




C  
Monday @7:30 PM - Kingston  
 Group ID: 16405 - **Al-Anon**  
**(elec) Co-op AFG - Kingston**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 512031660  
 Password: 777417  
 Group focus: Regular

**St. James Anglican Church**  
 10 Union Street  
 Kingston ON K7L2N7  
 At Kingston Centre, wheelchair accessible

C   
Tuesday @7:30 PM - Kingston  
 Group ID: 16407 - **Al-Anon**  
**(elec) Collins Bay Gratitude AFG**  
 Open to: Families and Friends of alcoholics only  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 44073874  
 Password: 175387  
 Group focus: Regular


**Edith Rankin United Church**  
 4080 Bath Road  
 Kingston ON K7M 4Y7  
 Downstairs, use waterside door & follow signs. Wheelchair access.


C  
Wednesday @10 AM - Kingston  
 Group ID: 49259 - **Al-Anon**  
**(elec) 12 Step AFG - Kingston**  
 Open to: Family, friends and observers  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 8951186  
 Password: 224078  
 Group focus: Regular  
 Beginner meeting available

**Crossroads United Church**  
 690 Sir John A. MacDonald Blvd.  
 Kingston ON K7M 1A2  
 Wheelchair accessible. Side door.


C  
Wednesday @7:30 PM - Kingston  
 Group ID: 52334 - **Al-Anon**  
**(elec) Courage to Heal Adult Children of Alcoholics - Kingston**  
 Open to: Family, friends and observers  
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.  
 Meeting ID: 811 6924 5934  
 Password: 580928  
 Group focus: Adult Children  
 Open to all.  
[http://al-anon.alateen.on.ca/meetings/courage-to-heal-adult-children-of-alcoholics-kingston-d31/?tsml-day=any&tsml-query=Courage+to+Heal+Adult+Children+of+Alcoholics+-+Kingston+\(D31\)](http://al-anon.alateen.on.ca/meetings/courage-to-heal-adult-children-of-alcoholics-kingston-d31/?tsml-day=any&tsml-query=Courage+to+Heal+Adult+Children+of+Alcoholics+-+Kingston+(D31))

**Kingston Standard Church**  
 1185 Sunnyside Road  
 Kingston ON K7L 4V4  
 Sydenham Road, North of Highway 401.  
 Enter door off parking lot. Wheelchair

C   
Wednesday @7:30 PM - Kingston  
 Group ID: 30759836 - **Alateen**  
**(TC) One Step at a Time -**  
 Open to: Families and Friends of alcoholics only  
 Group focus:  
 For age group 7-17 years old.  
**Kingston Standard Church**  
 1185 Sunnyside Road  
 Kingston ON K7L 4V4  
 Sydenham Road, North of Highway 401.  
 Enter door off parking lot. Wheelchair access.

C   
Wednesday @8 PM - Enterprise  
 Group ID: 33897 - **Al-Anon**  
**Confidence AFG - Enterprise - re-opened**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular

**Enterprise Public School**  
 76 School Street  
 Enterprise ON K0K1Z0  
 Handicap access

C   
Thursday @7:30 PM - Kingston  
 Group ID: 49140 - **Al-Anon**  
**Keep it Simple AFG - Kingston - open status unknown**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular

**St. James Anglican Church**  
 10 Union Street  
 Kingston ON K7L2N7  
 At Kingston Centre, wheelchair accessible

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting  
 C = Closed (open to families & friends of alcoholics only) (AL)= Concurrent Alateen meeting  
 AC = Adult Children (AN) = Concurrent Al-Anon meeting



O



Thursday @7:30 PM - Napanee

Group ID: 16472 - **Al-Anon**

**(elec) Napanee AFG**

Open to: Family, friends and observers  
Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.

Meeting ID: 108 628 536

Group focus: Regular

**Trinity United Church**

25 Bridge Street E.

Napanee ON K7R 1J5

Enter off John St., go downstairs and ring doorbell. Wheelchair access can be arranged with prior notice.

C

Saturday @3:00 PM - Kingston

Group ID: 30716974 - **Al-Anon**

**(elec) We Are Not Alone Women's AFG - Kingston**

Open to: Family, friends and observers  
Virtual meeting available. Send an email to wanasaturday@gmail.com for details about participating

Group focus: Women

**OPSEU Hall Kingston**

824 John Counter Blvd.

Kingston ON K7K 2R1

Wheelchair accessible

O



Sunday @10:30 AM - Kingston

Group ID: 30527212 - **Al-Anon**

**(TC) Together on Sunday AFG - Kingston**

Open to: Family, friends and observers  
Group focus: Regular

2nd Sunday of month is a Speaker Meeting

Remaining Sundays are discussion meetings

**OPSEU Hall Kingston**

824 John Counter Blvd.

Kingston ON K7K 2R1

Wheelchair accessible

O = Open (to families and friends of alcoholics and observers)

C = Closed (open to families & friends of alcoholics only)

AC = Adult Children

(AA) = Concurrent AA meeting

(AL)= Concurrent Alateen meeting

(AN) = Concurrent Al-Anon meeting