


C
Monday @7:30 PM - Cornwall
 Group ID: 30555598 - **Al-Anon**
Helping Hands AFG
 Open to: Families and Friends of alcoholics only
 Group focus: Regular
 1st Monday of month is a Step Mtg
 2nd Monday is a Tradition


First Baptist Church - Cornwall
 310 York Street
 Cornwall ON K6J 3Z3
 Main entrance off of Third St.

C 
Tuesday @10:30 AM - Lancaster
 Group ID: 31200 - **Al-Anon**
Lancaster Friendship AFG
 Open to: Families and Friends of alcoholics only
 Group focus: Regular
 1st week of the month - speaker or Tradition, 2nd - topic, 3rd - topic, 4th - Step, 5th - topic.

St Andrew's Presbyterian Church - Lancaster
 4GJ5+FQ South Lancaster, South Glengarry, ON
 Lancaster ON K0C1N0
 From Hwy. 401 exit 814, go south. After Tim Hortons turn left on Church St., turn left at Church Hall, park behind church; entrance in back. Handicap accessible

O
Tuesday @8 PM - Winchester
 Group ID: 16745 - **Al-Anon**
Praying Hands AFG
 Open to: Family, friends and observers
 Group focus: Regular

Winchester United Church
 519 St. Lawrence Street
 Winchester ON K0C2K0
 Corner of Lawrence and Caleb St.
 Upstairs.

O 
Thursday @10:30 AM - Cornwall
 Group ID: 16306 - **Al-Anon**
New Lease On Life AFG
 Open to: Family, friends and observers
 Group focus: Regular
 1st Thursday of month: Step Mtg.; 2nd Thursday: Tradition Mtg.

Trinity United Church - Cornwall
 105 Second Street W.
 Cornwall ON K6J 1G9
 Parking & entrance at back. Wheelchair access

O
Thursday @8 PM - Morrisburg
 Group ID: 44326 - **Al-Anon**
New Hope AFG
 Open to: Family, friends and observers
 Group focus: Regular
 Speaker first meeting of month.
 Chairperson's choice second meeting of month. Step meeting third week and Tradition meeting fourth week. Fifth meeting chairpersons choice.

Lakeshore Drive United Church - Morrisburg
 19 Lakeshore Dr.
 Morrisburg ON K0C 1X0
 Enter Allan Hall on Lakeshore; downstairs basement. Fragrance free.

O
Sunday @11:00 AM - Cornwall
 Group ID: 41913 - **Al-Anon**
Flight to Freedom AFG
 Open to: Family, friends and observers
 Group focus: Regular

St. Francis De Sales Church - Cornwall
 434 Second Street W.
 Cornwall ON K6J1H1
 Park behind Church

O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting
 C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting
 AC = Adult Children (AN) = Concurrent Al-Anon meeting