

# ONTARIO SOUTH AL-ANON/ALATEEN

## *Trillium Convention 2023*

### *“We Are No Longer Alone”*

June 9 - 11, 2023

Durham College/UOIT Campus, Oshawa Ontario

#### Trillium 2023 Convention Schedule

**FRIDAY - Registration Opens 3:15 - 7:00, South Village Residence Lobby**

TIME	ROOM	AL-ANON	ALATEEN	AA
4:00 - 5:00	<b>Al-Anon:</b> UA 1220 <b>Alateen:</b> 3130	Early Bird Meeting/Workshop Topic: One Track, Two Rails - In Person/Zoom Speaker/Facilitator: Jason W., Ottawa (OSA Executive Liaison)	Introductions and Rules	
5:00 - 6:45		DINNER ON YOUR OWN	DINNER WITH FRIENDS/FAMILY	DINNER ON YOUR OWN
7:00 - 9:45	UA 1350, The Dr. Peter Zakarow Auditorium  <b>Alateen:</b> 3130	Conference Opening Welcome: Jo-Anne G., Ottawa, Trillium Chair 2023 Voice of the Conference: Greg M., Toronto (Communications) Chair: Rick J., Oakville (Al-Anon Program)  Al-Anon Speaker: Tina H., St. Louis, MO  Break 15 minutes  AA Speaker: Mildred F., Toronto	Arts & Crafts, Games, Chatting	Conference Opening Welcome: Jo-Anne G., Ottawa Trillium Chair 2023 Voice of the Conference: Greg M., Toronto Chair: Rick J., - Oakville  Al-Anon Speaker: Tina H., St. Louis, MO Break 15 minutes  AA Speaker: Mildred F., Toronto
10:00 - ?	Varsity Lounge (side of dining room)  1st Floor Multipurpose Room	Discussion Meeting Leader: Jacqui S., London  Fellowship		

# Trillium 2023 Convention Schedule

## SATURDAY - Registration Opens 7:30 - 12:00, South Village Residence Lobby

TIME	ROOM	AL-ANON	ALATEEN	AA
7:00 - 7:30	Varsity Lounge (side of dining room)	Morning Meditation ( <i>please bring notepad and pen</i> ) Leader: Barb S., Brampton		
7:30 - 8:45	South Village Residence Dining Hall	BREAKFAST	BREAKFAST	BREAKFAST
9:00 - 10:00	<b>Al-Anon:</b> UA 1120 <b>Alateen:</b> 3130 <b>AA:</b> 3140	Workshop Chair: Louise G., Collingwood Topic: Sponsorship Speaker: Kathy H., Cincinnati, OH	Review Rules Closed Meeting Topic: "My Best Thinking Brought Me Here"	Closed Meeting: "Living in AA Over The Decades" Chair: <b>TBA</b> Speaker: Cheryl F., King City
9:00 - 10:00	UA 1140	Panel - "The Long & Short of It (Longtimer/Newcomer)" Chair: Deborah F., Courtice Speaker: Erin D., Mississauga Speaker: Carol L., Cobourg		
10:15 - 11:15	<b>Al-Anon:</b> UA 1120 <b>Alateen:</b> 3130 <b>AA:</b> 3140	Workshop Chair: Lise W., Oakville Topic: Forgiveness Speakers: Bill H. & Tina H., St. Louis, MO	Closed Meeting Topic: "Identify Through Similarities"	Closed Meeting: "We Are No Longer Alone" Chair: <b>TBA</b> Speaker: Ali H., Markham
10:15 - 11:15	UA 1140	Panel - "Personal Growth Through Service" Chair: Jane H., Whitby (Venue) Speaker: Niko D., Toronto Speaker: Barb B., Ottawa		
11:30 - 12:30	UA 1350, The Dr. Peter Zakarow Auditorium		Main Alateen Speaker Voice: Greg M. Chair: Judith W., Toronto (Alateen Program) Speaker: Reece H. (they/them), St. Clair Shores, MI	
12:45 - 2:00	South Village Residence Dining Hall	LUNCH	LUNCH	LUNCH
2:15 - 3:30	UA 1350, The Dr. Peter Zakarow Auditorium			Main AA Speaker Chair: George H., Nobleton (AA) Speaker: Bill H., St. Louis, MO
3:45 - 4:45	<b>Al-Anon:</b> UA 1120 <b>Alateen:</b> 3130 <b>AA:</b> 3140	Panel - "I Am My Own Qualifier" Chair: Chrisann R., Ottawa (Secretary) Speaker: Angela V., Guelph Speaker: Steve H., Mississauga	Open Meeting Topic: "I Am No Longer Alone"	Closing AA Talk Chair: <b>TBA</b> Speaker: Olaf S., Toronto
3:45 - 4:45	<b>Al-Anon:</b> UA 1140 <b>Alateen:</b> 3130	Panel - "What Are The Principles We Practice In All Our Affairs?" Chair: Christina L., Wallaceburg (Registration) Speaker: Fred R., Orillia Speaker: Michelle D., Ottawa	Open Meeting Topic: "Hugs For Healing" Pizza Dinner until 7:15 (in the Alateen room)	
5:15 - 6:30	South Village Residence Dining Hall	DINNER	DINNER	DINNER
7:30 - 9:15	UA 1350, The Dr. Peter Zakarow Auditorium	Main Alanon Speaker / Countdown / Committee Introductions Voice: Greg M. Chair: Jo-Anne G., Ottawa, Trillium Chair 2023 Speaker: Kathy H., Cincinnati, OH		
9:45 - ?	Varsity Lounge (side of dining room)  1st Floor Multipurpose Room	Birthday Meeting ( <i>bring a CAL daily reader</i> ) Leader: Paul K., Sutton  Fellowship		

# Trillium 2023 Convention Schedule

## SUNDAY

TIME	ROOM	AL-ANON	ALATEEN	AA
8:00 - 8:30	Varsity Lounge (side of dining room)	Morning Meditation ( <i>please bring notepad and pen</i> ) Leader: Barb S., Brampton		
8:30 - 9:30	South Village Residence Dining Hall	BREAKFAST	BREAKFAST	BREAKFAST
10:00 - 11:15	<b>Alanon:</b> UA 1140 <b>Alateen:</b> 3130	Closing Panel - "All In The Family - Spiritual Gifts" Voice: Greg M. Chair: Monique R., Bath, Trillium Chair 2024 Speaker: Linda P., Smith Falls Speaker: Louise McF., Scarborough	Closed Meeting Topic: "Highlights Of The Weekend"	