


Al-Anon Family Groups
Help and hope for families and friends of alcoholics
Ontario South Al-Anon - Alateen

District List

District 1 - Muskoka

Barrie, Borden, Bracebridge, Burk's Falls, Huntsville, Midland, Orillia, Parry Sound, Wasaga Beach

District 2 - Georgian Bay

Collingwood, Dundalk, Owen Sound, Thornbury

District 3 - Bruce County

Hanover, Kincardine, Lucknow, Mount Forest, Port Elgin

District 4 - Waterloo Region

Cambridge, Fergus, Guelph, Kitchener, New Hamburg, Waterloo
www.alanonwaterlooregion.ca

District 5 - Huron Perth

Clinton, Exeter, Goderich, Listowel, St. Marys, Stratford

District 6 - London Region

London, Strathroy
www.london-on-al-anon.org

District 7 - Sarnia region

Brights Grove, Forest, Petrolia, Sarnia

District 8 - Windsor, Essex

Amherstberg, Essex, Harrow, Kingsville, Leamington, Tecumseh, Windsor
www.alanonwindsorsex.com

District 9 - Chatham region

Chatham, Ridgetown, Tilbury, Wallaceburg

District 10 - Elgin region

Ingersoll, Port Rowan, Port Stanley, St. Thomas, Woodstock

District 11 - Brantford

Brantford, Simcoe

District 12 - Niagara region

Dunnville, Niagara Falls, Port Colborne, Ridgeway, Welland

District 13 - St. Catharines

Grimsby, St. Catharines

District 14 - Hamilton West

Burlington, Hamilton, Stoney Creek, Waterdown
www.alanonhamiltonburlington.ca

District 16 - Mississauga

Mississauga, Oakville, Port Credit

District 17 - Peel, Halton

Acton, Bolton, Bramalea, Brampton, Georgetown, Milton, Nobleton, Woodbridge

District 18 - GTA North

Aurora, Beaverton, Bradford, Keswick, King City, Newmarket, Orangeville, Stouffville

District 19 - Toronto North

Don Mills, Richmond Hill, Thornhill, Toronto

District 20 - Toronto West

Etobicoke, Toronto, York

District 21 - Toronto Central

Toronto

District 22 - Scarborough

Agincourt, Markham, Scarborough, Unionville

District 23 - Lakeshore

Ajax, Bowmanville, Oshawa, Pickering, Port Perry, Toronto, Whitby

District 24 - Kawartha

Bobcaygeon, Fenelon Falls, Haliburton, Lindsay, Minden

District 25 - Quinte

Belleville, Cobourg, Foxboro, Picton, Stirling, Trenton
<https://www.al-anon-quinte.ca>

District 26 - St. Lawrence

Brockville, Carleton Place, Gananoque, Kemptonville, Perth, Smiths Falls

District 27 - Seaway Valley

Cornwall, Lancaster, Morrisburg, Winchester

District 28/29 - Ottawa

Arnprior, Gatineau, Kanata, Metcalfe, Nepean, Ottawa
www.al-anon-ottawa.ca

District 30 - Ottawa Valley

Barry's Bay, Deep River, Pembroke, Renfrew, St Joseph's

District 31 -

Kingston region

Loyalist

Enterprise, Kingston, Napanee

District 32 - Kawartha South

Peterborough
