




C  
Monday @9:30 AM - Oshawa  
 Group ID: 43568 - **AI-Anon**  
**(elec) Morning Glory AFG - Oshawa**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 377 745 7527  
 Password: Serenity  
 Group focus: Regular  
 Beginners meeting available.

**Glen Stewart Club House**  
 201 Cabot Street  
 Oshawa ON L1J 5S2

C   
Monday @7:30 PM - Port Perry  
 Group ID: 24446 - **AI-Anon**  
**(elec) Just For Today AFG - Port Perry**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 83058183799  
 Password: Serenity  
 Group focus: Regular

**Port Perry United Church**  
 294 Queen Street  
 Port Perry ON L9L 1B2  
 Use entrance on Simcoe St.; downstairs in Centennial Room. Handicap access.

C  
Tuesday @6:30 PM - Pickering  
 Group ID: 30613825 - **AI-Anon**  
**(elec) Pathways To Recovery AFG - Pickering**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 107526408  
 Password: Serenity


Beginners are welcome. You will be taken a side by a seasoned member who will explain our format and some general Alanon guidelines as well as provide you with a welcome package  
 Group focus: Book study group  
 1st Tuesday - Topic Meeting  
 2nd Tuesday Book reading and sharing  
 3rd Tuesday Concept from Paths to Recovery Book  
 4th Tuesday - book and sharing  
 5th Tuesday (if there is one) Book and

C  
Tuesday @7 PM - Oshawa  
 Group ID: 42253 - **AI-Anon**  
**(TC) Traditions AFG - Oshawa**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular

**St. Luke's Presbyterian Church**  
 333 Rossland Road W  
 Oshawa ON L1J3G6

C  
Tuesday @8 PM - Ajax  
 Group ID: 16555 - **AI-Anon**  
**(elec) New Hope Pickering AFG - Ajax**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 7138734869  
 Password: 744863  
 Group focus: Regular

**Pickering Village United Church**  
 300 Church Street N.  
 Ajax ON L1T 2W7  
 South door facing parking lot.

C   
Wednesday @12:30 PM - Oshawa  
 Group ID: 54231 - **AI-Anon**  
**(TC) Happiness Within AFG - Oshawa**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular  
 Discussion, 12 Steps & 12 Traditions.  
 Beginners Meeting. Young mothers with babies welcome

**Glen Stewart Club House**  
 201 Cabot Street  
 Oshawa ON L1J 5S2

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting  
 C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting  
 AC = Adult Children (AN) = Concurrent AI-Anon meeting




C  
Wednesday @7:30 PM - Brooklin  
 Group ID: 30590505 - **Al-Anon**  
**(elec) Brooklin New Beginnings AFG**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 82622458926  
 Password: 350963  
 Group focus: Regular


**Reascent Centre**  
 90 Colston Avenue  
 Brooklin ON L1M1C1

C  
Thursday @10 AM - Oshawa  
 Group ID: 30623776 - **Al-Anon**  
**(elec) Let It Begin With Me AFG - Oshawa**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 241888556  
 Password: 061896  
 Group focus: Book study group  
 Book Study Group


**Alano Club**  
 200 Thornton Road North  
 Oshawa ON L1J 6T8  
 Rear Entrance

C   
Thursday @7:30 PM - Bowmanville  
 Group ID: 48166 - **Al-Anon**  
**(elec) Bowmanville Serenity AFG**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 84319107363  
 Password: 446987  
 Group focus: Discussion meeting

**Salvation Army Church**  
 75 Liberty Street S.  
 Bowmanville ON L1C 2N8  
 Wheelchair accessible.

C   
Saturday @10 AM - Whitby  
 Group ID: 30732495 - **Al-Anon**  
**(elec) Peace and Serenity - Whitby**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 241888556  
 Password: 061896  
 Group focus: Regular  
 week 1 - step study  
 week 2 - tradition study  
 week 3 - concept study  
 week 4 - topic  
 week 5 - speaker meeting - Open Meeting

**Whitby Baptist Church**  
 411 Gilbert St., E.  
 Whitby ON L1N 1R6  
 Enter through back door and follow the signs. Wheelchair accessible.

C   
Sunday @7 pm - Oshawa  
 Group ID: 30548623 - **Al-Anon**  
**(elec) YANA (You Are Not Alone) AFG - Oshawa**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 334273996  
 Password: 730064  
 Group focus: Regular  
 1st Week Step, 2nd Week Tradition, 3rd Week Concept, 4th Week Topic, 5th Week speaker.

**St. Stephen's United Church**  
 1360 Simcoe Street N.  
 Oshawa ON  
 Corner of Simcoe St. N. and Taunton Rd., across from McDonald's.  
 Wheelchair accessible.

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