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- 0 = Open (to families and friends of alcoholics and observers)
- = Closed (open to families & friends of alcoholics only) С

AC = Adult Children

С

Monday @9:30 AM - Oshawa Group ID: 43568 District 23 - Lakeshore Al-Anon (in-person) Morning Glory AFG -Oshawa

Open to: Families and Friends Only Group email: morninggloryoshawaafg@gmail.com

Meeting focus: Regular Beginners meeting available. This group has resumed in person meetings. Masks are optional, social distancing is recommended.

Glen Stewart Club House - Oshawa 201 Cabot Street Oshawa ON L1J 5S2

No food / drink allowed

С



Monday @1 PM - Etobicoke Group ID: 54563 District 20 - Toronto West Al-Anon (hybrid) Etobicoke AFG Open to: Families and Friends Only

Meeting focus: Regular No children please. This group has resumed physical meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 894 9349 9400 Passcode: 250667

Bloordale United Church - Etobicoke

4258 Bloor Street W. Etobicoke ON M9C1Z7 West of Hwy 427. Rear doors room no 14 lower level, closed on Holiday Monday. Handicap access

С

Monday @1:30 PM - York Group ID: 30795387 District 20 - Toronto West **Al-Anon** (in-person) York West AFG Open to: Families and Friends Only

Meeting focus: Regular This group is meeting in-person.

York West Active Living Centre - York 1901 Weston Rd York ON M9N 3P5

С Monday @6:15 PM - Toronto Group ID: 26973 District 20 - Toronto West **Al-Anon**

(online) Long Branch AFG - Toronto Open to: Families and Friends Only

Meeting focus: Regular Rotation of Steps, Traditions & topics Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 830 0705 1178 Password: long

L.A.M.P. Community Centre - Toronto 185 5th Street Toronto ON M8V2Z5 At Birmingham (top floor) Elevator access available. Closed Holiday Mondays

(AA) = Concurrent AA meeting (AL) = Concurrent Alateen meeting (AN) = Concurrent Al-Anon meeting

> C-AC Monday @7 PM - Toronto Group ID: 16677 District 21 - Toronto Central **Al-Anon** (in-person) Donlands Serenity AFG -**Toronto**

Open to: Families and Friends Only

Meeting focus: Adult Children This group has resumed in-person meetings at the same location as pre-Covid.

Holy Cross R.C. Church - Toronto

291 Cosburn Avenue Toronto ON M4J2M4 Donlands & Cosburn Ave. In rectory bsmt. east of Church. Enter off Cosburn.

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Monday @7 PM - Etobicoke Group ID: 16688 District 20 - Toronto West Al-Anon

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(in-person) Kingsway AFG - Toronto Open to: Families and Friends Only

Meeting focus: Regular Beginners meeting 7:00pm The group has resumed in-person meetings. The meeting starts with a 7pm beginner's meeting; the regular meeting then follows at 7:30pm.

St. George On The Hill - Etobicoke

4600 Dundas Street West Etobicoke ON M9A1A5 West of Royal York Rd. Disabled Access, Frangrance Free



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Monday @7 PM - Toronto Group ID: 16682 District 21 - Toronto Central Al-Anon

(in-person) Mid City AFG - Toronto

Open to: Families and Friends Only Group email: midcityafamilygroup@gmail.com Meeting focus: Regular Please note that the Beginners meeting is held prior to main meeting and starts at 7:00pm; Main meeting starts at 7:30pm. This group has resumed in-person

meetings.

Trinity St Paul's United Church -Toronto

427 Bloor Street W Toronto ON M5S 1X7 Our meeting takes place in the Circles room.

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Monday @7:30 PM - Port Perry Group ID: 24446 District 23 - Lakeshore Al-Anon (in-person) Just For Today AFG - Port

Perry

Open to: Families and Friends Only Group email: justfortodayafg@outlook.com Meeting focus: Book study group Discussing the Daily Reader One Day at a Time in Al-Anon. Newcomers welcome. This group has resumed in-person

meetings.

Port Perry United Church

294 Queen Street Port Perry ON L9L 1B2 Enter through glass doors on Simcoe Street and follow posted signs.

С

Monday @7:30 PM - Toronto Group ID: 16684 District 19 - Toronto North **Al-Anon** (in-person) North Toronto AFG

Open to: Families and Friends Only

Meeting focus: Regular Beginners meeting at 8:30pm This group has resumed in-person meetings.

St. Clement's Anglican Church -Toronto

70 St Clements Avenue Toronto ON M4R 1H8 The In-Person meeting is held in the Sunroom (entrance is through the main glass door on St. Clements Avenue; ramp and steps are accessed from the parking lot). Wheelchair access. No food or drink allowed.

С

Monday @7:30 PM - Canada Group ID: 30834237 District 19 - Toronto North Al-Anon (online) North Toronto Electronic AFG Open to: Families and Friends Only Group email: NorthTorontoegroupAFG@gmail.com

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 892 0354 6569 Password: 170406

Electronic Meeting Ontario South -Canada

Ontario South Canada ON Not a physical location

(AA) = Concurrent AA meeting (AL) = Concurrent Alateen meeting (AN) = Concurrent Al-Anon meeting

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С Monday @7:30 PM - Unionville Group ID: 43991 District 22 - Scarborough **Al-Anon** (online) Unionville Caring Sharing **ÀFG**

Open to: Families and Friends Only

Meeting focus: Regular The online meeting is online by invitation.

Central United Church - Unionville

131 Main Street Unionville ON L3R2G3 North of Hwy. 7

С

Monday @7:45 PM - Oakville Group ID: 500897 District 16 - Mississauga **Al-Anon** (in-person) Monday Night Oakville

AFG Open to: Families and Friends Only Group email: mondaynightoakville@gmail.com Meeting focus: Regular This group is now meeting in-person.

St Jude's Church - Oakville

160 William Street Oakville ON L6J1C5 No food or drinks allowed. Basement; South Lakeshore, West of Trafalgar



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Monday @8 PM - Canada Group ID: 52669 District 19 - Toronto North Al-Anon (online) Keep It Simple AFG -Thornhill Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 209 144 1133 Password: 956694

Electronic Meeting Ontario South -Canada

Ontario South Canada ON Not a physical location

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Monday @8 PM - Mississauga Group ID: 501220 District 16 - Mississauga Al-Anon

(in-person) Plan B AFG - Mississauga

Open to: Families Friends and Observers Welcome

Meeting focus: Regular This group (formerly: Polski AFG) now has re-opened their door for in-person meetings, adhering to Covid regulations. Mask are required during the meeting. There is also a separate Zoom meeting on Tuesday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe -Mississauga

4260 Cawthra Road Mississauga ON L4Z1V8 Rm. Saint Eugene de Mazenod

C-(AA)

Monday @8 PM - Scarborough Group ID: 16706 District 22 - Scarborough Al-Anon (hybrid) Stepping Stones AFG -Scarborough

Open to: Families and Friends Only

Meeting focus: Discussion meeting There is a speaker each 5th Monday of month.

The meeting is held in-person with a concurrent online meeting (hybrid). Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 435121245 Password: 093373

St. Paul's United Church -

Scarborough 200 McIntosh Street Scarborough ON M1N 3Z3 Kingston Rd. & Midland Ave. Downstairs to the right.

C-(AA)

Monday @8 PM - Toronto Group ID: 30621952 District 20 - Toronto West Alateen (in-person) Together We Can Make It

Alateen - Toronto

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

All Saints Kingsway Anglican Church - Toronto

2850 Bloor Street West Toronto ON M8X1B2 Take east exit from Royal York subway, walk 2 blocks east

(AA) = Concurrent AA meeting(AL) = Concurrent Alateen meeting(AN) = Concurrent Al-Anon meeting

C <u>Tuesday @10 AM - Brampton</u> Group ID: 47427 District 17 - Peel, Halton Al-Anon (in-person) Brampton Serenity Tuesday and Thursday AFG Open to: Families and Friends Only

Meeting focus: Discussion meeting Step & Traditions This group is meeting in-person, adhering to regular Covid restrictions.

Holy Family Anglican Church -Brampton

10446 Kennedy Road North Brampton ON L6Z 0A7 Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).

@10 AM

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Tuesday @10 AM - Mississauga Group ID: 16620 District 16 - Mississauga Al-Anon

(in-person) New Hope AFG -Mississauga

Open to: Families Friends and Observers Welcome Group email: district16dr@gmail.com Meeting focus: Regular This group has resumed in-person meetings.

The Elder Center at the Central Parkway Mall - Mississauga 377 Burnhamthorpe Road E.

Mississauga ON L5A 3Y1 The meeting is held on the second floor.



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Tuesday @10:30 AM - Toronto Group ID: 16676 District 19 - Toronto North Al-Anon (hybrid) 12 Step Broadway AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Step-study This group has resumed in-person meetings. There is also a concurrent online meeting.

Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 851 758 6025 Password: alanon

Blessed Sacrament Church - Toronto 24 Cheritan Avenue Toronto ON M4R 1S4

West side of Yonge St, South of Lawrence Av. Fully accessible, use north side door with automatic door openers, then take elevator or stairs down to church hall. Street parking

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Tuesday @12:15 PM - Toronto Group ID: 30572140 District 21 - Toronto Central Al-Anon

(in-person) Living our Best Life AFG -Toronto

Open to: Families Friends and Observers Welcome

Meeting focus: Regular

Topic Discussion, Tradition & Steps on 1st and 3rd week. Speaker on 5th week of the month

This group has resumed in-person meetings. Note the new start time. Room is open for fellowship from 12pm. End of meeting at 1:15pm.

Trinity St Paul's United Church -Toronto

427 Bloor Street W Toronto ON M5S 1X7 Our meeting takes place in the Circles room. С

Tuesday @6:30 PM - Pickering Group ID: 30613825 District 23 - Lakeshore Al-Anon (in-person) Pathways To Recovery AFG - Pickering Open to: Families and Friends Only Group email: PathwaysToRecoveryDistrict23@gmail.

com Meeting focus: Book study group Book-study This group has resumed in-person meetings.

Montessori Learning Centre of Pickering

401 Kingston Road Pickering ON L1V 1A3 In gray portable; bring your own chair.

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<u>Tuesday @7 PM - Mississauga</u> Group ID: 501220 District 16 - Mississauga

Al-Anon

(online) Plan B AFG - Mississauga Open to: Families and Friends Only

Meeting focus: Regular To obtain meeting credentials, please call 6474570696. Access with the 'Join with Zoom' button on the meetings page of the Ontario website with the provided meeting ID and password.

There is also a separate face-to-face meeting on Monday evening. Check for that day to see details. Spoken language: POLISH.

Church Saint Maksymiliana Kolbe -Mississauga

4260 Cawthra Road Mississauga ON L4Z1V8 Rm. Saint Eugene de Mazenod C <u>Tuesday @7 PM - Toronto</u> Group ID: 16689

(AA) = Concurrent AA meeting

(AL) = Concurrent Alateen meeting

(AN) = Concurrent Al-Anon meeting

District 21 - Toronto Central Al-Anon

(in-person) St. Clair AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Regular Open meeting 1st Tues. Every month. Speaker 1st meeting of the month. This group has resumed in-person meetings.

Holy Rosary Parish Hall - Toronto

356 St. Clair Avenue W. Toronto ON M5P1N4 Hall is west of church. Wheelchair access.

C-(AA)

Tuesday @7 PM - Oshawa Group ID: 42253 District 23 - Lakeshore Al-Anon

(in-person) Traditions AFG - Oshawa Open to: Families and Friends Only

Mosting focus: Degular

Meeting focus: Regular This group has resumed in-person meetings. If unvaccinated in attendance, masks will be worn by all.

St. Luke's Presbyterian Church - Oshawa

333 Rossland Road W Oshawa ON L1J3G6 Enter parking lot from Park Road N. Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.



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Ġ, Tuesday @7:30 PM - Woodbridge Group ID: 30787405 District 17 - Peel, Halton Al-Anon (in-person) Come Together AFG -Woodbridge Open to: Families, Friends and **Observers Welcome**

Meeting focus: Regular

Maranatha Christian Reformed Church - Woodbridge

4561 Langstaff Roda Woodbridge ON L4L2B2 Enter through the front doors and you will see the meeting room upon entering the building

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Tuesday @7:30 PM - Canada Group ID: 502780 District 21 - Toronto Central Al-Anon (online) The Beach Read & Recover **AFG** - Toronto Open to: Families and Friends Only

Meeting focus: Regular

Beginners meeting at 7:00 p.m. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 826 2386 5102 Password: 996570

electronic Meeting Ontario South Canada Ontario South

Canada ON Not a physical location

Tuesday @7:45 PM - Richmond Hill Group ID: 16687 District 19 - Toronto North **Al-Anon** (hybrid) Richmond Hill AFG Open to: Families and Friends Only

Meeting focus: Regular Beginner's Meeting - 7:15 pm In person and Online meeting at the same time (hybrid). Participate by phone on 1-867-292-3030; access code: 623-8889Zoom. By computer or mobile device: * Meeting ID: 840 2021 8718 * Password: 184624

St. Paul's Lutheran Church -**Richmond Hill**

10131 Bayview Avenue Richmond Hill ON L4C2L4 Handicap access.

С Tuesday @8 PM - Aurora Group ID: 16240 District 18 - GTA North Al-Anon

(online) Aurora Serenity AFG

Open to: Families and Friends Only Group email: auroraalanongroup@gmail.com Meeting focus: Regular Discussion meeting based on the 12 Steps and Traditions with periodical open speaker meetings Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 815 6772 7870 Password: 762921

St. Andrew's Presbyterian Church -

Aurora 32 Mosley Street Aurora ON L4G1G9 Mosley at Victoria St. Enter off Victoria -2nd Floor. NO Wheelchair access to mtg room.

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> С Tuesday @8 PM - Mississauga Group ID: 30773 District 16 - Mississauga **Al-Anon** (hybrid) Courage to Change AFG -Mississauga

Open to: Families and Friends Only

Meeting focus: Discussion meeting Speaker last meeting of the month. This group has resumed in-person meetings, with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 849 35184377

Erindale United Church - Mississauga 1444 Dundas Cr. Mississauga ON L5C1E9 South off Dundas W. Non-smoking

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Tuesday @8 PM - Nobleton Group ID: 30700335 District 17 - Peel, Halton **Al-Anon**

(in-person) Enough is enough AFG -Nobleton

Open to: Families, Friends and **Observers Welcome** Group email: Afgnobleton2@gmail.com Meeting focus: Regular This group has resumed physical meetings.

Nobleton United Church

6076 King Road Nobleton ON L2M 4G1 Wheelchair access. Enter at rear.



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C <u>Tuesday @8 PM - Scarborough</u> Group ID: 30769637 District 22 - Scarborough Al-Anon (in-person) Learning to live AFG -Scarborough

Open to: Families and Friends Only

Meeting focus: Regular New Al-Anon meeting. Covid restrictions apply for physical attendance.

St. Jude's Anglican Church -Scarborough

10 Howarth Street Scarborough ON M1R 1H4 Near Victoria Park Ave. and Lawrence Ave.

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Tuesday @8 PM - Etobicoke Group ID: 16703 District 20 - Toronto West Al-Anon (in-person) Markland Woods AFG -Etobicoke Open to: Families and Friends Only

Meeting focus: Regular This group is now meeting in-person.

Bloordale United Church - Etobicoke

4258 Bloor Street W. Etobicoke ON M9C1Z7 West of Hwy 427. Rear doors room no 14 lower level, closed on Holiday Monday. Handicap access C-(AL)

<u>Tuesday @8 PM - Milton</u> Group ID: 503626 District 17 - Peel, Halton Al-Anon (in-person) Milton Tuesday Hope for Today AFG

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

Grace Anglican Church - Milton

317 Main Štreet E. Milton ON L9T 1P5 Millside Dr. & Main St.; park at rear, overflow parking across the street. Entrance at side door of church-third floor

C <u>Tuesday @8 PM - Don Mills</u> Group ID: 16685 District 19 - Toronto North Al-Anon (online) New Beginnings AFG - Don Mills

Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 687 235 979 Password: 011737

Advent Lutheran Church - Don Mills 2800 Don Mills Road Don Mills ON M2J3B6 N. of Sheppard, handicap access enter from parking lot; go to Friendship Room

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C <u>Tuesday @8 PM - Ajax</u> Group ID: 16555 District 23 - Lakeshore Al-Anon (in-person) New Hope Pickering AFG -Ajax Open to: Families and Friends Only Group email: newhopepickering@gmail.com

Meeting focus: Regular This group has resumed in-person meetings.

Pickering Village United Church - Ajax

300 Church Street N. Ajax ON L1T 2W7 North Side Entrance, Downstairs

C-(AN)

Tuesday @8 PM - Milton Group ID: 30766841 District 17 - Peel, Halton Alateen

(hybrid) Tuesday Night Alateen AFG -Milton

Open to: Families and Friends Only

Meeting focus: Regular This groups meets online and in person. To obtain details for attending the online meeting, please send an email to: miltonalateen@gmail.com

Grace Anglican Church - Milton

317 Main Štreet E. Milton ON L9T 1P5 Millside Dr. & Main St.; park at rear, overflow parking across the street. Entrance at side door of church-third floor



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Tuesday @8 PM - Orangeville Group ID: 33085 District 18 - GTA North Al-Anon (hybrid) Tuesday Night Serenity AFG -Orangeville

Open to: Families and Friends Only

Meeting focus: Regular Meeting in Person and online with Zoom (hybrid).

Access online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 844 7422 1859 Password: 320491

St. Mark's Anglican Church -Orangeville

5 First Ave. Orangeville ON L9W 1H7

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Wednesday @10 AM - Georgetown Group ID: 60344 District 17 - Peel, Halton Al-Anon

(in-person) One Day At A Time AFG -Georgetown

Open to: Families and Friends Only Group email:

Georgetown.oneday@hotmail.com Meeting focus: Regular This meeting is now re-opened and you are welcome to attend their physical meetings. Please not that the groups meet at a new location as of February 8, 2023.

Georgetown Christian Fellowship

13619 Highway 7 Georgetown ON L7G 4S4 Enter through front doors, meeting is in the Prayer Room

С

Wednesday @10:30 AM - Etobicoke Group ID: 67122 District 20 - Toronto West Al-Anon

(in-person) Wednesday Morning AFG - Toronto

(AA) = Concurrent AA meeting

(AL) = Concurrent Alateen meeting

(AN) = Concurrent Al-Anon meeting

Open to: Families and Friends Only Group email: wednesdayamgr@gmail.com Meeting focus: Regular This group has resumed in-person meetings.

Our Lady Of Sorrows Church -Etobicoke

3055 Bloor Street West Etobicoke ON M8X-1C6 Meeting room in basement (The Meeting room and Atrium Room) access is the west entrance. Elevator on the east side of the church. Parking on the West Side

C-(AN)

Wednesday @7 PM - Mississauga Group ID: 30519795 District 16 - Mississauga Alateen (online) Hope Prevails Alateen -Mississauga

Open to: Families and Friends Only

Meeting focus: Regular

Al-Anon meets at the same time & place. Teens interested in attending may send a message to louiseo56@outlook.com to get the zoom link.

Westminster United Church -Mississauga

4094 Tomken Road Mississauga ON L4W1J5 Meeting in basement. Wheelchair accessible. Southwest corner of Tomken & Rathburn.

C-(AL) <u>Wednesday @7:15 PM - Canada</u> Group ID: 30560379 District 16 - Mississauga Al-Anon (online) Coffee Hour AFG -

Mississauga

Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 886-5177-2424 (no password)

Electronic Meeting Ontario South Canada

Ontario South Canada ON Not a physical location

С

Wednesday @7:15 PM - Toronto Group ID: 16681 District 21 - Toronto Central Al-Anon (in-person) Main St. Fellowship AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

Community Center 55 - Toronto

97 Main Street Toronto ON M4E2V6 Main St. at Swanwick. Room - Main Floor.



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- AC = Adult Children

C Wednesday @7:30 PM - Toronto Group ID: 43493

District 21 - Toronto Central

Al-Anon

(hybrid) Fresh Start AFG - Toronto

Open to: Families and Friends Only Group email: freshstartafg@gmail.com Meeting focus: Regular Beginner's meeting at 7 PM. This group has resumed in-person

meetings. There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 85210416666 Password: 261581

St. Andrew's United Church - Toronto

117 Bloor St E Toronto ON M4W 1A9 Entrance on north side of Hayden St.

С

Wednesday @7:30 PM - Toronto Group ID: 43493 District 21 - Toronto Central Al-Anon

(in-person) Fresh Start AFG - Toronto

Open to: Families and Friends Only Group email: freshstartafg@gmail.com Meeting focus: Regular Beginner's meeting at 7 PM. This group has resumed in-person meetings. This is a hybrid meeting (both online and in-person at the same meeting) whenever there is a speaker or a

business meeting.

St. Andrew's United Church - Toronto

117 Bloor St E Toronto ON M4W 1A9 Entrance on north side of Hayden St.

С

Wednesday @7:45 PM - Mississauga Group ID: 16466 District 16 - Mississauga Al-Anon (hybrid) Cooksville Circle of Hope

AFG - Mississauga

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings. There is also a concurrent online

meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 367408879

Cooksville United Church -Mississauga

2500 Mimosa Row Mississauga ON L5B1P7 Two blocks north of Queensway and Highway 10; off Floradale. Use door bell on double white doors. Go to Conference Room in basement.

С

Wednesday @8 PM - Acton Group ID: 47839 District 17 - Peel, Halton Al-Anon (in-person) Acton AFG

Open to: Families and Friends Only

Meeting focus: Regular This meeting has now been re-opened at its usual location. Masks are mandatory.

Trinity United Church - Acton 70 Mill Street E. Acton ON L7J1H5 Use East entrance of church (facing side street). Meeting room in basement.

(AN) = Concurrent Al-Anon meeting C

(AA) = Concurrent AA meeting

(AL) = Concurrent Alateen meeting

Wednesday @8 PM - Toronto Group ID: 16701 District 20 - Toronto West Al-Anon

(hybrid) Downsview AFG - Toronto

Open to: Families and Friends Only Group email:

downsviewalanongroup@gmail.com Meeting focus: Regular Steps and Traditions Study, topics In-person and online meeting at the same time (hybrid). Covid tracking measures are in place. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 541316226 Password: 475148

Greenborough Community Church - Toronto

2000 Keele Street Toronto ON M6M3Y4 Entrance is by the parking lot on the North side of the Church

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Wednesday @8 PM - Bradford Group ID: 61269 District 18 - GTA North Al-Anon (in-person) Journey to Freedom AFG -

Bradford

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings. There is also an online meeting. For participating, please contact 705.817.7271 (can call or text)

Holy Martyrs of Japan Church -Bradford 167 Essa Street Bradford ON L3Z2B6



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- C = Closed (open to families & friends of alcoholics only)
- AC = Adult Children

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Wednesday @8 PM - Bradford Group ID: 61269 District 18 - GTA North Al-Anon (online) Journey to Freedom AFG -Bradford

Open to: Families and Friends Only

Meeting focus: Regular For participating in the online meeting, please contact 705.817.7271 (can call or text)

Holy Martyrs of Japan Church -Bradford 167 Essa Street

Bradford ON L3Z2B6

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Wednesday @8 PM - Keswick Group ID: 48646 District 18 - GTA North Al-Anon

(online) Keswick Freedom AFG

Open to: Families and Friends Only Group email: keswickfreedom@gmail.com Meeting focus: Regular When a month has 5 Wednesdays, the 4th Wednesday may be a Speaker Meeting.

Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 819 0214 2007 Password: 038100

Keswick United Church

177 Church Street Keswick ON L4P1J4 Main floor.

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Wednesday @8 PM - Whitchurch-Stouffville Group ID: 66781 District 18 - GTA North Al-Anon (hybrid) Stouffville Steps to Serenity AFG

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings. There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 856 9081 0286 Password: 346816

Stouffville United Church

34 Church Street N Whitchurch-Stouffville ON L4A 1E3 On Church St., just north of Main St. Enter on south side of church, up the stairs, down the hall and through the door. down the hall to the first room on

С

Wednesday @8 PM - Toronto Group ID: 30053 District 19 - Toronto North

Al-Anon

(in-person) The New Group AFG -Toronto

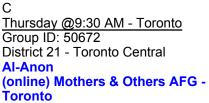
Open to: Families and Friends Only

Meeting focus: Discussion meeting This group has resumed in-person meetings.

Glenview Presbyterian Church - Toronto

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

(AA) = Concurrent AA meeting (AL) = Concurrent Alateen meeting (AN) = Concurrent Al-Anon meeting



Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 827 1166 2109 Password: 779363

Eastminster United Church - Toronto 310 Danforth Avenue Toronto ON M4K1N6 Near Chester Subway Stn. Meeting takes place in the Jackman Room (follow signs).

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Thursday @9:30 AM - Toronto Group ID: 50672 District 21 - Toronto Central Al-Anon

(in-person) Mothers & Others AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

Eastminster United Church - Toronto

310 Danforth Avenue Toronto ON M4K1N6 Near Chester Subway Stn. Meeting takes place in the Jackman Room (follow signs).



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Thursday @10 AM - Brampton Group ID: 47427 District 17 - Peel, Halton Al-Anon (in-person) Brampton Serenity **Tuesday and Thursday AFG** Open to: Families and Friends Only

Meeting focus: Discussion meeting Step, Traditions This group has resumed in-person meetings.

Holy Family Anglican Church -Brampton

10446 Kennedy Road North Brampton ON L6Z 0A7 Kennedy Rd, North of Bovaird. Park at back . Enter by rear door (Disabled access available).



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Thursday @10 AM - Oshawa Group ID: 30623776 District 23 - Lakeshore

Al-Anon (in-person) Let It Begin With Me AFG -Oshawa

Open to: Families and Friends Only Group email: beginwithme10@gmail.com Meeting focus: Book study group This group has resume in-person meetings. No food and drink allowed in the accommodation.

Alano Club - Oshawa

200 Thornton Road North Oshawa ON L1J 6T8 Rear Entrance. Meeting is wheelchair accessible via front door.

Thursday @10:30 AM - Markham Group ID: 64092 District 22 - Scarborough **Al-Anon** (in-person) Markham Sunny **Forecasts AFG**

Open to: Families and Friends Only Group email: sunnyforecastsafg@gmail.com Meeting focus: Regular This group has resumed in-person meetings.

The Bridge - Markham

5440 16th AveMarkham Markham ON L3P 3J3

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Thursday @12:15 PM - Toronto Group ID: 51472 District 21 - Toronto Central

Al-Anon

(online) Downtown Noon AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 5849276315 Password: 049431

Holy Trinity Church - Toronto

10 Trinity Square Toronto ON M5G1B1 Next to Eaton Centre, basement of Old Rectory

(AA) = Concurrent AA meeting (AL) = Concurrent Alateen meeting (AN) = Concurrent Al-Anon meeting

> O-(AA) Thursday @7:30 PM - North York Group ID: 16713 District 19 - Toronto North **Al-Anon**

> (hybrid) Bayview AFG - Toronto Open to: Families Friends and **Observers Welcome**

Meeting focus: Regular Beginner meeting available This group has resumed in-person meetings.

Starting 26 October, there is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 857 5292 3287 Password: 105517 In person meeting option available starting November 2, 2023

Church of the Incarnation - North York

15 Clairtrell Road North York ON M2N 5J7 For in person, enter through the side

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Č, Thursday @7:30 PM - Bowmanville Group ID: 48166 District 23 - Lakeshore **Al-Anon**

(in-person) Bowmanville Serenity AFG

Open to: Families and Friends Only Group email:

bowmanvilleserenityafg@gmail.com Meeting focus: Discussion meeting This group has resumed in-person meetings.

Salvation Army Church - Bowmanville

75 Liberty Street S. Bowmanville ON L1C 2N8 Wheelchair accessible.



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<u>Thursday @7:30 PM - Canada</u> Group ID: 38247 District 16 - Mississauga Al-Anon (online) Growing Together Adult Children AFG - Mississauga Open to: Families and Friends Only

Meeting focus: Adult Children Beginner's Meeting available Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 71816346907 Password: 119119

Electronic Meeting Ontario South Canada

Ontario South Canada ON Not a physical location

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Thursday @7:30 PM - Canada Group ID: 30705549 District 19 - Toronto North Al-Anon (online) Serenity AFG - Toronto

Open to: Families and Friends Only

Meeting focus: Parents Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 2091441133 Password: 956694

electronic Meeting only - Canada Ontario South Canada ON

Not a physical location

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Thursday @8 PM - Canada Group ID: 16704 District 22 - Scarborough Al-Anon (online) Cedarbrae AFG -Scarborough Open to: Families and Friends Only

Group email: alanoncedarbrae@aol.com Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 86967612716 Password: Hope4u# Dial-in with regular phone: +1 647 558 0588 - code: 467348#

Electronic Meeting Ontario South -Canada

Ontario South Canada ON Not a physical location

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Thursday @8 PM - Mississauga Group ID: 51557 District 16 - Mississauga Al-Anon (in person) Moadowyalo Back

(in-person) Meadowvale Back to Basics AFG - Mississauga

Open to: Families and Friends Only Group email: meadowvalebacktobasics@gmail.com Meeting focus: Regular This group has resumed in-person meetings.

Meadowvale Community Church -Mississauga 2630 Inlake Ct

Mississauga ON L5N 2A7

Members are asked to use the entranceway at the rear of the building. After entering, proceed to the end of the hallway and go through the double doors on the left. The meeting for Al-Anon is in the room to the left.

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(AN) = Concurrent Al-Anon meeting

<u>Thursday @8 PM - Toronto</u> Group ID: 501677 District 20 - Toronto West Al-Anon (in-person) Roncesvalles AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Regular Rotation of steps, traditions, topics. This group has resumed in person meetings.

Roncesvalles United Church -Toronto

214 Wright Avenue Toronto ON M6R 1L3 North of Queen. Enter parking lot north side of church, 1st floor. Handicap Access. Fragrance Free

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Thursday @8 PM - Newmarket Group ID: 38515 District 18 - GTA North Al-Anon (in-person) Thursday Night AFG -

Newmarket Open to: Families and Friends Only

Meeting focus: Regular E-Transfers now accepted, using our group e-mail for direct deposit. ThursdayNightAFG@yahoo.com This group has resumed in-person meetings. Note: Please stay home if you are unwell, or suspect a possible exposure to COVID-19.

St. Andrew's Presbyterian Church -Newmarket

484 Water Street Newmarket ON L3Y1M5 Intersection Main St. & Water St. Entrance door & parking at South side of Church. Extra parking available near (Fairy Lake park-east side of bridge). Meeting held in "The Mark Room" located on lower level of Church.



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<u>Thursday @8:30 PM - Bolton</u> Group ID: 65131 District 17 - Peel, Halton Al-Anon (in-person) Bolton AFG

Open to: Families and Friends Only

Meeting focus: Regular Discussion

Bolton United Church - Bolton

8 Nancy Street Bolton ON L7E 1C7 No food and drink allowed; Meeting is in the basement, just past the washrooms

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Friday @10 AM - Scarborough Group ID: 52747

District 22 - Scarborough Al-Anon

(in-person) Fellowship AFG -

Scarborough Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

Bendale Bible Chapel - Scarborough

330 Bellamy Road N. Scarborough ON M1H1E8 Intersections- Lawrence and Brimley. Enter by front door. Wheelchair accessible.

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Friday @10 AM - Oakville Group ID: 16496 District 16 - Mississauga Al-Anon (in-person) Friday A.M. Oakville AFG Open to: Families Friends and

Observers Welcome

Meeting focus: Regular This group has resumed in-person meetings.

Glen Abbey United Church - Oakville

1469 Nottinghill Gate Oakville ON L6M1X7 South on Nottinghill Gate, Just south of Upper Middle.

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Friday @7 PM - Bramalea Group ID: 65313 District 17 - Peel, Halton Al-Anon (online) Friday Night One Day at a Time AFG - Brampton

Open to: Families and Friends Only

Meeting focus: Regular Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 827 3622 9783 Password: 912747

St. Paul's Presbyterian Church -Bramalea

723 Balmoral Dr. Bramalea ON L6T1X5 Balmoral Dr. East of Bramalea Rd. 2nd door from street off parking lot, downstairs. Handicap access.

C-(AA)-(AN) <u>Friday @7 PM - Bramalea</u> Group ID: 30691934 District 17 - Peel, Halton

Alateen (online) You Are Not Alone Alateen -Bramalea

Open to: Families and Friends Only

Meeting focus: Regular Concurrent with Al-Anon Meeting, when meeting physically. Please send an email to obtain online meeting details to yanaalateen@gmail. com

St. Paul's Presbyterian Church -Bramalea

723 Balmoral Dr. Bramalea ON L6T1X5 Balmoral Dr. East of Bramalea Rd. 2nd door from street off parking lot, downstairs. Handicap access.

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C <u>Friday @8 PM - Etobicoke</u> Group ID: 35730 District 20 - Toronto West AI-Anon (hybrid) TGIF AFG - Etobicoke

Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 833 224 55459 Password: 116949

St. Philip's Parish Hall - Etobicoke

31 St Philips Road Etobicoke ON M9P 2N7 60 Dixon Road (just east of St. Philip's Road). One block east of Royal York Rd, north side. Ring doorbell for wheelchair access via elevator.

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Saturday @9:15 AM - Toronto Group ID: 30603230 District 21 - Toronto Central Al-Anon

(online) Up'n At'em AFG - Toronto

Open to: Families Friends and Observers Welcome

Meeting focus: Regular Mostly topic meeting; last Saturday of month is speaker meeting. Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 833 8684 2425 Password: 915915

Trinity St Paul's United Church - Toronto

427 Bloor Street W Toronto ON M5S 1X7 Our meeting takes place in the Circles room.



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Saturday @9:15 AM - Toronto Group ID: 30603230 District 21 - Toronto Central Al-Anon (in-person) Up'n At'em AFG - Toronto Open to: Families Friends and Observers Welcome Group email: upandatemsat@gmail.com Meeting focus: Regular Mostly topic meeting; last Saturday of month is speaker meeting.

This group has resumed in-person meetings.

Trinity St Paul's United Church - Toronto

427 Bloor Street W Toronto ON M5S 1X7 Our meeting takes place in the Circles room.

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Saturday @10 AM - Whitby Group ID: 30732495

District 23 - Lakeshore

(in-person) Peace and Serenity AFG -Whitby

Open to: Families and Friends Only Group email: peace.serenityafg@gmail.com Meeting focus: Regular Topics: Steps / Traditions / Concepts, topic, speaker This group has resumed in-person meetings.

Whitby Baptist Church

411 Gilbert St., E. Whitby ON L1N 1R6 Enter through back door and follow the signs. Wheelchair accessible.

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Saturday @10 AM - Oakville Group ID: 28145 District 16 - Mississauga Al-Anon (in-person) Saturday Morning Oakville AFG

Open to: Families and Friends Only

Meeting focus: Regular Beginner's meeting available This group has resumed in-person meetings.

Hopedale Presbyterian Church - Oakville

156 Third Line Oakville ON L6L3Z8 On the west side of Third Line, 1 1/2 blocks north of Lakeshore Rd.

C Saturday @11:00 AM - Richmond Hill Group ID: 60260 District 19 - Toronto North

Al-Anon (in-person) Choices AFG - Richmond Hill

Open to: Families and Friends Only

Meeting focus: Regular This meeting has re-opened for inperson meetings.

St. Mary's Anglican Church -Richmond Hill

10030 Yonge Street Richmond Hill ON L4C1T8 At Major MacKenzie. Handicap access. O-(AA) <u>Saturday @6:30 PM - Toronto</u> Group ID: 30836962 District 21 - Toronto Central <u>Al-Anon</u>

(in-person) Saturday Alanon Main Street AFG - Toronto

Open to: Families Friends and Observers Welcome

Meeting focus: Step-study This group has resumed in-person meetings.

Hope United Church - Toronto 2550 Danforth Ave

Toronto ON M4C 1L2 Main & Danforth - In the Sanctuary

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(AN) = Concurrent Al-Anon meeting

Saturday @8 PM - Toronto Group ID: 16690 District 19 - Toronto North Al-Anon (in-person) Saturday Night Open AFG - Toronto Open to: Families, Friends and Observers Welcome

Meeting focus: Speaker This group has resumed in-person meetings. Note that this meeting opens its doors at 8pm for welcoming and fellowship - the actual meeting starts at 8:15pm and ends at 9:15pm.

Volunteers are invited to join the organising team.

This service commitment requires volunteers, who are scheduled in teams of two, to be present at the physical meetings once a month / six weeks, depending on the size of the volunteer team. Tasks include opening and closing the church, setting out literature and other meeting materials and chairing the meeting when there is no hosting group. Everything is written out in the meeting



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Sunday @10 AM - Toronto Group ID: 30584824 District 19 - Toronto North Al-Anon (hybrid) AFG Spoken Here - Toronto Open to: Families and Friends Only

Meeting focus: Regular This group has resumed in-person meetings.

There is also a concurrent online meeting. Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 209 144 1133 Password: 956694

St. Ansgar Lutheran Church - Toronto

1498 Avenue Road Toronto ON M5N2J1 Physical meeting location: at corner of Avenue Rd and Lawrence Ave. W, enter at South door.

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Sunday @1:30 PM - Toronto Group ID: 46684 District 20 - Toronto West Al-Anon (in-person) Parkdale AFG - Toronto

Open to: Families and Friends Only Group email: parkdalegrouptoronto@gmail.com Meeting focus: Regular Steps 1,2,3 & beginners meeting. 5th Sunday of the month will be an open speaker meeting. This group has resumed in-person meetings.

Masaryk - Cowan Community Centre -Toronto

220 Cowan Avenue Toronto ON M6K2N6 West of Dufferin, south of Queen. Handicap access.

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Sunday @7 PM - Oshawa Group ID: 503656 District 23 - Lakeshore Alateen (in-person) Whitby Alateen - Oshawa

Open to: Families and Friends Only

Meeting focus: Teenagers This group has resumed in-person meetings.

St. Luke's Presbyterian Church - Oshawa

333 Rossland Road W Oshawa ON L1J3G6 Enter parking lot from Park Road N. Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.

С Group ID: 30548623

(AA) = Concurrent AA meeting

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(AL) = Concurrent Alateen meeting

(AN) = Concurrent Al-Anon meeting



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Sunday @7 PM - Oshawa District 23 - Lakeshore **Al-Anon**

(in-person) YANA (You Are Not Alone) AFG - Oshawa

Open to: Families and Friends Only Group email: yanaafg@gmail.com Meeting focus: Regular 1st Week Step, 2nd Week Tradition, 3rd Week Concept, 4th Week Topic, 5th Week speaker. This group has resumed in-person meetings.

St. Luke's Presbyterian Church -Oshawa

333 Rossland Road W Oshawa ON L1J3G6 Enter parking lot from Park Road N. Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.

Al-Anon is in the auditorium, at the top of the stairs.

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Sunday @7:30 PM - Toronto Group ID: 30771 District 19 - Toronto North Al-Anon (in-person) Second Chance AFG -Toronto

Open to: Families and Friends Only

Meeting focus: Newcomers This is a dedicated newcomer meeting in English, that is followed, at 8pm, by regular Al-Anon meeting.

Glenview Presbyterian Church -Toronto

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

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AC = Adult Children

С

Sunday @7:30 PM - Toronto Group ID: 30771 District 19 - Toronto North Al-Anon (in-person) Second Chance AFG -Newcomers (Español) - Toronto Open to: Families and Friends Only

Meeting focus: Newcomers Esta es una reunión de recién llegados para aquellos nuevos en Al-Anon.

This is a dedicated newcomer meeting in Spanish, that is followed, at 8pm, by regular Al-Anon meeting in English

Glenview Presbyterian Church - Toronto

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

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Sunday @8 PM - Toronto Group ID: 30771 District 19 - Toronto North Al-Anon (in-person) Second Chance AFG -Toronto Open to: Families and Friends Only

Meeting focus: Discussion meeting This group has resumed in-person meetings.

Glenview Presbyterian Church -Toronto

1 Glenview Avenue Toronto ON M4R1P5 At Yonge Street and Glengrove Avenue, Enter door by church driveway on Glenview, Yonge Street side of the church, take stairs to finished basement. Street parking available on Glenview, parallel to Yonge Street.

