

GREATER TORONTO AREA 86 Al-Anon/Alateen Meeting List



O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting
C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting
AC = Adult Children (AN) = Concurrent Al-Anon meeting

C 
Monday @9:30 AM - Oshawa

Group ID: 43568

District 23 - Lakeshore

Al-Anon
(in-person) Morning Glory AFG - Oshawa

Open to: Families and Friends Only

Group email:

morninggloryoshawaafg@gmail.com

Meeting focus: Regular

Beginners meeting available.

This group has resumed in person meetings. Masks are optional, social distancing is recommended.

Glen Stewart Club House - Oshawa

201 Cabot Street

Oshawa ON L1J 5S2

No food / drink allowed

C 
Monday @1 PM - Etobicoke

Group ID: 54563

District 20 - Toronto West

Al-Anon
(hybrid) Etobicoke AFG

Open to: Families and Friends Only

Meeting focus: Regular

No children please.

This group has resumed physical meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 894 9349 9400

Passcode: 250667

Bloordale United Church - Etobicoke

4258 Bloor Street W.

Etobicoke ON M9C1Z7

Room 15; enter through back doors from the parking lot

C
Monday @1:30 PM - York
Group ID: 30795387
District 20 - Toronto West
Al-Anon
(in-person) York West AFG
Open to: Families and Friends Only


Meeting focus: Regular

This group is meeting in-person.

York West Active Living Centre - York

1901 Weston Rd

York ON M9N 3P5

C 
Monday @6:15 PM - Toronto

Group ID: 26973

District 20 - Toronto West

Al-Anon
(online) Long Branch AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Regular

Rotation of Steps, Traditions & topics

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 830 0705 1178

Password: long

L.A.M.P. Community Centre - Toronto

185 5th Street

Toronto ON M8V2Z5

At Birmingham (top floor) Elevator access available. Closed Holiday Mondays

C-AC
Monday @7 PM - Toronto
Group ID: 16677
District 21 - Toronto Central
Al-Anon
(in-person) Donlands Serenity AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Adult Children

This group has resumed in-person meetings at the same location as pre-Covid.

Holy Cross R.C. Church - Toronto

291 Cosburn Avenue

Toronto ON M4J2M4

Donlands & Cosburn Ave. In rectory bsmt. east of Church. Enter off Cosburn.

C 
Monday @7 PM - Etobicoke

Group ID: 16688

District 20 - Toronto West

Al-Anon
(in-person) Kingsway AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Regular

Beginners meeting 7:00pm

The group has resumed in-person meetings. The meeting starts with a 7pm beginner's meeting; the regular meeting then follows at 7:30pm.

St. George On The Hill - Etobicoke

4600 Dundas Street West

Etobicoke ON M9A1A5

West of Royal York Rd. Disabled Access, Frangrance Free


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C
Monday @7 PM - Toronto
Group ID: 16682
District 21 - Toronto Central
Al-Anon
(in-person) Mid City AFG - Toronto
Open to: Families and Friends Only
Group email:
midcityfamilygroup@gmail.com
Meeting focus: Regular
Please note that the Beginners meeting is held prior to main meeting and starts at 7:00pm; Main meeting starts at 7:30pm.
This group has resumed in-person meetings.

Trinity St Paul's United Church - Toronto
427 Bloor Street W
Toronto ON M5S 1X7
Our meeting takes place in the Circles room.

C 
Monday @7:30 PM - Port Perry
Group ID: 24446
District 23 - Lakeshore
Al-Anon
(in-person) Just For Today AFG - Port Perry
Open to: Families and Friends Only
Group email:
justfortodayafg@outlook.com
Meeting focus: Book study group
Discussing the Daily Reader One Day at a Time in Al-Anon. Newcomers welcome.
This group has resumed in-person meetings.

Port Perry United Church
294 Queen Street
Port Perry ON L9L 1B2
Enter through glass doors on Simcoe Street and follow posted signs.

C 
Monday @7:30 PM - Toronto
Group ID: 16684
District 19 - Toronto North
Al-Anon
(in-person) North Toronto AFG
Open to: Families and Friends Only

Meeting focus: Regular
Beginners meeting at 8:30pm
This group has resumed in-person meetings.

St. Clement's Anglican Church - Toronto
70 St Clements Avenue
Toronto ON M4R 1H8
The In-Person meeting is held in the Sunroom (entrance is through the main glass door on St. Clements Avenue; ramp and steps are accessed from the parking lot). Wheelchair access. No food or drink allowed.

C
Monday @7:30 PM - Canada
Group ID: 30834237
District 19 - Toronto North
Al-Anon
(online) North Toronto Electronic AFG
Open to: Families and Friends Only
Group email:
NorthTorontoegroupAFG@gmail.com
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 892 0354 6569
Password: 170406

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Monday @7:30 PM - Unionville
Group ID: 43991
District 22 - Scarborough
Al-Anon
(online) Unionville Caring Sharing AFG
Open to: Families and Friends Only

Meeting focus: Regular
The online meeting is online by invitation.

Central United Church - Unionville
131 Main Street
Unionville ON L3R2G3
North of Hwy. 7

C
Monday @7:45 PM - Oakville
Group ID: 500897
District 16 - Mississauga
Al-Anon
(in-person) Monday Night Oakville AFG
Open to: Families and Friends Only
Group email:
mondaynightoakville@gmail.com
Meeting focus: Regular
This group is now meeting in-person.

St Jude's Church - Oakville
160 William Street
Oakville ON L6J1C5
No food or drinks allowed. Basement; South Lakeshore, West of Trafalgar

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C
Monday @8 PM - Canada
Group ID: 52669
District 19 - Toronto North
Al-Anon
(online) Keep It Simple AFG - Thornhill
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 209 144 1133
Password: 956694

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

O
Monday @8 PM - Mississauga
Group ID: 501220
District 16 - Mississauga
Al-Anon
(in-person) Plan B AFG - Mississauga
Open to: Families Friends and Observers Welcome
Group email: district16dr@gmail.com
Meeting focus: Regular
This group (formerly: Polski AFG) now has re-opened their door for in-person meetings, adhering to Covid regulations. Mask are required during the meeting. There is also a separate Zoom meeting on Tuesday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe - Mississauga
4260 Cawthra Road
Mississauga ON L4Z1V8
Rm. Saint Eugene de Mazonod

C-(AA)
Monday @8 PM - Scarborough
Group ID: 16706
District 22 - Scarborough
Al-Anon
(hybrid) Stepping Stones AFG - Scarborough
Open to: Families and Friends Only

Meeting focus: Discussion meeting
There is a speaker each 5th Monday of month.
The meeting is held in-person with a concurrent online meeting (hybrid). Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.


Meeting ID: 435121245
Password: 093373

St. Paul's United Church - Scarborough
200 McIntosh Street
Scarborough ON M1N 3Z3
Kingston Rd. & Midland Ave. Downstairs to the right.

C-(AA)
Monday @8 PM - Toronto
Group ID: 30621952
District 20 - Toronto West
Alateen
(in-person) Together We Can Make It Alateen - Toronto
Open to: Families and Friends Only


Meeting focus: Regular
This group has resumed in-person meetings.

All Saints Kingsway Anglican Church - Toronto
2850 Bloor Street West
Toronto ON M8X1B2
Take east exit from Royal York subway, walk 2 blocks east

C 
Tuesday @10 AM - Brampton
Group ID: 47427
District 17 - Peel, Halton
Al-Anon
(in-person) Brampton Serenity Tuesday and Thursday AFG
Open to: Families and Friends Only

Meeting focus: Discussion meeting
Step & Traditions
This group is meeting in-person, adhering to regular Covid restrictions.

Holy Family Anglican Church - Brampton
10446 Kennedy Road North
Brampton ON L6Z 0A7
Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).


O 
Tuesday @10 AM - Mississauga
Group ID: 16620
District 16 - Mississauga
Al-Anon
(in-person) New Hope AFG - Mississauga
Open to: Families Friends and Observers Welcome
Group email: district16dr@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

The Elder Center at the Central Parkway Mall - Mississauga
377 Burnhamthorpe Road E.
Mississauga ON L5A 3Y1
The meeting is held on the second floor.

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C 
Tuesday @10:30 AM - Toronto
Group ID: 16676
District 19 - Toronto North
Al-Anon
(in-person) 12 Step Broadway AFG - Toronto
Open to: Families and Friends Only
Group email:
12stepbroadwayafg@gmail.com
Meeting focus: Step-study
This group has resumed in-person meetings.

Blessed Sacrament Church - Toronto
24 Cheritan Avenue
Toronto ON M4R 1S4
Take stairs or elevator down to hall,
follow signs to Holy Family Room

O
Tuesday @12:15 PM - Toronto
Group ID: 30572140
District 21 - Toronto Central
Al-Anon
(in-person) Living our Best Life AFG - Toronto
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
Topic Discussion, Tradition & Steps on 1st and 3rd week. Speaker on 5th week of the month
This group has resumed in-person meetings. Note the new start time. Room is open for fellowship from 12pm. End of meeting at 1:15pm.

Trinity St Paul's United Church - Toronto
427 Bloor Street W
Toronto ON M5S 1X7
Our meeting takes place in the Circles room.

C
Tuesday @6:30 PM - Pickering
Group ID: 30613825
District 23 - Lakeshore
Al-Anon
(in-person) Paths to Recovery AFG - Pickering
Open to: Families and Friends Only
Group email:
PathwaysToRecoveryDistrict23@gmail.com
Meeting focus: Book study group
Book-study
This group has resumed in-person meetings.

Montessori Learning Centre of Pickering
401 Kingston Road
Pickering ON L1V 1A3
In gray portable; bring your own chair.

C
Tuesday @7 PM - Mississauga
Group ID: 501220
District 16 - Mississauga
Al-Anon
(online) Plan B AFG - Mississauga
Open to: Families and Friends Only
Group email:
district16dr@gmail.com
Meeting focus: Regular
To obtain meeting credentials, please call 6474570696. Access with the 'Join with Zoom' button on the meetings page of the Ontario website with the provided meeting ID and password.

There is also a separate face-to-face meeting on Monday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe - Mississauga
4260 Cawthra Road
Mississauga ON L4Z1V8
Rm. Saint Eugene de Mazenod

C
Tuesday @7 PM - Toronto
Group ID: 16689
District 21 - Toronto Central
Al-Anon
(in-person) St Clair AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Regular
Open meeting 1st Tues. Every month.
Speaker 1st meeting of the month.
This group has resumed in-person meetings.

Holy Rosary Parish Hall - Toronto
356 St. Clair Avenue W.
Toronto ON M5P1N4
Hall is west of church. Wheelchair access.

C-(AA)
Tuesday @7 PM - Oshawa
Group ID: 42253
District 23 - Lakeshore
Al-Anon
(in-person) Traditions AFG - Oshawa
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person meetings. If unvaccinated in attendance, masks will be worn by all.

St. Luke's Presbyterian Church - Oshawa
333 Rossland Road W
Oshawa ON L1J3G6
Enter parking lot from Park Road N.
Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.


Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.

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O 
Tuesday @7:30 PM - Woodbridge
Group ID: 30787405
District 17 - Peel, Halton
Al-Anon
(in-person) Come Together AFG - Woodbridge
Open to: Families, Friends and Observers Welcome

Meeting focus: Regular

Maranatha Christian Reformed Church - Woodbridge
4561 Langstaff Roda
Woodbridge ON L4L2B2
Enter through the front doors and you will see the meeting room upon entering the building

C
Tuesday @7:30 PM - Canada
Group ID: 502780
District 21 - Toronto Central
Al-Anon
(online) The Beach Read & Recover AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Regular
Beginners meeting at 7:00 p.m.
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 826 2386 5102
Password: 996570


Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Tuesday @8 PM - Aurora
Group ID: 16240
District 18 - GTA North
Al-Anon
(online) Aurora Serenity AFG
Open to: Families and Friends Only
Group email:
auroraalanongroup@gmail.com
Meeting focus: Regular
Discussion meeting based on the 12 Steps and Traditions with periodical open speaker meetings
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.
Meeting ID: 815 6772 7870
Password: 762921

St. Andrew's Presbyterian Church - Aurora
32 Mosley Street
Aurora ON L4G1G9
Mosley at Victoria St. Enter off Victoria - 2nd Floor. NO Wheelchair access to mtg room.

C
Tuesday @8 PM - Mississauga
Group ID: 30773
District 16 - Mississauga
Al-Anon
(hybrid) Courage to Change AFG - Mississauga
Open to: Families and Friends Only
Meeting focus: Discussion meeting
Speaker last meeting of the month. This group has resumed in-person meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.
Meeting ID: 849 35184377

Erindale United Church - Mississauga
1444 Dundas Cr.
Mississauga ON L5C1E9
South off Dundas W. Non-smoking

O 
Tuesday @8 PM - Nobleton
Group ID: 30700335
District 17 - Peel, Halton
Al-Anon
(in-person) Enough is Enough AFG - Nobleton
Open to: Families, Friends and Observers Welcome
Group email:
Afgnobleton2@gmail.com
Meeting focus: Regular
This group has resumed physical meetings.

Nobleton United Church
6076 King Road
Nobleton ON L2M 4G1
Wheelchair access. Enter at rear.


C-(AL)
Tuesday @8 PM - Milton
Group ID: 503626
District 17 - Peel, Halton
Al-Anon
(in-person) Hope for Today AFG - Milton
Open to: Families and Friends Only
Meeting focus: Regular
This group has resumed in-person meetings.

Grace Anglican Church - Milton
317 Main Street E.
Milton ON L9T 1P5
Millside Dr. & Main St.; park at rear, overflow parking across the street. Entrance at side door of church-third floor

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C 
Tuesday @8 PM - Etobicoke
Group ID: 16703
District 20 - Toronto West
Al-Anon
(in-person) Markland Woods AFG - Etobicoke
Open to: Families and Friends Only

Meeting focus: Regular
This group is now meeting in-person.

Bloordale United Church - Etobicoke
4258 Bloor Street W.
Etobicoke ON M9C1Z7
Room 15; enter through back doors from the parking lot

C
Tuesday @8 PM - Don Mills
Group ID: 16685
District 19 - Toronto North
Al-Anon
(online) New Beginnings AFG - Don Mills
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 687 235 979
Password: 011737

Advent Lutheran Church - Don Mills
2800 Don Mills Road
Don Mills ON M2J3B6
N. of Sheppard, handicap access enter from parking lot; go to Friendship Room

C
Tuesday @8 PM - Ajax
Group ID: 16555
District 23 - Lakeshore
Al-Anon
(in-person) New Hope Pickering AFG - Ajax
Open to: Families and Friends Only
Group email:
newhopepickering@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Pickering Village United Church - Ajax
300 Church Street N.
Ajax ON L1T 2W7
North Side Entrance, Downstairs

C
Tuesday @8 PM - Scarborough
Group ID: 30769637
District 22 - Scarborough
Al-Anon
(in-person) Tuesday Learning to Live AFG - Scarborough
Open to: Families and Friends Only


Meeting focus: Regular
New Al-Anon meeting. Covid restrictions apply for physical attendance.

St. Jude's Anglican Church - Scarborough
10 Howarth Street
Scarborough ON M1R 1H4
Near Victoria Park Ave. and Lawrence Ave.

C-(AN)
Tuesday @8 PM - Milton
Group ID: 30766841
District 17 - Peel, Halton
Alateen
(hybrid) Tuesday Night Alateen AFG - Milton
Open to: Families and Friends Only

Meeting focus: Regular
This groups meets online and in person. To obtain details for attending the online meeting, please send an email to: miltonalateen@gmail.com

Grace Anglican Church - Milton
317 Main Street E.
Milton ON L9T 1P5
Millside Dr. & Main St.; park at rear, overflow parking across the street. Entrance at side door of church-third floor

C 
Tuesday @8 PM - Orangeville
Group ID: 33085
District 18 - GTA North
Al-Anon
(hybrid) Tuesday Night Serenity AFG - Orangeville
Open to: Families and Friends Only

Meeting focus: Regular
Meeting in Person and online with Zoom (hybrid). □

Access online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.


Meeting ID: 844 7422 1859 □
Password: 320491

St. Mark's Anglican Church - Orangeville
5 First Ave.
Orangeville ON L9W 1H7

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C 
Wednesday @10 AM - Georgetown
Group ID: 60344
District 17 - Peel, Halton
Al-Anon
(in-person) Georgetown One Day At A Time AFG
Open to: Families and Friends Only
Group email:
Georgetown.oneday@hotmail.com
Meeting focus: Regular
This meeting is now re-opened and you are welcome to attend their physical meetings. Please note that the groups meet at a new location as of February 8, 2023.

Georgetown Christian Fellowship
13619 Highway 7
Georgetown ON L7G 4S4
Enter through front doors, meeting is in the Prayer Room

C
Wednesday @10:30 AM - Etobicoke
Group ID: 67122
District 20 - Toronto West
Al-Anon
(in-person) Wednesday Morning AFG - Toronto
Open to: Families and Friends Only
Group email:
wednesdayamgr@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Our Lady Of Sorrows Church - Etobicoke
3055 Bloor Street West
Etobicoke ON M8X-1C6
Meeting room in basement (The Meeting room and Atrium Room) - access is the west entrance. Elevator on the east side of the church. Parking on the West Side


C-(AN)
Wednesday @7 PM - Mississauga
Group ID: 30519795
District 16 - Mississauga
Alateen
(online) Hope Prevails Alateen - Mississauga
Open to: Families and Friends Only

Meeting focus: Regular
Al-Anon meets at the same time & place. Teens interested in attending may send a message to louiseo56@outlook.com to get the zoom link.

Westminster United Church - Mississauga
4094 Tomken Road
Mississauga ON L4W1J5
Meeting in basement. Wheelchair accessible. Southwest corner of Tomken & Rathburn.

C
Wednesday @7:15 PM - Toronto
Group ID: 16681
District 21 - Toronto Central
Al-Anon
(in-person) Main St Fellowship AFG - Toronto
Open to: Families and Friends Only
Group email:
mainstreetafg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Community Center 55 - Toronto
97 Main Street
Toronto ON M4E2V6
Main St. at Swanwick. Room - Main Floor.

C-(AL) 
Wednesday @7:15 PM - Canada
Group ID: 30560379
District 16 - Mississauga
Al-Anon
(online) The Coffee Hour AFG - Mississauga
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 886-5177-2424 (no password)

Electronic Meeting Ontario South Canada
Ontario South
Canada ON
Not a physical location

C
Wednesday @7:30 PM - Toronto
Group ID: 43493
District 21 - Toronto Central
Al-Anon
(hybrid) Fresh Start AFG - Toronto
Open to: Families and Friends Only
Group email:
freshstartafg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.
There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 85210416666
Password: 261581

St. Andrew's United Church - Toronto
117 Bloor St E
Toronto ON M4W 1A9
Entrance on north side of Hayden St.

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C
Wednesday @7:30 PM - Toronto
Group ID: 43493
District 21 - Toronto Central
Al-Anon
(in-person) Fresh Start AFG - Toronto
Open to: Families and Friends Only
Group email:
freshstartafg@gmail.com
Meeting focus: Regular
Beginner's meeting at 7 PM.
This group has resumed in-person meetings.
This is a hybrid meeting (both online and in-person at the same meeting) whenever there is a speaker or a business meeting.

St. Andrew's United Church - Toronto
117 Bloor St E
Toronto ON M4W 1A9
Entrance on north side of Hayden St.

C
Wednesday @7:45 PM - Mississauga
Group ID: 16466
District 16 - Mississauga
Al-Anon
(hybrid) Cooksville Circle of Hope AFG - Mississauga
Open to: Families and Friends Only
Group email:
district16dr@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.
There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 367408879

Cooksville United Church - Mississauga
2500 Mimosa Row
Mississauga ON L5B1P7
Two blocks north of Queensway and Highway 10; off Floradale. Use door bell on double white doors. Go to Conference Room in basement.

C 
Wednesday @8 PM - Acton
Group ID: 47839
District 17 - Peel, Halton
Al-Anon
(in-person) Acton AFG
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person meetings.

Trinity United Church - Acton
70 Mill Street E.
Acton ON L7J1H5
Use East entrance of church (facing side street). Meeting room in basement.

C
Wednesday @8 PM - Toronto
Group ID: 16701
District 20 - Toronto West
Al-Anon
(hybrid) Downsview AFG - Toronto
Open to: Families and Friends Only
Group email:
downsviewalanongroup@gmail.com
Meeting focus: Regular
Steps and Traditions Study, topics
In-person and online meeting at the same time (hybrid). Covid tracking measures are in place. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 541316226
Password: 475148

Greenborough Community Church - Toronto
2000 Keele Street
Toronto ON M6M3Y4
Entrance is by the parking lot on the North side of the Church

C
Wednesday @8 PM - Bradford
Group ID: 61269
District 18 - GTA North
Al-Anon
(in-person) Journey to Freedom AFG - Bradford
Open to: Families and Friends Only

Meeting focus: Regular
This group has resumed in-person meetings.
There is also an online meeting. For participating, please contact 705.817.7271 (can call or text)

Holy Martyrs of Japan Church - Bradford
167 Essa Street
Bradford ON L3Z2B6

C
Wednesday @8 PM - Bradford
Group ID: 61269
District 18 - GTA North
Al-Anon
(online) Journey to Freedom AFG - Bradford
Open to: Families and Friends Only

Meeting focus: Regular
For participating in the online meeting, please contact 705.817.7271 (can call or text)

Holy Martyrs of Japan Church - Bradford
167 Essa Street
Bradford ON L3Z2B6

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C
Wednesday @8 PM - Keswick
Group ID: 48646
District 18 - GTA North
Al-Anon
(online) Keswick Freedom AFG
Open to: Families and Friends Only
Group email:
keswickfreedom@gmail.com
Meeting focus: Regular
When a month has 5 Wednesdays, the 4th Wednesday may be a Speaker Meeting.
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 819 0214 2007
Password: 038100

Keswick United Church
177 Church Street
Keswick ON L4P1J4
Main floor.

C
Wednesday @8 PM - Whitchurch-Stouffville
Group ID: 66781
District 18 - GTA North
Al-Anon
(hybrid) Stouffville Steps to Serenity AFG
Open to: Families and Friends Only
Meeting focus: Regular
This group has resumed in-person meetings.
There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 856 9081 0286
Password: 346816

Stouffville United Church
34 Church Street N
Whitchurch-Stouffville ON L4A 1E3
On Church St., just north of Main St.
Enter on south side of church, up the stairs, down the hall and through the door. down the hall to the first room on

C
Wednesday @8 PM - Toronto
Group ID: 30053
District 19 - Toronto North
Al-Anon
(in-person) The New Group AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Discussion meeting
This group has resumed in-person meetings.

Glenview Presbyterian Church - Toronto
1 Glenview Avenue
Toronto ON M4R1P5
At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.


C
Thursday @9:30 AM - Toronto
Group ID: 50672
District 21 - Toronto Central
Al-Anon
(online) Mothers & Others AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 827 1166 2109
Password: 779363

Eastminster United Church - Toronto
310 Danforth Avenue
Toronto ON M4K1N6
Near Chester Subway Stn. Meeting takes place in the Jackman Room (follow signs).

C
Thursday @9:30 AM - Toronto
Group ID: 50672
District 21 - Toronto Central
Al-Anon
(in-person) Mothers & Others AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Regular
This group has resumed in-person meetings.

Eastminster United Church - Toronto
310 Danforth Avenue
Toronto ON M4K1N6
Near Chester Subway Stn. Meeting takes place in the Jackman Room (follow signs).


C 
Thursday @10 AM - Brampton
Group ID: 47427
District 17 - Peel, Halton
Al-Anon
(in-person) Brampton Serenity Tuesday and Thursday AFG
Open to: Families and Friends Only
Meeting focus: Discussion meeting
Step, Traditions
This group has resumed in-person meetings.

Holy Family Anglican Church - Brampton
10446 Kennedy Road North
Brampton ON L6Z 0A7
Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).

GREATER TORONTO AREA 86 Al-Anon/Alateen Meeting List



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C 
Thursday @10 AM - Oshawa
Group ID: 30623776
District 23 - Lakeshore
Al-Anon
(in-person) Let It Begin With Me AFG - Oshawa
Open to: Families and Friends Only
Group email:
beginwithme10@gmail.com
Meeting focus: Book study group
This group has resume in-person meetings. No food and drink allowed in the accommodation.

Alano Club - Oshawa
200 Thornton Road North
Oshawa ON L1J 6T8
Rear Entrance. Meeting is wheelchair accessible via front door.

C
Thursday @10:30 AM - Markham
Group ID: 64092
District 22 - Scarborough
Al-Anon
(in-person) Markham Sunny Forecasts AFG
Open to: Families and Friends Only
Group email:
sunnyforecastsafg@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

The Bridge - Markham
5440 16th Ave Markham
Markham ON L3P 3J3

C
Thursday @12:15 PM - Toronto
Group ID: 51472
District 21 - Toronto Central
Al-Anon
(online) Downtown Noon AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 5849276315
Password: 049431


Holy Trinity Church - Toronto
10 Trinity Square
Toronto ON M5G1B1
Next to Eaton Centre, basement of Old Rectory

O-(AA)
Thursday @7:30 PM - North York
Group ID: 16713
District 19 - Toronto North
Al-Anon
(hybrid) Bayview AFG - Toronto
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
Beginner meeting available
This group has resumed in-person meetings.
Starting 26 October, there is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 857 5292 3287
Password: 105517
In person meeting option available starting November 2, 2023

Church of the Incarnation - North York
15 Clairtrell Road
North York ON M2N 5J7
For in person, enter through the side

C 
Thursday @7:30 PM - Bowmanville
Group ID: 48166
District 23 - Lakeshore
Al-Anon
(in-person) Bowmanville Serenity AFG
Open to: Families and Friends Only
Group email:
bowmanvilleserenityafg@gmail.com
Meeting focus: Discussion meeting
This group has resumed in-person meetings.

Salvation Army Church - Bowmanville
75 Liberty Street S.
Bowmanville ON L1C 2N8
Wheelchair accessible.

C-AC
Thursday @7:30 PM - Canada
Group ID: 38247
District 16 - Mississauga
Al-Anon
(online) Growing Together Adult Children AFG - Mississauga
Open to: Families and Friends Only

Meeting focus: Adult Children
Beginner's Meeting available
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.


Meeting ID: 71816346907
Password: 119119

Electronic Meeting Ontario South Canada
Ontario South
Canada ON
Not a physical location

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C 
Thursday @7:30 PM - Canada
Group ID: 30705549
District 19 - Toronto North
AI-Anon
(online) Serenity AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Parents
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 2091441133
Password: 956694

Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Thursday @8 PM - Canada
Group ID: 16704
District 22 - Scarborough
AI-Anon
(online) Cedarbrae AFG - Scarborough
Open to: Families and Friends Only
Group email:
alanonedarbrae@aol.com
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 86967612716
Password: Hope4u#
Dial-in with regular phone: +1 647 558 0588 - code: 467348#


Electronic Meeting Ontario South - Canada
Ontario South
Canada ON
Not a physical location

C
Thursday @8 PM - Mississauga
Group ID: 51557
District 16 - Mississauga
AI-Anon
(in-person) Meadowvale Back to Basics AFG - Mississauga
Open to: Families and Friends Only
Group email:
meadowvalebacktobasics@gmail.com
Meeting focus: Regular
This group has resumed in-person meetings.

Meadowvale Community Church - Mississauga
2630 Inlake Ct
Mississauga ON **L5N 2A7**
Members are asked to use the entranceway at the rear of the building. After entering, proceed to the end of the hallway and go through the double doors on the left. The meeting for AI-Anon is in the room to the left.

C
Thursday @8 PM - Toronto
Group ID: 501677
District 20 - Toronto West
AI-Anon
(in-person) Roncesvalles AFG - Toronto
Open to: Families and Friends Only
Meeting focus: Regular
Rotation of steps, traditions, topics.
This group has resumed in person meetings.

Roncesvalles United Church - Toronto
214 Wright Avenue
Toronto ON M6R 1L3
North of Queen. Enter parking lot north side of church, 1st floor. Handicap Access. Fragrance Free

C 
Thursday @8 PM - Newmarket
Group ID: 38515
District 18 - GTA North
AI-Anon
(in-person) Thursday Night AFG - Newmarket
Open to: Families and Friends Only
Group email:
thursdaynightafg@yahoo.com
Meeting focus: Regular
E-Transfers now accepted, using our group e-mail for direct deposit.
ThursdayNightAFG@yahoo.com
This group has resumed in-person meetings. Note: Please stay home if you are unwell, or suspect a possible exposure to COVID-19.

St. Andrew's Presbyterian Church - Newmarket
484 Water Street
Newmarket ON L3Y1M5
Intersection Main St. & Water St.
Entrance door & parking at South side of Church. Extra parking available near (Fairy Lake park-east side of bridge).
Meeting held in "The Mark Room" located on lower level of Church.

C
Thursday @8:30 PM - Bolton
Group ID: 65131
District 17 - Peel, Halton
AI-Anon
(in-person) Bolton AFG
Open to: Families and Friends Only
Meeting focus: Regular
Discussion

Bolton United Church - Bolton
8 Nancy Street
Bolton ON L7E 1C7
No food and drink allowed; Meeting is in the basement, just past the washrooms

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O
Friday @10 AM - Oakville
Group ID: 16496

District 16 - Mississauga

Al-Anon

(in-person) Friday AM Oakville AFG

Open to: Families Friends and
Observers Welcome

Group email:
eopratk@bell.net

Meeting focus: Regular

This group has resumed in-person
meetings.

Glen Abbey United Church - Oakville

1469 Nottinghill Gate

Oakville ON L6M1X7

South on Nottinghill Gate, Just south of
Upper Middle.

C
Friday @10 AM - Scarborough



Group ID: 52747

District 22 - Scarborough

Al-Anon

**(in-person) The Fellowship AFG -
Scarborough**

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person
meetings.

Bendale Bible Chapel - Scarborough

330 Bellamy Road N.

Scarborough ON M1H1E8

Intersections- Lawrence and Brimley.

Enter by front door. Wheelchair
accessible.

C
Friday @7 PM - Canada
Group ID: 65313

District 17 - Peel, Halton

Al-Anon

**(online) Friday Night One Day at a
Time AFG - Brampton**

Open to: Families and Friends Only

Group email:
odatfridaynight7@gmail.com

Meeting focus: Regular

Access directly with the 'Join with Zoom'
button on the meetings page of the
Ontario website. Or enter Zoom details
manually.

Meeting ID: 827 3622 9783

Password: 912747

**Electronic Meeting Ontario South -
Canada**

Ontario South

Canada ON

Not a physical location

C-(AA)-(AN)

Friday @7 PM - Bramalea



Group ID: 30691934

District 17 - Peel, Halton

Alateen

**(online) You Are Not Alone Alateen -
Bramalea**

Open to: Families and Friends Only

Meeting focus: Regular

Concurrent with Al-Anon Meeting, when
meeting physically.

Please send an email to obtain online
meeting details to yanaalateen@gmail.
com

**St. Paul's Presbyterian Church -
Bramalea**

723 Balmoral Dr.

Bramalea ON L6T1X5

Balmoral Dr. East of Bramalea Rd. 2nd
door from street off parking lot,
downstairs. Handicap access.

C
Friday @8 PM - Etobicoke
Group ID: 35730

District 20 - Toronto West

Al-Anon

(in-person) TGIF AFG - Etobicoke

Open to: Families and Friends Only

Meeting focus: Regular

This group has resumed in-person
meetings.

St. Philip's Parish Hall - Etobicoke

31 St Philips Road

Etobicoke ON M9P 2N7

60 Dixon Road (just east of St. Philip's
Road). One block east of Royal York Rd,
north side. Ring doorbell for wheelchair
access via elevator.

O
Saturday @9:15 AM - Toronto

Group ID: 30603230

District 21 - Toronto Central

Al-Anon

(in-person) Up'n At'em AFG - Toronto

Open to: Families Friends and

Observers Welcome

Group email:
upandatemsat@gmail.com

Meeting focus: Regular

Mostly topic meeting; last Saturday of
month is speaker meeting.

This group has resumed in-person
meetings.

**Trinity St Paul's United Church -
Toronto**

427 Bloor Street W

Toronto ON M5S 1X7

Our meeting takes place in the Circles
room.

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O
Saturday @9:15 AM - Toronto
Group ID: 30603230
District 21 - Toronto Central

-
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
Mostly topic meeting; last Saturday of month is speaker meeting.
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 833 8684 2425
Password: 915915

Trinity St Paul's United Church - Toronto

427 Bloor Street W
Toronto ON M5S 1X7
Our meeting takes place in the Circles room.

C
Saturday @10 AM - Whitby
Group ID: 30732495
District 23 - Lakeshore



AI-Anon
(in-person) Peace and Serenity AFG - Whitby

Open to: Families and Friends Only
Group email: peace.serenityafg@gmail.com
Meeting focus: Regular
Topics: Steps / Traditions / Concepts, topic, speaker
This group has resumed in-person meetings.

Whitby Baptist Church

411 Gilbert St., E.
Whitby ON L1N 1R6
Enter through back door and follow the signs. Wheelchair accessible.

C
Saturday @10 AM - Oakville
Group ID: 28145
District 16 - Mississauga

AI-Anon
(in-person) Saturday Morning Oakville AFG

Open to: Families and Friends Only

Meeting focus: Regular
Beginner's meeting available
This group has resumed in-person meetings.

Hopedale Presbyterian Church - Oakville

156 Third Line
Oakville ON L6L3Z8
On the west side of Third Line, 1 1/2 blocks north of Lakeshore Rd.

C
Saturday @11:00 AM - Richmond Hill
Group ID: 60260



District 19 - Toronto North
AI-Anon
(in-person) Choices AFG - Richmond Hill

Open to: Families and Friends Only

Meeting focus: Regular
This meeting has re-opened for in-person meetings.

St. Mary's Anglican Church - Richmond Hill

10030 Yonge Street
Richmond Hill ON L4C1T8
At Major MacKenzie. Handicap access.

O-(AA)
Saturday @6:30 PM - Toronto
Group ID: 30836962
District 21 - Toronto Central

AI-Anon
(in-person) Saturday AFG Main Street - Toronto

Open to: Families Friends and Observers Welcome

Meeting focus: Step-study
This group has resumed in-person meetings.

Hope United Church - Toronto

2550 Danforth Ave
Toronto ON **M4C 1L2**
Main & Danforth - In the Sanctuary

O
Saturday @8 PM - Toronto
Group ID: 16690

District 19 - Toronto North
AI-Anon
(in-person) Saturday Night Open AFG - Toronto

Open to: Families, Friends and Observers Welcome


Meeting focus: Speaker
This group has resumed in-person meetings.
Note that this meeting opens its doors at 8pm for welcoming and fellowship - the actual meeting starts at 8:15pm and ends at 9:15pm.

Volunteers are invited to join the organising team.
This service commitment requires volunteers, who are scheduled in teams of two, to be present at the physical meetings once a month / six weeks, depending on the size of the volunteer team. Tasks include opening and closing the church, setting out literature and other meeting materials and chairing the meeting when there is no hosting group. Everything is written out in the meeting

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C 
Sunday @10 AM - Canada
Group ID: 30584824
District 19 - Toronto North
Al-Anon
(online) AFG Spoken Here - Toronto
Open to: Families and Friends Only

Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: Meeting ID: 209 144 1133
Password: 956694

This group will resume hybrid meetings in on May 11, 2025

Electronic Meeting Ontario South - Canada


Ontario South
Canada ON
Not a physical location

C
Sunday @1:30 PM - Toronto
Group ID: 46684
District 20 - Toronto West
Al-Anon
(in-person) Parkdale AFG - Toronto

Open to: Families and Friends Only
Group email:
parkdalegrouptoronto@gmail.com
Meeting focus: Regular
Steps 1,2,3 & beginners meeting. 5th Sunday of the month will be an open speaker meeting.
This group has resumed in-person meetings.

Masaryk - Cowan Community Centre - Toronto

220 Cowan Avenue
Toronto ON M6K2N6
West of Dufferin, south of Queen.
Handicap access.

C 
Sunday @7 PM - Oshawa
Group ID: 503656
District 23 - Lakeshore
Alateen
(in-person) Whitby Alateen - Oshawa
Open to: Families and Friends Only

Meeting focus: Teenagers
This group has resumed in-person meetings.


St. Luke's Presbyterian Church - Oshawa

333 Rossland Road W
Oshawa ON L1J3G6
Enter parking lot from Park Road N.
Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.

C 
Sunday @7 PM - Oshawa
Group ID: 30548623
District 23 - Lakeshore
Al-Anon
(in-person) Yana - You Are Not Alone AFG - Oshawa
Open to: Families and Friends Only

Group email:
yanaafg@gmail.com
Meeting focus: Regular
1st Week Step, 2nd Week Tradition, 3rd Week Concept, 4th Week Topic, 5th Week speaker.
This group has resumed in-person meetings.

St. Luke's Presbyterian Church - Oshawa

333 Rossland Road W
Oshawa ON L1J3G6
Enter parking lot from Park Road N.
Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.

Al-Anon is in the auditorium, at the top of the stairs.

C
Sunday @7:30 PM - Toronto
Group ID: 30771
District 19 - Toronto North
Al-Anon
(in-person) Second Chance AFG - Toronto
Open to: Families and Friends Only

Meeting focus: Newcomers
This is a dedicated newcomer meeting in English, that is followed, at 8pm, by regular Al-Anon meeting.

Glenview Presbyterian Church - Toronto

1 Glenview Avenue
Toronto ON M4R1P5
At Yonge Street and Glengrove Avenue,
Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement.
Street parking available on Glenview, parallel to Yonge Street.

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C

Sunday @7:30 PM - Toronto

Group ID: 30771

District 19 - Toronto North

AI-Anon

(in-person) Second Chance AFG -

Newcomers (Español) - Toronto

Open to: Families and Friends Only

Meeting focus: Newcomers

Esta es una reunión de recién llegados para aquellos nuevos en AI-Anon.

This is a dedicated newcomer meeting in Spanish, that is followed, at 8pm, by regular AI-Anon meeting in English

Glenview Presbyterian Church - Toronto

1 Glenview Avenue

Toronto ON M4R1P5

At Yonge Street and Glengrove Avenue,

Enter door by church driveway on

Glenview, Yonge Street side of the

church, take stairs to finished basement.

Street parking available on Glenview, parallel to Yonge Street.

C



Sunday @8 PM - Toronto

Group ID: 30771

District 19 - Toronto North

AI-Anon

(in-person) Second Chance AFG -

Toronto

Open to: Families and Friends Only

Meeting focus: Discussion meeting

This group has resumed in-person meetings.

Glenview Presbyterian Church - Toronto

1 Glenview Avenue

Toronto ON M4R1P5

At Yonge Street and Glengrove Avenue,

Enter door by church driveway on

Glenview, Yonge Street side of the

church, take stairs to finished basement.

Street parking available on Glenview, parallel to Yonge Street.