

## *AAPP Report*

*All SAM's must be recertified this year with a Police Records Check by June 30th. All paperwork must be received by mid-June. If a letter is required for the police department (except Toronto), please contact Deb C.*

*I will send an email with a list of all SAM's in the district which have not provided their forms.*

*In Service,*

## AWSC 2016 Forum Report (Oral) – power point

### 1. Introduction

Home group is ODAT AFG in London

Sue

As you Alternate Delegate for Area 86. I am also your Forum Coordinator.

### 2. As DRs you are encouraged to remind your GRs that they are the Forum's representative for their group.

### 3. How to have a Forum Workshop?

◆Find someone to facilitate or chair the workshop

◆Choose a date

-Perhaps the workshop could be incorporated with another event a District meeting, or your Al-Anon

◆Refer to the Writing Guideline (F-1)

◆Be creative and have fun

#### 4. Ontario South – Members share

◆At the Forum display table at the back is a binder containing Forum sharing from members of Ontario south, Area 86

◆Please ask members of your district to notify me if and when they have a sharing in the Forum so we can add it to the binder

◆Thank you to our previous Alternate Delegate for setting up this binder

#### 5. Forum Subscriptions\_MAR2016

	Dec. 2015	Mar. 2016
Total number subscriptions mailed:	19,464	19,690
Total number of Al-Anon Groups:	14.044	14,140
Total number of groups in Ontario	389	389
Total number of subscriptions in Ont.	343	334

These numbers do not include the free Forums that were sent to groups

#### ***Ontario South LDC Report: First Quarter REPORT 2016:***

The financial reports are included for the first quarter along with comparative reports.

##### **Literature sales:**

Total sales as of March 31<sup>st</sup> were \$23,281.35 which is 5.7% less than 2015.

##### **US exchange rate:**

The average exchange rate for this period 29.4 % compared to 11.62% for the same period in 2015. This is an increase of 17.78%

**Net Income:**

The net loss is \$5,069.39, compared to net income of \$2,087.81 in 2015.

**Expenses:**

The operational costs are up due to the purchase of toner and paper this quarter.

**Accounts receivable:**

The receivables reflect an outstanding consignment order.

**Consignments:**

To date, we have had 2 consignment orders.

**Volunteers:**

I am fortunate to have the same volunteer that usually comes once a week.

The sales and the cost for the literature are almost the same. The increased exchange rate, without increasing the cost of literature is resulting in a loss situation at the LDC.  
LDC Manager

## Open Lines Coordinator Report for AWSC 2016

2016 has been much better for me personally. I am happy to relate that the surgery I was facing last fall happened January 15 and the surgeon just recently told me that everything was a success. Obvious to me is my Higher Power still has things for me to accomplish.

At last year's assembly, I asked for some input on the newsletter itself. I did get some replies, but not a lot of feedback. Again, I am asking for some guidance what people expect of the area newsletter.

The other issue that has come up is whether it is allowable to simply send the newsletter electronically to any member that provides an email. Subscriptions would continue only for printed copies. If this needs to go before the executive, please consider this my official request to have the changes considered. If it is OK to discuss at AWSC, I can expand on this issue to give some background, again, dependant on the executive's wishes.

Yours in Service;

May 2016

Public Outreach Coordinator Report to AWSC,

As I sit down to write this report I am fresh off an Al-Anon Day celebration. I have attended a few districts that are having meetings to celebrate 65 years of Al-Anon and I am getting information from other districts that are planning celebrations in the coming months.

I had the rare privilege of spending some time talking to two amazing Alateens. They are grateful and enthusiastic about their Alateen journey of recovery and where recovery will continue to take them. They expressed concern about low numbers. One often finds herself alone or with only one other teen at a meeting. I asked them what they think we could be doing. They said they would think about it and get back to me. That is a good start and I look forward to their ideas. After all, they are the experts.

I have been receiving and sharing information from World Service. They work so hard to provide us with information and support. Most recently the message has been around World Day of Recovery.

I am excited to report that there is more interest and focus on this opportunity to carry the Al-Anon message this year. More districts are getting involved in Recovery Day events in their area.

Recently there are two districts that have reinstated Public Outreach meetings and they are so enthusiastic. I am excited for them and look forward to seeing them grow. It only takes one person to bring about change.

Thank you to the Districts and Public Outreach Committees who send me their meeting minutes. I admit that I don't read them right away, but I do read all of them. Groups are busy reaching out to their communities' and carrying the message of Recovery, the message of Hope and the message of Unity. We are not alone !

Bus signs are going up. Posters are being created. Business cards are being printed. Phone answering services are active. Meeting lists are being distributed and Al-Anon Faces Alcoholism magazines are being left indiscriminately and with purpose all over Area 86. Professionals are receiving literature and open Speaker Meetings continue to welcome the public and share Al-Anon's message of Experience Strength and Hope. Area 86 Al-Anon is Strong. Our Higher Power is Loving and Provides. There are great minds, creative minds and dedicated members in service.

After these 65 Years - We have a lot to celebrate ! And more work to do... and together we will.

### **GROUP RECORDS REPORT – AWSC – 2016**

Happy Spring! It's finally here! Green grass and tulips galore!

Hello, I'm your Group Records Coordinator, and my name is Joan Toupin. My District is #27 and my home group is the New Hope Al-Anon Family Group in Morrisburg, Ontario. We have a

great group and we love to hug at our meetings. In fact, it's the first thing we do before our meeting begins.

The last year and a half have been a struggle, but I'm coping. There are so many new things that I have encountered in this job. Sometimes I don't know which way is up, but I'm a work in progress. I have gained serenity in my position in the last 3 months, and I know more is coming as I enter into the CAPABLE year of my 3-year stint with Area 86.

WSO has sent me a tutorial video of what Group Records entails. I like it!! It never hurts to get the facts straight for all of my Al-Anon friends.

Some districts are sending their Group Records/Change Registration Forms (GR-1) directly to WSO. This causes me pain, because the Ontario South Group records never get changed. Please send the Group Records Registration Change Form that is available on our website. It is more lengthy, but it helps me tremendously.

More will come when I give my verbal report at AWSC. Until then, keep smiling, One Day At A Time.

Blessings in service,

O.S. Group Records Coordinator

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#### Archives Coordinator Report – AWSC MAY 2016

I have really enjoyed being the Archives Coordinator. I have had a great time over the year attending a few events and setting up Archives display.

I was looking forward to setting up an Archives display at Trillium but because of work I arrived too late on the Friday and on Saturday I got busy attending/listening to speakers. But, there will be other opportunities.

I have had a few requests regarding group histories and it has been really interesting looking into these and reading about how groups were established.

My work schedule has kept me traveling a lot so I have not had a lot of time this year to go through the bins as much as I would have liked.

Yours in Service,

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#### Alateen Coordinator's Report & OSSAC Report

**ORC**

There was a great Alateen program at ORC this year. They need a SAM to shadow(2017 SAM for ORC) so that there will be a 2018 ORC SAM. If anyone is interested, please let me know and I will pass on the info. Two Alateens have stepped up for the 2017 ORC and 2018 ORC. An Alateen Advisory Committee(OSAAC) was formed at ORC and the minutes for that meeting were passed to the executive committee.

### **Trillium**

The Alateen program was great at Trillium and I received a lot of positive feedback from the Alateens that attended.

There was an OSAAC meeting at Trillium however only 3 SAMs (including myself) showed up. The meeting was not attended by any Alateens and the OSAAC chair was unable to attend Trillium.

SAM's meeting at Trillium – The SAMS meeting was informal and we discussed ideas of how to increase interest/attendance in Alateen. Here are some suggestions that were made:

- 1) Announcing nearest Alateen meeting at Al-Anon meetings
- 2) Asking the AA meetings to announce the Alateen meetings
- 3) Have the Alateen Table Card (M-80) out at meetings – it reminds Al-Anon members that Alateen is available
- 4) Getting an Alateen speaker to speak at Al-Anon & AA events.
- 5) Asking AA world service to encourage their members to be supportive of Alateen by allowing Alateen literature to be available at AA meetings.
- 6) Using Alateen literature as a meeting topic in an Al-anon meeting
- 7) Asking newcomers if they have children and providing them with Alateen info with their newcomers' package
- 8) Having Alateen meetings that are less structured while still maintaining the principles of the program.
- 9) Encouraging the Alateens to have more say in their meeting structure because it is their meeting.

### **OSAAC Finances:**

The bank balance \$5,046.49. It is a no fee account. (no debits or credits in 2016)

### **Unity**

Unity is an Alateen conference put on by Alateens for Alateens. No bids were submitted in 2015 and so far no bids have been submitted in 2016. There was some interest expressed at the OSAAC meeting in March at ORC but nothing has been submitted yet. Unity is a very important event for Alateens. Please bring this back to your groups and ask your area to consider putting in a bid for Unity. Yours in Service

Contact me if you have any concerns or questions or if you need a speaker.

## Al-Anon Information Service Ottawa

There's been a lot going on in Ottawa since our last report in October. We currently have approximately ten members participating at the AIS table in Ottawa. Chairperson, Alternate District Rep, Secretary, Treasurer/Web Site developer, Web Site Coordinator, Literature Coordinator, Telephone Answering Service Coordinator, Royal Ottawa Coordinator, Ottawa email responder, Alternate Group reps and members at large. All of our service positions are filled.

Our coordinated presence at the Royal Ottawa Hospital is one of providing two Al-Anon or Adult Children of Alcoholic members to share Experience, Strength and hope at the Substance Use and Concurrent Disorders in house program one Thursday night per month.

Our Telephone Answering Service coordinator provides guidance, support and members to answer phone calls. There are two shifts per day, seven days per week. This year our Coordinator has been able to have most, if not all shifts covered. A challenging job at the best of times.

Our projects this past year have been numerous as well.

- 1) We participated at a Health and Wellness Fair at Canada Revenue Agency (CRA). In fact we found out that our presence was requested by the employees.
- 2) Ottawa AIS is set to launch our new and improved web site, after many years of talking about it.
- 3) We have a new Al-Anon bus poster up and running as of May first, as well as an Alateen poster.
- 4) We had business cards made with AIS Ottawa's contact information on it for members to hand out. They also work well for providing a new comer with a name and phone number.
- 5) Ottawa Carleton District School Board (OCDSB) has a program at two of their high needs high schools where free space is provided for non profit organizations and we have been invited to use the space. We are currently discussing what and how we will do that.

In September Ottawa is having another Day of Recovery event, and Al-Anon has been invited to have a presence. This will be the city's third year and ours as well. Attendance is good and District 28 has members willing to participate through out the day.

We've also contacted the Ottawa Chief of Police asking to speak to Police Officers about Al-Anon, using the idea that AIS Toronto has done. The request was passed on to his events person and to date there has been no follow up.

AIS Ottawa is healthy and productive after a slow start last year, and we continue to try to get the word of Al-Anon out to the public.



## **Website co-ordinator's report to AWSC – May 2016**

I'm Jason W., your website co-ordinator since January 2015.

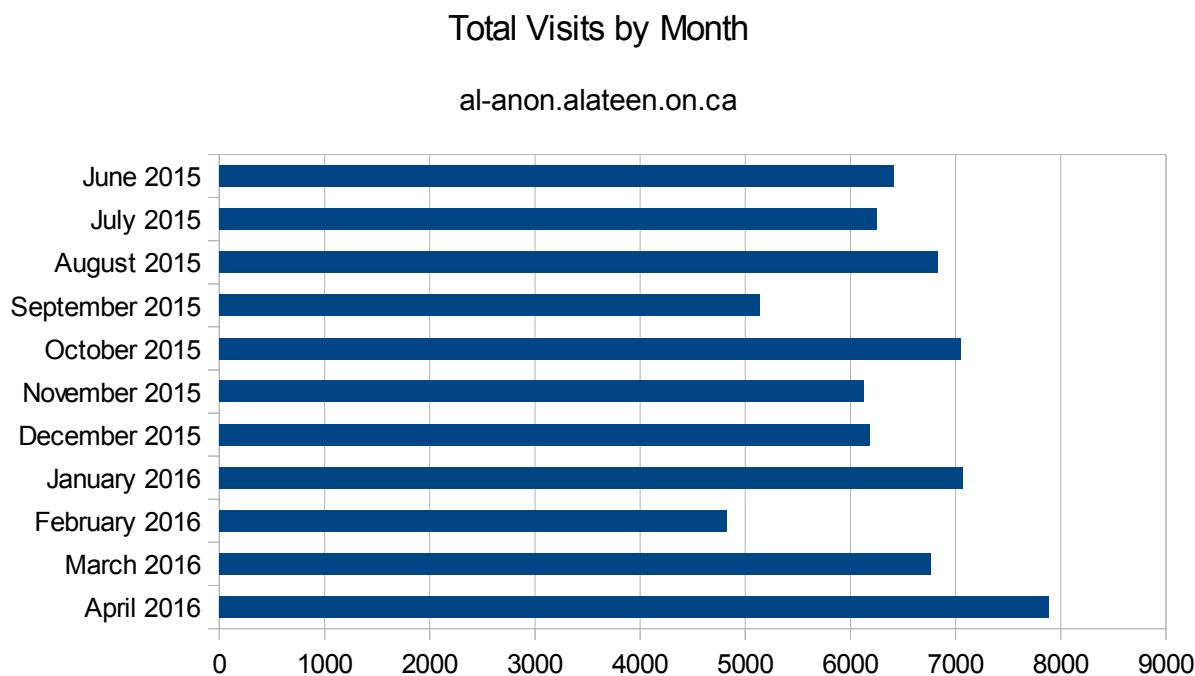
Thank you to everyone who's been keeping Group Records up-to-date with information about your meetings; that information about the times and locations of your groups makes sure the website has the most accurate information available for members and potential newcomers.

The meeting lists are one of the main reasons people use our website. After the home page, the three most-frequently-visited areas of our website are:

1. Meetings lists
2. Upcoming events
3. Trillium page

Thank you to everyone who's used the events form on the site to submit your group anniversaries, roundups, Al-Anon Days, etc. Flyers are always welcome, but please remember that *if you have a flyer, a PDF is best.*

Please submit your event at least two weeks before the date to ensure enough time for it to get added to the site and for members to see it.



Our website has a typical traffic pattern by time-of-day, and has seen the number of visits hold steady year-over-year, with the exception of April 2016; an increase in traffic made it the month with the most visits to our site since January 2015.

While there have been no major overhauls to the site, there have been a series of smaller projects and changes in the past year. Among the highlights:

- re-designed Delegate's Corner and new Delegate's Archives
- changes to the Upcoming Events form
- re-write of and updates to GTAIS page
- changes to main Meetings page (temporary closures section only appears when there is at least one)

Finally, please let me know if something isn't working or you see something that's not right on the website. I can be reached by e-mail at [ontariosouthwebsitecoordinator@outlook.com](mailto:ontariosouthwebsitecoordinator@outlook.com).

Yours in Service,  
Jason W.,  
Ontario South Website Co-ordinator

# Navigating the Al-Anon World Service Office website

For written sharings

[www.al-anon.alateen.org/](http://www.al-anon.alateen.org/) → Member's Site

site search

Home About Group Meetings Find a Meeting How Al-Anon Works for Me For Professionals Alateen—for teens Media Al-Anon Literature Members' Site

How do you know if you have been affected by someone's problem drinking?

How does Al-Anon Work?

What do healthcare professionals say about Al-Anon?

Friends and families of problem drinkers find understanding and support at Al-Anon and Alateen meetings.

What do healthcare professionals say about Al-Anon?

The Al-Anon program complements other forms of therapy and treatment.

More...

How can I help my problem drinker quit drinking?

How does Al-Anon Work?

How can I find a meeting?

What do healthcare professionals say about Al-Anon?

Using Al-Anon's Steps in Our Personal Lives

Member's Site ➔ Send Your Sharing

# Al-Anon/Alateen Members

[Homepage](#)

The Members' Web site contains information on numerous topics. Frequently viewed topics include the following:

<a href="#">2014-2017 Al-Anon/Alateen Service Manual</a>	<a href="#">Financial Information</a>
<a href="#">Al-Anon and Alateen Groups at Work (P24)</a>	<a href="#">Featured publications</a>
<a href="#">Al-Anon Faces Alcoholism</a>	<a href="#">Group e-New</a>
<a href="#">Alateen Participation in Events</a>	<a href="#">Group Registration/Update form</a>
<a href="#">Alateen Service e-Manual</a>	<a href="#">Guidelines and other service tools</a>
<a href="#">Area Highlights</a>	<a href="#">Public Cearch</a>
<a href="#">Blogs and Podcasts</a>	<a href="#">Send your sharing</a>
<a href="#">Board of Trustees</a>	<a href="#">Sponsorship</a>
<a href="#">Copyrights and trademarks</a>	<a href="#">Surveys</a>
<a href="#">Events and Conventions</a>	<a href="#">World Service Conference Summary</a>
	<a href="#">WSO Employment opportunities</a>



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# Al-Anon/Alateen Members

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This is a password protected site for Al-Anon and Alateen members. Please enter the name of your home group followed by "afg" in the password box.

 Password

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You are here: [Home](#) / Send Your Sharing - Feature Publication Link

**Send Your Sharing**

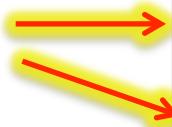
 



*The Forum*  
[Alateen Talk](#)  
[Al-Anon Faces Alcoholism](#)

**Upcoming projects**

• [NEW DAILY READER \(working title\)](#)  
• [INTIMACY IN ALCOHOLIC RELATIONSHIPS \(working title\)](#)  
• [PARENTS AND GRANDPARENTS OF YOUNG PROBLEM DRINKERS \(working title\)](#)



## **DISTRICT 10**

My district encompasses seven Alanon meetings and two Alateen meetings. We are very lucky to have two meetings in St.Thomas, one in Port Stanley, another in Port Rowan, one in Tilsonburg, one in Woodstock and another in Ingersoll each and every week. Our Alateen meetings are in St. Thomas and Woodstock/Ingersoll and although they are scarcely attended, our hero SAM's are there each and every week to welcome whomever should show up. The Golden Acres Alanon Family Group is the oldest Alanon group in Southern Ontario – we just celebrated 55 years of recovery in Alanon.

Our district is quite active – we have speaker meetings put on by District 10 each and every month in Port Stanley. We choose a group each month and that group only is responsible to invite a speaker, provide snacks and drinks for the social afterwards. It has been very successful and we have been doing this for about a year. It encourages our members to speak in an environment where they are comfortable, they know the audience and all their alanon friends are there to support them. Port Stanley group have been struggling with low attendance for quite sometime and the creation of the District Speaker meetings have kept the group alive. There could be up to 50 people attend on any given speaker evening – no problem with attendance on District Speaker Evening !

Our last District Speaker Evening was combined by Alanon's 65<sup>th</sup> Anniversary Celebrations – it was an extremely successful evening.

District 10 tries to involve all groups into district service work – we do this by traveling to a different group, in a different community each and every month and have that group host the district meeting – this enables and encourages all their group members to attend the district meeting and see service in action. We encourage those people who show up to take service positions within their group and hopefully become a member of district when they are ready.

This past year we had two groups without Group Representatives for quite some time. We decided to attend a meeting at their groups and after our usual district meeting, a member of district 10 would chair the meeting and the topic would be Service, conversation about the positions available, details about the duties of the vacant positions, etc. were discussed. These meetings were quite successful.

Our district is presently organizing a pancake breakfast on a Saturday morning where we will host a writing workshop. The sharings will then be sent to the World Service Office for publication in the Forum, new literature or to use as they see fit. We are quite excited about the possibilities in putting off such an event. Of course, you are all welcome to attend – we would love to see you attend an activity in DISTRICT 10.

## **District 6 London and Area Report for AWSC**

Hello from District 6. We currently have 18 Al-Anon Family groups, 2 Alateen and 2 institutional. Our district meetings are held monthly and are well attended.

### **2014-2015**

Early 2014 we took a district inventory, some of our findings from that inventory were “what is service” and “change location of district meetings”

In response to the inventory we hosted a workshop on Joy of Service in August 2014. An invitation was sent out to other districts. There was a number of attendees from 4 or 5 other districts.

We formed a task force to look into other venues for our district meetings. This presented challenges based on requirements, cost and availability. With the help of our Higher Power we found a new location and started attending in September 2015. If one word could express the change, it would be SERENITY.

May 2015 we celebrated our 40<sup>th</sup> annual Al-Anon Day, thank you to all who attended.

October 2015 we were selected as the host committee for Assembly 2016. There is much excitement in our district to have this opportunity.

**2016** Our first committee meeting for Assembly 2016 was in January, the excitement is only beginning. We invited nearby districts to attend and be part of this experience. They came ready and willing to help.

This year our district is blessed with the abundance of excess funds. The majority of the funds are going to be allocated to our very active public outreach. They had been working on a limited budget for the past few years and are grateful for the extra support this year.

On a sad note we have low or no attendance in our Alateen groups but we have had interest from 4 or 5 members looking into being certified as SAM's for the first time. One Alateen meeting had to close as we had no SAM sponsor. As district representative I am grateful that there is a willingness from our members considering to be a SAM.

## **District 8**

Hello All;

I wish I could be there with you this weekend but I have a commitment with my son.

I have been asked to share a report about District 8, which is located at the gateway to Canada on the border between Detroit, MI and Windsor, ON and extends thru Windsor and Essex County and even includes a group in Wheatley ON, which is actually part of Kent County.

Our District meets on the 2<sup>nd</sup> Tuesday of every month except for July, Aug. and Dec. Our district meetings are well attended by not just the GRs, alternates and officers, but by members who have not joined the ranks of "service" YET... As of now we have not had a single GR> meeting that we did not have a quorum present for any voting that might come up.

Our district has meetings every day of the week and 5 days a week we have 2 or more meetings. Our District is currently 160 members strong and growing. We have daytime as well as evening meetings and several of our groups having standing open meetings to celebrate birthdays and anniversaries. Our groups range in size from 3 members to some of over 25.

We are a financially healthy District comprised of 13 Al-Anon groups & 1 Alateen group. That group unfortunately has not had any members in the last few years, however, we have recent changed its location to make it more centrally located and we continue to make sure that at least

1 S.A.M. is present “just in case” our Higher Power sends us a child to help. We have an ample supply of S.A.M.s and are still awaiting approval on 2others since April 2015.

We have a wonderful group of officers who maintain our bookstore, website, Public Outreach program and Telephone Answering Service. We currently have 21 members manning our Telephone Answering Service 24hrs a day 7 days a week. Our district officers are always willing to step up and help out whenever needed, often w/o even being asked.

Our new P.O. coordinator is currently helping out with the planning of our Al-Anon Day, to be held on June 4<sup>th</sup>, 2016, (Flyers are on the table). This is also her first effort at service and she is full of ideas and energy. We have speakers coming in from TBA to help us celebrate Al-Anon’s 65<sup>th</sup> Anniversary.

Our District also borders 2 different A.A. districts, one in the city and one in the county. Our District is very careful and thoughtful to make sure we support them both equally when asked.

One example of this is the Kingsville One Day Roundup on Aug. 6<sup>th</sup> 2016. This is the 14<sup>th</sup> year we have been a part of this fun day.

Some other things that transpired this year were:

1. The re-designing and re-launch of our new website in February of this year.
2. Our “Welcome Home” group celebrating their 25<sup>th</sup> Anniversary with a banquet, speakers, fellowship and a dance.  
All things being equal though, I must be honest and say that I would be remiss if I said our growth over the last year and a half has been without some hiccups. First our Public Outreach Co-ordinator had to step down from her position. Then our Website Co-ordinator had to step down from her position. Fortunately members stepped up to fill those posts by the next G.R. meeting. Another came in the closing of a group due to a majority of its members being snowbirds. And, another issue came up early in the turnover year in regards to “anonymity”, “emails” and the use of full names. These all caused a great deal of discussion. This was corrected by educating everyone on the use of

Bcc: when forwarding emails and to be respectful of the person both sending and receiving the emails. We also had to come to the realization that each person has the right to determine their own level of anonymity. That it's, up to the individual to determine what they are comfortable with. It's all about "Choices". Once everyone realised this and adjusted our "old" ways the dust settled and serenity returned. It was a tough spell, but we all learned something from it and more importantly grew because of it.

I'd like to invite everyone to visit District 8 and enjoy the beauty of the region along with the warmth and hospitality that flows thru our members.

I am proud part of District 8.

Having all the supportive and enthusiastic members here make my job as D.R., a walk in the park. Yours in Service, D.R, District 8

#### District 4 Report

We currently have 28 groups in total in our District. (of which 4 are Alateen, and 2 Adult Children of Alcoholics)

Our Al-Anon Family Groups are located over a large geographic area and are located in Guelph, Kitchener-Waterloo, Cambridge, New Hamburg, Elora, Rockwood, Fergus and Elora. We have groups meeting every day of the week, several morning meetings, one afternoon, and the rest evening meetings.

Attendance ranges in these meetings from 3 in a few struggling groups to as many as 40. Some groups split into as many as 4 groups for discussion after the opening and rejoin for the closing. Some larger groups of 15-22, chose not to split, making a close family group.

Several of the groups have newcomer meetings, where a couple of volunteers take the newcomer to explain our program and allow questions to be asked. Most of the groups are actively giving the appropriate Newcomer packages to the Newcomers. If there is not a newcomer meeting offered, the groups either have someone give a brief explanation of "How Al-Anon has benefited them", or the discussion is based on Step 1, Tradition 3 and Tradition 5 as well as the topic of the day. Conference Approved Literature is explained and shown. Our District has chosen to provide District meeting list to all meetings at cost paid for by District.

Some groups that are financially able to, have decided to give a free "How Al-Anon Works" soft cover book to any Newcomer who attends 5 meetings. This book is then signed with word of encouragement at the 5<sup>th</sup> meeting and presented to the member as a gift from the group.

We presently have one "Old Timer" of 44 years in Al-Anon who is house bound, and unable to attend meetings due to health issues. A few years ago some of our members started to have a meeting in her home for her and this continues now once a month. She is so delighted to see us come.

We have 4 current available Alateen meetings, 2 are active with attendance of 2-6 teens. We struggle as many areas to get, keep and maintain our Alateen groups. We do have about 19 dedicated SAMs which is awesome

We also currently have 3 steps study groups running either before or alongside a regular meeting. These groups are independent of the regular groups and follow the Paths to Recovery and The Blue Print to Progress fourth step inventory books.

We hold 9 District business meetings a year, rotating around our major centres in 5 different towns. We also try to rotate day of the week so that one person doesn't always miss their home meeting or have to miss the District meeting. This gives a feeling of belonging and offers any member the chance to join our meetings that might otherwise be not convenient. These

meetings include some fun times of pot luck in November. If the weather cooperates and we are now having a summer fun pot luck with our June meeting. We hope the weather cooperates unlike our November meeting.

I have visited 21 out of the 28 groups in the last 1 ½ years to meet and see how each group is doing. It has been an adventure and I have learned so much doing this as well as putting a face to a name and making many wonderful friendships.

I have tackled some difficult situation, by discussion and support of members in dealing with difficult people, situations and principles.

Since I started as District Rep, I have tried to keep District meetings interesting by having a topic of discussion ie , crosstalk, newcomer meetings, how to handle difficult people and situations, service and sponsorship. These are then collated, placed in a "Group Rep Handout book" and given to each group to get familiar with, share with and refer to in meetings. This handbook was first started a few years before me, and also included things like the service structure, guidelines etc. duties of GR.

To try to promote service as our Third Legacy, I have found articles from the Forum on the Concept, coordinating it with the month of the meeting. This has been interesting and well received by the GRs. Some of these articles have been from 1980 Forums donated by Old time members.

Although I believe we have a healthy District financially and otherwise, we still struggle with attendance of GR, and Alternate GRs at meetings. Public outreach has always seemed to be an issue. Myself and a few others have attended meetings with Regional police and other services to spread the word of Al-Anon.

We have a healthy relationship, cooperating with AA in our District at 3 AA Roundups each year. We provide Al-Anon speakers and Al-Anon Literature table is set up at these events.

In 2 of our major cities, Al-Anon cooperates with AA answering service and carries pagers or answers phone calls from callers. KW has its own answering service at this time, but is finding it maybe a little more of a financial burden than it should be.

We are also trying to get a website for our area up and running.

Yearly our District hosts an Al-Anon Day with Al-Anon, AA and Alateen speakers in the Fall. We alternate between our three major centres as to where it is and who plans, hosts, and coordinates the event. This encourages rotation of leadership, service and allows for those that can't travel to be involved or attend these functions.

We have a District Literature person who orders and distributes it to our groups.

We also have a wonderful group of speakers that are available to share their experience strength and hope at anniversaries and events.