



Service in Al-Anon is an important aspect of everyone's recovery, though this is not always recognized. Service is: showing up at meetings; setting up chairs; making coffee; chairing a meeting; sharing; listening; speaking; representing a group, district, or area. All are service actions. Without each of these services, Al-Anon could not exist. Not everyone is suited to every position, but the duties of every position must be carried out. Some service positions require more recovery than others, and some recovery requires more service than others. Let your Higher Power be your guide.

On the following pages are descriptions of the various service positions available in Ontario South. For the most part those who have served in these positions have originally prepared these guidelines. They have been compiled primarily as guidelines for you to determine how best you can serve in Ontario South, and what each position entails, if it should so interest you. Although the nature of some of the positions requires particular skills in certain fields, the most crucial qualification is the **willingness** to serve.

The WSO Service Manual states that 'Al-Anon will only be what we make of it.' Many of us members acknowledge that we are here for life and we are grateful for what we have received from Al-Anon. Therefore we must also recognize that we have a responsibility to serve Al-Anon in whatever capacity we can, when it is our own time to do so.

The term 'work' is used sparingly in these descriptions. The words and sentences used cannot convey the joy, fellowship and growth that are possible in the service of Al-Anon. No one can guarantee that your service experience will be without its challenges, but you will no doubt have the opportunity for personal growth.

Also refer to the WSO Service Manual – Part 5 – Concept Nine.