

A Little Time for Myself

District 31 Kingston Region

Day of Al Anon 2024

Oct 5, 2024 Registration 8:30 am

Program 9 am- 4 pm

Crossroads Church

690 Sir John A. MacDonald Blvd

Kingston, Ontario

To be environmentally friendly
please bring your own water bottle

The program will include:
Speakers (Al Anon and AA)
a Workshop, and a Skit

A Potluck Lunch will be provided.

