

# Open Lines

Ontario South Assembly Newsletter

December 2012

<http://al-anon.alateen.on.ca/>

### Statement of Purpose

Open Lines is published quarterly by Ontario South Assembly. This newsletter presents service related news and information to Al-Anon groups in Ontario South to help keep them informed. Personal sharings of recovery should be sent to the Forum.

<u>tion</u>	<u>Volume</u>	<u>Issue</u>	<u>Deadline</u>	<u>Distribu-</u>
1, 2013		1	January 15, 2013	February

Subscription Rates:  
 In Canada \$4.50 (1 year) \$8.00 (2 years)  
 Send NEW SUBSCRIPTIONS / RENEWALS to:

### EMAIL ADDRESSES

As Ontario South moves forward with electronic communications it is important that each group has an email address on file. Please consider creating an email address that would never change i.e. **Groupnameafg@yahoo/hotmail/gmail.com**. This would ensure that when the trusted servant changes that the information would still be moved forward and the incoming trusted servant would simply have to get the password. If email is not possible for you, maybe the group could consider a new service position within your group similar to the current mailing address. This person would be responsible for going through the emails and ensuring that the group receives all the information.

Hugs Sharon

### Open Lines New Subscription or Renewals

If the date on your envelope is highlighted it is time to renew!  
 If you have an electronic edition I will send an email reminding you to renew your subscription. Thanks for all the notes that you send they make my day!!

Please check applicable box

- 1 year 4 Issues \$4.50
- 2 years 8 Issues \$8.00
- Renewal
- New Subscription
- Gift Subscription

Please make cheque payable to Sharon Reeb and send to:  
 5224 Bridge St.  
 Niagara Falls, ON  
 L2E 2T3

### Districts in Ontario South

- District 1.....Muskoka
- District 2.....Georgian Bay
- District 3.....Bruce County
- District 4.....Waterloo Region
- District 5.....Huron Perth
- District 6.....London Region
- District 7.....Sarnia Region
- District 8.....Windsor/Essex
- District 9.....Chatham Region
- District 10.....Elgin Region
- District 11.....Brantford
- District 12.....Niagara Region
- District 13.....St .Catharines
- District 14.....Hamilton West
- District 15.....Hamilton East
- District 16.....Mississauga, Oakville
- District 17.....Upper Peel-Halton
- District 18.....Dufferin, York,. Simcoe
- District 19.....Toronto North
- District 20..... Toronto West
- District 21.....Toronto Central
- District 22.....Scarborough
- District 23.....Lakeshore
- District 24.....Kawartha
- District 25.....Quinte
- District 26.....St Lawrence Region
- District 27.....Seaway Valley
- District 28.....Ottawa
- District 30..... Upper Ottawa Valley
- District 31.....Loyalist
- District 32.....Kawartha South

<http://al-anon.alateen.on.ca/>

## *What's Happening in Area 86?*

<b>Date</b>	<b>Group Hosting</b>	<b>Location</b>	<b>Contact Information</b>
New Group	District 23	New Friday night meeting at 9pm-10pm. Held at All Saints Church 300 Dundas Street West, Whitby. (Brock & Dundas/Hwy 2). Parking and entrance off Centre Street (east side of church)	Whitbycouragetochangeafg@gmail.com
New Group	District 21	meeting 9:15-10:15 on Saturday mornings at Bloor St. United Church (300 Bloor St.W. - corner of Bloor and Huron Streets, between St.George and Spadina TTC stations).	Greg by telephone at <a href="tel:416-410-2468">416-410-2468</a> or by e-mail at <a href="mailto:afg.gregm@gmail.com">afg.gregm@gmail.com</a>
New Group	District 21 <b>MISSISSAUGA</b> NEW HOPE AFG	Square One Shopping Centre Older Adult Centre Lower Level next to the Bay (Closed holiday Mondays) <b>9am</b>	
Sat, Dec 1, 2012 from 1-5 PM	"New Hope" AFG in Morrisburg	We are celebrating our 23rd Anniversary with AA. Speakers and pot luck supper at 5 PM Lakeshore United Church, Morrisburg, Ontario (Allan Hall)	Joan T. DR27 grt007@sympatico.ca
Wed, Dec 5 <sup>th</sup> at 10am	Georgetown One Day At a Time	1st Anniversary 10am Knox Presbyterian Church 116 Main St. Georgetown	416-410-3809
Dec 12th	Wednesday Night AFG	Grace United Church 156 Main St. N. Brampton (upstairs- turn left into large hall) Please bring a candle. Potluck, refreshments, penny raffle and draws. 7:00 pm—9:00 pm.	See you there! Carol.Granger@loblaw.ca
Dec 12th	Cooksville Circle of Hope	Cooksville United Church 2500 Mimosa Row Mississauga, ON Note: 2 blks. N. of Queensway & Hwy. 10, off Floradale Note: use door bell Potluck at 7pm with meeting at 7:45pm	andrea.rozario@citi.com
Dec 12th	Acton AFG	Gratitude meeting. Potluck at 6:30 and meeting at 8pm. Please bring a candle we also have a \$5 gift exchange for those who wish to participate Trinity United Church 70 Mill St E. Acton (back door)	mdurette@cogeco.ca
December 13, 2012	Learning to Live AFG	Gratitude meeting at 8pm. Please bring a candle and holder if able. Coffee and dessert will be served at 7:30pm, Wilmar Heights Church 963/967 Pharmacy Ave Toronto ON	Parking at the rear of the church and your car enter through the SE door. Margaret K Margaret.knights@utoronto.ca
Fri. Dec 21st	Attitude of Gratitude	St Paul's Presbyterian church 723 Balmoral Dr. Brampton, L6T 1X5 7pm Please bring a candle.	
<b>NOTICE re Dec 25 and Jan 1</b>	Tuesday Serenity Group Brampton	Due to church closure there will not be any meetings on these 2 date. Regular meetings resume Jan 8th at 10am.	Grace United Church, 156 Main St. North, Brampton
January 5, 2013	Ontario South Hope for Alateen Day	10am to 9pm at Munn's United Church, 5 Dundas Street East, Oakville, ON. Food, Fellowship, Speakers and Dance. Alateens \$2.00, Al-Anons \$5.00 and AAs \$5.00. All are welcome to attend. .	Please contact Judith W. at <a href="tel:647-215-3048">647-215-3048</a> with any questions
Sat., Jan 12th, 2013	GTAIS	Second Saturday Step Study Church of St Bonaventure, 1300 Leslie St. Toronto, (west side of Leslie ST. south of Lawrence, next to Edward Gardens 1-3pm. Based on Paths to Recovery (will be for sale at cost). Each meeting will have a speaker and workshop. No fee but there will be a 7th tradition.	Registration via DRs or call 416-566-4944 or email <a href="mailto:gtais.feedback@gmail.com">gtais.feedback@gmail.com</a>
April 20, 2013	District 16	Annual Day of Recovery Munn's United Church 5 Dundas St. E. Oakville, ON L6J 7C4 Tickets \$5 in advance \$6 at the door. 9am -3:30pm.	andrea.rozario@citi.com
June 21-23rd	Trillium	290 Dixon Road Toronto. See flyer attached	Debbie Di 905-469-7405

**A few words from our Delegate as follow up to questions and concerns raised:**

**Delegate Thought/Idea Basket**

I am sharing these with you so that you may know what your fellow members have been thinking about.  
JH, Delegate

Some members asked questions.

Who made the Ontario South quilt? The quilt was made to celebrate Al-Anon's 50th Anniversary. Each district designed their own square and then it was quilted together. It is now displayed at Assembly and at Trillium.

How do we know how successful a District is? I do not have the answer for your District but I think it would be a great conversation to have at your District meeting?

Why is there not an Al-Anon Family Group in Israel? There are groups in Israel. I suggest you do a Google search.

I thought the WSO gave out information about meetings not personal phone numbers. Is the WSO and answering service? In Section 12 of the Al-Anon Registration/Group Records Change Form it indicates that the WSO refers newcomers or visiting members to any member who has completed this section of the form which ask for phone numbers.

Some members had comments/suggestions

It would be helpful if the WSO calculated the group contribution necessary to get us off of our literature sales dependency and a suggested plan to over time deal with this. It is do-able!

My concern with e-literature is that while more may access things to read it may keep more from walking in the door. As a society more seem to be linked electronically than linked physically.

I am unhappy with the tone/attitude in which the questions/answers were reported from the front of the room by some of the Ask It Basket volunteers. I worry that it may discourage people from submitting questions (regardless if the question is obvious, simple or can be found in the Manual). I would like to see more tolerance.

Offer the KBDM workshop in year 3 with the new incoming GR's and DR's are beginning their first year.

**2013 WSC Theme - Our Legacies - The Spiritual Journey of Changing Me to We.**

In conversation with some members during Assembly, it was brought to my attention that there exists an organization in Canada named "ME to WE". They raised their concern about affiliation. I forwarded this concern to Paula B, my contact Trustee. She also forwarded it to the Chair of the Board of Trustees, Karen R. The following are their responses.

Jane, thank you for sharing the concerns that you heard at the Ontario South Assembly. The Board of Trustees discussed the other organization and believe that the complete conference theme makes a distinction from the other organization and thus no appearance of affiliation. However, I have forwarded you concerns to the Chairperson of the Board.

Yours in Al-Anon service,  
Paula

Hi Jane.

As I am sure you are aware, Paula forwarded your concern to the Board regarding the "We to me" youth organization in Canada. As Suzanne explained in her email to you, the Executive Committee discussed this issue in August and added quotation marks around the words "me" and "we" to distinguish our use of those words from the Canadian organization's name. The entire Board was notified of this change through the Executive Committee minutes that are distributed to each Board member after each Executive Committee meeting. This was also noted at the October Board Meeting during the Conference Leadership Team Report to the Board. Thank you for sharing Ontario South's concern and allowing us the opportunity to clarify this for the Area.

Vaya con Dios,

kjr

Karen R.  
Chairperson of the Board of Trustees  
Al-Anon Family Group Headquarters, Inc.

**ASK-IT BASKET Qs & As**  
**Assembly 2012**

Q - Is crosstalk permitted?

A - It is permitted unless Group conscience agrees it is not.

Q - Could Assembly 2013 offer a Service - Al-Anon meeting on Saturday evening for GRs?

A - Workshops can be brought up to the Executive using the "Item for Consideration" or placed on the Evaluation Sheet.

Q - What is considered a quorum at a business meeting - we have a small group?

A - Two people or more, dependant on who is there.

Q - Are there in existence in any Groups in Ontario South guidelines for positions at the District level (Literature, Treasurer, Secretary, DR)? More specific than what is in the Service Manual. Do any Groups have guidelines for those positions that we could connect with?

A - Check the Area Policy Guidelines Manual (available at [www.al-anon.alateen.on.ca](http://www.al-anon.alateen.on.ca)). The WSO web site ([www.al-anon.org/members](http://www.al-anon.org/members)) has Guidelines for each position.

Q - As mentioned by the Trillium Chair, the cost of a Conference can drop significantly with secured hotel room reservations, so then why in Toronto? It is not far enough away to justify staying in a hotel room and not an interesting enough area to bring me to stay overnight.

A - No matter where the Conference is held, conference costs go down with hotel room nights secured - benefit to the whole of Al-Anon.

Q - How, as a group, can we deal with members texting and/or showing/discussing privately with other members items on their cell phone, during a meeting?

A - Apply Tradition 1. Perhaps Group conscience to add it to your opening. If it continues, speak to the member individually after the meeting.

Q - Could there be a "men only" Al-Anon Family group?

A - Yes, there can be specialized groups, as long as they don't turn anyone away that qualifies for the program.

Q - What are QR (Quick Response) Codes mentioned the Web site Coordinator and Delegate?

A - Bar codes that link to other web sites.

Q - How do you get all the reports (from District meeting, and Business Meeting Minutes), Open Lines, *The Forum*, etc all into the business meeting? It's so so hard!

A - Spread the reports at all meetings or give a copy to all members.

Q - Where in Vancouver is the July 2013 World Conference?

A - At the Convention Centre in downtown Vancouver.

Q - What do you think about telephone conference calls? Downsizing companies, governments are doing this more - cost effective.

A - WSO uses conference calls at times. Our Executive used it once when roads were bad and two members couldn't get there.

Q - There was reference Saturday morning to the Traditions as applied to the family. The reaction suggested that this was not CAL (Conference Approved Literature). I first read it in *The Forum*. Is *The Forum* not CAL?

A - \* At Assembly 2012 the answer given was incorrect. The following is the correct answer: The Forum is a Conference approved publication. A former Ontario South Delegate, Joan P, shared "I did look back on the discussion we had regarding the Family Traditions a few years ago and the response from WSO was *"For the sake of unity, we ask that our Three Legacies be read as written."* Just because someone shares in the Forum and changed the traditions to Family Traditions in their story does not mean we use them as our main Traditions.

## Delegate's Report

Hello Ontario South,

It was wonderful to see so many of you in October at our Assembly in Ottawa. I thank you for the service that you are doing for your group, your District and for Ontario South as a whole. I thank you for being willing to grow the gifts that your HP has given to you by being willing to participate in Ontario South's business, to take back information and to share it with your group members. I have been reflecting on a reading from *As We Understood*, pp. 16-17 "...Although gifts are free, they carry a responsibility to develop them and stretch them to limits we didn't know were possible, all with the help of a Higher Power. Our gifts are neither meant to be held close nor boasted about; they diminish with self-centeredness. They are meant to flourish by free giving...We can all use our gifts in the fellowship of Al-Anon." Perhaps this resonates with you.

Like so many of you I am completing my first year in my new service role. I have found it to be challenging, exciting and fruitful. It has allowed me to continue to grow and expand my recovery. My service journey is my recovery journey.

During Assembly, some members placed questions/comments in the basket on the Love Gift Table. You will find these on another page of Openlines. I do appreciate the time you took to share your thoughts.

There was also some concern raised about the World Service Conference theme for 2013. Please, read about this and the responses from the World Service Office inside Openlines.

Please check our Ontario South website in the Delegate's Corner for the information that I spoke to you about concerning the Chosen Agenda Items (CAI).

If you are planning on attending our Al-Anon International in July 2013, please register by the end of December for the most economical rate of \$115. The website is [www.al-anoninternationalconvention.org](http://www.al-anoninternationalconvention.org)

I thank the districts who have been sending me your minutes. I urge all districts to forward them to me.

I wish all of you blessings and peace in the upcoming new year.

Much love in service,

Jane Hurley

Ontario South Delegate, Panel 52, [ontariosouthdelegate@hotmail.com](mailto:ontariosouthdelegate@hotmail.com)

## Alternate Delegate's Report

Hi Ontario South! My name is Debbie Pangborn and I am your Alternate Delegate. As the first year of this term is coming to an end I am very excited for the upcoming "Comfortable" year! Wow, wasn't that an awesome Assembly! A very sincere thanks to the Ottawa Host Committee, and to all those who were able to attend. I know I felt welcomed and very much at home with all of you!

As the Area Forum Coordinator I want to reaffirm the importance of *The Forum* and our ability to display it, use it, and read from it during our meetings.

**Page 102 of the Al-Anon/Alateen Service Manual explains it best: "The Forum can be used, and is encouraged to be used, by all members and groups for meetings. The Forum, as a concept, is Conference Approved, but it is not possible for each issue to follow the full procedure for Conference Approved Literature."**

**The logo indicates that it is Al-Anon material but the magazine is considered a recovery tool.**

I am still looking for input on how you or your Group uses *The Forum*. Do you use it to initiate discussion at a meeting? Do you follow along each month and read about the steps? Do you have a personal subscription? Does your group donate old issues as part of public outreach? Does your group receive its complimentary copy from WSO? If not please follow through with our Area Group Records having your group's correct CMA (Current Mailing Address)

Please remember all of our Area Coordinators are wonderful resources to you, your group and your District. I encourage you to utilize them.

If I can be of any support or provide any assistance to any of you it would be my pleasure.

With Love & Gratitude

Debbie Pangborn

## Secretary's Report

Greetings my friends!

My name is Jean McS and it is my privilege to serve as your Area Secretary. I have two home groups: Forward AFG - Thursdays at 8pm at the Hintonberg Community Centre on Wellington Ave and How It Works AFG - Saturdays at 10am at All Saints Lutheran Church at Pinecrest and the Queensway.

What a great Assembly! Thank you to the 214 members who registered and the 168 GRs who voted on motions. I hope to have the Minutes on the Ontario South Web site ([www.al-anon.alateen.on.ca](http://www.al-anon.alateen.on.ca)) by the end of December. Coordinator Reports will be put there at the same time. When everything is there, I'll send an email to DRs who can pass the information on to you. A special thank you to the Host Committee and all the volunteers - you were incredible!

As the holiday season approaches, I wish you and those you love serenity, peace and love.

Love and Hugs in Service,  
Jean

## Chairperson's Report

Hello all,

Assembly has come and gone and it's coming to the close of our first year in our new service positions. How does it feel? Think about all that we've done for the first time in these positions. The emotions that have come up, the new information and experiences that we've encountered, and the growth that we have come through. WOW!!!

I know that I have grown serving as your Area Chairperson and I've come to realize that no matter what the service position is....when it's our first time filling that position the feelings are the same each time until I get through the firsts. So as I write this on a cold November morning I'm happy that I've gone through my first year and am looking forward to year 2, the comfortable year ( I think that's what it is) and experiencing it with all of you.

Year 2 has exciting things in store for us. Our Trillium Thought Force will have completed it's information gathering objective so that we can talk about the future of Trillium with information to help answer our questions. Where we go from there only our HP knows for sure. Assembly is going to be in Windsor and I know that I'm going to have a good time experiencing Windsor hospitality and warmth. It is in the southern part of our province. So now would be the time to look into gathering information on mass transportation to attend Assembly 2013. Maybe a bus for fellowship and relaxation, possibly the train.

And last but not least, I'd like to thank all of you for helping to make my first Assembly as Chairperson a fun, relaxed and productive weekend. I couldn't have done it without you. Have a safe and serene holiday season and I'll see you next year.

hugs in service  
Michele  
OSA Chairperson

## Treasurer's Report

Hello all

I was pleased to get the budget passed at assembly for next year, hope we can meet the targets!

You have now got a voted in Treasurer John R. he will be taking over in the New Year, I wish him well in his new position,

I wish all a merry Christmas and a happy New Year; I am certainly looking forward to mine!

Thank you for all the love, help and support that I have received over the last year. And I am sure I will meet all of you as we move on

Neil.

## Area Archives

My name is Heather Paret and I am your Ontario South Archives Coordinator. I am a grateful member of this world – wide fellowship of Al-Anon/Alateen Family Groups, and my home group is the Love & Hope Angus AFG in District One. Since AWSC at the end of May, I have slowly been receiving the contact information for District Archivists. District Reps, if you do not as yet have a District Archivist, please consider adding this request to you next district meeting. Just maybe, there might be a member who would be willing to do this service. At Assembly, I was approached by some members and was able to advise them of what to keep at district level and what would be acceptable for the Area archives. Sorting is the name of the game.

Just when I thought the sort and filing of Open Lines was ready for cataloguing, I find out at the coordinator's meeting that we have some more publications yet to peruse, it's all part of the job. The Alateen's newsletter Reaching Out is in progress of sorting and it looks as though there may be a couple of issues missing. Who knows, maybe they will be hiding in the boxes yet to have their first sort. A couple of interesting items in Archives, the Unity tee shirt from 1990. We also have Polish language literature, which is in the process of being inserted into sleeves to preserve. If you or your group needs a copy, simply send me an e-mail and I will send you off a copy of what is available. The older cassette tapes of Lois's sharing and film reels from Public Outreach are catalogued. Also found hiding in the box of tapes is an 8mm reel and written documentation from a 1977 public service announcement that cost the Area \$88.00 back in the day! Now we can get CD/DVD formatted public service announcements for less than ten dollars. That is technology.

During Assembly there were members checking out the different district binders, hoping to see their group history there. Some histories were not available, so perhaps someone would be interested in updating your group's history, or starting one if a copy is not available. What do you think Group Reps? Up to the task of finding a volunteer for this very valuable link to our past?

Also on display at Assembly was the Memory Board for those wishing to leave a loving note about a member who may have passed away. There was also the In Memory book of sharings from both members and groups for those members who came before us. For all members, a go to place is the Area web site ([www.al-anon.alateen.on.ca](http://www.al-anon.alateen.on.ca)), click on Coordinator's Corner and visit the Archives section and see the challenge for long time members. Scroll down to the last page for questionnaire and documents to download.

So there you go folks. A blast from the past, let's keep looking forward to the future and keep Al-Anon alive today.

PS: please do not hesitate to contact me with any questions you may have regarding archives. I would be more than happy to have a chat with you.

(Hugs) in Service from Heather P.  
Area Archivist

## Public Outreach Poster Contest

Al-Anon and Alateen members are invited to participate in a poster contest for Public Outreach.

WSO welcomes members' horizontal or vertical designs for new posters based on the current theme—"Is someone else's drinking tearing you apart?"

Please submit your own photo, drawing, painting, or graphic design for consideration. Do not submit copyrighted material, unless the copyright belongs to you. All submissions become the property of Al-Anon Family Group Headquarters, Inc.

Submissions should be:

JPEG or PDF files.

no larger than 11" X 17"

no smaller than 5 ½" X 8 ½".

200-300 dpi at 100% print size.

no more than 10MB.

Please send your JPEG or PDF submission to the Public Outreach Department at the World Service Office at [wso@al-anon.org](mailto:wso@al-anon.org) Att: Public Outreach. Or submit a hard copy/CD to:

AFG, Inc.

Public Outreach Department

1600 Corporate Landing Parkway

Virginia Beach, VA 23454.

Winning entries will be posted on the Members' Web site for use as Public Outreach posters.

Thank you for everything you are willing to do for the families and friends of alcoholics!

Nikki S.

Ontario South Public Outreach

AAPP Report

Thank you for this opportunity to provide an update on the recent AAPP activities.

There are 145 Supportive A I-Anon Members(SAM's) in Ontario South who are due to re-certify in 2013. Because ot3 is "Year Two" o f the AAPP's term, the triennial Police Record Check will be required as part of the 2013 re-certification process. Those who became registered as (new) SAM,s after June 30,2012 are exempt from having to re-certify in 2013.

The Ontario South re-certification deadline is March of,2013. I have e-mailed all of the DR's and SAM's on Novembe1st outlining the process and the forms required. I you are a SAM and did not receive this information please contact your District Representative as soon as possible. Further information can be found in the 2012 Ontario South Assembly AAPP Coordinator's Report. I am looking forward to communicating with you over the next four months – "One Form at a Time" – as we work together for Ontario South Alateen.

Love in Service,  
Marg McClelland

### Area Alateen Coordinator

Many blessings have come my way this year. My husband and I took the opportunity to travel to the home of Bill W. (co-founder of A.A.) and Lois W. (co-founder of Al-Anon Family Groups). They called their home "Stepping Stones". As I stood there, in the beautiful gardens in front of their home, I felt like I had gone home in a very special way.

Alateen (Al-Anon for younger members) is a vital part of Al-Anon Family Groups. Young people who are seeking help with problems that arise when alcoholism afflicts a parent, close relative, or a friend meet to exchange experiences and gain an understanding of themselves and the alcoholic.

Today men, women and children have courage and confidence. They have found a way of life to help themselves through Al-Anon/Alateen.

The Supportive Al-Anon Members (SAM) who give freely of their time, love and support to the Alateen Members, I thank you. Alateen thanks you. Today the reality is, without such hands on support from Al-Anon members, Groups, Districts and the Area, Alateen would not be available at all.

I would like to mention that Al-Anon groups have invited teens into their meetings where there are no Alateen meetings available on that particular night in that town or city in which the teens are living in. Thank you for your support.

I am pleased to say that while Alateen numbers are down compared to years ago, Ontario South is on a definite upswing. There are two new groups that started up in September, "Teens for Alateen" in Warton and "Teens Who Make a Difference Alateen" in London. There are many whisperings about three others in the works.

It is my personnel belief that if we do the work and get the meeting rooms open, Alateen will come. There are many cities and towns in Ontario South where Alateen is being asked for. These inquiries come from Al-Anon and A.A. members looking to provide support for the children in their families. There are youth service workers, looking for Alateen support for teens in their care. To the outside world, Al-Anon has a wonderful reputation for giving love and understanding to families of alcoholics.

On behalf of Ontario South Alateen, I would like to thank the individual Al-Anon Members, Groups and Districts, that sent a financial donation to Alateen this year. The Alateen are planning a one-day event in early in the New Year and are currently looking for a location for their Unity Conference 2013. Thanks for your support.

May Your Blessings be Many, and remember Alateen "Rocks!"

With a Grateful Heart  
Janet Taylor

### Literature Coordinator

Hola! Hope life is good to my Al-Anon / Alateen friends. Here's a little news from your area literature coordinator.

For the month of October the "CAL Corner" feature in *The Forum* includes members' sharings on how a particular piece of our literature has enhanced their recovery. November's articles are about *Opening Our Hearts*, *Transforming Our Losses* (B-29). The December article will be on Conference Approved Literature in general.

**EBooks** - you asked and WSO is listening. A pilot project for our first two (2) EBooks will be available in early 2013. The 2 books are i) *The Forum* and ii) *Having Had a Spiritual Awakening*. Check out the Al-Anon World Service website [www.al-anon.alateen.org](http://www.al-anon.alateen.org) for these downloadable EBooks. A Visa or MasterCard will be required to buy the books on-line.

Anybody have an Al-Anon Day coming up? Want to do a Workshop or have a Skit included in your day? I have some Workshop outlines and some Skits available for a District or Group if interested. Workshop topics such as Sponsorship, Facing the Ghosts of Our Past Workshop, or a Workshop on Loss of the Dream are a few examples. Please contact me for information.

Wishing you find a peaceful place this Christmas Season.  
God Bless,  
Marianne Embro  
Area Literature Coordinator

## OSAAC Chair

Greetings,

This is my last submission as chair of Ontario South Alateen Advisory Committee (OSAAC), as my term ends this December. It has been a pleasure serving you and working towards improving Alateen in the area.

I am pleased to introduce our 2013 Chair, Lily R.; and our 2013 Co-chair Robyn W., who were voted in at Assembly in October. Leslie P. was reinstated as a SAM (Supportive Al-anon Member), and Wendy was also welcomed in as an advisor.

\*\*\*As well, in 2013 there will be a one-day **Alateen Conference!** It takes place on Saturday **Jan. 5<sup>th</sup>, 2013** from 10am-9pm at Munn's United Church, 5 Dundas St. East, Oakville ON, (near Trafalgar and 6<sup>th</sup> Line). It is tentatively named New Hope for Alateen, and will cost \$2 for teens and \$5 for adults, with panels and speakers. A flyer will follow shortly, if not available at time of print. \*\*\*

A reminder that safety forms (permission Form A and medical Form B) must be filled out for the teens attending. More information can be found on the OSAAC Chair page at the coordinator's corner in the "members' section" of <http://al-anon.alateen.on.ca/>, the forms themselves are available under "Area Policy Manual Section 10: A" and "10: B"

Another ongoing OSAAC task is the review of our Charter, to see if it accurately and clearly states our purpose; a thought force is working on it and any conclusions will be brought to the area.

A gentle reminder that this is SAM recertification year, so contact your DR and the AAPP if you haven't already got the information to remain able to work with us teens.

We are still encouraging Alateens (present and past) to add their names to LDC's area speaker's list, as it is still difficult to find an Alateen speaker for events and conferences.

Finally, we are pleased to announce the launch of additional surveys for SAMs and other Al-Anon members to learn how we can better serve the area and encourage Alateen membership. If you have not already done so, please copy the links and fill out the survey, and share the link with other members.

**Al-Anon Members go to à <http://www.surveymonkey.com/s/7RNK76B>**  
**Supportive Al-Anon Member (SAM) go to à <http://www.surveymonkey.com/s/STGF35Z>**  
**Alateen Members go to à <http://www.surveymonkey.com/s/NVKKLPV>**

*Your anonymity will be respected, all responses will be grouped together when the results are reported insuring that you cannot be identified.*

If you would like to contact the Ontario South Alateen Advisory Committee please direct your inquiry to [ontariosouthalateen@hotmail.com](mailto:ontariosouthalateen@hotmail.com)  
Alateens can contact the Chair at [osaac@hotmail.ca](mailto:osaac@hotmail.ca).

I hope to see you January!

-Elizabeth RG, OSAAC Chair 2012

## Goup Records Coordinator

Hello from Group Records

It was good to see everyone at the assembly. Thank you to everyone that came to look over the display and say hello. As I said in my report I grew up in the Ottawa area so it was like going home for me to be there.

There are just a couple of things I would like to remind everyone about. Number one: please send me completed forms when you change information regarding your group. A partial form may not give me the complete change you want done. Number two please send all changes to me at my mailing address: Mrs. Bonnie Ball, Unit 17-52 Cook St., Acton, ON, L7J 1Z5 or by email to [grprec@hotmail.com](mailto:grprec@hotmail.com) (this is really easy when the form is completed on line- just complete the form and click on submit and it is sent directly to me).

The only other thing to remember is have patience. I complete all the changes 3 time a month. If your change is NOT DONE in 1-2 days don't panic. I will get it done.

Enjoy the rest of the fall and I hope everyone has a great holiday season in December and January.

Yours in service,

Bonnie Ball

## Open Lines Coordinator

Hi All, I am Sharon your Open Lines Coordinator and a grateful member of the Southend Discussion AFG in Niagara Falls.

This issue has been a real journey for me. I hope and pray that the distribution goes well. We currently have about 60 copies going by regular post and if those groups would consider using a service position as an email receiver we would save a ton of postage and I would not be racking my brain trying to keep things as condensed as I have been. One of my challenges when we have to post things is cost. Any issue with more then 5 double sided pages so 10 regular pages doubles our postage fees. This issue after assembly there is so much information to share that I am have trouble getting it down to 14 pages. Please consider setting up an email address and this becomes a non issue.

Love in Service

Sharon

## Website Coordinator

Hello Members!!!!

My name is Denyse K. and I am your Ontario South Website Coordinator. It was nice to see everyone in person at the Assembly. The website is doing great!!! We have hit the highest level of visitors in the month of October. Statistics show that we had 8651 visitors, which is 1611 more visitors than September, 2012. Great News!! Keep telling your members to visit [www.al-anon.alateen.on.ca](http://www.al-anon.alateen.on.ca) . There is a lot of great information for any members. The Holidays are starting soon so please send me your completed events forms so that we can all celebrate your events together.

There have been some few changes to the website. New information from WSO in the Delegates corner, new and updated coordinators pages, please take a look and pass the message along. Also if you have any suggestions or questions you can email me at [reachout78@hotmail.com](mailto:reachout78@hotmail.com) Have a great Holiday season.

Hugs in service

Denyse K.

Ontario South Website Coordinator

## FROM THE LDC

I thought I would remind all the groups:

1. The LDC office will be closed from December 24<sup>th</sup> and reopens on January 7<sup>th</sup>.
2. Prices will increase as of January 1<sup>st</sup>, 2013
3. the updated price list will be available on the website after December 1<sup>st</sup>.

Please remember the mail system slows down even more in December so please send end of year orders as early as possible.

Thanks,  
*Ann Kyer*

**Trillium 2013**  
**June 21, 22 and 23**  
**Holiday Inn International Airport**  
**970 Dixon Rd.**  
**Toronto, ON M9W 1J9**

**DEADLINES to REMEMBER**

**January 31<sup>st</sup> 2013** is the deadline to book your hotel room at the discounted rate of \$110.00. (February 1, 2013 – cost is \$119.00)

**January 31<sup>st</sup> 2013** is the \$20.00 registration deadline. (February 1, 2013 – cost is \$30.00)

The cost of the conference rooms for Trillium is based on a sliding scale. The more hotel rooms members book for the weekend the cheaper the cost of the conference rooms.

<b>Cost to rent</b> conference rooms:	\$24,000.00
<b>Negotiated Price</b> for conference rooms:	\$12,000.00
<b>Members booking 110</b> hotel rooms	
Cost of conference rooms is:	\$ 8,000.00
<b>Members booking 200</b> hotel rooms	
Cost of conference rooms is:	\$ 5,000.00

Groups and Districts are booking hotel rooms at the discounted rate of \$110.00 to be offered to their members at a later date. Only hotel rooms booked through the Holiday Inn by calling 1-800-524-8436 and quoting “**A13-Trillium**” will count toward reducing the cost of the conference rooms.

Groups and Districts are also registering for the conference at the \$20.00 rate in the Group or Districts’ name to offer these to members at a later date.

Fundraisers are a vital part of the Trillium working budget and help to raise awareness. This year your fundraiser is a notebook and pen each embossed with the Trillium. These are \$5.00 each or 5 for \$20.00. Contact me or another committee member to purchase and to make pick-up and delivery arrangements.

This year you are able to register for Trillium 2013 online by going to: [www.al-anon.alateen.on.ca/trillium](http://www.al-anon.alateen.on.ca/trillium), and follow the prompts. Mailing or giving your registration to a Trillium committee member is also an option.

If you would like to help in the planning of Trillium 2013 we do have an opportunity for an Entertainment Chair. If this is something that may be of interest to you contact me.

At the following link you can find all of the specific information re trillium registration, mementos and any other information you may need.

[www.al-anon.alateen.on.ca/trillium](http://www.al-anon.alateen.on.ca/trillium)

I am available to answer any of your questions or to pass your questions and suggestions along to the committee at:

[2013trilliumchair@gmail.com](mailto:2013trilliumchair@gmail.com)

IHS  
dxo  
Debbie D  
Your Trillium 2013 Chair

# Trillium is . . . . .

Al-Anon Area 86 presents  
**The 21st Annual  
 Trillium 2013 Convention**  
 with full Alateen and AA programs

**June 21-23,  
 Holiday Inn Toronto Airport  
 970 Dixon Rd. Toronto ON**

Be ready to hear awesome speakers!

Confirmed Al-anon Speakers:

- Carl H *from California*
- Liz T *from Pennsylvania*
- Peter M *from New Jersey*

Confirmed AA Speakers:

- Joe N. *from Alabama*
- Bobby M. *from Cleveland*

For room reservations  
**416 675-7611 / 800-524-8436**  
 Use Code **"Trillium - A13"**

**New Location !!!**

Trillium 2013 has been moved to a new venue the  
**Holiday Inn Airport at 970 Dixon Rd. Toronto.**  
 (if you take 427 north and exit at Dixon Rd, you'll drive  
 straight into the Holiday Inn parking lot!! )

Early Bird Pricing  
 Booked up to Jan 31st.

Share a room with a  
 Friend and pay \$55 /pp/night

\*all Room Rates subject

To 13% HST

See how your room reservation helps Trillium >>> see over >

Room	Early
Size	Rate
Single	\$110
Double	\$110

Participate in :

- \* Workshops
- \* Meditation & Candlelight meetings
- \* Dance and Entertainment

For updates see the Ontario South website at [www.al-anon.alateen.on.ca](http://www.al-anon.alateen.on.ca) click *Trillium*

For questions about registration, email: [trillium2013registering@gmail.com](mailto:trillium2013registering@gmail.com).

Register online at [www.al-anon.alateen.on.ca/trillium](http://www.al-anon.alateen.on.ca/trillium)

- Al-Anon or AA \$20.00 *Early-bird* Up to Jan 31st    
  Al-Anon \$30.00 Starting Feb 1st    
  Alateen\* \$5.00    
  Friend \$30.00    
  AA \$30.00

\*see information about required Alateen forms on the back.

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Telephone: (\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ ext. \_\_\_\_\_ Group Name: \_\_\_\_\_

Are you booking a hotel room? Yes \_\_\_\_\_ No \_\_\_\_\_

Group Location: \_\_\_\_\_ District # \_\_\_\_\_

(City or Town)

Make cheque payable to 'Trillium 2013'

Send registration form along with cheque to: **Trillium c/o 40-2755 Windwood Dr. Mississauga ON L5N 2C8**

## Getting There!

### From Highway 401 Westbound:

Exit # 351, Carlingview Avenue North  
Follow Carlingview Avenue North, turning left at 2nd stoplight onto Dixon Road.  
Once on Dixon Road, hotel is located on right within one city block.

### From Highway 401 Eastbound:

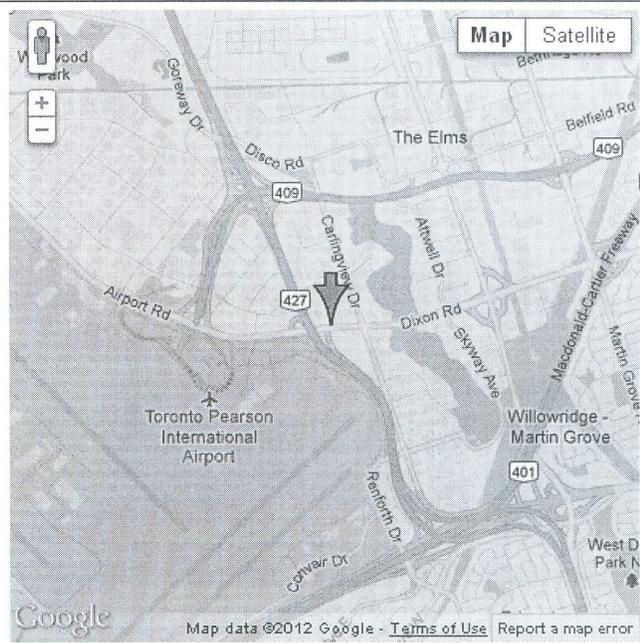
Exit #348, Renforth Drive/HWY 427/Airport  
Stay to the left following fork to Hwy 427 North/Airport  
Once on Hwy 427, merge immediately right taking first exit, Dixon Road  
Hotel located directly at Hwy 427 - Dixon Road exit.

### North/Airport

Once on Hwy 427 South, merge immediately right taking first exit, Dixon Road  
Hotel located directly at Hwy 427 - Dixon Road exit.

Accessible by transit.

- Toronto TTC subway, stop #58 from Lawrence West station.
- Mississauga Transit, stop #7 from Square One
- Airport shuttle available for hotel guests.



## Did you know??

Did you know that the cost of the meeting rooms for our convention is based on the sale of hotel room nights? Rooms booked by calling the Holiday Inn reservation line and providing the Trillium code A13, will make your room reservation count towards reducing the costs for Trillium. Bookings made with other .com websites or travel agencies will not be credited towards the discount. Our goal is 200 room nights.

**To count towards the discounted meeting room costs, room bookings are required to be made by May 15, 2013**

Trillium special parking rate of \$5/day with in-out privileges (self parking only. regularly \$14)

Room	Early
Size	Rate
Single	\$110
Double	\$110

## Hotel Amenities

- Access to 24 Hour Fitness Centre
- Access to both Outdoor and Indoor pools
- Free Wi-Fi

**\*\* Special Note for Alateens attending the conference\*\***

Alateens attending meetings alone are required to bring a permission form (Form A) and Medical form (Form B) signed by their parent/guardian to the first Alateen meeting they attend at the conference.

For Hotel questions, please email : [trilliumhotel@gmail.com](mailto:trilliumhotel@gmail.com)

## What people said about Trillium 2012:

- > “Each speaker “spoke to me” for a different issue I’m still dealing with”
- > “Everything was fabulous, very grateful to have attended”
- > “Loved the speakers this year—strong solution”
- > “It was my first convention and I thoroughly enjoyed it”