




C
Monday @9:30 AM - Oshawa
 Group ID: 43568 - **AI-Anon**
(elec) Morning Glory AFG - Oshawa
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 377 745 7527
 Password: Serenity
 Group focus: Regular
 Beginners meeting available.

Glen Stewart Club House
 201 Cabot Street
 Oshawa ON L1J 5S2

C 
Monday @7:30 PM - Port Perry
 Group ID: 24446 - **AI-Anon**
(elec) Just For Today AFG - Port Perry
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 83058183799
 Password: Serenity
 Group focus: Regular

Port Perry United Church
 294 Queen Street
 Port Perry ON L9L 1B2
 Use entrance on Simcoe St.; downstairs in Centennial Room. Handicap access.

C
Tuesday @6:30 PM - Pickering
 Group ID: 30613825 - **AI-Anon**
(elec) Pathways To Recovery AFG - Pickering
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 107526408
 Password: Serenity


Beginners are welcome. You will be taken a side by a seasoned member who will explain our format and some general Alanon guidelines as well as provide you with a welcome package
 Group focus: Book study group
 1st Tuesday - Topic Meeting
 2nd Tuesday Book reading and sharing
 3rd Tuesday Concept from Paths to Recovery Book
 4th Tuesday - book and sharing
 5th Tuesday (if there is one) Book and

C
Tuesday @7 PM - Oshawa
 Group ID: 42253 - **AI-Anon**
Traditions AFG - Oshawa - re-opened
 Open to: Families and Friends of alcoholics only
 Group focus: Regular

St. Luke's Presbyterian Church
 333 Rossland Road W
 Oshawa ON L1J3G6

C
Tuesday @8 PM - Ajax
 Group ID: 16555 - **AI-Anon**
(elec) New Hope Pickering AFG - Ajax
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 7138734869
 Password: 744863
 Group focus: Regular

Pickering Village United Church
 300 Church Street N.
 Ajax ON L1T 2W7
 South door facing parking lot.

C 
Wednesday @12:30 PM - Oshawa
 Group ID: 54231 - **AI-Anon**
(TC) Happiness Within AFG - Oshawa
 Open to: Families and Friends of alcoholics only
 Group focus: Regular
 Discussion, 12 Steps & 12 Traditions.
 Beginners Meeting. Young mothers with babies welcome

Glen Stewart Club House
 201 Cabot Street
 Oshawa ON L1J 5S2

C
Wednesday @7:30 PM - Brooklin
 Group ID: 30590505 - **AI-Anon**
(TC) Brooklin New Beginnings AFG
 Open to: Families and Friends of alcoholics only
 Group focus: Regular


Renascent Centre
 90 Colston Avenue
 Brooklin ON L1M1C1

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting
 C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting
 AC = Adult Children (AN) = Concurrent AI-Anon meeting




C
 Thursday @10 AM - Oshawa
 Group ID: 30623776 - **Al-Anon**
(elec) Let It Begin With Me AFG - Oshawa
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 241888556
 Password: 061896
 Group focus: Book study group
 Book Study Group


Alano Club
 200 Thornton Road North
 Oshawa ON L1J 6T8
 Rear Entrance

C 
 Thursday @7:30 PM - Bowmanville
 Group ID: 48166 - **Al-Anon**
(elec) Bowmanville Serenity AFG
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 84319107363
 Password: 446987
 Group focus: Discussion meeting

Salvation Army Church
 75 Liberty Street S.
 Bowmanville ON L1C 2N8
 Wheelchair accessible.

C 
 Saturday @10 AM - Whitby
 Group ID: 30732495 - **Al-Anon**
(elec) Peace and Serenity - Whitby
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 241888556
 Password: 061896
 Group focus: Regular
 week 1 - step study
 week 2 - tradition study
 week 3 - concept study
 week 4 - topic
 week 5 - speaker meeting - Open Meeting

Whitby Baptist Church
 411 Gilbert St., E.
 Whitby ON L1N 1R6
 Enter through back door and follow the signs. Wheelchair accessible.

C 
 Sunday @7 pm - Oshawa
 Group ID: 30548623 - **Al-Anon**
(elec) YANA (You Are Not Alone) AFG - Oshawa
 Open to: Families and Friends of alcoholics only
 Access online meeting directly from the Ontario South website (al-anon.alateen.on.ca) with the 'online Zoom' button. See bottom of website page with meeting details for information about participating via phone only.
 Meeting ID: 334273996
 Password: 730064
 Group focus: Regular
 1st Week Step, 2nd Week Tradition, 3rd Week Concept, 4th Week Topic, 5th Week speaker.

St. Stephen's United Church
 1360 Simcoe Street N.
 Oshawa ON
 Corner of Simcoe St. N. and Taunton Rd., across from McDonald's.
 Wheelchair accessible.

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