| Date       | Time     | Location                           | Group ID          | Meeting Type                                      | Focus                | Open to                                      | Meeting Email          | Meeting ID   | Password       |
|------------|----------|------------------------------------|-------------------|-------------------------------------------------|----------------------|---------------------------------------------|-------------------------|--------------|----------------|----------------|
| Tuesday    | 7 PM     | Stratford                          | 30831183 (D33)    | Al-Anon (online) Keep It Simple AFG Stratford - Canada | Regular              | Families and Friends Only                 |                          | 3434315187  | 112233         |
| Tuesday    | 7:30 PM  | Woodbridge                         | 501369 (D33)      | Al-Anon (online) Woodbridge AFG - Canada          | Regular              | Families and Friends Only                 |                          | 138 149 538 | Serenity       |
| Thursday   | 7 PM     | Toronto                            | 30838324 (D33)    | Al-Anon (online) Changed Attitudes AFG Toronto - Canada | Regular              | Families and Friends Only                 | Beetleeral@gmail.com    | 416 766 1992 | parkdale       |
| Thursday   | 8 PM     | Suburban West Port Credit AFG - Overlay District | 16469 (D33)      | Al-Anon (online) Suburban West Port Credit AFG - Overlay District | Discussion meeting | Families and Friends Only                 |                          | 813 8769 7701 | 878352         |
| Friday     | 8 PM     | Toronto                            | 30829277 (D33)    | Al-Anon (online) TGIF Online AFG - Canada         | Regular              | Families and Friends Only                 |                          | 833 2245 5459 | 116949         |
| Saturday   | 9:15 AM  | Toronto                            | 30805124 (D33)    | Al-Anon (online) Up and Online AFG - Canada       | Regular              | Families and Friends Only                 | UpAndOnline@gmail.com   | 833 8684 2425 | 915915         |

**Legend:**
- **O** = Open (to families and friends of alcoholics and observers)
- **C** = Closed (open to families & friends of alcoholics only)
- **AC** = Adult Children
- **AA** = Concurrent AA meeting
- **AL** = Concurrent Alateen meeting
- **AN** = Concurrent Al-Anon meeting

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C
Sunday @11 AM - Canada
Group ID: 30838324 (D33) - Al-Anon (online) Changed Attitudes AFG Toronto - Canada
Open to: Families and Friends Only
Group email: parkdalegrouptoronto@gmail.com
Meeting focus: Regular
Access directly with the 'Join with Zoom' button on the meetings page of the Ontario website. Or enter Zoom details manually.

Meeting ID: 416 766 1992
Password: parkdale

Electronic Meeting Ontario South
Not a physical location