"Al-Anopoly" Al-Anon/Alateen Service Manual Game

Purpose: To familiarize members with the 2014-2017 Al-Anon/Alateen Service Manual (P-24/27) and its sections.

Uses: This game can be used in small (six to ten members) or in larger groups (100 or more members). It is suitable for district meetings or workshops, Area Assemblies, or Area World Service Committee Meetings.

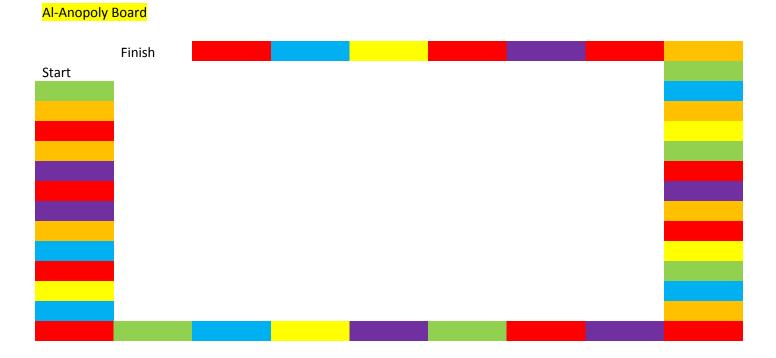
Roles:

- Moderator
- Player (for each team)
- Timer (for the two minutes to answer each question)

Materials and Supplies:

- A pair of six-sided dice.
- Colored squares of paper (red, blue, green, orange, purple and yellow).
- Colored cards with questions and answers (see templates attached). Users of the game may add their own question and answer cards if desired.
- "Step Ten" cards with instructions.
- The templates may be printed on the appropriate colored paper and cut into cards for use in the game. As alternatives, the templates may be printed on white paper and mounted on the appropriately colored paper or the cards may be marked with colored markers, or stickers to designate the sections of the *Al-Anon Alateen Service Manuals*.

Method: This game is similar to table top or on-line board games that have players moving around a simulated board. The sample board has 41 squares. However, the moderator can change the number of squares to limit the amount of time available to play the game. The board is comprised of colored squares of paper placed in a rectangle around the edge of a room:



The number of squares does not match the number of questions as it is unlikely every square or question will be used during one game. If players throw between two and twelve with each turn, it would take approximately 7 throws for a player to complete a round of play on the sample board. There are six different colored squares, which are placed in random order. Each color represents a section of the *Service Manual* as follows:

Key:

Red: *Al-Anon and Alateen Groups at Work.* Blue: *Digest of Al-Anon and Alateen Policies*.

Green: World Service Handbook.

Orange: Al-Anon World Service Conference Charter.

Purple: Al-Anon's Twelve Concepts of Service.

Yellow: Step Ten.

Cards containing questions or instructions referring to these sections are color-coded and correspond to these colors (see above under "Materials and Supplies").

It is recommended to display the above "Key" of colors to the audience so that all players are aware of the relationship between the sections of the *Al-Anon Alateen Service Manual*, the colors of the Al-Anopoly board squares, and the question cards.

Beginning the Game:

- The moderator divides the group into two to four teams with at least two persons per team. The sizes of the teams will depend on the number of attendees.
- Each team selects a member to be its representative during the game, who is referred to as "the player."
- The moderator may name the teams, e.g., Experience, Strength, and Hope. The moderator also determines the order in which the players take their turn, e.g., drawing straws, pulling the team's name from a hat, or rolling of the dice.
- Each player begins at the "Start" line.
- The first player rolls the dice and advances to the number of squares indicated by the throw of the dice.
- The moderator then reads a question from a card corresponding to the color of the square where the player has landed. (Note: A PowerPoint presentation is included, so that the moderator can display the questions as they are read to the audience if projection equipment is available.)
- Each player's team then has two minutes to locate the correct answer using the *Al-Anon/Alateen Service Manual*. As with any board game, answers do not reflect players' personal experience.
- If the team answers the question correctly, i.e., within the two-minute time frame and cites the correct section and page of the *Al-Anon/Alateen Service Manual*, the player remains on that square until the team's next turn. The answer must refer to the appropriate section, i.e., Red: *Groups at Work*. References from other sections of the *Service Manual* do not apply.
- If the question is not answered correctly, the player moves back to the team's previous space.
- If an opposing team can answer the question, when the original team has been unsuccessful, or the time has expired, the opposing team gets to roll one die and move forward the number of spaces rolled. (*Note: It is recommended that if more than two teams are playing, that a*

- member of the opposing team stands when the correct answer has been found so that the team is given the opportunity to answer the question if the first team is unsuccessful.)
- The dice should remain face up, until the player's turn is completed, so that the number of squares for a backward move will be defined. Alternatively another player from the same team could mark the starting space, so that the space will be evident if a backward move is required.
- Yellow Step Ten cards: These are "wild cards." If a player lands on a yellow square, the team advances the number of spaces listed on the card and does not have to answer a question. Conversely, the player moves the team back the number of squares as indicated on the card. (Note: The team members do not have to have done the described action to advance in spaces.) Players continue to roll the dice and answer questions in turn following the first player.

If playing with a large group, each team may designate an additional player from their team to stay in a central location to roll the dice, or each player who is moving around the "board" be issued their own set of dice.

- The first team to reach the finish line is the winner.
- Prizes may be awarded to the winning team. *Al-Anon and Alateen Groups at Work* (P-24) would be appropriate for small or large groups. For large groups a token prize could be used (e.g. candy). Another option would be for the members of the winning team to a draw for a copy of the *Al-Anon/Alateen Service Manual*.

Question:

A member continues to mention her religious affiliation in meetings. What can the group do to discourage this approach?

Answer:

Service Manual, p. 24. "Three Obstacles to Success in Al-Anon"

2 Al-Anon and Alateen Groups at Work

Ouestion:

The church where our group meets has asked us to purchase liability insurance.
Will the World Service Office provide this coverage?

Answer:

Service Manual, p. 59.

Insurance: The U.S. and Canadian laws do not allow for the WSO to provide blanket insurance coverage for groups and service arms.

3 Al-Anon and Alateen Groups at Work

Question:

How do we ensure that newcomers know how we pay for the groups' needs?

Answer:

Service Manual, pp. 9, 21.
Passing the Basket
Service Manual, pp.16, 17.
Tradition Seven

4 Al-Anon and Alateen Groups at Work

Ouestion:

How do we explain group conscience before a group business meeting?

Answer:

Service Manual, pp. 52, 53. Group conscience

Question: What are the duties of a Group Representative?

Answer: Service Manual, pp. 47, 48. Group Representative

6 Al-Anon and Alateen Groups at Work

Ouestion:

What meetings in our fellowship are always considered closed meetings?

Answer:

Service Manual, p. 37. "Alateen meetings are closed meetings. Ordinarily, only Alateen and Area certified

Alateen Group Sponsors attend."

7 Al-Anon and Alateen Groups at Work Question:

What are the basic criteria needed to start an Al-Anon electronic meeting?

Answer:

Service Manual, p.38, p. 39. Starting an Electronic meeting

The basics needed to start an Al-Anon electronic meeting

- Review the Fact Sheet for Al-Anon Electronic Meetings (S-60) and the Electronic Al-Anon Meeting Guideline (G-39). Both are posted on the Al-Anon/Alateen Members' Web site, along with the Electronic Meeting Registration/Update Form.
- Determine what type of meeting you want to start—on-line (voice and written), telephone, or other electronic media.
- On-line meetings can have only one feature: e-mail, chat, or message board.
- Telephone meetings have a phone number and access code.
- Determine what service provider to use.
- Decide on a day and time to meet (if real time).
- Return the Al-Anon Electronic Meeting Registration Form, with Current Mailing Address and contact information, to the WSO.
- Contact the WSO with any questions.

8 Al-Anon and Alateen Groups at Work

Ouestion:

Where would you find information to explain the difference between "open" and "closed" meetings?

Answer:

Service Manual, pp. 36, 37.
Located in the Index under the heading Meeting
Type: Open/Closed Meetings.

Question:

The Group Representative is the local representative for what WSO publication?

Answer: Service Manual, p. 47. The Forum 10 Al-Anon and Alateen Groups at Work

Question:

My group wants to open a bank account to deposit group contributions. Where would I find helpful information?

Answer:

Service Manual, pp. 58, 59, 95.
Located in the Index under Group Bank
Accounts and Financial Matters (Contributions to WSO)

11 Al-Anon and Alateen Groups at Work

Question:

What are the "Three Obstacles to Success?"

Answer:

Service Manual, pp. 24, 54-55. "Three Obstacles to Success" (Discussions of Religion, Gossip, Dominance.)

12 Al-Anon and Alateen Groups at Work

Question:

Some groups I attend recite the Al-Anon Declaration.

Where would I find it?

ore would I find it:

Answer:

Service Manual, p. 22. Al-Anon Declaration

Question: What is Al-Anon's sole purpose?

Answer: Service Manual, p. 12. Suggested Preamble

14 Al-Anon and Alateen Groups at Work

Question:

The Twelve Steps suggest acceptance of four primary ideas. What are they?

Answer:

Service Manual, pp. 23-24. Index: Four Primary Ideas Service Manual, pp. 23-24. Index: Optional Readings

15 World Service Handbook

Question:

Who is "A member, preferably with a basic understanding of the Al-Anon program, who is elected, subject to the dual member policy, for a three-year term by his group (Al-Anon or Alateen)?"

Answer: Service Manual, p. 133.
Group Representative (GR)

16 World Service Handbook

Question:

What is the term of office for Trustee at Large and Regional Trustee and how many terms may they serve?

Answer:

Service Manual, p.137.
Three years; they may serve two terms, which may be consecutive.

17 World Service Handbook

Question:

How is the agenda for the World Service Conference (WSC) developed?

Answer:

Service Manual, p. 144.

"The agenda is developed over the previous months by the Conference Committee.

Suggestions of all Conference members and the membership-at-large are carefully considered."

Note: The Conference Committee is also known as the Conference Leadership Team (CLT).

18 World Service Handbook

Question:

Do our Delegates represent local interests?

Answer:

Service Manual, p. 143 Unlike elected government officials, our Delegates do not represent local interests.

19 World Service Handbook

Question: What year was the first World Service Conference held?

Answer: Service Manual, p. 139.

20 World Service Handbook

Question:

How does the World Service Office obtain the money in its General Fund to pay for the World Service Conference?

Answer:

Service Manual, p. 145. The four appeals sent annually to all groups.

21 World Service Handbook

Question:

What is the name of the meeting attended by the Group Representatives (GRs) in an Area called for the purpose of electing a Delegate to the annual World Service Conference, an Alternate Delegate, and Assembly officers?

Answer: Service Manual, p. 132.
Assembly

22 World Service Handbook

Question:

Who is: a vital link in the continuing function, growth, and unity of world Al-Anon? He is a member elected by his group for a three-year term.

Answer: Service Manual, p. 155. Group Representative

23 Digest of Al-Anon Policies

Question: Who are the members of the WSO Policy Committee?

Answer:

Service Manual, p. 79.

"The WSO Policy Committee is composed of a Chairperson, all members of the Board of Trustees, At-Large members of the Executive Committee, the Chairpersons of all WSO Committees, and the Conference members of the WSO administrative staff."

25 Digest of Al-Anon Policies

Question:

What is the Policy Committee often asked to review?

Answer:

Service Manual, p. 79.

"The WSO Policy Committee is often asked to help when there is confusion about how a specific Tradition applies to a new or controversial situation in Al-Anon or Alateen. The Committee meets regularly during the year to review and discuss each problem or issue in light of the Traditions and determines an appropriate policy recommendation. The proposed policies are then brought to the Board of Trustees for consideration."

24 Digest of Al-Anon Policies

Question:

What does the *Service Manual* say about discussing the abuse of drugs by a family member at an Al-Anon meeting?

Answer:

Service Manual pp. 124, 125.

"A symptom of alcoholism in the home may be the abuse of drugs by family members.

Occasional discussion of this topic is acceptable at an Al-Anon or Alateen meeting as it may be one of the results of living with alcoholism.

However, our responsibility is to ensure Al-Anon's survival as a resource for families and friends of alcoholics. By focusing on these drug-related problems, we risk being diverted from Al-Anon's primary aim. Referral to appropriate sources of help may be suggested to those in need."

26 Digest of Al-Anon Policies

Question:

If a meeting location will not accept money for rent, what does the *Service Manual* suggest the group do instead?

Answer:

Service Manual, p. 99.

"At locations where rent may not be accepted, a supply of Al-Anon/Alateen Conference Approved Literature and local meeting schedules may be provided to the facility as an appropriate alternative."

27 Digest of Al-Anon Policies

Question:

Why can't WSO register an Al-Anon group made up of recovering alcoholics and members of A.A.?

Answer:

Service Manual, p. 81. It does not qualify to have a Group Representative.

28 Digest of Al-Anon Policies

Question:

Are Al-Anon members allowed to sell t-shirts, cups, etc., at A.A. meetings?

Answer:

Service Manual, p. 98.
In keeping with Tradition Seven, Al-Anon and Alateen members should refrain from selling anything there.

29 Digest of Al-Anon Policies

Question:

Where can meeting information be found?

Answer:

Service Manual, p. 83.

"Al-Anon and Alateen meeting information can be obtained by contacting Al-Anon Information Services listed in local telephone directories and on the WSO Web site, www.al-anon.alateen.org."

30 Digest of Al-Anon Policies

Question:

Why would we avoid using professional terms and labels?

Answer:

Service Manual, p. 124.

"Labels: Focus on the Al-Anon interpretation of our program is strengthened when we avoid using professional terms and labels since they may confuse members by implying affiliation with certain persons or specific therapies."

31 Digest of Al-Anon Policies

Question:

Where is there information cited about the use of the term, "retreats," to publicize an Al-Anon event?

Answer:

Service Manual, p. 123.

"It has been suggested that the name 'retreat' often has religious connotations and could imply affiliation if used in connection with an Al-Anon/Alateen event."

32 Al-Anon World Service Conference Charter

Question:

According to the World Service Conference Charter, what is the purpose of the Conference?

Answer:

Service Manual, p. 171.

"a. To be the guardian of both Al-Anon's world services and its Twelve Traditions; b. To be a service body, not a government."

33 Al-Anon World Service Conference Charter

Question:

Who is chosen from District Representatives by two-thirds written ballot or by lot at Assembly?

Answer:

Service Manual, p. 173.
The Delegate
Assemblies: Preferred Method of Election

34 Al-Anon World Service Conference Charter

Question:

Who can authorize changes to the wording to the Al-Anon/Alateen Twelve Steps, the Al-Anon or Alateen Traditions, Al-Anon's Concepts of Service, or the General Warranties of the Conference Charter?

Answer:

Service Manual, p. 172.

3. Relation to Al-Anon (d) By written consent of three-quarters of the Al-Anon Family Groups.

35 Al-Anon World Service Conference Charter

Ouestion:

How often does the World Service Conference meet?

Answer:

Service Manual, p. 173. "The Conference meets annually."

36 Al-Anon World Service Conference Charter

Question:

True or False: The provisions of the Al-Anon World Service Conference Charter are not legal, but traditional, since the Conference is not incorporated.

Answer:
Service Manual, p. 171.
Introduction
True

37 Step Ten card Made coffee for my meeting Advance two spaces	38 Step Ten card Put out the literature at my meeting Advance two spaces
39 Step Ten card Volunteered to be the treasurer in my group Advance two spaces	40 Step Ten card Attended a district meeting Advance two spaces

41 Step Ten card Chaired a meeting Advance two spaces	42 Step Ten card Got a Service Sponsor Advance two spaces
43 Step Ten card Gossiped Go back two spaces	44 Step Ten card Take someone else's inventory Go back two spaces

45 Step Ten card Tried to represent more than one group at Assembly. Go back two spaces	46 Step Ten card My group's Treasurer doesn't give us reports and we don't ask. Go back two spaces
47 Step Ten card My group needs a Group Representative. Go back two spaces	48 Step Ten card My group hasn't had a business meeting in six months. Go back two spaces

49 Al-Anon's Twelve Concepts of Service 50 Al-Anon's Twelve Concepts of Service Question: Who has the ultimate responsibility and Question: authority for Al-Anon world services? What is the key to harmony? Answer: Answer: Service Manual, p. 181. Service Manual, p. 188. Concept One Concept Four The Al-Anon groups Participation 51 Al-Anon's Twelve Concepts of Service 52 Al-Anon's Twelve Concepts of Service Question: To whom have the Al-Anon Family Groups Question: delegated administrative and operational What Concept allows any member of Al-Anon authority? the right of appeal and petition? Answer: Answer: Service Manual, p. 183 Service Manual, p. 190. Concept Two Concept Five The Conference and its service arms

53 Al-Anon's Twelve Concepts of Service

Question: What makes effective leadership possible?

Answer:

Service Manual, p. 185.

Concept Three
The right of decision.

54 Al-Anon's Twelve Concepts of Service

Question:

Who has the primary administrative responsibility of the Al-Anon Family Group Headquarters, Inc. (World Service Office)?

Answer:
Service Manual, p. 193.
Concept Six
Trustees

55 Al-Anon's Twelve Concepts of Service

Question:

Who has legal rights? Who has traditional rights?

Answer:

Service Manual, p. 194. Concept Seven Trustees – legal. Conference – traditional. 56 Al-Anon's Twelve Concepts of Service

Question:

What is avoided by carefully defined service authority?

Answer:

Service Manual, p. 203. Concept Ten Double-headed management.

57 Al-Anon's Twelve Concepts of Service

Question:

Who delegates full authority for routine management of Al-Anon Headquarters to its executive committees?

Answer:
Service Manual, p. 196.
Concept Eight
The Board of Trustees.

58 Al-Anon's Twelve Concepts of Service

Question:

What is the composition of the World Service Office?

Answer:

Service Manual, p. 207.

Concept Eleven
Selected committees, executives, and staff
members.

59 Al-Anon's Twelve Concepts of Service

Question:

Who assumes primary leadership at the world service level?

Answer:

Service Manual, p. 198. Concept Nine The Board of Trustees. 60 Al-Anon's Twelve Concepts of Service

Question:

Where will we find the spiritual foundation for Al-Anon's world services?

Answer:

Service Manual, p. 214.
Concept Twelve
The General Warranties of the Conference,
Article 12 of the Charter.