


Al-Anon Family Groups
Help and hope for families and friends of alcoholics
Ontario South Al-Anon - Alateen

District List

District 1 - Muskoka

Angus, Barrie, Bracebridge,
Huntsville, Innisfil, Midland, Orillia,
Parry Sound, Sprucedale, Wasaga
Beach

District 2 - Georgian Bay

Collingwood, Dundalk, Owen
Sound, Lions Head, Thornbury

District 3 - Bruce County

Hanover, Kincardine, Port Elgin,
Southampton

District 4 - Waterloo Region

Cambridge, Elmira, Fergus, Guelph,
Kitchener, New Hamburg,
Rockwood, Waterloo
www.alanonwaterlooregion.ca

District 5 - Huron Perth

Clinton, Exeter, Goderich, Listowel,
St. Marys, Stratford

District 6 - London Region

London, Strathroy
www.london-on-al-anon.org

District 7 - Sarnia region

Bright's Grove, Forest, Petrolia,
Sarnia

District 8 - Windsor, Essex

Amherstburg, Essex, Harrow,
Kingsville, LaSalle, Leamington,
Windsor
www.alanonwindsorsex.com

District 9 - Chatham region

Chatham, Ridgeway, Wallaceburg,
Tilbury

District 10 - Elgin region

Ingersoll, Port Stanley, Port Rowan,
St. Thomas, Tillsonburg, Woodstock

District 11 - Brantford

Brantford, Simcoe

District 12 - Niagara region

Dunnville, Niagara Falls, Port
Colborne, Ridgeway, Welland

District 13 - St. Catharines

Grimsby, St. Catharines

District 14 - Hamilton West

Hamilton, Burlington, Stoney Creek,
Waterdown (Amalgamated with
District 15)
www.alanonhamiltonburlington.ca

District 16 - Mississauga

Mississauga, Oakville, Port Credit

District 17 - Peel, Halton

Acton, Bolton, Bramalea, Brampton,
Erin, Georgetown, Milton,
Woodbridge

District 18 - GTA North

Aurora, Beaverton, Bradford,
Keswick, King City, Newmarket,
Orangeville, Stouffville, Sutton
West, Tottenham

District 19 - Toronto North

Don Mills, Richmond Hill, Thornhill,
Toronto, Willowdale

District 20 - Toronto West

Etobicoke, Toronto, Weston

District 21 - Toronto Central

Toronto

District 22 - Scarborough

Agincourt, Markham, Scarborough,
Toronto, Unionville

District 23 - Lakeshore

Ajax, Bowmanville, Orono, Oshawa,
Pickering, Port Perry, Whitby

District 24 - Kawartha

Bancroft, Bobcaygeon, Fenelon
Falls, Haliburton, Lindsay,
Maynooth, Minden, Oakwood,
Omeme

District 25 - Quinte

Belleville, Campbellford, Cobourg,
Foxboro, Picton, Stirling, Trenton
<https://www.al-anon-quinte.ca>

District 26 - St. Lawrence

Brockville, Carleton Place,
Kemptville, Perth, Smiths Falls,
Westport

District 27 - Seaway Valley

Cornwall, Lancaster, Morrisburg,
Winchester

District 28/29 - Ottawa

Ottawa, Arnprior
www.al-anon-ottawa.ca

District 30 - Ottawa Valley

Barry's Bay, Cobden, Pembroke,
Renfrew, St. Joseph, Quebec

District 31 - Loyalist

Cloyne, Collins Bay, Enterprise,
Kingston, Napanee

District 32 - Kawartha South

Ennismore, Norwood, Peterborough
