OPEN LINES

Ontario South Assembly Newsletter

Quick Links for Ontario South

Group Records Change Form

<u>Donation Form</u> or <u>E-transfers</u> can be sent to <u>osatreasurer3@gmail.com</u>. There is no need for a security question and answer. Please note your district #, group # and group name in the memo section of the transfer.

Form C for SAMS (Supportive Al-Anon Member)

Literature Order Forms (Printable and Fillable)

Area Policy Manual

Upcoming Events

Al-Anon Declaration

Let it begin with me

When anyone anywhere reaches out for help, let the hand of Al-Anon and Alateen always be there and *let it begin with me*.

Statement of Purpose

Open Lines is published three times a year by Ontario South Assembly. This newsletter presents service-related news and information to Al-Anon groups in Ontario South to help keep them informed. Personal sharings of recovery should be sent to the Forum.

Subscription Rates: If you wish to receive a copy in the mail, subscription rates for copies mailed in Canada are \$4.50 (1 year) and \$8.00 (2 years). Please send a request for NEW SUBSCRIPTIONS / RENEWALS to:

openlinesosa@gmail.com.

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Ontario South Website (Al-anon.alateen.on.ca)

Districts in Ontario South

District 1 Muskoka
District 2Georgian Bay
District 3Bruce County
District 4Waterloo Region
District 5 Huron Perth
District 6London Region
District 7 Sarnia Region
District 8 Windsor/Essex
District 9 Chatham Region
District 10Elgin Region
District 11 Brantford
District 12Niagara Region
District 13St. Catharines
District 14 & 15Hamilton-Burlington
District 16 Mississauga, Oakville
District 17 Upper Peel-Halton
District 18Dufferin, York, Simcoe
District 19Toronto North
District 20 Toronto West
District 21Toronto Central
District 22Scarborough
District 23Lakeshore
District 24Kawartha
District 25Quinte
District 26St Lawrence Region
District 27Seaway Valley
District 28 & 29 Ottawa
District 30Upper Ottawa Valley
District 31Loyalist

District 32.....Kawartha South

From the Ontario South Area Delegate

Hello Al-Anon members of Area 86, Ontario South Assembly. My name is Gwen and I am the Ontario South Delegate. What does that really mean?

The Delegate's role is carefully and clearly outlined in the Al-Anon / Alateen Service Manual 2018-2021, Version Two. There is additional information about the role in our Ontario South Service Manual. What it boils down to for me is that I am the conduit between the World Service Conference and the members of Ontario South and vice-versa. Just yesterday I was welcomed as a Delegate to participate as part of Panel 61. In even more simple terms, I was welcomed to be a part of the 61st annual Al-Anon Conversation. With that invitation I felt my nerves subside slightly and allowed myself to have faith in the process.

I have been living in some of my character defects and ego. What if I don't do this right. What if I fail and don't get all the information to you? What if! What if! What if! If you have ever felt that way about service you are not alone. I have, over the last two months read and responded to many emails and requests for information. I was invited to attend two online orientations and a third one coming up. These are to help prepare me for Conference which takes place in April. Imagine that! I am being guided through the process. I don't have to know everything. I am new and I am willing to learn. I can pass along information; I can read emails and I am able to write a report and to attend meetings.

I don't have to do service work in isolation. Along the way I will be guided by my Higher Power, my Service Sponsor and my Personal Sponsor. I have even been assigned a Conference Mentor. For now, I really want to thank you the Area members for your love and encouragement. I have received cards and emails and notes and I am truly moved. Service is a journey of learning more about Al-Anon and along the way learning about self. I look forward to sharing with you the information that is given to me as a trusted servant.

Gwen D. Delegate, ontariosouthdelegate@hotmail.com

From the Ontario South Alternate Delegate

It is a blessing and a privilege to have the opportunity to be of service to the fellowship which has given me so much, thank you! The Forum magazine and Area Policy Manual will be part of my duties.

Please note a change of email address <u>ontariosouthaltdelegate@cogeco.ca</u> If you have any questions please email me and I shall endeavour to find an answer.

A reminder that **Al-Anon** is <u>70 years old</u> this year, please consider celebrating this milestone.

Till we see each other at AWSC.

Be well, trust God

Kristine B. a very grateful Al-Anon member, who happens to be your Alternate Delegate ontariosouthaltdelegate@cogeco.ca

From the Area Chairperson

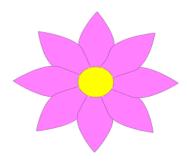
Hello everyone. I have been discovering this new service role, researching information and preparing for our upcoming Area events, as well as being reminded of a few of my character defects.

- This year your Area Executive meets in January, March, July and November. Any Al-Anon member is welcome to send items for consideration to any Area Executive member.
- Assembly 2022: <u>Districts in the west side of our Area are requested to present their bids to the Area Executive prior to May 1, 2021.</u> Please see our <u>Area Policy Manual</u> on our Area website for full information.
- Road Trip! You and Your Board Connects This is an opportunity for local Al-Anon members to meet and interact with the Board of Trustees and Executive Committee members to discuss items of importance to the fellowship and to the organization of Al-Anon Groups. A committee is needed NOW to formulate a bid to be received by our Area Executive by July 2021. Please contact me, your Chairperson, to volunteer.
- Our <u>Area World Service Conference</u> will be held on May 28, 29, 30. District Representatives, Area Coordinators, Area Executive Members, Al-Anon Information Service Representatives, Literature Operating Committee, Literature Office Manager, Ontario South Alateen Advisory Committee are all invited to attend this business meeting.
- Our Area Assembly will be held on October 15, 16, 17 and is planned for Ottawa. All of our Area Al-Anon members are invited. Our Group Representatives will be voting on Area matters at this business meeting. A host committee is hard at work preparing for us.

I am grateful to Area 86 for this opportunity to be of service, to learn, grow and further my recovery.

Gratefully Yours, Sandy O. Chairperson, Ontario South Assembly 416-420-0221 chairons86@gmail.com

SAVE the DATE!
GTA Al-Anon/Alateen Day of Recovery
Breaking Through Isolation You Are Not Alone
Saturday May 1 @ 9 a.m.- 2 p.m.
Free Online event



From the Treasurer

I would like to thank the membership for allowing me to serve as your area treasurer for the next 3 years.

Donations to the area can be made either by **e-transfer or by cheque**.

E-transfers can be sent to <u>osatreasurer3@gmail.com</u>. There is no need for a security question and answer. Please note your <u>district #, group # and group name</u> in the memo section of the transfer.

Or, if you prefer, make your cheque payable to "Ontario South Assembly" and mail to P.O. Box 1151, Station Main, Guelph, ON N1H 6N3. For proper accounting please use the donation form found in the area manual. Go to al-anon.alateen.on.ca, member section, area policy manual, Section 10, Form D – donation form.

The budgeted amount required from each group in 2021 is \$133.55.

Thank you for putting your trust in me.

Janet B, Treasurer osatreasurer3@gmail.com

From the Literature Office Committee (LOC)

- Welcome and congratulations to all those who have taken the leap of faith and are now in a new service position.
- Order forms for literature from the Literature Distribution Centre (LDC) can be found on the Ontario South website
- The most recent order forms are dated October 2020
- Business hours for the LDC continue to be from 10:00am to 1:00pm every Wednesday, however, 24/7 you can email or phone orders to <u>os.literature.distribution@gmail.com</u> or 613-283-1249 and they will be answered during business hours
- Attention District Representatives (DR): At AWSC 2021, the LOC will be looking for a DR to sit on the Committee. If you are curious about this position or have any other questions or comments about the LOC or the LDC, please contact, Sue G at butterfly8849@hotmail.com

Sue G., Literature Office Committee Chairperson butterfly8849@hotmail.com

From the Area Alateen Process Person (AAPP)

Hello. I am your Area Alateen Process Person (AAPP). I process things to do with Alateen meetings. That includes certifying and recertifying Supportive Al-Anon Members (SAMs) who are involved with Alateen. I also process Alateen group changes, new groups and group closures.

There are currently 11 Alateen groups plus a couple of new groups getting ready to start up once it is safe do so. We have 74 SAMs in Ontario South.

SAMS need to recertify every year. If you are a SAM, your District Representative should have been in touch with you by now and provided you with the form that you need to complete. Just complete the form and arrange to have your District Representative sign it and send it to me. Yes, I can accept electronic versions of this signed form. If you do not recertify in time, you are no longer a SAM after July 1.

To become a SAM for the first time, here's what you need to do:

- obtain a police record check including vulnerable sector screening from your local police station, in person or on-line. (If you live in Toronto the process is different, please check with me, your AAPP and I will provide you with the specific steps to follow.)
- some cities, towns etc. may reduce or eliminate the processing fee. If this applies to you, you may request a letter from the Area Chair, Sandy O at chairons86@gmail.com. You will need to provide Sandy with your full legal name for the letter. Your District may reimburse you for any expenses, if not, the Area will.
- seal the police record check in an envelope and give it to your District Representative
 (DR) along with the completed Area form (found on the Area website (www.al-anon.alateen.on.ca). Your DR will complete the form and send it to me for processing.

If you have any questions, please contact me at aapp.ontariosouth@gmail.com

Jean McS, AAPP aapp.ontariosouth@gmail.com

From the Archives Coordinator

Hello to all my friends (present and future) in Al-Anon

Have you ever wished you could have an Al-Anon meeting *right now*, even if it's 2 am? What about a chance to hear the words of someone in a situation just like yours, as soon as possible? Or some ideas of how other groups managed to grow?

Well, you can – all you have to do is volunteer to work with the Al-Anon Archives! I have had these wonderful pleasures since agreeing to be the interim Ontario South Archives Coordinator. For example, since I started looking in the Archives boxes last July I have learned:

- the story of Edythe D's new hat
- about the dog that, influenced by Al-Anon, encouraged an alcoholic to join AA
- that Ontario had "Al-Anon groups" before there was an Al-Anon, and
- "A Tribute" was written by inmates at Joyceville Farm Annex to thank local Al-Anon members for providing them with a fellowship group in the 1960s.

All this, and much, much more has been conserved, preserved, organized and now catalogued so we can all read and hear about Ontario South's long history as part of Al-Anon. At least we can if a few more members are willing to help out.

Why is this? Because we have reached a stage where we have to figure out how to move forward with the Archives. We have lots of decisions to make in the near future. For example:

- our boxes of papers and audiovisual media need a new location for storage
- perhaps some of this material can be converted to a digital format, and
- because we have little material from the past 20 years, and especially from the past 10 years, we need to figure out the best way to gather and store the records of important decisions and events that are missing from our collective history.

So, if you have opinions on such matters, if you like "playing with paper" or enjoy finding creative digital solutions, or if you are just curious about where today's Ontario South Al-Anon came from, please contact me at carla@carlasalvador.ca. We hope to put together a group of interested members who can help us make and then implement these decisions.

If Ontario South Archives seem a little overwhelming to you right now, why not find out about the Archives in your own district? Even in your own group. That's where it all starts – as they say, think globally, act locally!

And if you are a district or group archivist, feel free to let us know all about your activities or plans.

Others involved with Archives have noted that "the only degree required is a degree in caring," and "service came about because of my availability, not because of my ability."

I can't wait to hear from you and even, one day, meet you in person!

Yours in service

Carla S, Archives Coordinator carla@carlasalvador.ca

Calling All Those Interested in Al-Anon's History





The collection and preservation of our past, renews our sense of purpose and serves as the thread that links the generation of stories that are to follow.

- Are you passionate about Ontario South Assembly's history?
- How about, who started your group or where it was first held?
- Does Ontario South Assembly have any memorabilia?
- Interested in reading about long-time member interviews, book of remembrances of deceased pioneers, or hearing their recordings?

If you are interested in assisting Ontario South by housing our Archives or would like some more information, please contact Sue G, the Ontario South Advisor at: butterfly8849@hotmail.com

Your Ontario South Executive

From the Group Records Coordinator

Thank you all for submitting your group records forms through the website. This ensures that changes are made quickly and accurately.

May I suggest that if you do not know your group number that you reach out and find it. Including this on your communications makes things a little easier on my end.

I have enjoyed learning this task and am honoured to serve Al-Anon,

In service,

Sharon R., Group Records Coordinator grprec@hotmail.com

From the Literature Coordinator

Hello everyone, I am very grateful for the opportunity to serve Ontario South as your Literature Coordinator for the next 3-year term. I am looking forward to the challenge and the learning experience.

As Literature Coordinator, I am the liaison between World Service Office and Ontario South pertaining to all things Literature. Any items of interest are communicated to Ontario South and then on to the membership. A wonderful example was the information for Newcomers that can be accessed electronically in these challenging times. While the pandemic persists and we are facing restrictions on face to face, this site, "al-anon.org/welcome", hopefully ensures that the Newcomer is getting what we all received from a smiling face when we first came in.

I also participate in the Literature Office Committee meetings at AWSC and Assembly as well.

I am hanging on to "Progress, not Perfection" as I find my way through my new responsibility and look forward to serving you.

Please be safe, be well and Together We Can Make It"

Jim M., Area Literature Coordinator 86literature@gmail.com

From the Open Lines Editor

Gratitude: I am grateful to have this opportunity to serve the Ontario South fellowship.

Updates/Things you need to know: I am new at this, and will be learning as I go! Submission dates for 2021: **Mar. 11, July 11, & Nov. 10**

Slogan: Keep It Simple reminds me to do one thing at a time, and eventually the job gets done!

Humility: Thank you to everyone who submits to Open Lines in order to keep the area informed and up to date!

Sue M-S, Open Lines Coordinator openlinesosa@gmail.com

From the Public Outreach Coordinator

Hello, my name is Geraldine R. and it is a privilege to be asked to serve as your Public Outreach Coordinator, for Ontario South Assembly.

I am looking forward to hearing from the districts regarding their Public Outreach projects and sharing ideas and helping wherever I can. The slogan my sponsor has always asked me to use is 'Easy Does It'. It helps us to remember the spirituality part of the program and to be gentle with ourselves as we learn to spread the Al-Anon message in our districts.

You may send your questions, ideas or a write up of your project to ontariosouthpo@gmail.com Yours in service,

Geraldine R. ontariosouthpo@gmail.com

Al-Anon Mobile App Information: https://al-anon.org/for-members/members-resources/mobile-app/



From the Website Coordinator



By the time you read this, a full year has passed since our first location- and group-closures due to Covid. And we are still not out of the woods. What an incredible year it has been! As your website coordinator, nobody needs to explain the benefits of technology to me: I live and breath it, both in my Al-Anon service and in my daily job. But I have to be honest: when all of this started, I was afraid Covid could potentially be the death of our program. Instead, I saw most of us step up to the plate, swallow our fears and insecurities and we are now, for the most part, confidently hosting virtual meetings and all who need help can still find thanks to that process of personal and program growth. I am so proud of us all!

This past year was also my first year in service for the Area. It happened quite unexpectedly and the focus at first was on the technical aspects of revamping our 21-year-old website. And just as I was going to lean back and see the new website do its thing, Covid hit. No rest for the weary! I had to work hard to find a way to point website visitors to our new virtual meetings. I dived into Zoom, to find out how to keep those meetings safe and publish some recommendations on the website.

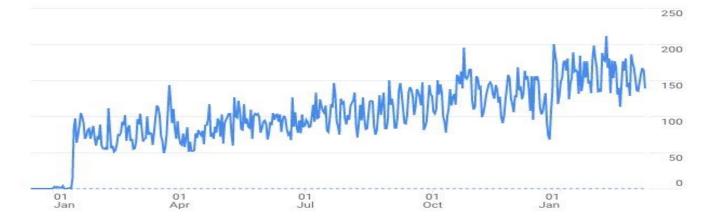
Only now, when I look back, can I see the full picture of the gifts of the program through my service. It is overwhelming and humbling. Questions that are emailed to me often require me to turn to my ever-growing library of Conference Approved Literature for answers. I am so thankful to the program for hardly ever having to invent new wheels. Our history of 70 years has produced so many words of wisdom and practical guidelines, that I usually find what I need in our CAL.

Responding to emails is a very satisfying activity for me. I am in direct contact with members who have taken the time to reach out and I gladly validate their efforts with acknowledgment and if I can, answers and explanations. So many times, I have widened my horizon through reading membership feedback. Every coin can be turned and new things can be seen, that used to be out of my field of vision. I don't have to agree with all of it, but to have the awareness that there always is another side to each issue gives me peace and serenity. I also learn to delegate. Not every question sent to the Website is one that I personally have to handle. I can forward it to those in service when it is not my business. I can be just a channel of communication.

I could go on and on about the merits of being in service, but I have decided to keep my contribution short(er) this time ③. See below some website statistics and until I talk to you in the next Open Lines edition, I wish you health, happiness and serenity. Thank you for your ongoing support!

Nicky D., Website Coordinator Ontario South os.website.a86@gmail.com

Date-range	November -	July -	March - July	January - March
>	March 2021	Nov2020	2020	2020
Total visits	9800	18,000	14,000	4,700
Unique	20,000	9,300	7,100	3,200
sessions				
Total	57,000	54,000	46,801	18,500
pageviews				
Unique	44,589	41.552	34,617	13,642
pageviews				
Time spent	1min34s	3min5s	3min20s	3min22s
on website				



Now that we can look back on a full first year of the new website, it is very satisfying to see the ever-rising numbers. We had **178,083-page hits** in the past 12 months, with **134,995 unique sessions.**

The primary purpose of our programs is to bring help and hope to families and friends of newcomers. Seeing our **Newcomer page** in the Top 5 of this past new year with **4,121 visitors** taking the time to read that page, I think the website does well as a 12th Step Public Outreach tool!



District Representative Updates

District 3 Update (Bruce County)

Three of the four groups in the district continue weekly meetings via zoom. Each group averages 8-10 regular members.

As Lois Sees It contributed CAL to their local library and are reaching out to the high school to see if the group can be of service to teachers, students or parents. They will distribute bookmarks with the Al-Anon URL code. They will also reach out to the local health authority to see if they want to place an ad in the local newspaper listing Al-Anon as a health initiative service in the area. The group is also hoping to add an Ontario South podcast to their meeting format.

Several new members have joined the Penetangore group and regular members are working with them to make sure they feel included by starting zoom meetings early and letting them run late to encourage informal conversation.

The *Hanover Roundtable* is contacting the town to see if the Al-Anon information can be placed as a service on the town website.

Port of Hope offers a speaker meeting quarterly in addition to their regular weekly zoom meetings. This gives members from all groups in the District and beyond, an opportunity to hear the experience, strength and hope from Al-Anon members across Canada.

All groups are finding the Al-Anon YouTube site; mobile app; member blog site and newcomer checklist invaluable.

Cheryl K. – District 3 DR

District 6 (London and area) Update

Virtual meetings: We have nine virtual meetings in London and area and one in-person meeting. For more information on accessing these meetings, please call our number: 519-457-9393.

Events: London and area **virtual Al-Anon Day is May 8, 2021**. Our theme is RECOVERY: CONNECTING US TO HOPE. Come join us to hear some amazing stories of recovery.

District 6 Al-Anon Family Groups are hosting **Friday Night Open Speaker** meetings via Zoom on the **first Friday** evening of the month at 8 pm.

For more information on both events, please visit our website at www.london-on-al-anon.org.

Slogan: To help me serve as a trusted servant, I use T.H.I.N.K. so everything I say, do and contribute strives to be thoughtful, honest, intelligent, necessary and kind.

Tannis R – District 6 DR

District 17 (Upper Peel-Halton) Update

Gratitude - Thank you to our dedicated members who joined committees to put on two events. *How Al-Anon Works* (Nov. 14 & Jan. 16) with Wendy and Ken, and *Zoom Into Recovery* (Feb. 6) with AA, Al-Anon and Alateen speakers from across the globe.

Updates/Things you need to know - You can listen to the speakers from *How Al-Anon Works* and *Zoom Into Recovery* by going to <u>recoverytapers.com</u>. Click on the Z-AFG blue box at the top. The workshops are listed under numbers 187-190, 203-207 and 215-227.

Humility - Heartfelt appreciation and blessings go to all who take on service, in any form, as it has kept our groups supported during these times of innovation. A special shout out goes to our dedicated GR's for keeping the lines of communication open.

Joanne G - District 17 DR

District 23 Update (Lakeshore)

Lakeshore District 23 is comprised of 11 groups. We have a selection of AM and PM meetings, book study groups, and legacy study groups that also incorporate topic and speaker meetings. Currently 9 meetings are via Zoom, one has returned face-to-face, and one remains temporarily closed. There are 2 permanent book study groups; and 'just for today' two additional groups are transitioning their format from legacy-study to book-study. Each of these 4 groups will be studying a different book. What an opportunity to 'listen and learn.'

The power of our CAL is highlighted by this sharing from the new GR of Paths to Recovery AFG: 'Our group is a CAL book study group. It was formed by members who wanted to create a group with less of the Al-Anon formalities and more sharing opportunities. Although we developed a good following and continue to find value in our format, we found we had detached too far. It was upon reading Paths to Recovery when we reached the section describing the Traditions in detail, that we reached a group conscience to look at the service positions and reached out to our district to become closer/active members of the Al-Anon Family.' GR and Alt GR were elected and are now attending the district meetings (first time in years). Such a great example of 'keep an open mind' and 'let it begin with me.'

You Are Not Alone (YANA) AFG has grown considerably through the pandemic and has visitors from different cities, provinces and countries attending their Zoom meeting. YANA offers a Newcomer Meeting each Sunday evening using a breakout room - for new or returning members who need a little more support. They also use breakout rooms to divide the larger

group into smaller groups which allows each member the opportunity to share on a deeper level.

Our district is also in the process of registering an Alateen meeting which is being planned for Saturday mornings at 11 AM. Seventh tradition funds and an abundance of literature were granted to our district from another when their Alateen meeting closed. We are so grateful that 'together we can make it' for the teens out there who need the support of the fellowship.

Our district Public Outreach Committee started meeting in March, and is busy brainstorming ideas to reach the public and to recreate some familiar events in the current reality of virtual get togethers.

The district established a new bank account this year with online access and eStatements resulting in a cost savings of \$48 per year in bank fees, and eTransfers for easier 7th tradition contributions. And we are currently working on our district financial inventory by reviewing our budget and our reserve fund using the Service Manual, and Guideline G-41 (and our service sponsors!) for guidance. I'm grateful to be witness to the unfolding of the group conscience, and am learning that change takes time, and that sensitive conversations don't have to be difficult - especially when we have Tradition 2 to remind us that the one authority is a loving God as he expresses himself in each and every one of us.

I am thankful to have the opportunity to be of service in District 23 and Ontario South. I am enjoying learning about the business of the district and area, and more importantly, I'm learning a lot about myself, both positive and less positive traits. I am most grateful for the spirit of willingness, participation and fellowship that the GRs from each of our 11 groups bring to the district table.

Hope, Unity, Gratitude, Service

Deborah F - District 23 DR

Literature Distribution Center Update

It has been a long 2020 and 2021 is staying the course with the pandemic still upon us. One of the things I have found so wonderful despite this is how resilient our Al-Anon program and members are. We are zooming all over to our own meetings and each other's, sometimes around the world. We continue to let the hand of Al-Anon and Alateen Always be there (Al-Anon declaration). Some groups are again meeting face to face, but for those who can't, we do have choices. If nothing else, the meetings and members have been there to support each other as we always do through the trials we face.

A reminder that the **office is open** for everyone on **Wednesdays from 10-1**. You may leave a message or email any time in between and I will get to it on the next workday. Our books and

workbooks seem to be even more precious to members right now. Many are sharing that during these lock downs and reduction of work hours they have been doing step/tradition, and even concept studies with their sponsors and group members.

Many are doing personal orders from the LDC, and as groups are coming together in whatever format, they are also purchasing more as groups and districts with distance pickups and drop offs, in order to save on shipping.

Some groups and districts are finding means of doing public outreach again and I am encouraging all to help clear the **Al-Anon Faces Alcoholism** that were ordered in before the world shut down last year. I will order new stock after these are cleared or if specifically requested while we are doing this.

Also set to clear are last year's **World Conference Summaries** that give you an expanded version of our Delegate's report of 2020. This is your chance to see how our fellowship works right up to our World Service Office.

I do hope we continue on a journey of recovery. Recovery for our world, recovery of ourselves, recovery of our lives in all manner. I do hope that before long the office can expand its hours to serve you more, but we need you to do so. If your need for literature increases, the LOC can clearly make that call.

Be well. Find Hope. Find your blessings one day at a time.

As always, I am grateful to serve Ontario South. I am blessed.

In service, Linda LDC Office Manager

os.literature.distribution@gmail.com

Attention! Anyone who has mailed a paper copy order and/or a cheque to the LDC in March. The Canada Post truck that delivers to the LDC caught fire in the yard earlier in March and the mail that was in it was completely destroyed. Contact the LDC to ensure that all orders are filled, so that you get the literature you need!



In stock, the **2020 World Conference Summary**. This is the write up from the World Service Office on the conference your delegate attends. She has given you the highlights but this is the full picture and really shows how the World Service Office works with your trusted servants to help Al-Anon.

If your district, group or a member would like a copy the cost with tax is **\$10.50 plus shipping**.



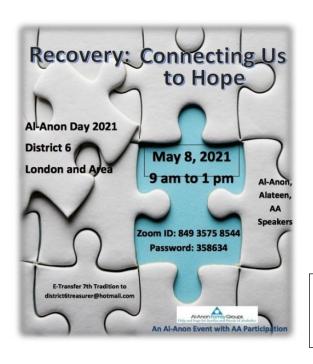
At the start of **2020** we had requests pouring in for **Al-Anon Faces Alcoholism (AFA)**. We ordered inventory for you and then the world as we know it shut down due to Covid 19. As groups were not meeting and many places weren't taking paper copies of anything, they sat on the shelf.

Now we are in 2021 and we would love to get a small supply of the new AFAs in but need to **clear the stock we have**. As the information still speaks to how Al-Anon works **it is not outdated** in any manner other than the 2020 on the cover in small print. **25 copies cost \$13.65 plus shipping.**

Can your **group**, **district**, **public outreach people** find ways to use these? We would love to get these sold. We would love for them to be used where they can help. We know people are still struggling, possibly more so now in this pandemic.

If you have places, or even **newcomers** that you can give the gift of these to feel free to order them. You may choose to combine it with a larger order for your district or group to use the postage well. Many groups are now ordering in larger quantities, to have literature to pass along safely to those who need it so that postage is absorbed by the group or is split among many.

Thank you, Ontario South, for your time and your consideration to help get the word of Al-Anon out and space cleared on the shelves for new material. Be well. os.literature.distribution@gmail.com



Upcoming Events!!

Check out Ontario South Website for upcoming events
(Just click on the link on the first page)

Retrieved from:

http://al-anon.alateen.on.ca/event/al-anon-day-recovery-connecting-us-to-hope/



ASSEMBLY 2022

District bids are requested prior to May 1, 2021

Districts in the west side of our Area are requested to research suitable facilities, obtain quotes for the required services outlined in the Bid Form and submit a bid to the Area Executive the year <u>prior</u> to the Assembly.

Please see the Assembly Bid Form for details. This form is found in our Area Policy Manual found on the Area website. The successful district will form a Host Committee.

AREA ASSEMBLY 2022

Bids are asked for in

Districts in the west side of our Area are needed to prepare their bids now

Full information is on the Bid Form

Find out more at http://alanon.alateen.on.ca/ assemblybidform

SANDY ODEBUNMI

Chairperson Ontario South Assembly 416-420-0221

chairons86@gmail.com

Retrieved from:

http://al-anon.alateen.on.ca/requests-for-service/

SAVE THE DATE

MAY 28, 29, 30, 2021

AREA World Service Conference

Your Area Executive is meeting soon. One of the items on the agenda is our upcoming Area World Service Conference. District Representatives, Area Coordinators, Area Executive Members, Al-Anon Information Service Liaisons, Literature Operating Committee, Literature Office Manager, Ontario South Alateen Advisory Committee are all invited each year. 2021 is turning out to have its' own challenges. We will advise exact meeting details as soon as all information is known, and further decisions are made.



AREA WORLD SERVICE CONFERNCE

May 28, 29, 30, 2021

District
Representatives,
Area Coordinators,
Area Executive, AIS,
LOC Committee,
LDC, OSAAC

Business meetings and workshops

Find out more at http://alanon.alateen.on.ca/ awsc

SANDY ODEBUNMI

Chairperson Ontario South Assembly 416-420-0221

chairons86@gmail.com

Retrieved from:

http://alanon.alateen.on.ca/areaassembly-awscinformation/

Al-Anon & Alateen OTTAWA SPRING CONFERENCE

70 years of Al-Anon "One Day at a Time"

Meeting I.D: 833 9657 8192 Passcode: 703207

APRIL17th, 2021 Al-Anon Event Schedule



9:30 am - 10:00 am: "Opening Remarks & Welcome" to the Ottawa Spring

Conference by Shawn K.

10:00 am - 11:00 am: "Speaker" Heather W. from Austin, Texas

11:15 am - 12:15 pm: "Speaker" Neil S. from Grimsby, Ontario

- Break for Lunch - (45 Minutes)

1:00 pm - 2:00 pm: "Alateen" Speaker or Panel (TBA) Hosted by Linda M.

from Ottawa

2:15 pm - 3:15 pm: "Speaker" Jane H. from Whitby, Ontario

3:30 pm - 4:30 pm: "Speaker" Cathy M. from Austin, Texas

4:45 pm - 5:45 pm: "Closing Speaker" Chuck K. from South Haven, Michigan

5:45 pm - 6:00 pm: "Closing Remarks"

In Participation with AA

OTTAWA SPRING CONFERENCE



For Zoom link and Info visit
OTTAWAAA.ORG

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http://al-anon.alateen.on.ca/event/ottawa-spring-conference/