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October 25, 26 & 28, 2013

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AI-ANON ACRONYMS

ADR Alternate District Representative

AGR Alternate Group Representative

AIS Area Information Service

CAL Conference Approved Literature

DR District Representative (32 Districts in the OSA)

GR Group Representative

ID# Number assigned to every group when it registers with WSO e.g. Area #086 District # (1-32) Grp. ID# (7or

8 digit number)

NPIC National Public Information Center

OS Ontario South

OSA Ontario South Assembly – all Al-Anon Family Groups in OS

PO Public Outreach

SAM Supportive Al-Anon Member

WSC World Service Conference – annual meeting of all Delegates at the World Service Office

AWSC Area World Service Committee – annual meeting of OSA executive, DRs, Coordinators, Trustees and AIS

representatives

WSO World Service Office - Virginia Beach, Virginia

AI-ANON TERMS

AREA EXECUTIVE Delegate, Alternate Delegate, Chairperson, Secretary, Treasurer

ASSEMBLY Annual meeting of all Executive, Advisors, Coordinators, Chairpersons, Liaisons,

Trustees and Group Representatives

OPEN LINES Ontario South Assembly Newsletter

REACHING OUT Ontario South Alateen Unity Committee Newsletter

TRILLIUM Ontario South Assembly Al-Anon Family Groups Convention

COMMONLY USED WEB SITES

ONTARIO SOUTH www.al-anon.alateen.on.ca

WORLD SERVICE OFFICE www.al-anon.org/members

(Updated March 2012)

THE 3 "C"S OF SERVICE

1ST YEAR – CONFUSED

2ND YEAR – COMFORTABLE

3RD YEAR - CAPABLE

(And then we're out!)

Area Alateen Report to Assembly 2013

I will begin with a BIG thank you to all those Al-Anon Members who took the time to become registered as a SAM (Supportive Al-Anon Member)/Alateen Sponsor. There are currently 154 SAM individuals in Ontario South. Many of these SAM(s) are Alateen sponsors, involved with Alateen groups of which there are 34.

I would also like to thank our Area Process Person for all her hard work and dedication. This year SAM(s) were required a police check along with our Ontario South forms and our Area Process Person had to check and recheck all these before sending them along to World Service Office. (WSO).

She willingly supplies me with details of all the groups and SAM information.

I am requesting immediate assistance from Al-Anon members who may have or had previous experience in drafting parts of the Alateen charter. It is important to Alateen in Ontario South to assist them with guidelines for a Unity Conference. These guidelines are for Section 11: K in our Ontario South Manual. I would like to suggest that in this section pertaining to Ontario South Alateen Unity Conference, there be guidelines on how to make a formal bid for the Unity Conference. In the past bids for Unity have followed bids like Assembly. The only thing that is in place regarding the Unity Conference is safety guidelines (section D&E). There is mention in section (H) regarding start up funding for Unity but that is all at this time. Please ask all the members in your District if they'd be willing to start this process with me and the OSAAC committee. We'd like to get started as soon as possible.

This September we welcomed a new Alateen group to OSA "Together We Can Make It " in Toronto.

I ask once again, please display our Alateen table card at your Al-Anon meetings. These cards are only 15 cents each. These table cards give the new (and not so new) Al-Anon members awareness that the Alateen program is here for any teens in their lives. Even if there aren't Alateen meetings in your District or nearby, this table card provides awareness to Al-Anon members that Alateen does exist. This is an easy and effective way to carry the Alateen message to family and friends of alcoholics. In addition Alateen 12 Steps and 12 Traditions are simply a GREAT addition to every literature table! (P18) 95 cents

I have had four Alateen speaker requests for Al-Anon events this year and have been unable to fill these requests. Sometimes it isn't the willingness to speak that stops Alateen, but timing, availability and sometimes transportation can be a problem. Some Alateen are so new to the program they don't feel they have enough program to share at that particular time. Perhaps you'd consider asking an Al-Anon Adult Child with Alateen experience to speak instead. There are many SAM/Alateen Sponsors willing to share as well.

Please find attached a financial report for OSAAC. The report is from last Assembly to Sept 30 2013.

Below I have provided my **NEW** email address<u>ontario.south.alateen@hotmail.com</u> (previous email was compromised June 25 2013)

Please keep Alateen in your hearts

Ontario South Alateen Advisory Committee Financial Report to Sept 30 2013 (OSAAC)

Balance as of September 30 2012 3233.87

Oct 2012 to Sept 2013

Bank fees 1.95 a month -23.40

October 2012

Main St Fellowship AFG 60.00

OSAAC Survey printing for Assembly -42.94
OSAAC Thank you Cards -10.00

Jan 2013

Main St Fellowship AFG. 60.00 Wendy L. (ATM) 50.00

Feb 2013

Brooklin New Beginnings AFG 70.00

From 1st Anniversary meeting

March 2013

Jan 5 2013 Unity Day 283.39

Unity facility donation -100.00

June 2013

OSAAC printing of

Alateen Survey for Trillium -24.86

Bank reversal of web charges 20.89

Balance Sept 30 2013 3576.95

AREA ALATEEN PROCESS PERSON (AAPP) O.S. ASSEMBLY 2013 REPORT

Hello everyone! The second year of this AAPP term has been busy indeed, but very educational and so rewarding.

Ontario South presently has 154 Supportive Al-Anon Members (SAM's) and 35 Registered Alateen groups. Kudos to all of the SAM's and District Representatives for their co-operation in facilitating the re-certification process within the 2013 WSO time frame. Well done!

2014 SAM Re-certification. The only form that is required is the "Ontario South SAM Screening Application and Certification Form" (Form C) (2012). Please use the current form and complete all areas. You are encouraged to start this process in November 2013, as all re-certification documents must be submitted to me by March 01, 2014. Exemptions to this are SAM's who were initially certified or re-certified after June 30, 2013.

Alateen group registration and changes. Please submit to me using the the new "Alateen Registration /Group Records Change Form" (GR-3) (2013).

The WSO "Alateen On-Line Group Records" for SAM's and Alateen Groups, which was made available to the AAPP in 2013, is amazing. The amount of paper and mailing has been greatly reduced and the speed and efficiency significantly increased. This process continues to evolve and is quite exciting. Congratulations to WSO for taking this step forward into the present.

An e-mail will be sent to the DR's and SAM's during the first week of November as a gentle reminder to get started on the 2014 re-certification process.

Thank you for allowing me this wonderful opportunity to serve Ontario South Alateen.

Area Archives - Assembly 2013

Here we are gathered at Assembly once again. Where has the year gone? Although my time as Archivist has been somewhat quiet, I will still encourage your Districts to change this. So please, when you go back home after Assembly, send me an invite to your Al-Anon Day or District meeting to do a workshop. Yes, workshops can be fun! All I need is forty-five minutes on your agenda.

I continue to give thanks to the Al-Anon members who assist with the sorting and prepping of documents to be catalogued using a spreadsheet on a flash drive.

While at Assembly, I also encourage Group Representatives to take five minutes of your time and have a look through your district binder and find out just what information there is available for your group's history. Is there anything that needs to be updated? Feel free to ask me to send you a copy via e-mail so that you can take it to your group at a business meeting and ask members to assist in updating their history. Or, does anyone from your group go out for coffee before or after your meeting? Would they like to review the history and update it then? Would a member like to do a meeting on your group's history and have the group help to update it then? Just some ideas to think about.....

Enjoy your weekend one session at a time and hope to see more of you all soon at a workshop.....

ONTARIO SOUTH ASSEMBLY 2013 FORUM COORDINATOR REPORT

Welcome to our 2013 Assembly. If this is your first time at Assembly I am especially excited for you and if you have been here before you know how amazing this experience can be!

As our Area's Forum Coordinator, my role is as per our AL-ANON guidelines G-32:

Area Forum Coordinators encourage groups and members to submit sharings to The Forum and to subscribe. They carry Al-Anon's message of recovery as printed in The Forum to Group Representatives (GRs), who are the Forum Representatives at the group level.

Did you know?

- > **Did you know** if you are a Group Representative for your group you are *The Forum* Representative for your group?
- ➤ **Did you know** WSO (World Service Office) sends each group a complimentary copy of *The Forum* to your CMA (current mailing address) and that is one of the many reasons why accurate and current Group Records are essential? (Sent through our Ontario South Group Records Coordinator)
- **Did you know** that each issue has articles about Our Three Legacies, each issue corresponding to the month of the year?
- ➤ **Did you know** The Forum contains articles that are great for initiating topics of discussion for our meetings?
- > **Did you know** that articles are submitted to *The Forum* for publication by Al-Anon members just like you? You could submit an article to The Forum because **"YOU"** have valuable experiences that once shared can break our isolation.
- ➤ **Did you know** your group could order additional subscriptions or you could subscribe yourself or gift a subscription?
- ➤ **Did you know** The Forum also contains a section "Inside Al-Anon Family Groups" which presents news, policy, and commentary from volunteers, staff, and readers sharing experience through service?
- ➤ Did you know you can access our Ontario South Website at www.al-anon.alateen.on.ca and look under the Coordinators Corner for direct information and instructions on how to subscribe and submit articles? I am also including a fun activity to promote interest and discussion about The Forum. PLEASE CHECK IT OUT!

If I can be of any support or assistance please feel to contact me.

Group Records Coordinator Report

I can't believe it is time for Assembly already, where has the summer gone?

Since my term began last year I have been kept busy with making changes to group information as well as registering new groups for Ontario South. On a sad note I have had to change a register a number of groups as being inactive.

On a good note I have been working on changing the format of the group information record that I send out to all DR's at the time of AWSC and Ontario South Assembly. The new format will show the date that the last information for that group was updated.

I have been trying to gather statistics of all the changes that have taken place since my term of office began in January of 2012. There are 406 groups that I have records for in Ontario South. Of those 406 groups, 40 groups are marked inactive. On a good note there have been 27 new groups registered (18 – Al-Anon Family Groups and 9 - Alateen groups); however, 4 of the newly registered Al-Anon Family Groups are now inactive and 5 of the newly formed Alateen groups have gone inactive. What that means is that there are 366 active groups in Ontario South. Also each month I receive on average 14-20 junk change forms. These forms are completed by someone just punching random letters and numbers in different spots. I will have a few of them at my display table during Assembly.

I hope to see you all at Assembly and a special note to all DR's please stop by the display table to pick up the DR reports.

Literature Coordinator Report

Hello Executive, Coordinators, District Reps, and friends:
Here's the latest update of literature news:
Another exciting announcement — Our first audio book!
We are pleased to announce that <i>How Al-Anon Works for Families and Friends of Alcoholics</i> was available as an audio book on September 13.
It will be sold as a downloadable MP3 file, not as a set of ten or more CDs, because we can't protect the CD format from being copied. It is 16 hours and 19 minutes of listening.
The audio book will be available through Audible.com, Amazon.com, and the Apple iTunes Store, rather than directly from Al-Anon, because these vendors have the technology that can provide copyright protection for our literature.
 Also, please note that the Sharing Request/Guidelines for the PARENTS AND GRANDPARENTS OF YOUNG PROBLEM DRINKERS (working title) pamphlet is now available. This is posted on the Members' Web site, along with a page for submitting a sharing directly on-line. Please help spread the word about this project too. So far, we have only received one sharing. There are copies on the Literature Coordinators table that can be picked up.
I look forward to another great Assembly here in Ontario South!
God Bless,

Open Lines

Hello to all my fellow Al-Anon members. I am pleased to be your Open Lines Coordinator.

I have enjoyed serving the assembly and seeing to fruition the conversion to electronic distribution of Open Lines.

We have had very few replies to our question what do you want to see in Open Lines. We are aware that it contains a bunch of reports that no one enjoys reading. Our requests for service related article have gone unanswered. We need your feedback; nothing can be improved without it.

The last edition (August 2013) cost around \$50 to produce. This amount does vary if we need more stamps or envelopes or if we end up mailing more copies. Still this is a far cry for the \$1000 we were spending.

The number of personal subscriptions has declined, but I believe it is because it can now be viewed on line for no charge.

We have most groups on board with group/ district email addresses and continue to encourage groups to create their own email addresses to ensure continuity during the change over year. This also, ensures confidentiality as some email especially those who use work email addresses may not realize but the technology squads can go in and read your email anytime they chose and for most work places if you look at the internet policies email is to be used for work purposes only. It takes only a couple of minutes to set up a gmail/hotmail/yahoo address. If you need help please talk to myself or Denyse our website guru.

Thank you for your continued support in my efforts and please take the time to think about your service journey and if it may include desktop publishing and producing Open Lines for the next service term.

Public outreach report

Due to illness and situations beyond my control I have not been very active in regards to my position as your Public Outreach Coordinator. My sincerest apologies in not letting everyone know. I am sure you all received an e-mail in regards to this. However I am on the mend. On the 25th of October I attended the Hamilton Recovery Breakfast and manned a table to talk with people about the importance of Al-Anon in the Recovery community. I have established that I will be returning next year to man a table with a little more notice than one day. The table was a great success with all of my meeting lists being taken up and most of my available literature. It truly amazed me to find out that so many in the recovery community do not know about Al-anon. I am still pushing the bookmark campaign...it does not cost you anything to do outreach!!!! Put 'em...is the words of the day how do you put your public outreach?????? I would love to hear from ALL members how and where they put there public outreach, as well as how much they spend on average on public outreach. This is often one of the barriers that I am hearing about. I am still waiting on a list of PSA's delivered by WSO and what stations in our area have already been covered. Suffice to say if you have a local station like Hamilton's cable 14 see if you can get mentioned on there. I am working on getting some information mentioned about Al-anon on a program on cable 14 called the advocate, I know the gentleman running the program and hope that he will mention Al-anon as a necessity in the recovery community.

I am happy to be receiving regular reports from some districts but am concerened that there are not more districts with public outreach coordinators such as CPC cooperating with the professional community, And Institutions...these are great resources that must be tapped in all our diatricts. Please remember if you are afraid of not doing the job right just call me or e-mail me I am here to support you in all you do for public outreach.

Also a reminder to all districts that are reporting please put your district number in the subject line for ease of electronic filing. Many thanks in advance.

Remember how do you public outreach?????

Ontario South Assembly Website Coordinator Report

Hello Ontario South!!!

I hope everyone has enjoyed their summer Well here we are again, another year in service . This year has been the busiest since I started as Website Coordinator. A lot of changes have been made and I want to thank the members for their patience as these changes were being done. Our website host has been changed to a different host and all our files had to be transferred over. The transition was made very smoothly and the website is doing great. I am looking forward to working with you all again for another year.

Here is the statistics for the month of September, we had 5726 visits which is over 200 visits more than the month of August. Keep telling your members to visit the Ontario website at www.al-anon.alateen.on.ca. There is a lot of information like upcoming events, where to find different meetings, news from World Service Office, Openlines, Delegates corner, Coordinator's corner... It's also an easy way to update group changes, share your upcoming events with the rest of Ontario. I look forward to hearing from you. If you have any suggestions on how to make your website work better for your needs please email me at ontariosouthwebsitecoordinator@outlook.com or look for my contact information on the last page of Openlines. I hope you have a fabulous and fun Assembly. I am looking forward to seeing everyone soon. openlines. I hope you have a fabulous and fun Assembly. I am looking forward to seeing everyone soon. openlines.

ONTARIO SOUTH LDC REPORT - ASSEMBLY 2013

<u>Financial:</u> The average U.S. exchange rate has averaged 2,79%

Office staff and volunteers: At this time we have 1 volunteer who comes one day a week and 1 full-time employee.

<u>Literature</u>: will be available for sale on Friday evening until 7:30, Saturday from 7:30 - 8:15 AM, during break times and also at lunch and dinner on Saturday. The Literature room is not open on Sanday. Pre-paid orders are in the literature room also. Please visit the room and discover new items.

Please remember: when you receive a notice regarding a new item from World Service Office, the price is listed in U.S. dollars and the item is already at the LDC. Please contact the LDC by phone, email, or fax for the Canadian price.

The latest Literature order form is dated 06-15-2013. This is available on the Ontario South website: al-anon, alateen, on, ca. Click on Literature, and scroll down to the desired format, either PDF or Excel. The form will automatically calculate the cost, just add the shipping and applicable tax from the chart for the total cost.

We try to process and ship the orders as soon as we receive the payment. If items are out of stock, we will ship the order and backorder the out of stock items. The backordered items are shipped when available. Thank you for your patience and understanding when an item is delayed.

If there is a difference in the payment and the cost of the order, we will adjust the order to reflect the amount received. This simplifies the bookkeeping process. To assist us in completing your order please enter your group ID and district number on the order, this goes a long way to help the procedures to run more accurately.

Normally it takes 1-3 days for an order to be delivered from the office. If you have not received your order within 2 weeks of sending your order, please contact us.

To speed the processing system many groups are placing orders through email and paying for their orders with email bank transfers. This is a simple process available to all that have online banking. If you have any questions, please contact us.

Consignment Orders: These are available for special events such as Al-Anon Days, Round-up, and Conferences. We need at least 6 weeks notice prior to the event to process the orders. Contact us for the details. This year we had 8 consignments for events happening from Arnprior to London and Brantford.

Speaker List: We try to maintain a list of members who have expressed a willingness to speak. Currently we are updating the information about the speakers as often people move, phone numbers change etc. If you have gifted persons in your group willing to speak, please complete the questionnaire and send it to me. The questionnaire C-6 is sent with orders. Families are always needed.

<u>Flyers and Registrations:</u> If you have flyer for Conventions or Al-Anon days, we will gladly include them in the outgoing shipments for you.

If there is a way we can further benefit the group, please let us know. We will discuss and decide whether it is feasible for the office to carry out your request.

In closing, I would like to thank the Board of Directors for their trust and patience with me, and also my gratitude to each of you for allowing me to be the LDC Manager.