




O   
Monday @7 PM - Deep River  
Group ID: 30545502 (D30) - **Al-Anon**  
**(in-person) Point Hope and Strength**  
**AFG - Deep River**  
Open to: Families Friends and  
Observers Welcome

Meeting focus: Regular  
This group has resumed in-person  
meetings.

**Christian Education Centre**  
115 Deep River Road  
Deep River ON K0J 1P0  
Located beside the Deep River  
Community Church

O  
Monday @7 PM - St Joseph's  
Group ID: 16826 (D30) - **Al-Anon**  
**(inactive) Serenity AFG - St Joseph's**  
Open to: Families, Friends and  
Observers Welcome

Meeting focus: Regular

**St. Joseph's Church**  
7 Rue St. Joseph  
St Joseph's PQ J0X 1M0  
Parking: in church parking lot and the Al-  
Anon sign is visible

C  
Monday @7:30 PM - Barry's Bay  
Group ID: 49758 (D30) - **Al-Anon**  
**(inactive) New Hope AFG - Barry's**  
**Bay**  
Open to: Families and Friends Only


Meeting focus: Regular

**St. Hedwig's Roman Catholic Church**  
35 Karol Wojtyla Square  
Barry's Bay ON K0J 1B0  
In the rectory basement, enter through  
garage door

O  
Tuesday @7 PM - Renfrew  
Group ID: 30797903 (D30) - **Al-Anon**  
**(in-person) Renfrew Hope for Today**  
Open to: Families Friends and  
Observers Welcome

Meeting focus: Regular

**Renfrew Recreation Center**  
67 Argyle St S  
Renfrew ON  
Meeting downstairs in the Conference  
Room

C   
Thursday @7:00 PM - Pembroke  
Group ID: 16540 (D30) - **Al-Anon**  
**(in-person) Place for Hope AFG -**  
**Pembroke**  
Open to: Families and Friends Only

Meeting focus: Regular  
Speaker last meeting Of the month,  
open to all.  
This meeting is now re-opened and you  
are welcome to attend their physical  
meetings. Masks mandatory.

**Holy Name Annex**  
295 First Avenue  
Pembroke ON K8A 5A8  
Entrance on 1st Ave.; meeting held in  
Annex Room. Wheelchair access.

C  
Thursday @8 PM - Barry's Bay  
Group ID: 16251 (D30) - **Al-Anon**  
**(inactive) Barry's Bay Thursday Night**  
**AFG**  
Open to: Families and Friends Only

Meeting focus: Regular

**St. Lawrence O'Toole Church**  
19450 Opeongo Line  
Barry's Bay ON K0J 1B0  
Altar Boy room West Door. Use door left  
of main entrance.

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting  
C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting  
AC = Adult Children (AN) = Concurrent Al-Anon meeting