



O   
Monday @7:30 PM - Hamilton  
 Group ID: 30556439 - **Al-Anon**  
**Discovering Choices AFG**  
 Open to: Family, friends and observers  
 Group focus: Regular


**Ryerson United Church - Hamilton**  
 842 Main Street, E.  
 Hamilton ON L8M 1L6  
 Wheelchair accessible

O   
Monday @8 PM - Hamilton  
 Group ID: 50568 - **Al-Anon**  
**(TC) Source of Help AFG**  
 Open to: Family, friends and observers  
 Group focus: Regular


**St John's United Church - Hamilton**  
 195 East 38th Street  
 Hamilton ON L8V 4G1  
 Wheelchair accessible

C  
Monday @8 PM - Waterdown  
 Group ID: 16732 - **Al-Anon**  
**(TC) Waterdown AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Steps and traditions  
 Newcomer's meeting available


**Grace Anglican Church - Waterdown**  
 157 Mill Street, N.  
 Waterdown ON L0R 2H0  
 Parking lot - Main Street North beside school

C   
Tuesday @10 AM - Burlington  
 Group ID: 16277 - **Al-Anon**  
**(TC) Morning Hope AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Discussion meeting  
 Beginner's Meeting available


**St. Christopher's Anglican Church - Burlington**  
 662 Guelph Line  
 Burlington ON L7R 3M8  
 Entrance at rear of building. Wheelchair accessible.

C   
Wednesday @12 PM - Hamilton  
 Group ID: 31828 - **Al-Anon**  
**(TC) Lunch Bunch AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular

**New Vision United Church - Hamilton**  
 24 Main Street West  
 Hamilton ON L8P 1H2  
 Wheelchair accessible.

C   
Wednesday @7:30 PM - Burlington  
 Group ID: 16275 - **Al-Anon**  
**(TC) Brant Hills AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular

**Wellington Square United Church - Burlington**  
 2121 Caroline Street  
 Burlington ON L7R 1L7  
 Wheelchair accessible.

C   
Wednesday @8:30 PM - Hamilton  
 Group ID: 16378 - **Al-Anon**  
**(TC) Triangle AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular  
 Beginner meeting @ 8 PM followed by regular meeting.


**Mount Hamilton Baptist Church**  
 626 Upper Wentworth St  
 Hamilton ON L9A 4V3  
 Wheelchair accessible

C  
Thursday @9:45 AM - Hamilton  
 Group ID: 16362 - **Al-Anon**  
**Thursday Morning Breakfast AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular


**Laidlaw United Church - Hamilton**  
 155 Ottawa Street, N.  
 Hamilton ON L8H 3Z2

C  
Thursday @7 PM - Hamilton  
 Group ID: 30727364 - **Alateen**  
**(TC) Waytogo Alateen Group**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular

**The First Unitarian Church Of Hamilton**  
 170 Dundurn Street S.  
 Hamilton ON L8P 4K3  
 Use main entrance off parking lot

C   
Thursday @7:30 PM - Burlington  
 Group ID: 30647400 - **Al-Anon**  
**Aldershot Men's AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Regular  
 Men's group

**West Plains United Church - Burlington**  
 549 Plains Road West  
 Burlington ON L7T 1H1  
 Wheelchair Accessible

C-AC   
Thursday @7:30 PM - Burlington  
 Group ID: 44730 - **Al-Anon**  
**Missing Link AFG**  
 Open to: Families and Friends of alcoholics only  
 Group focus: Adult Children  
 Discussion meeting

**St. Christopher's Anglican Church - Burlington**  
 662 Guelph Line  
 Burlington ON L7R 3M8  
 Entrance at rear of building. Wheelchair accessible.


O = Open (to families and friends of alcoholics and observers) (AA) = Concurrent AA meeting  
 C = Closed (open to families & friends of alcoholics only) (AL) = Concurrent Alateen meeting  
 AC = Adult Children (AN) = Concurrent Al-Anon meeting

O  
Thursday @8 PM - Stoney Creek  
Group ID: 16621 - **Al-Anon**  
**Stoney Creek AFG**  
Open to: Family, friends and observers  
Group focus: Regular  
Newcomer's meeting available

**Church of the Redeemer - Stoney Creek**  
25 Lake Avenue S.  
Stoney Creek ON L8G2V1

O  
Sunday @8 PM - Hamilton  
Group ID: 16376 - **Al-Anon**  
**(TC) Sun Group AFG**  
Open to: Family, friends and observers  
Group focus: Regular  
Newcomer's meeting available at 7:30pm

**St. Michael's Anglican Church - Hamilton**  
1188 Fennell Ave E.  
Hamilton ON L8T1S6

C   
Friday @7:30 PM - Hamilton  
Group ID: 50401 - **Al-Anon**  
**(TC) New Hope AFG**  
Open to: Families and Friends of alcoholics only  
Group focus: Regular  
No speaker meeting on last Friday of the month for the remainder of March. 1st Friday Step & Tradition meeting

**Church of the Resurrection**  
435 Mohawk Road W  
Hamilton ON L9C1X1  
Parking in rear. Wheelchair access

O-(AA)  
Saturday @8 PM - Hamilton  
Group ID: 16365 - **Al-Anon**  
**Delta Saturday Night AFG**  
Open to: Family, friends and observers  
Group focus: Regular  
AA meeting same time

**Delta United Church - Hamilton**  
47 Ottawa Street S.  
Hamilton ON L8K 2C9

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