

Č, Ġ, Č, C-(AA) 0 Ο Monday @10:30 AM - Lancaster Thursday @10:30 AM - Cornwall Sunday @11 AM - Cornwall Group ID: 31200 (D27) - Al-Anon Group ID: 16306 (D27) - Al-Anon Group ID: 41913 (D27) - Al-Anon (online) Lancaster Friendship AFG (in-person) New Lease On Life AFG -(in-person) Flight to Freedom AFG -Open to: Families and Friends Only Cornwall Cornwall Open to: Families, Friends and Open to: Families Friends and **Observers Welcome Observers Welcome** Meeting focus: Regular 1st week of the month - speaker or Tradition, 2nd - topic, 3rd - topic, 4th -Meeting focus: Regular Meeting focus: Regular Step, 5th - topic. 1st Thursday of month: Step Mtg.; 2nd Access directly with the 'Join with Zoom' Thursday: Tradition Mtg. are welcome to attend their physical button on the meetings page of the This meeting is now re-opened. meetings. Doors open at 10:15 AM. Ontario website. Or enter Zoom details Mandatory health guidelines: contact Double vaccination mandatory manually. details recorded, masks, no hugging, no food or drink, no garbage disposal. Use **Royal Canadian Legion** Meeting ID: 79809785855 (alternate: sanitizing wipes to clean surfaces that 415 Second Street W. 4728975095) you touch. Only the East Washroom can Cornwall ON K6J 1H2 Password: 2wGviC (alternate: 5f0eNe) be used. Maximum number of participants: 10. Doors closed at 10:30 am or when the maximum number of St Andrew's Presbyterian Church participants has been reached. 4GJ5+FQ South Lancaster, South Glengarry, ON **Trinity United Church** 105 Second Street W. Lancaster ON K0C1N0

401 exit 814, go south. After Tim Hortons left on Church St., left at Church Hall, park behind church; entrance in back.

O-(AA)

Tuesday @7 PM - Winchester Group ID: 16745 (D27) - Al-Anon (in-person) Helping Hands AFG -Winchester

Open to: Families, Friends and **Observers Welcome**

Meeting focus: Regular This group has resumed in-person meetings.

Winchester United Church

519 St. Lawrence Street Winchester ON K0C2K0 Al-Anon is held downstairs in one of the smaller rooms.

Cornwall ON K6J 1G9 Enter at the side door, and ring the bell (ignore 'closed' sign on door). Wheelchair access

O-(AA)

Thursday @7 PM - Morrisburg Group ID: 44326 (D27) - Al-Anon (in-person) New Hope AFG -Morrisburg

Open to: Families, Friends and **Observers Welcome**

Meeting focus: Regular Speaker first meeting of month. Chairperson's choice second meeting of month. Step meeting third week and Tradition meeting fourth week. Fifth meeting chairpersons choice. This group has resumed in-person meetings. Proof of 2nd vaccination for Covid-19 is required.

Lakeshore Drive United Church

19 Lakeshore Dr. Morrisburg ON K0C 1X0 Enter Allan Hall on Lakeshore; downstairs basement. Fragrance free. This meeting is now re-opened and you

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting AC = Adult Children (AN) = Concurrent Al-Anon meeting