calculated on Postage only refer to chart for correct amount
\$50.01 - \$100	18.00	2.34	
\$100.01-\$150	20.00	2.60	
\$150.01-\$200	23.00	2.99	
\$200.01-\$250	26.00	3.38	
\$250.01-\$300	27.00	3.51	
\$300.01-\$400	32.00	4.16	
\$400.01-\$500	35.00	4.55	
\$500.01-\$750	38.00	4.94	
\$750.01-\$1000	45.00	5.85	
\$1000.01-\$1300	50.00	6.50	
\$1300.01-\$1600	75.00	9.75	
\$1600.01-\$2000	100.00	13.00	

All Al-Anon/Alateen material is a collection of the shared experience, strength, and hope of its members, regardless of race creed, gender, sexual orientation, age, and walks of life.

Further, it is suggested that members read all material, not only that which focuses on particular situations.

ID #	Quantity	Price	Cost	BOOKS
B-3		13.00		Alateen Hope for Children
B-4		14.50		The Dilemma of the Alcoholic Marriage
B-5		28.00		The Al-Anon Family Groups - Classic Edition
B-6		18.00		One Day at a Time in Al-Anon
B-7		24.50		Lois Remembers
B-8		16.50		Al-Anon's Twelve Steps & Twelve Traditions
B-10		15.75		Alateen A Day At A Time
B-11		18.00		As We Understood...
B-14		22.00		O.D.A.T. - Large Print Edition
B-15		19.25		In All Our Affairs: Making Crises Work for You
B-16		22.00		Courage to Change: O.D.A.T in Al-Anon II
B-17		26.00		Courage to Change - Large-Print Edition
B-18		36.50		Set: ODAT (B-6) and CTC (B-16)
B-19		44.00		Large Print Set: ODAT & CTC
B-21		24.50		From Survival to Recovery
B-23		18.00		Courage To Be Me Alateen
B-24		28.50		Paths to Recovery: Al-Anon's Steps, Traditions and Concepts
B-26		20.50		Living Today in Alateen
B-27		22.00		Hope for Today
B-28		26.00		Hope for Today - Large-print, Softcover edition
B-29		22.00		Opening Our Hearts... Transforming Our Losses
B-30		22.50		Discovering Choices
B-31		24.50		Many Voices - One Journey
B-32		10.50		How Al-Anon Works for Families & Friends PAPERBACK
B-33		18.00		Intimacy in Alcoholic Relationships NEW
B-34		22.50		A Little Time for Myself
RECOVERY				
P-1		0.60		Al-Anon Is for Men
P-2		0.65		Al-Anon, You & The Alcoholic
P-3		1.50		Alcoholism, A Merry-Go-Round Named Denial
P-4		1.50		Alcoholism: The Family Disease
P-4L		3.00		Alcoholism: The Family Disease - Large Print
P-5		7.00		Blueprint for Progress: 4th Step Inventory
P-6		0.50		Freedom From Despair
P-7		0.65		Guide for the Family of Alcoholics
P-9		1.25		How Can I Help My Children?
P-13		0.50		Purpose & Suggestions
P-14		0.50		So You Love An Alcoholic
P-15		0.60		Three Views of Al-Anon
P-16		1.50		To the Parents
P-17		1.50		Twelve Steps & Traditions
P-19		0.60		What Do You Do About the Alcoholics Drinking
P-31		0.75		Sponsorship: What It's all About
P-32		0.75		This Is Al-Anon
P-33		0.65		Why Anonymity in Al-Anon
P-45		0.60		The Al-Anon Focus
P-47		1.50		Al-Anon Sharings/ Adult Children
P-48		0.50		Understanding Ourselves & Alcoholism
P-49		6.50		Living with Sobriety
P-57		2.00		The Concepts: Al-Anon's Best Kept Secret?
P-60		2.00		12 Traditions Illustrated
P-62		0.60		Does She Drink Too Much?
P-67		0.60		Dear Mom & Dad
P-91		15.00		Blueprint for Progress: 4th Step Inventory
P-92		20.25		Reaching For Personal Freedom

P-93	19.00	Paths to Recovery workbook
P-94	1.50	Hope & Understanding for Parents and Grandparents
P-95	6.50	Healing Within our Alcoholic Relationships NEW
R-18	2.00	REPRINT Parents of Alcoholics
ALATEEN		
P-18	1.50	Alateen 12 Steps & Traditions
P-21	0.75	Youth & the Alcoholic Parent
P-59	1.00	Moving On! From Alateen to Al-Anon
P-64	10.00	Alateen 4th Step Inventory Workbook
P-68	4.00	Alateen Talks Back on Acceptance
P-69	4.00	Alateen Talks Back on Serenity
P-70	4.00	Alateen Talks Back on Slogans
P-73	4.00	Alateen Talks Back on Detachment
M-9	5.00	Do's & Don'ts-Alateen (Packs of 10)
M-11	5.00	Just for Today Wallet Card (Packs of 10)
M-13	5.00	Just for Today Bookmark (Packs of 10)
M-18	5.00	Alateen Program Card (Packs of 10)
S-6	0.50	Daily Checklist of Myself
K-6	12.50	Alateen Discount Package
K-7	19.00	Alateen discount package
K-18	3.00	Alateen Newcomer Packet
M-82	5.00	Alateen Just for Tonight Bookmark (Packs of 10)

GROUP & SERVICE ESSENTIAL MATERIALS

P-24	1.75	Al-Anon & Alateen Groups at Work
P-24/27	18.00	Manual: Al-Anon/Alateen Service
P-29	0.50	Guide for Sponsors of Alateen
P-35	0.50	Why C.A.L.?
P-46	10.00	World Service Conference Summary
P-53	0.65	Al-Anon Spoken Here
P-78	6.50	When I Got Busy, I Got Better
P-88	1.00	Service Sponsorship
M-7	5.00	Al-Anon Basic Program Card (Packs of 10)
M-8	5.00	Let it Begin With Me Declaration Card (Packs of 10)
M-10	5.00	Just For Today Wallet Card (Packs of 10)
M-12	5.00	Just For Today Bookmark (Packs of 10)
M-26	5.00	Serenity Prayer Card (Packs of 10)
M-40	1.50	Al-Anon Spoken here door hanger, Alateen only, can be cut off
M-75	40.50	Al-Anon Legacy Poster Set
M-78	5.00	Sponsorship – Working Together to Recover (Packs of 10)
M-80	0.50	Alateen Table Card
M-81	5.00	Just for Tonight bookmark (Packs of 10) NEW
S-9	0.65	Anonymity Table Card
S-17	5.00	Are You Troubled By Someone's Drinking? (packs of 10)
S-19	5.00	Detachment (Packs of 10)
S-20	5.00	Was Your Life Affected by Someone Drinking (Packs of 10)
S-21	0.50	The 7th Tradition Suggests
S-24	3.00	Focus/Declaration Table Card
S-25	5.00	Did You Grow Up With a Problem Drinker? (Packs of 10)
S-27	0.50	Alateen Sponsorship, Is It For You?
S-28	0.50	Links of Service
S-27	0.50	Joy of Service
S-71	2.00	Conflict Resolution
S-72	8.00	Conflict Resolution- Using our Traditions
S-73	9.00	Resolving Conflicts Within Al-Anon
K-10	2.25	Newcomer Packet
K-21	4.00	Adult Children Newcomer Packet
K-23	4.00	Men's Newcomer Packet
K-24	4.00	Parent's Newcomer Packet
K-70	17.00	Using Al-Anon Principles To Resolve Conflicts

PUBLIC OUTREACH

P-36	0.50	Al-Anon Fact File
P-41	0.50	Facts About Alateen
P-81	0.50	What Happens After Treatment?
P-82	0.50	Living in a Shelter?
P-89	0.50	Doubting Your Sanity?
M-1	5.00	Are You Concerned About? (Packs of 10)
M-15	4.50	Logos, Alateen (red) (Packs of 100)
M-44	5.00	Al-Anon Is & Is Not Bookmark (Packs of 10)
M-76	Free	Outreach Bookmark FREE
S-4	0.50	Information for the Newcomer
S-37	0.50	Fact Sheet for Professionals
S-40	0.50	Attracting and Promoting
S-64	0.50	Information for Educators: Alateen Meetings in Schools
S-65	0.50	Alcoholics, their Families, and the Judicial System
S-67	0.50	Al-Anon Welcomes Native Americans/Aboriginals
S-68	0.50	Al-Anon Welcomes All People of Colour
S-69	0.50	Al-Anon Welcomes Adult Children of Alcoholics
AFA	0.52	Al-Anon Faces Alcoholism (.52 each/minimum order 25)
K-30c	2.50	Professional Kit

TOTAL ORDER