


## Alateen meetings

Access to Alateen groups is limited to young people up to the age of 20. Meetings are closed to observers and focus on teenage family members and friends of alcoholics.

(AA) = Concurrent AA meeting  
(AL)= Concurrent Alateen meeting  
(AN) = Concurrent Al-Anon meeting



C   
Monday @7:30 PM - Waterloo  
Group ID: 30617384  
District 4 - Waterloo Region  
**Alateen**  
**(in-person) Monday Night Waterloo**  
**Alateen**  
Open to: Families and Friends Only


Meeting focus: Regular  
This group is meeting in-person. Masks are required.

**St. Columba's Anglican Church - Waterloo**  
250 Lincoln Road  
Waterloo ON N2J 2P5  
At Mayfield. Handicap access

C-(AA)  
Monday @8 PM - Toronto  
Group ID: 30621952  
District 20 - Toronto West  
**Alateen**  
**(in-person) Together We Can Make It**  
**Alateen - Toronto**  
Open to: Families and Friends Only

Meeting focus: Regular  
This group has resumed in-person meetings.

**All Saints Kingsway Anglican Church - Toronto**  
2850 Bloor Street West  
Toronto ON M8X1B2  
Take east exit from Royal York subway, walk 2 blocks east

C   
Tuesday @7 PM - Borden  
Group ID: 30807428  
District 1 - Muskoka  
**Alateen**  
**(in-person) Borden Alateen**  
Open to: Families and Friends Only  
Group email:  
Bordenalateen@gmail.com  
Meeting focus: Regular  
This is a new Alateen group, happening the same day and time as the Angus Love & Hope Al-Anon group (District 1). Children, ages 8-17, who have been affected by another's drinking are welcome.

**Trinity Chapel - Borden**  
499 Dieppe Rd  
Borden ON L0M 1C0  
Walkway to middle door of building.

C-(AN)  
Tuesday @8 PM - Milton  
Group ID: 30766841  
District 17 - Peel, Halton  
**Alateen**  
**(hybrid) Tuesday Night Alateen AFG - Milton**  
Open to: Families and Friends Only

Meeting focus: Regular  
This groups meets online and in person. To obtain details for attending the online meeting, please send an email to: miltonalateen@gmail.com

**Grace Anglican Church - Milton**  
317 Main Street E.  
Milton ON L9T 1P5  
Millside Dr. & Main St.; park at rear, overflow parking across the street.  
Entrance at side door of church-third floor

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C-(AN)  
Wednesday @7 PM - Mississauga  
Group ID: 30519795  
District 16 - Mississauga  
**Alateen**  
**(online) Hope Prevails Alateen - Mississauga**  
Open to: Families and Friends Only

Meeting focus: Regular  
Al-Anon meets at the same time & place.  
Teens interested in attending may send a message to [louiseo56@outlook.com](mailto:louiseo56@outlook.com) to get the zoom link.

**Westminster United Church - Mississauga**  
4094 Tomken Road  
Mississauga ON L4W1J5  
Meeting in basement. Wheelchair accessible. Southwest corner of Tomken & Rathburn.

C   
Thursday @6 PM - Kingston  
Group ID: 30759836  
District 31 -  
Kingston region  
**Alateen**  
**(in-person) One Step at a Time - Kingston**  
Open to: Families and Friends Only

For age group 7-17 years old.  
Meets once a month, every 2nd Thursday of the month. For more information about this meeting, please send an email to: [alateen.district31@gmail.com](mailto:alateen.district31@gmail.com)

**One Roof - Youth Hub - Kingston**  
620 Princess St  
Kingston ON K7L 1E3  
Please follow the path off Princess Street at the right of the Church to in behind the Manse.

C  
Thursday @7 PM - Hamilton  
Group ID: 30727364  
District 14 - Hamilton West  
**Alateen**  
**(in-person) Waytogo Alateen Group - Hamilton**  
Open to: Families and Friends Only

Meeting focus: Regular  
This meeting is re-opened and you are welcome to attend their physical meetings. Masks mandatory. For more information please contact the website at [os.website.a86@gmail.com](mailto:os.website.a86@gmail.com)

**The First Unitarian Church Of Hamilton**  
170 Dundurn Street S.  
Hamilton ON L8P 4K3  
Use main entrance off parking lot

C-(AN)  
Thursday @7:30 PM - Ottawa  
Group ID: 504026  
District 28/29 - Ottawa  
**Alateen**  
**(in-person) Freedom to Choose Serenity Alateen - Ottawa**  
Open to: Families and Friends Only

Meeting focus: Regular  
Meeting open to teens 13-18  
This group has resumed in-person meetings.


**Emmanuel United Church - Ottawa**  
691 Smyth Road  
Ottawa ON K1G 1N7  
Enter by the side door off the parking lot.  
Please ring the bell if you arrive after 7:30

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C-(AA)-(AN)   
Friday @7 PM - Bramalea  
Group ID: 30691934  
District 17 - Peel, Halton  
**Alateen**  
**(online) You Are Not Alone Alateen - Bramalea**  
Open to: Families and Friends Only


Meeting focus: Regular  
Concurrent with Al-Anon Meeting, when meeting physically.  
Please send an email to obtain online meeting details to yanaalateen@gmail.com

**St. Paul's Presbyterian Church - Bramalea**  
723 Balmoral Dr.  
Bramalea ON L6T1X5  
Balmoral Dr. East of Bramalea Rd. 2nd door from street off parking lot, downstairs. Handicap access.

C  
Saturday @10 AM - Kitchener  
Group ID: 65911  
District 4 - Waterloo Region  
**Alateen**  
**(in-person) The Sun Will Come Up Tomorrow Alateen - Kitchener**  
Open to: Families and Friends Only


Meeting focus: Regular  
This meeting is now re-opened and you are welcome to attend their physical meetings. Masks mandatory.

**St. James Rosemount United Church - Kitchener**  
171 Sherwood Avenue  
Kitchener ON N2B 1K2  
Enter main door upstairs. Covid policy in practice. Double vaccination required at this time

C-(AA)-(AN)   
Sunday @7 PM - London  
Group ID: 16430  
District 6 - London Region  
**Alateen**  
**(in-person) Hugs Alateen - London**  
Open to: Families and Friends Only

Meeting focus: Regular

**Good News Church - London**  
476 Clarke Rd  
London  
ON **N5V 2C7**

C   
Sunday @7 PM - Oshawa  
Group ID: 503656  
District 23 - Lakeshore  
**Alateen**  
**(in-person) Whitby Alateen - Oshawa**  
Open to: Families and Friends Only

Meeting focus: Teenagers  
This group has resumed in-person meetings.

**St. Luke's Presbyterian Church - Oshawa**  
333 Rossland Road W  
Oshawa ON L1J3G6  
Enter parking lot from Park Road N.  
Warning, speed bump on the driveway.

At the back of the building, please use lower, right hand side door.

Al-Anon is in the auditorium, at the top of the stairs.

Alateen is downstairs, room #1, first door on your right.