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= Open (to families and friends of alcoholics and observers)

= Closed (open to families & friends of alcoholics only)

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(AA) = Concurrent AA meeting (AL) = Concurrent Alateen meeting (AN) = Concurrent Al-Anon meeting



С

Monday @9:30 AM - Oshawa Group ID: 43568 District 23 - Lakeshore Al-Anon (in-person) Morning Glory AFG -

Oshawa Open to: Families and Friends Only

Group email: morninggloryoshawaafg@gmail.com

Meeting focus: Regular Beginners meeting available. This group has resumed in person meetings. Masks are optional, social distancing is recommended.

Glen Stewart Club House - Oshawa 201 Cabot Street Oshawa ON L1J 5S2 No food / drink allowed

С Monday @1 PM - Etobicoke Group ID: 54563 District 20 - Toronto West

Al-Anon (hybrid) Etobicoke AFG

Open to: Families and Friends Only

Meeting focus: Regular No children please. This group has resumed physical meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 894 9349 9400 Passcode: 250667

Bloordale United Church - Etobicoke

4258 Bloor Street W. Etobicoke ON M9C1Z7 Room 15; enter through back doors from the parking lot

С Monday @1:30 PM - York Group ID: 30795387 District 20 - Toronto West **Al-Anon** (in-person) York West AFG Open to: Families and Friends Only

Meeting focus: Regular This group is meeting in-person.

York West Active Living Centre - York 1901 Weston Rd York ON M9N 3P5

С Ġ Monday @6:15 PM - Toronto Group ID: 26973 District 20 - Toronto West **Al-Anon** (online) Long Branch AFG - Toronto Open to: Families and Friends Only

Meeting focus: Regular Rotation of Steps, Traditions & topics Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 830 0705 1178 Password: long

L.A.M.P. Community Centre - Toronto 185 5th Street Toronto ON M8V2Z5 At Birmingham (top floor) Elevator access available. Closed Holiday Mondays

C-AC Monday @7 PM - Toronto Group ID: 16677 District 21 - Toronto Central **Al-Anon** (in-person) Donlands Serenity AFG -**Toronto** Open to: Families and Friends Only

Meeting focus: Adult Children This group has resumed in-person meetings at the same location as pre-

Covid.

Holy Cross R.C. Church - Toronto 291 Cosburn Avenue Toronto ON M4J2M4 Donlands & Cosburn Ave. In rectory bsmt. east of Church. Enter off Cosburn.

C Monday @7 PM - Etobicoke Group ID: 16688 District 20 - Toronto West **Al-Anon** (in-person) Kingsway AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Regular Beginners meeting 7:00pm The group has resumed in-person meetings. The meeting starts with a 7pm beginner's meeting; the regular meeting then follows at 7:30pm.

St. George On The Hill - Etobicoke 4600 Dundas Street West Etobicoke ON M9A1A5 West of Royal York Rd. Disabled Access, Frangrance Free

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Monday @7 PM - Toronto Group ID: 16682

District 21 - Toronto Central **Al-Anon**

(in-person) Mid City AFG - Toronto Open to: Families and Friends Only

Group email:

midcityafamilygroup@gmail.com

Meeting focus: Regular Please note that the Beginners meeting is held prior to main meeting and starts at 7:00pm; Main meeting starts at

7:30pm. This group has resumed in-person meetings.

Trinity St Paul's United Church -Toronto

427 Bloor Street W Toronto ON M5S 1X7 Our meeting takes place in the Circles room.

C

Monday @7:30 PM - Port Perry Group ID: 24446

District 23 - Lakeshore

Al-Anon

(in-person) Just For Today AFG - Port **Perry**

Open to: Families and Friends Only Group email:

justfortodayafg@outlook.com Meeting focus: Book study group Discussing the Daily Reader One Day at a Time in Al-Anon. Newcomers welcome.

This group has resumed in-person meetings.

Port Perry United Church

294 Queen Street Port Perry ON L9L 1B2 Enter through glass doors on Simcoe Street and follow posted signs.

Monday @7:30 PM - Toronto Group ID: 16684 District 19 - Toronto North **Al-Anon**

(in-person) North Toronto AFG Open to: Families and Friends Only

Meeting focus: Regular Beginners meeting at 8:30pm This group has resumed in-person meetings.

St. Clement's Anglican Church -**Toronto**

70 St Clements Avenue Toronto ON M4R 1H8 The In-Person meeting is held in the Sunroom (entrance is through the main glass door on St. Clements Avenue; ramp and steps are accessed from the parking lot). Wheelchair access. No food or drink allowed.

Monday @7:30 PM - Canada Group ID: 30834237 District 19 - Toronto North

Al-Anon

(online) North Toronto Electronic AFG Open to: Families and Friends Only

Group email:

NorthTorontoegroupAFG@gmail.com

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 892 0354 6569

Password: 170406

Electronic Meeting Ontario South -Canada

Ontario South Canada ON Not a physical location Ġ

Monday @7:30 PM - Unionville Group ID: 43991 District 22 - Scarborough **Al-Anon** (online) Unionville Caring Sharing **AFG**

Open to: Families and Friends Only

Meeting focus: Regular The online meeting is online by invitation.

Central United Church - Unionville

131 Main Street Unionville ON L3R2G3 North of Hwy. 7

С Monday @7:45 PM - Oakville Group ID: 500897 District 16 - Mississauga **Al-Anon** (in-person) Monday Night Oakville

Open to: Families and Friends Only Group email: mondaynightoakville@gmail.com Meeting focus: Regular This group is now meeting in-person.

St Jude's Church - Oakville 160 William Street Oakville ON L6J1C5 No food or drinks allowed. Basement; South Lakeshore, West of Trafalgar

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Monday @8 PM - Canada Group ID: 52669 District 19 - Toronto North

Al-Anon (online) Keep It Simple AFG -**Thornhill**

Open to: Families and Friends Only

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 209 144 1133 Password: 956694

Electronic Meeting Ontario South -Canada

Ontario South Canada ON Not a physical location

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Monday @8 PM - Mississauga Group ID: 501220 District 16 - Mississauga Al-Anon

(in-person) Plan B AFG - Mississauga

Open to: Families Friends and Observers Welcome

Group email:

district16dr@gmail.com Meeting focus: Regular

This group (formerly: Polski AFG) now has re-opened their door for in-person meetings, adhering to Covid regulations. Mask are required during the meeting. There is also a separate Zoom meeting on Tuesday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe -Mississauga

4260 Cawthra Road Mississauga ON L4Z1V8 Rm. Saint Eugene de Mazenod C-(AA)

Monday @8 PM - Scarborough

Group ID: 16706

District 22 - Scarborough

Al-Anon

(hybrid) Stepping Stones AFG -Scarborough

Open to: Families and Friends Only

Meeting focus: Discussion meeting There is a speaker each 5th Monday of month.

The meeting is held in-person with a concurrent online meeting (hybrid). Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 435121245 Password: 093373

St. Paul's United Church -Scarborough

200 McIntosh Street Scarborough ON M1N 3Z3 Kingston Rd. & Midland Ave. Downstairs to the right.

C-(AA)

Monday @8 PM - Toronto Group ID: 30621952 District 20 - Toronto West

Alateen

(in-person) Together We Can Make It **Alateen - Toronto**

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

All Saints Kingsway Anglican Church - Toronto

2850 Bloor Street West Toronto ON M8X1B2 Take east exit from Royal York subway, walk 2 blocks east

Tuesday @10 AM - Brampton Group ID: 47427 District 17 - Peel, Halton **Al-Anon** (in-person) Brampton Serenity **Tuesday and Thursday AFG** Open to: Families and Friends Only

Meeting focus: Discussion meeting Step & Traditions This group is meeting in-person, adhering to regular Covid restrictions.

Holy Family Anglican Church -Brampton

10446 Kennedy Road North Brampton ON L6Z 0A7 Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).

Tuesday @10 AM - Mississauga Group ID: 16620 District 16 - Mississauga **Al-Anon** (in-person) New Hope AFG -Mississauga

Open to: Families Friends and **Observers Welcome** Group email: district16dr@gmail.com Meeting focus: Regular This group has resumed in-person meetings.

The Elder Center at the Central Parkway Mall - Mississauga 377 Burnhamthorpe Road E. Mississauga ON L5A 3Y1 The meeting is held on the second floor.



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С

Tuesday @10:30 AM - Toronto Group ID: 16676

District 19 - Toronto North

Al-Anon

(in-person) 12 Step Broadway AFG -**Toronto**

Open to: Families and Friends Only Group email:

12stepbroadwayafg@gmail.com Meeting focus: Step-study

This group has resumed in-person meetings.

Blessed Sacrament Church - Toronto

24 Cheritan Avenue Toronto ON M4R 1S4

Take stairs or elevator down to hall, follow signs to Holy Family Room

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Tuesday @12:15 PM - Toronto

Group ID: 30572140

District 21 - Toronto Central

Al-Anon

(in-person) Living our Best Life AFG -**Toronto**

Open to: Families Friends and Observers Welcome

Meeting focus: Regular

Topic Discussion, Tradition & Steps on 1st and 3rd week. Speaker on 5th week

of the month

This group has resumed in-person meetings. Note the new start time. Room is open for fellowship from 12pm. End of meeting at 1:15pm.

Trinity St Paul's United Church -**Toronto**

427 Bloor Street W Toronto ON M5S 1X7 Our meeting takes place in the Circles room.

Tuesday @6:30 PM - Pickering

Group ID: 30613825 District 23 - Lakeshore

Al-Anon

(in-person) Paths to Recovery AFG -

Pickering

Open to: Families and Friends Only

Group email:

PathwaysToRecoveryDistrict23@gmail.

Meeting focus: Book study group

Book-study

This group has resumed in-person

meetings.

Montessori Learning Centre of **Pickering**

401 Kingston Road Pickering ON L1V 1A3 In gray portable; bring your own chair.

Tuesday @7 PM - Mississauga

Group ID: 501220

District 16 - Mississauga

Al-Anon

(online) Plan B AFG - Mississauga

Open to: Families and Friends Only

Group email:

district16dr@gmail.com Meeting focus: Regular

To obtain meeting credentials, please call 6474570696. Access with the 'Join with Zoom' button on the meetings page of the Ontario website with the provided meeting ID and password.

There is also a separate face-to-face meeting on Monday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe -Mississauga

4260 Cawthra Road Mississauga ON L4Z1V8 Rm. Saint Eugene de Mazenod

Tuesday @7 PM - Toronto

Group ID: 16689

District 21 - Toronto Central

Al-Anon

(in-person) St Clair AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Regular

Open meeting 1st Tues. Every month. Speaker 1st meeting of the month. This group has resumed in-person

meetings.

Holy Rosary Parish Hall - Toronto

356 St. Clair Avenue W. Toronto ON M5P1N4

Hall is west of church. Wheelchair access.

C-(AA)

Tuesday @7 PM - Oshawa

Group ID: 42253

District 23 - Lakeshore

Al-Anon

(in-person) Traditions AFG - Oshawa

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person meetings. If unvaccinated in attendance,

masks will be worn by all.

St. Luke's Presbyterian Church -Oshawa

333 Rossland Road W Oshawa ON L1J3G6

Enter parking lot from Park Road N. Warning, speed bump on the driveway.

Use back door on lower level from parking lot

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.

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Tuesday @7:30 PM - Woodbridge Group ID: 30787405

District 17 - Peel, Halton

Al-Anon

(in-person) Come Together AFG -Woodbridge

Open to: Families, Friends and Observers Welcome

Meeting focus: Regular

Maranatha Christian Reformed Church - Woodbridge

4561 Langstaff Roda Woodbridge ON L4L2B2 Enter through the front doors and you will see the meeting room upon entering the building

C

Tuesday @7:30 PM - Canada

Group ID: 502780

District 21 - Toronto Central

Al-Anon

(online) The Beach Read & Recover **AFG** - Toronto

Open to: Families and Friends Only

Meeting focus: Regular Beginners meeting at 7:00 p.m. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 826 2386 5102

Password: 996570

Electronic Meeting Ontario South -Canada

Ontario South Canada ON

Not a physical location

Tuesday @8 PM - Aurora

Group ID: 16240

District 18 - GTA North

Al-Anon

(online) Aurora Serenity AFG

Open to: Families and Friends Only Group email:

auroraalanongroup@gmail.com

Meeting focus: Regular Discussion meeting based on the 12 Steps and Traditions with periodical

open speaker meetings

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details

manually.

Meeting ID: 815 6772 7870

Password: 762921

St. Andrew's Presbyterian Church -**Aurora**

32 Mosley Street Aurora ON L4G1G9 Mosley at Victoria St. Enter off Victoria -2nd Floor. NO Wheelchair access to mtg room.

С

Tuesday @8 PM - Mississauga

Group ID: 30773 District 16 - Mississauga

Al-Anon

(hybrid) Courage to Change AFG -**Mississauga**

Open to: Families and Friends Only

Meeting focus: Discussion meeting Speaker last meeting of the month. This group has resumed in-person meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 849 35184377

Erindale United Church - Mississauga

1444 Dundas Cr.

Mississauga ON L5C1E9

South off Dundas W. Non-smoking

Tuesday @8 PM - Nobleton

Group ID: 30700335 District 17 - Peel, Halton

Al-Anon

(in-person) Enough is Enough AFG -

Nobleton

Open to: Families, Friends and **Observers Welcome**

Group email:

Afgnobleton2@gmail.com Meeting focus: Regular

This group has resumed physical

meetings.

Nobleton United Church

6076 King Road Nobleton ON L2M 4G1

Wheelchair access. Enter at rear.

C-(AL)

Tuesday @8 PM - Milton

Group ID: 503626

District 17 - Peel, Halton

Al-Anon

(in-person) Hope for Today AFG -

Milton

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person

meetings.

Grace Anglican Church - Milton

317 Main Street E. Milton ON L9T 1P5

Millside Dr. & Main St.; park at rear, overflow parking across the street. Entrance at side door of church-third

floor

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Tuesday @8 PM - Etobicoke Group ID: 16703

District 20 - Toronto West

Al-Anon

(in-person) Markland Woods AFG -**Etobicoke**

Open to: Families and Friends Only

Meeting focus: Regular

This group is now meeting in-person.

Bloordale United Church - Etobicoke

4258 Bloor Street W. Etobicoke ON M9C1Z7

Room 15; enter through back doors from

the parking lot

С

Tuesday @8 PM - Don Mills

Group ID: 16685

District 19 - Toronto North

Al-Anon

(online) New Beginnings AFG - Don

Open to: Families and Friends Only

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 687 235 979 Password: 011737

Advent Lutheran Church - Don Mills

2800 Don Mills Road Don Mills ON M2J3B6

N. of Sheppard, handicap access enter from parking lot; go to Friendship Room С

Tuesday @8 PM - Ajax

Group ID: 16555

District 23 - Lakeshore

Al-Anon

(in-person) New Hope Pickering AFG -

Ajax

Open to: Families and Friends Only

Group email:

newhopepickering@gmail.com

Meeting focus: Regular

This group has resumed in-person

meetings.

Pickering Village United Church - Ajax

300 Church Street N. Ajax ON L1T 2W7

North Side Entrance, Downstairs

С

Tuesday @8 PM - Scarborough

Group ID: 30769637 District 22 - Scarborough

Al-Anon

(in-person) Tuesday Learning to Live

AFG - Scarborough

Open to: Families and Friends Only

Meeting focus: Regular

New Al-Anon meeting. Covid restrictions

apply for physical attendance.

St. Jude's Anglican Church -Scarborough

10 Howarth Street

Scarborough ON M1R 1H4

Near Victoria Park Ave. and Lawrence

Ave.

C-(AN)

Tuesday @8 PM - Milton

Group ID: 30766841 District 17 - Peel, Halton

Alateen

(hybrid) Tuesday Night Alateen AFG -

Milton

Open to: Families and Friends Only

Meeting focus: Regular

This groups meets online and in person. To obtain details for attending the online

meeting, please send an email to: miltonalateen@gmail.com

Grace Anglican Church - Milton

317 Main Street E.

Milton ON L9T 1P5

Millside Dr. & Main St.; park at rear, overflow parking across the street.

Entrance at side door of church-third

floor

C

Tuesday @8 PM - Orangeville

Group ID: 33085

District 18 - GTA North

Al-Anon

(hybrid) Tuesday Night Serenity AFG -

Orangeville

Open to: Families and Friends Only

Meeting focus: Regular

Meeting in Person and online with Zoom

(hybrid).

Access online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 844 7422 1859

Password: 320491

St. Mark's Anglican Church -**Orangeville**

5 First Ave.

Orangeville ON L9W 1H7

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Wednesday @10 AM - Georgetown Group ID: 60344

District 17 - Peel, Halton

Al-Anon

(in-person) Georgetown One Day At A **Time AFG**

Open to: Families and Friends Only Group email:

Georgetown.oneday@hotmail.com

Meeting focus: Regular

This meeting is now re-opened and you are welcome to attend their physical meetings. Please not that the groups meet at a new location as of February 8, 2023.

Georgetown Christian Fellowship

13619 Highway 7 Georgetown ON L7G 4S4 Enter through front doors, meeting is in the Prayer Room

С

Wednesday @10:30 AM - Etobicoke Group ID: 67122

District 20 - Toronto West

Al-Anon

(in-person) Wednesday Morning AFG - Toronto

Open to: Families and Friends Only Group email:

wednesdayamgr@gmail.com Meeting focus: Regular

This group has resumed in-person meetings.

Our Lady Of Sorrows Church -**Etobicoke**

3055 Bloor Street West Etobicoke ON M8X-1C6 Meeting room in basement (The Meeting room and Atrium Room) access is the west entrance. Elevator on the east side of the church. Parking on the West Side

C-(AN)

Wednesday @7 PM - Mississauga Group ID: 30519795

District 16 - Mississauga

Alateen

(online) Hope Prevails Alateen -Mississauga

Open to: Families and Friends Only

Meeting focus: Regular

Al-Anon meets at the same time & place. Teens interested in attending may send a message to louiseo56@outlook.com to get the zoom link.

Westminster United Church -Mississauga

4094 Tomken Road Mississauga ON L4W1J5 Meeting in basement. Wheelchair accessible. Southwest corner of Tomken & Rathburn.

C

Wednesday @7:15 PM - Toronto

Group ID: 16681

District 21 - Toronto Central

Al-Anon

(in-person) Main St Fellowship AFG -

Toronto

Open to: Families and Friends Only Group email:

mainstreetafg@gmail.com Meeting focus: Regular

This group has resumed in-person

meetings.

Community Center 55 - Toronto

97 Main Street Toronto ON M4E2V6

Main St. at Swanwick. Room - Main

Floor.

C-(AL)

Wednesday @7:15 PM - Canada

Group ID: 30560379

District 16 - Mississauga

Al-Anon

(online) The Coffee Hour AFG -Mississauga

Open to: Families and Friends Only

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 886-5177-2424 (no

password)

Electronic Meeting Ontario South Canada

Ontario South Canada ON

Not a physical location

С

Wednesday @7:30 PM - Toronto

Group ID: 43493

District 21 - Toronto Central

Al-Anon

(hybrid) Fresh Start AFG - Toronto

Open to: Families and Friends Only

Group email:

freshstartafg@gmail.com Meeting focus: Regular

This group has resumed in-person

meetings.

There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 85210416666

Password: 261581

St. Andrew's United Church - Toronto

117 Bloor St E

Toronto ON M4W 1A9

Entrance on north side of Hayden St.

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Wednesday @7:30 PM - Toronto

Group ID: 43493

District 21 - Toronto Central

Al-Anon

(in-person) Fresh Start AFG - Toronto

Open to: Families and Friends Only

Group email:

freshstartafg@gmail.com Meeting focus: Regular Beginner's meeting at 7 PM.

This group has resumed in-person

meetings.

This is a hybrid meeting (both online and in-person at the same meeting) whenever there is a speaker or a

business meeting.

St. Andrew's United Church - Toronto

117 Bloor St E

Toronto ON M4W 1A9

Entrance on north side of Hayden St.

С

Wednesday @7:45 PM - Mississauga

Group ID: 16466

District 16 - Mississauga

Al-Anon

(hybrid) Cooksville Circle of Hope

AFG - Mississauga

Open to: Families and Friends Only

Group email:

district16dr@gmail.com Meeting focus: Regular

This group has resumed in-person

meetings.

There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the

Ontario website. Or enter Zoom details

manually.

Meeting ID: 367408879

Cooksville United Church -

Mississauga

2500 Mimosa Row Mississauga ON L5B1P7

Two blocks north of Queensway and Highway 10; off Floradale. Use door bell

on double white doors. Go to Conference Room in basement. С

Wednesday @8 PM - Acton

Group ID: 47839

District 17 - Peel, Halton

Al-Anon

(in-person) Acton AFG

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person

meetings.

Trinity United Church - Acton

70 Mill Street E.

Acton ON L7J1H5

Use East entrance of church (facing side street). Meeting room in basement.

Wednesday @8 PM - Toronto

Group ID: 16701

District 20 - Toronto West

Al-Anon

(hybrid) Downsview AFG - Toronto

Open to: Families and Friends Only

Group email:

downsviewalanongroup@gmail.com

Meeting focus: Regular

Steps and Traditions Study, topics In-person and online meeting at the same time (hybrid). Covid tracking measures are in place. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website.

Or enter Zoom details manually.

Meeting ID: 541316226 Password: 475148

Greenborough Community Church -Toronto

2000 Keele Street

Toronto ON M6M3Y4 Entrance is by the parking lot on the

North side of the Church

Wednesday @8 PM - Bradford

Group ID: 61269

District 18 - GTA North

Al-Anon

(in-person) Journey to Freedom AFG -

Bradford

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person

meetings.

Holy Martyrs of Japan Church -

Bradford

167 Essa Street Bradford ON L3Z2B6

С

Wednesday @8 PM - Keswick

Group ID: 48646

District 18 - GTA North

Al-Anon

(online) Keswick Freedom AFG

Open to: Families and Friends Only

Group email:

keswickfreedom@gmail.com

Meeting focus: Regular

When a month has 5 Wednesdays, the

4th Wednesday may be a Speaker

Meeting.

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details

manually.

Meeting ID: 819 0214 2007

Password: 038100

Keswick United Church

177 Church Street Keswick ON L4P1J4

Main floor.

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Wednesday @8 PM - Whitchurch-Stouffville Group ID: 66781 District 18 - GTA North **Al-Anon**

(hybrid) Stouffville Steps to Serenity **AFG**

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person meetings.

There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 856 9081 0286 Password: 346816

Stouffville United Church

34 Church Street N Whitchurch-Stouffville ON L4A 1E3 On Church St., just north of Main St. Enter on south side of church, up the stairs, down the hall and through the door. down the hall to the first room on

C

Wednesday @8 PM - Toronto Group ID: 30053 District 19 - Toronto North Al-Anon (in-person) The New Group AFG -**Toronto**

Open to: Families and Friends Only

Meeting focus: Discussion meeting This group has resumed in-person meetings.

Glenview Presbyterian Church -**Toronto**

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview. parallel to Yonge Street.

Wednesday @8:15 PM - Canada

Group ID: 61269 District 18 - GTA North

Al-Anon

(in-person) Journey to Freedom AFG -

Bradford

Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: Password:

Electronic Meeting Ontario South -Canada

Ontario South Canada ON Not a physical location

С

Thursday @9:30 AM - Toronto

Group ID: 50672

District 21 - Toronto Central

Al-Anon

(online) Mothers & Others AFG -

Toronto

Open to: Families and Friends Only

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 827 1166 2109

Password: 779363

Eastminster United Church - Toronto

310 Danforth Avenue Toronto ON M4K1N6 Near Chester Subway Stn. Meeting takes place in the Jackman Room (follow signs).

Thursday @9:30 AM - Toronto

Group ID: 50672

District 21 - Toronto Central

Al-Anon

(in-person) Mothers & Others AFG -

Toronto

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person

meetings.

Eastminster United Church - Toronto

310 Danforth Avenue Toronto ON M4K1N6

Near Chester Subway Stn. Meeting takes place in the Jackman Room (follow

signs).

C

Thursday @10 AM - Brampton

Group ID: 47427 District 17 - Peel, Halton

Al-Anon

(in-person) Brampton Serenity **Tuesday and Thursday AFG**

Open to: Families and Friends Only

Meeting focus: Discussion meeting

Step, Traditions

This group has resumed in-person

meetings.

Holy Family Anglican Church -Brampton

10446 Kennedy Road North Brampton ON L6Z 0A7 Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).



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С

Thursday @10 AM - Oshawa Group ID: 30623776 District 23 - Lakeshore **Al-Anon**

(in-person) Let It Begin With Me AFG -**Oshawa**

Open to: Families and Friends Only Group email: beginwithme10@gmail.com Meeting focus: Book study group This group has resume in-person meetings. No food and drink allowed in

the accommodation.

Alano Club - Oshawa 200 Thornton Road North

Oshawa ON L1J 6T8 Rear Entrance. Meeting is wheelchair accessible via front door.

С

Thursday @10:30 AM - Markham Group ID: 64092 District 22 - Scarborough Al-Anon

(in-person) Markham Sunny **Forecasts AFG**

Open to: Families and Friends Only Group email:

sunnyforecastsafg@gmail.com Meeting focus: Regular

This group has resumed in-person

meetings.

The Bridge - Markham 5440 16th AveMarkham Markham ON L3P 3J3

С

Thursday @12:15 PM - Toronto Group ID: 51472

District 21 - Toronto Central

Al-Anon

(online) Downtown Noon AFG -

Toronto

Open to: Families and Friends Only

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 5849276315 Password: 049431

Holy Trinity Church - Toronto

10 Trinity Square Toronto ON M5G1B1 Next to Eaton Centre, basement of Old Rectory

O-(AA)

Thursday @7:30 PM - North York

Group ID: 16713

District 19 - Toronto North

Al-Anon

(hybrid) Bayview AFG - Toronto

Open to: Families Friends and

Observers Welcome

Meeting focus: Regular Beginner meeting available This group has resumed in-person

meetings.

Starting 26 October, there is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 857 5292 3287

Password: 105517

In person meeting option available

starting November 2, 2023

Church of the Incarnation - North York

15 Clairtrell Road North York ON M2N 5J7

For in person, enter through the side

Thursday @7:30 PM - Bowmanville

Group ID: 48166

District 23 - Lakeshore

Al-Anon

(in-person) Bowmanville Serenity ÀFĠ

Open to: Families and Friends Only Group email:

bowmanvilleserenityafg@gmail.com Meeting focus: Discussion meeting This group has resumed in-person

meetings.

Salvation Army Church - Bowmanville

75 Liberty Street S. Bowmanville ON L1C 2N8 Wheelchair accessible.

C-AC

Thursday @7:30 PM - Canada

Group ID: 38247

District 16 - Mississauga

Al-Anon

(online) Growing Together Adult Children AFG - Mississauga

Open to: Families and Friends Only

Meeting focus: Adult Children Beginner's Meeting available Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 71816346907

Password: 119119

Electronic Meeting Ontario South Canada

Ontario South Canada ON

Not a physical location

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С

Thursday @7:30 PM - Canada Group ID: 30705549

District 19 - Toronto North

Al-Anon

(online) Serenity AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Parents

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details

manually.

Meeting ID: 2091441133

Password: 956694

Electronic Meeting Ontario South -Canada

Ontario South Canada ON

Not a physical location

C

Thursday @8 PM - Canada

Group ID: 16704

District 22 - Scarborough

Al-Anon

(online) Cedarbrae AFG -

Scarborough

Open to: Families and Friends Only

Group email:

alanoncedarbrae@aol.com Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details

manually.

Meeting ID: 86967612716 Password: Hope4u#

Dial-in with regular phone: +1 647 558

0588 - code: 467348#

Electronic Meeting Ontario South -Canada

Ontario South Canada ON

Not a physical location

<u>Thursday @8 PM - Mississauga</u> Group ID: 51557

District 16 - Mississauga

Al-Anon

(in-person) Meadowvale Back to Basics AFG - Mississauga

Open to: Families and Friends Only

Group email:

meadowvalebacktobasics@gmail.com

Meeting focus: Regular

This group has resumed in-person

meetings.

Meadowvale Community Church -Mississauga

2630 Inlake Ct

Mississauga ON L5N 2A7

Members are asked to use the entranceway at the rear of the building. After entering, proceed to the end of the hallway and go through the double doors on the left. The meeting for Al-Anon is in the room to the left.

C

Thursday @8 PM - Toronto

Group ID: 501677

District 20 - Toronto West

Al-Anon

(in-person) Roncesvalles AFG -**Toronto**

Open to: Families and Friends Only

Meeting focus: Regular

Rotation of steps, traditions, topics. This group has resumed in person

meetings.

Roncesvalles United Church -**Toronto**

214 Wright Avenue Toronto ON M6R 1L3

North of Queen. Enter parking lot north

side of church, 1st floor. Handicap

Access. Fragrance Free

Thursday @8 PM - Newmarket

Group ID: 38515

District 18 - GTA North

Al-Anon

(in-person) Thursday Night AFG -Newmarket

Open to: Families and Friends Only

Group email:

thursdaynightafg@yahoo.com

Meeting focus: Regular

E-Transfers now accepted, using our group e-mail for direct deposit. ThursdayNightAFG@yahoo.com This group has resumed in-person meetings. Note: Please stay home if you

are unwell, or suspect a possible exposure to COVID-19.

St. Andrew's Presbyterian Church -Newmarket

484 Water Street Newmarket ON L3Y1M5

Intersection Main St. & Water St. Entrance door & parking at South side of Church. Extra parking available near

(Fairy Lake park-east side of bridge). Meeting held in "The Mark Room"

located on lower level of Church.

С

Thursday @8:30 PM - Bolton

Group ID: 65131

District 17 - Peel, Halton

Al-Anon

(in-person) Bolton AFG

Open to: Families and Friends Only

Meeting focus: Regular

Discussion

Bolton United Church - Bolton

8 Nancy Street Bolton ON L7E 1C7

No food and drink allowed; Meeting is in the basement, just past the washrooms



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Friday @10 AM - Oakville Group ID: 16496

District 16 - Mississauga

Al-Anon

(in-person) Friday AM Oakville AFG

Open to: Families Friends and

Observers Welcome Group email:

eopratko@bell.net Meeting focus: Regular

This group has resumed in-person

meetings.

Glen Abbey United Church - Oakville

1469 Nottinghill Gate Oakville ON L6M1X7

South on Nottinghill Gate, Just south of

Upper Middle.

С

Friday @10 AM - Scarborough

Group ID: 52747

District 22 - Scarborough

Al-Anon

(in-person) The Fellowship AFG -Scarborough

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person

meetings.

Bendale Bible Chapel - Scarborough

330 Bellamy Road N. Scarborough ON M1H1E8 Intersections- Lawrence and Brimley. Enter by front door. Wheelchair

accessible.

C-(AA)-(AN)

Friday @7 PM - Bramalea

Group ID: 30691934 District 17 - Peel, Halton

Alateen

(online) You Are Not Alone Alateen -

Bramalea

Open to: Families and Friends Only

Meeting focus: Regular

Concurrent with Al-Anon Meeting, when

meeting physically.

Please send an email to obtain online meeting details to yanaalateen@gmail.

St. Paul's Presbyterian Church -**Bramalea**

723 Balmoral Dr.

Bramalea ON L6T1X5 Balmoral Dr. East of Bramalea Rd. 2nd

door from street off parking lot, downstairs. Handicap access.

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Friday @8 PM - Etobicoke

Group ID: 35730

District 20 - Toronto West

Al-Anon

(in-person) TGIF AFG - Etobicoke

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person

meetings.

St. Philip's Parish Hall - Etobicoke 60 Dixon Rd

Etobicoke ON M9P 2L5

One block east of Royal York Road,

north side. Ring side doorbell for wheelchair access via elevator.

Saturday @9:15 AM - Toronto

Group ID: 30603230

District 21 - Toronto Central

Al-Anon

(in-person) Up'n At'em AFG - Toronto

Open to: Families Friends and

Observers Welcome

Group email:

upandatemsat@gmail.com

Meeting focus: Regular

Mostly topic meeting; last Saturday of

month is speaker meeting.

This group has resumed in-person

meetings.

Trinity St Paul's United Church -Toronto

427 Bloor Street W

Toronto ON M5S 1X7 Our meeting takes place in the Circles

room.

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Saturday @9:15 AM - Toronto

Group ID: 30603230

District 21 - Toronto Central

Open to: Families Friends and

Observers Welcome

Meeting focus: Regular

Mostly topic meeting; last Saturday of

month is speaker meeting.

Access directly with the 'Join with Zoom'

button on the meetings page of the Ontario website. Or enter Zoom details

manually.

Meeting ID: 833 8684 2425

Password: 915915

Trinity St Paul's United Church -Toronto

427 Bloor Street W Toronto ON M5S 1X7

Our meeting takes place in the Circles

room.



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С

Saturday @10 AM - Whitby Group ID: 30732495 District 23 - Lakeshore

Al-Anon

(in-person) Peace and Serenity AFG -Whitby

Open to: Families and Friends Only

Group email:

peace.serenityafg@gmail.com

Meeting focus: Regular

Topics: Steps / Traditions / Concepts,

topic, speaker

This group has resumed in-person

meetings.

Whitby Baptist Church

411 Gilbert St., E. Whitby ON L1N 1R6

Enter through back door and follow the signs. Wheelchair accessible.

Saturday @10 AM - Oakville

Group ID: 28145

District 16 - Mississauga

Al-Anon

(in-person) Saturday Morning Oakville

Open to: Families and Friends Only

Meeting focus: Regular Beginner's meeting available This group has resumed in-person

meetings.

Hopedale Presbyterian Church -Oakville

156 Third Line Oakville ON L6L3Z8 On the west side of Third Line, 1 1/2 blocks north of Lakeshore Rd.

С

C <u>Saturday @11:00 AM - Richmond Hill</u>

Group ID: 60260

District 19 - Toronto North

Al-Anon

(in-person) Choices AFG - Richmond

Open to: Families and Friends Only

Meeting focus: Regular

This meeting has re-opened for in-

person meetings.

St. Mary's Anglican Church -Richmond Hill

10030 Yonge Street Richmond Hill ON L4C1T8

At Major MacKenzie. Handicap access.

O-(AA)

Saturday @6:30 PM - Toronto

Group ID: 30836962

District 21 - Toronto Central

Al-Anon

(in-person) Saturday AFG Main Street

- Toronto

Open to: Families Friends and

Observers Welcome

Meeting focus: Step-study

This group has resumed in-person

meetings.

Hope United Church - Toronto

2550 Danforth Ave

Toronto ON M4C 1L2

Main & Danforth - In the Sanctuary

Saturday @8 PM - Toronto

Group ID: 16690

District 19 - Toronto North

Al-Anon

(in-person) Saturday Night Open AFG

- Toronto

Open to: Families, Friends and

Observers Welcome

Meeting focus: Speaker

This group has resumed in-person

meetings.

Note that this meeting opens its doors at 8pm for welcoming and fellowship - the actual meeting starts at 8:15pm and

ends at 9:15pm.

Volunteers are invited to join the

organising team.

This service commitment requires volunteers, who are scheduled in teams of two, to be present at the physical meetings once a month / six weeks, depending on the size of the volunteer team. Tasks include opening and closing the church, setting out literature and other meeting materials and chairing the meeting when there is no hosting group.

Everything is written out in the meeting

С

Sunday @10 AM - Canada

Group ID: 30584824 District 19 - Toronto North

Al-Anon

(online) AFG Spoken Here - Toronto Open to: Families and Friends Only

Meeting focus: Regular

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: Meeting ID: 209 144 1133

Password: 956694

This group will resume hybrid meetings in on May 11, 2025

Electronic Meeting Ontario South -Canada

Ontario South Canada ON

Not a physical location



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С

Sunday @1:30 PM - Toronto Group ID: 46684 District 20 - Toronto West **Al-Anon** (in-person) Parkdale AFG - Toronto

Open to: Families and Friends Only Group email:

parkdalegrouptoronto@gmail.com

Meeting focus: Regular

Steps 1,2,3 & beginners meeting. 5th Sunday of the month will be an open speaker meeting.

This group has resumed in-person meetings.

Masaryk - Cowan Community Centre -Toronto

220 Cowan Avenue Toronto ON M6K2N6 West of Dufferin, south of Queen. Handicap access.

C

Sunday @7 PM - Oshawa Group ID: 503656 District 23 - Lakeshore Alateen

(in-person) Broccoli Alateen - Oshawa

Open to: Families and Friends Only

Meeting focus: Teenagers This group has resumed in-person meetings.

St. Luke's Presbyterian Church - Oshawa

333 Rossland Road W Oshawa ON L1J3G6 Enter parking lot from Park Road N. Warning, speed bump on the driveway.

Use back door on lower level from parking lot

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.

Sunday @7 PM - Oshawa Group ID: 30548623 District 23 - Lakeshore **Al-Anon**

(in-person) Yana - You Are Not Alone AFG - Oshawa

Open to: Families and Friends Only Group email:

yanaafg@gmail.com Meeting focus: Regular

1st Week Step, 2nd Week Tradition, 3rd Week Concept, 4th Week Topic, 5th Week speaker.

This group has resumed in-person meetings.

St. Luke's Presbyterian Church -Oshawa

333 Rossland Road W Oshawa ON L1J3G6 Enter parking lot from Park Road N. Warning, speed bump on the driveway.

Use back door on lower level from parking lot

Al-Anon is in the auditorium, at the top of the stairs.

С

Sunday @7:30 PM - Toronto Group ID: 30771

District 19 - Toronto North

Al-Anon

(in-person) Second Chance AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Newcomers This is a dedicated newcomer meeting in English, that is followed, at 8pm, by regular Al-Anon meeting.

Glenview Presbyterian Church -**Toronto**

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

С

Sunday @7:30 PM - Toronto Group ID: 30771 District 19 - Toronto North **Al-Anon** (in-person) Second Chance AFG -**Newcomers (Español) - Toronto** Open to: Families and Friends Only

Meeting focus: Newcomers Esta es una reunión de recién llegados para aquellos nuevos en Al-Anon.

This is a dedicated newcomer meeting in Spanish, that is followed, at 8pm, by regular Al-Anon meeting in English

Glenview Presbyterian Church -**Toronto**

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

Sunday @8 PM - Toronto Group ID: 30771 District 19 - Toronto North **Al-Anon** (in-person) Second Chance AFG -**Toronto**

Open to: Families and Friends Only

Meeting focus: Discussion meeting This group has resumed in-person meetings.

Glenview Presbyterian Church -**Toronto**

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue. Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

