**C-(AA)** Monday @10:30 AM - Lancaster
Group ID: 31200 (D27) - **Al-Anon (online)** Lancaster Friendship AFG
Open to: Families and Friends Only

Meeting focus: Regular
1st week of the month - speaker or Tradition, 2nd - topic, 3rd - topic, 4th - Step, 5th - topic.
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 79809785855 (alternate: 4728975095)
Password: 2wGviC (alternate: 5f0eNe)

**St Andrew's Presbyterian Church**
4GJ5+FQ South Lancaster, South Glengarry, ON
Lancaster ON K0C1N0
401 exit 814, go south. After Tim Hortons left on Church St., left at Church Hall, park behind church; entrance in back.

**O** Thursday @10:30 AM - Cornwall
Group ID: 16306 (D27) - **Al-Anon (in-person)** New Lease On Life AFG - Cornwall
Open to: Families, Friends and Observers Welcome

Meeting focus: Regular
This meeting is now re-opened. Mandatory health guidelines: contact details recorded, masks, no hugging, no food or drink, no garbage disposal. Use sanitizing wipes to clean surfaces that you touch. Only the East Washroom can be used. Maximum number of participants: 10. Doors closed at 10:30 am or when the maximum number of participants has been reached.

**Trinity United Church**
105 Second Street W.
Cornwall ON K6J 1G9
Enter at the side door, and ring the bell (ignore 'closed' sign on door).
Wheelchair access

**O-(AA)** Thursday @7 PM - Morrisburg
Group ID: 44326 (D27) - **Al-Anon (in-person)** New Hope AFG - Morrisburg
Open to: Families, Friends and Observers Welcome

Meeting focus: Regular
Speaker first meeting of month.
Chairperson's choice second meeting of month. Step meeting third week and Tradition meeting fourth week. Fifth meeting chairpersons choice.
This group has resumed in-person meetings. Proof of 2nd vaccination for Covid-19 is required.

**Lakeshore Drive United Church**
19 Lakeshore Dr.
Morrisburg ON K0C 1X0
Enter Allan Hall on Lakeshore; downstairs basement. Fragrance free.

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**O** Sunday @11 AM - Cornwall
Group ID: 41913 (D27) - **Al-Anon (in-person)** Flight to Freedom AFG - Cornwall
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
This meeting is now re-opened and you are welcome to attend their physical meetings. Doors open at 10:15 AM. Double vaccination mandatory.

**Royal Canadian Legion**
415 Second Street W.
Cornwall ON K6J 1H2

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**O** Tuesday @7 PM - Winchester
Group ID: 16745 (D27) - **Al-Anon (in-person)** Praying Hands AFG - Winchester
Open to: Families, Friends and Observers Welcome

Meeting focus: Regular
This group has resumed in-person meetings.

**Winchester United Church**
519 St. Lawrence Street
Winchester ON K0C2K0
Al-Anon is held downstairs in one of the smaller rooms.

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**O** Sunday @11 AM - Cornwall
Group ID: 41913 (D27) - **Al-Anon (in-person)** Flight to Freedom AFG - Cornwall
Open to: Families Friends and Observers Welcome

Meeting focus: Regular
This meeting is now re-opened and you are welcome to attend their physical meetings. Doors open at 10:15 AM. Double vaccination mandatory.

**Royal Canadian Legion**
415 Second Street W.
Cornwall ON K6J 1H2

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O = Open (to families and friends of alcoholics and observers)  (AA) = Concurrent AA meeting
C = Closed (open to families & friends of alcoholics only)  (AL) = Concurrent Alateen meeting
AC = Adult Children  (AN) = Concurrent Al-Anon meeting

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