Monday @7:30 PM - Kingston  
Group ID: 16405 (D31) - Al-Anon (in-person) Co-op AFG - Kingston  
Open to: Families and Friends Only  
Meeting focus: Regular  
This group is now meeting in-person.  

St. James Anglican Church  
10 Union Street  
Kingston ON K7L2N7  
At Kingston Centre, wheelchair accessible

Tuesday @7:30 PM - Kingston  
Group ID: 16407 (D31) - Al-Anon (hybrid) Collins Bay Gratitude AFG - Kingston  
Open to: Families and Friends Only  
Group email: tuesday.gratitude.afg@gmail.com  
Meeting focus: Regular  
This group has resumed in-person meetings, with a concurrent online meeting (hybrid). Access the online portion of the meeting directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.  
Meeting ID: 895118639  
Password: 224078

Crossroads United Church  
690 Sir John A. MacDonald Blvd.  
Kingston ON K7M 1A2  
Wheelchair accessible. Side door.

Wednesday @10 AM - Kingston  
Group ID: 49259 (D31) - Al-Anon (hybrid) 12 Step AFG - Kingston  
Open to: Families and Friends Only  
Group email: wedam12step@gmail.com  
Meeting focus: Regular  
Beginner meeting available  
This group has now resumed in-person meeting with a concurrent online meeting. Access the online portion directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.  
Meeting ID: 895118639  
Password: 224078

Edith Rankin United Church  
4080 Bath Road  
Kingston ON K7M 4Y7  
Downstairs, use waterside door & follow signs. Wheelchair access.

O-AC  
Wednesday @7:30 PM - KingstonSydenham Road, North of Highway 401. Enter door off parking lot.  
Wheelchair access.  
Group ID: 52334 (D31) - Al-Anon (in-person) Courage to Heal AFG - Kingston  
Open to: Families, Friends and Observers Welcome  
Meeting focus: Adult Children  
This group has resumed in-person meeting and is no longer on Zoom.  
Masks must be worn at this meeting until further notice

Kingston Standard Church  
1185 Sunnyside Road  
KingstonSydenham Road, North of Highway 401. Enter door off parking lot.  
Wheelchair access. ON K7L 4V4

Thursday @7:30 PM - Kingston  
Group ID: 49140 (D31) - Al-Anon (in-person) Keep it Simple AFG - Kingston  
Open to: Families Friends and Observers Welcome  
Meeting focus: Regular  
This group has resumed in-person meetings.  

St. James Anglican Church  
10 Union Street  
Kingston ON K7L2N7  
At Kingston Centre, wheelchair accessible

Thursday @7:30 PM - Napanee  
Group ID: 16472 (D31) - Al-Anon (in-person) Napanee AFG  
Open to: Families, Friends and Observers Welcome  
Meeting focus: Regular  
This group is now meeting in person.

Trinity United Church  
25 Bridge Street E.  
Napanee ON K7R 1J5  
Enter off John St., go downstairs and ring doorbell. Wheelchair access can be arranged with prior notice.
C
Thursday @7:30 PM - Kingston
Group ID: 30759836 (D31) - Alateen (in-person) One Step at a Time - Kingston
Open to: Families and Friends Only
For age group 7-17 years old.
Meets on the 2nd and 4th Thursdays of the month.
Meets once a month, every 2nd and 4th Thursdays of the month. For more information about this meeting, please send an email to: alateen.district31@gmail.com
St. James Anglican Church
10 Union Street
Kingston ON K7L2N7
At Kingston Centre, wheelchair accessible

O
Saturday @3:00 PM - Kingston
Group ID: 30716974 (D31) - Al-Anon (in-person) We Are Not Alone Women's AFG - Kingston
Open to: Families, Friends and Observers Welcome
Group email:
wanasaturday@gmail.com
Meeting focus: Women
This group has resumed in-person meetings. There is also an electronic component, for which the credentials can be obtained by sending an email to:
wanasaturday@gmail.com
OPSEU Hall Kingston
824 John Counter Blvd.
Kingston ON K7K 2R1
Wheelchair accessible

O = Open (to families and friends of alcoholics and observers)  (AA) = Concurrent AA meeting
C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting
AC = Adult Children (AN) = Concurrent Al-Anon meeting