

<b>ONTARIO SOUTH LDC</b> 127 Ford Road Smiths Falls, Ont. K7A 4S4 Office Open Mon-Thur Phone: 613-283-1249 E-mail: os.literature.distribution@gmail.com <b>Make cheques payable to: Ontario South LDC, or email bank transfer. We do not accept credit cards</b>			
<b>TOTAL ORDER</b>  5% HST  <b>Shipping</b> <i>see chart below</i> 13% HST		<b>District and Group # -Required:</b> Group Name City where Group meets: Ship to: Name: Address: City&Province: Postal Code: Phone # and E-mail <b>UPDATED OCT 2023-Please destroy all other order forms</b>	
<b>GRAND TOTAL =</b>			

TOTAL ORDER	SHIPPING	13% HST	
up to \$25.00	15.00	1.95	
\$25.01- \$50	16.00	2.08	5% HST is calculated on the total order only 13% HST is calculated on Postage only refer to chart for correct amount
\$50.01 - \$100	18.00	2.34	
\$100.01-\$150	20.00	2.60	
\$150.01-\$200	23.00	2.99	
\$200.01-\$250	26.00	3.38	
\$250.01-\$300	27.00	3.51	All Al-Anon/Alateen material is a collection of the shared experience, strength, and hope of its members, regardless of race creed, gender, sexual orientation, age, and walks of life.
\$300.01-\$400	32.00	4.16	
\$400.01-\$500	35.00	4.55	
\$500.01-\$750	38.00	4.94	
\$750.01-\$1000	45.00	5.85	
\$1000.01-\$1300	50.00	6.50	Further, it is suggested that members read all material, not only that which focuses on particular situations.
\$1300.01-\$1600	75.00	9.75	
\$1600.01-\$2000	100.00	13.00	

ID #	Quantity	Price	Cost	BOOKS
B-3		13.00		Alateen Hope for Children
B-4		14.50		The Dilemma of the Alcoholic Marriage
B-5		28.00		The Al-Anon Family Groups - Classic Edition
B-6		18.00		One Day at a Time in Al-Anon
B-7		24.50		Lois Remembers
B-8		16.50		Al-Anon's Twelve Steps & Twelve Traditions
B-10		15.75		Alateen A Day At A Time
B-11		18.00		As We Understood...
B-14		22.00		O.D.A.T. - Large Print Edition
B-15		19.25		In All Our Affairs: Making Crises Work for You
B-16		22.00		Courage to Change: O.D.A.T. in Al-Anon II
B-17		26.00		Courage to Change - Large-Print Edition
B-18		36.50		Set: ODAT (B-6) and CTC (B-16)
B-19		44.00		Large Print Set: ODAT & CTC
B-21		24.50		From Survival to Recovery
B-23		18.00		Courage To Be Me Alateen
B-24		28.50		Paths to Recovery: Al-Anon's Steps, Traditions and Concepts
B-26		20.50		Living Today in Alateen
B-27		22.00		Hope for Today
B-28		26.00		Hope for Today - Large-print, Softcover edition
B-29		22.00		Opening Our Hearts... Transforming Our Losses
B-30		22.50		Discovering Choices
B-31		24.50		Many Voices - One Journey
B-32		10.50		How Al-Anon Works for Families & Friends PAPERBACK
B-33		18.00		Intimacy in Alcoholic Relationships NEW
B-34		22.50		A Little Time for Myself
RECOVERY				
P-1		0.60		Al-Anon Is for Men
P-2		0.65		Al-Anon, You & The Alcoholic
P-3		1.50		Alcoholism: A Merry-Go-Round Named Denial
P-4		1.50		Alcoholism: The Family Disease
P-4L		3.00		Alcoholism: The Family Disease - Large Print
P-5		7.00		Blueprint for Progress: 4th Step Inventory
P-6		0.50		Freedom From Despair
P-7		0.65		Guide for the Family of Alcoholics
P-8		1.25		How Can I Help My Children?
P-13		0.50		Purpose & Suggestions
P-14		0.50		So You Love An Alcoholic
P-15		0.60		Three Views of Al-Anon
P-16		1.50		To the Parents
P-17		1.50		Twelve Steps & Traditions
P-19		0.60		What Do You Do About the Alcoholics Drinking
P-31		0.75		Sponsorship: What It's all About
P-32		0.75		This Is Al-Anon
P-33		0.65		Why Anonymity in Al-Anon
P-45		0.60		The Al-Anon Focus
P-47		1.50		Al-Anon Sharings/ Adult Children
P-48		0.50		Understanding Ourselves & Alcoholism
P-49		6.50		Living with Sobriety
P-57		2.00		The Concepts: Al-Anon's Best Kept Secret?
P-60		2.00		12 Traditions Illustrated
P-62		0.60		Does She Drink Too Much?
P-67		0.60		Dear Mom & Dad
P-87		1.00		Al-Anon's Co-Founders
P-91		15.00		Blueprint for Progress: 4th Step Inventory
P-92		20.25		Reaching For Personal Freedom

P-93	19.00	Paths to Recovery workbook
R-18	2.00	REPRINT Parents of Alcoholics
P-34	1.50	Hope & Understanding for Parents and Grandparents NEW
<b>ALATEEN</b>		
P-18	1.50	Alateen 12 Steps & Traditions
P-21	0.75	Youth & the Alcoholic Parent
P-59	1.00	Moving On! From Alateen to Al-Anon
P-64	10.00	Alateen 4th Step Inventory Workbook
P-68	4.00	Alateen Talks Back on Acceptance
P-69	4.00	Alateen Talks Back on Serenity
P-70	4.00	Alateen Talks Back on Slogans
P-73	4.00	Alateen Talks Back on Detachment
M-9	5.00	Do's & Don'ts-Alateen (Packs of 10)
M-11	5.00	Just for Today Wallet Card (Packs of 10)
M-13	5.00	Just for Today Bookmark (Packs of 10)
M-18	5.00	Alateen Program Card (Packs of 10)
S-6	0.50	Daily Checklist of Myself
K-6	12.50	Alateen Discount Package
K-7	19.00	Alateen discount package
K-18	3.00	Alateen Newcomer Packet
M-82	5.00	Alateen Just for Tonight Bookmark (Packs of 10)
<b>GROUP &amp; SERVICE ESSENTIAL MATERIALS</b>		
P-24	1.75	Al-Anon & Alateen Groups at Work
P-24/27	18.00	Manual: Al-Anon/Alateen Service
P-29	0.50	Guide for Sponsors of Alateen
P-35	0.50	Why C.A.L?
P-46	10.00	World Service Conference Summary
P-53	0.65	Al-Anon Spoken Here
P-78	6.50	When I Got Busy, I Got Better
P-88	1.00	Service Sponsorship
M-7	5.00	Al-Anon Basic Program Card (Packs of 10)
M-8	5.00	Let it Begin With Me Declaration Card (Packs of 10)
M-10	5.00	Just For Today Wallet Card (Packs of 10)
M-12	5.00	Just For Today Bookmark (Packs of 10)
M-26	5.00	Serenity Prayer Card (Packs of 10)
M-40	1.50	Al-Anon Spoken Here door hanger
M-75	40.50	Al-Anon Legacy Poster Set
M-78	5.00	Sponsorship – Working Together to Recover (Packs of 10)
M-80	0.50	Alateen Table Card
M-81	5.00	Just for Tonight bookmark (Packs of 10) NEW
S-9	0.65	Anonymity Table Card
S-17	5.00	Are You Troubled By Someone's Drinking? (packs of 10)
S-19	5.00	Detachment (Packs of 10)
S-20	5.00	Was Your Life Affected by Someone Drinking (Packs of 10)
S-21	0.50	The 7th Tradition Suggests
S-24	3.00	Focus/Declaration Table Card
S-25	5.00	Did You Grow Up With a Problem Drinker? (Packs of 10)
S-27	0.50	Alateen Sponsorship, Is It For You?
S-28	0.50	Links of Service
S-27	0.50	Joy of Service
S-71	2.00	Conflict Resolution
S-72	8.00	Conflict Resolution- Using our Traditions
S-73	9.00	Resolving Conflicts Within Al-Anon
K-10	2.25	Newcomer Packet
K-21	4.00	Adult Children Newcomer Packet
K-23	4.00	Men's Newcomer Packet
K-24	4.00	Parent's Newcomer Packet
K-70	17.00	Using Al-Anon Principles To Resolve Conflicts
<b>PUBLIC OUTREACH</b>		
P-36	0.50	Al-Anon Fact File
P-41	0.50	Facts About Alateen
P-81	0.50	What Happens After Treatment?
P-82	0.50	Living in a Shelter?
P-89	0.50	Doubting Your Sanity?
M-1	5.00	Are You Concerned About? (Packs of 10)
M-14	4.50	Logos, Al-Anon (blue) (Packs of 100)
M-15	4.50	Logos, Alateen (red) (Packs of 100)
M-44	5.00	Al-Anon Is & Is Not Bookmark (Packs of 10)
M-76	Free	Outreach Bookmark FREE
S-4	0.50	Information for the Newcomer
S-37	0.50	Fact Sheet for Professionals
S-40	0.50	Attracting and Promoting
S-64	0.50	Information for Educators: Alateen Meetings in Schools
S-65	0.50	Alcoholics, their Families, and the Judicial System
S-67	0.50	Al-Anon Welcomes Native Americans/Aboriginals
S-68	0.50	Al-Anon Welcomes All People of Colour
S-69	0.50	Al-Anon Welcomes Adult Children of Alcoholics
AFA	0.52	Al-Anon Faces Alcoholism (.52 each/minimum order 25)
K-30c	2.50	Professional Kit
<b>TOTAL ORDER</b>		