

Recurring electronic group speaker meetings

5th Monday of the month (if there is one)			
<u>Monday @8 PM</u>	Stepping Stones AFG Scarborough	Meeting ID: 435121245 Password: 093373	
First Tuesday of the month			
<u>Monday @10:30 AM</u>	Lancaster Friendship AFG Lancaster	Meeting ID: 79809785855 Password: 2wGviC	
Last Monday of the month			
<u>Monday @7:30 PM</u>	Together We Can Make It AFG Adult Children Ottawa	Meeting ID: 476379299	
<u>Monday @8 PM</u>	Share and Care AFG Smiths Falls	Meeting ID: 881 5071 6157 Password: 684558	
	Last Tuesday of the month		
<u>Tuesday @8 PM</u>	One Day At A Time AFG Carleton Place	Meeting ID: 88161852788 Password: 737170	
Tuesday @8 PM	Courage to Change AFG Mississauga	Meeting ID: 849 35184377	
5th Wednesday of the month (if there is one)			
Wednesday @7:30 PM	Stepping Stones AFG New Hamburg	Meeting ID: 560 592 281 Password: serenity	
Last Wednesday of the month			
Wednesday @7:30 PM	Royal Ottawa AFG Ottawa	Meeting ID: 821 8421 6966 Password: 620187	



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First Thursday of the month			
Thursday @7:30 PM	New Life AFG Ottawa	Meeting ID: 319321852 Password: 994502	
Thursday every 6 weeks			
<u>Thursday @8 PM</u>	Suburban West Port Credit AFG Port Credit	Meeting ID: 813 8769 7701 Password: 878352	
Last Saturday of the month			
Saturday @9:15 AM	Up'n At'em AFG Toronto	Meeting ID: 833 8684 2425 Password: 915915	
5th Sunday of the month (if there is one)			
<u>Sunday @11:00 AM</u>	Parkdale AFG Toronto	Meeting ID: 416 7661992 Password: parkdale	
Every Sunday morning			
Sunday @11 AM	Sunday Speaker Meeting AFG Ottawa	Meeting ID: 88631243557 Password: 71355	
Second Sunday of the month			
<u>Sunday @10:30 AM</u>	Together on Sunday AFG Kingston		

See the Events section of the Ontario South website for other speaker events.

al-anon.alateen.on.ca