

**ONTARIO SOUTH LDC**

127 Ford Road Smiths Falls, Ont. K7A 4S4  
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*Make cheques payable to: Ontario South LDC, or email bank transfer. We do not accept credit cards*

<b>TOTAL ORDER</b>		<b>District and Group # -Required:</b>
5% HST		<b>Group Name</b> _____
<b>Shipping</b> <i>see chart below</i>		<b>City where Group meets:</b> _____
13% HST		<b>Ship to: Name:</b> _____
		<b>Address:</b> _____
		<b>City&amp;Province:</b> _____
		<b>Postal Code:</b> _____
<b>GRAND TOTAL =</b>		<b>Phone # and E-mail</b> _____
		<b>UPDATED: Oct.2021</b>

TOTAL ORDER	SHIPPING	13% HST	
up to \$25.00	11.00	1.43	
\$25.01 - \$50	12.00	1.56	<b>5% HST is calculated on the total order only</b> <b>13% HST is calculated on Postage only</b> <b>refer to chart for correct amount</b>
\$50.01 - \$100	15.00	1.95	
\$100.01-\$150	16.00	2.08	
\$150.01-\$200	18.00	2.34	
\$200.01-\$250	21.00	2.73	
\$250.01-\$300	25.00	3.25	
\$300.01-\$400	28.00	3.64	
\$400.01-\$500	35.00	4.55	
\$500.01-\$750	38.00	4.94	
\$750.01-\$1000	45.00	5.85	
\$1000.01-\$1300	50.00	6.50	<i>All Al-Anon/Alateen material is a collection of the shared experience, strength, and hope of its members, regardless of race creed, gender, sexual orientation, age, and walks of life.</i>  <i>Further, it is suggested that members read all material, not only that which focuses on particular situations.</i>
\$1300.01-\$1600	75.00	9.75	
\$1600.01-\$2000	100.00	13.00	

ID #	Quantity	Price	Cost	BOOKS
B-3		9.75		Alateen Hope for Children
B-4		11.25		The Dilemma of the Alcoholic Marriage
B-5		21.00		The Al-Anon Family Groups - Classic Edition
B-6		14.75		One Day at a Time in Al-Anon
B-7		19.50		Lois Remembers
B-8		13.25		Al-Anon's Twelve Steps & Twelve Traditions
B-10		12.75		Alateen A Day At A Time
B-11		14.75		As We Understood...
B-14		18.75		O.D.A.T. - Large Print Edition
B-15		16.25		In All Our Affairs: Making Crises Work for You
B-16		18.25		Courage to Change: O.D.A.T in Al-Anon II
B-17		23.25		Courage to Change - Large-Print Edition
B-18		30.75		Set: ODAT (B-6) and CTC (B-16)
B-19		38.75		Large Print Set: ODAT & CTC
B-21		21.75		From Survival to Recovery
B-23		14.75		Courage To Be Me Alateen
B-24		25.25		Paths to Recovery: Al-Anon's Steps, Traditions and Concepts
B-26		17.75		Living Today in Alateen
B-27		18.25		Hope for Today
B-28		23.25		Hope for Today - Large-print, Softcover edition
B-29		18.75		Opening Our Hearts... Transforming Our Losses
B-30		20.25		Discovering Choices
B-31		21.75		Many Voices - One Journey
B-32		9.00		How Al-Anon Works for Families & Friends PAPERBACK
B-33		14.75		Intimacy in Alcoholic Relationships NEW
<b>RECOVERY</b>				
P-1		0.60		Al-Anon Is for Men
P-2		0.65		Al-Anon, You & The Alcoholic
P-3		1.50		Alcoholism, A Merry-Go-Round Named Denial
P-4		1.50		Alcoholism: The Family Disease
P-4L		3.00		Alcoholism: The Family Disease - Large Print
P-5		7.00		Blueprint for Progress: 4th Step Inventory
P-6		0.40		Freedom From Despair
P-7		0.65		Guide for the Family of Alcoholics
P-9		1.25		How Can I Help My Children?
P-13		0.50		Purpose & Suggestions
P-14		0.50		So You Love An Alcoholic
P-15		0.60		Three Views of Al-Anon
P-16		1.50		To the Parents
P-17		1.50		Twelve Steps & Traditions
P-19		0.60		What Do You Do About the Alcoholics Drinking
P-31		0.75		Sponsorship: What It's all About
P-32		0.75		This Is Al-Anon
P-33		0.65		Why Anonymity in Al-Anon
P-45		0.60		The Al-Anon Focus
P-47		1.50		Al-Anon Sharings/ Adult Children
P-48		0.50		Understanding Ourselves & Alcoholism
P-49		6.50		Living with Sobriety
P-57		2.00		The Concepts: Al-Anon's Best Kept Secret?
P-60		2.00		12 Traditions Illustrated
P-62		0.60		Does She Drink Too Much?
P-67		0.60		Dear Mom & Dad
P-87		1.00		Al-Anon's Co-Founders
P-91		15.00		Blueprint for Progress: 4th Step Inventory

P-92	20.25	Reaching For Personal Freedom
P-93	19.00	Paths to Recovery workbook
R-18	2.00	REPRINT Parents of Alcoholics
P-94	1.50	Hope & Understanding for Parents and Grandparents NEW
<b>ALATEEN</b>		
P-18	1.50	Alateen 12 Steps & Traditions
P-21	0.75	Youth & the Alcoholic Parent
P-59	1.00	Moving On! From Alateen to Al-Anon
P-64	10.00	Alateen 4th Step Inventory Workbook
P-68	4.00	Alateen Talks Back on Acceptance
P-69	4.00	Alateen Talks Back on Serenity
P-70	4.00	Alateen Talks Back on Slogans
P-73	4.00	Alateen Talks Back on Detachment
M-9	1.00	Do's & Don'ts - Alateen (Packs of 10)
M-11	2.00	Just for Today Wallet Card (Packs of 10)
M-13	2.00	Just for Today Bookmark (Packs of 10)
M-18	1.00	Alateen Program Card (Packs of 10)
S-6	0.40	Daily Checklist of Myself
K-6	12.50	Alateen discount package
K-7	19.00	Alateen discount package
K-18	3.00	Alateen Newcomer Packet

**GROUP & SERVICE ESSENTIAL MATERIALS**

P-24	1.75	Al-Anon & Alateen Groups at Work
P-24/27	8.50	Manual: Al-Anon/Alateen Service
P-29	0.20	Guide for Sponsors of Alateen
P-35	0.20	Why C.A.L.?
P-46	10.00	World Service Conference Summary
P-53	0.65	Al-Anon Spoken Here
P-78	6.50	When I Got Busy, I Got Better
P-88	1.00	Service Sponsorship
M-7	2.00	Al-Anon Basic Program Card (Packs of 10)
M-8	2.00	Let it Begin With Me Declaration Card (Packs of 10)
M-10	2.00	Just For Today Wallet Card (Packs of 10)
M-12	2.00	Just For Today Bookmark (Packs of 10)
M-26	2.00	Serenity Prayer Card (Packs of 10)
M-40	1.50	Al-Anon Spoken Here door hanger
M-75	40.50	Al-Anon Legacy Poster Set
M-78	2.00	Sponsorship – Working Together to Recover (Packs of 10)
M-80	0.25	Alateen Table Card
M-81	2.00	Just for Tonight bookmark (Packs of 10) NEW
S-9	0.65	Anonymity Table Card
S-17	0.60	Are You Troubled By Someone's Drinking? (packs of 10)
S-19	0.60	Detachment (Packs of 10)
S-20	0.60	Was Your Life Affected by Someone Drinking (Packs of 10)
S-21	0.45	The 7th Tradition Suggests
S-24	3.00	Focus/Declaration Table Card
S-25	0.60	Did You Grow Up With a Problem Drinker? (Packs of 10)
S-27	0.20	Alateen Sponsorship, Is It For You?
S-28	0.30	Links of Service
S-57	0.20	Joy of Service
S-71	2.00	Conflict Resolution
S-72	8.00	Conflict Resolution- Using our Traditions
S-73	9.00	Resolving Conflicts Within Al-Anon
K-10	2.25	Newcomer Packet
K-21	4.00	Adult Children Newcomer Packet
K-23	4.00	Men's Newcomer Packet
K-24	4.00	Parent's Newcomer Packet
K-70	17.00	Using Al-Anon Principles To Resolve Conflicts

**PUBLIC OUTREACH**

P-36	0.50	Al-Anon Fact File
P-41	0.50	Facts About Alateen
P-65	0.50	Anonymity
P-81	0.30	What Happens After Treatment?
P-82	0.30	Living in a Shelter?
P-89	0.30	Doubting Your Sanity?
M-1	0.60	Are You Concerned About? (Packs of 10)
M-14	4.50	Logos, Al-Anon (blue) (Packs of 100)
M-15	4.50	Logos, Alateen (red) (Packs of 100)
M-44	2.00	Al-Anon Is & Is Not Bookmark (Packs of 10)
M-76	Free	Outreach Bookmark FREE
S-4	0.40	Information for the Newcomer
S-37	0.30	Fact Sheet for Professionals
S-40	0.20	Attracting and Promoting
S-64	0.10	Information for Educators: Alateen Meetings in Schools
S-65	0.20	Alcoholics, their Families, and the Judicial System
S-67	0.10	Al-Anon Welcomes Native Americans/Aboriginals
S-68	0.10	Al-Anon Welcomes All People of Colour
S-69	0.10	Al-Anon Welcomes Adult Children of Alcoholics
AFA	0.52	Al-Anon Faces Alcoholism (.52 each/minimum order 25)

K-30c	2.50	Professional Kit
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TOTAL ORDER