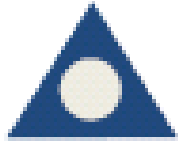


## Meeting List April, 2019




### AL-ANON & ALATEEN FAMILY GROUPS Of GREATER TORONTO AREA

All meetings are only for Al-Anon/ Alateen members and prospective members

The general public, professionals and the media are welcome to attend meetings designated as open

#### List of Open Meetings



**FRIDAY** 8:30 PM – O D22 **SCARBOROUGH TORONTO** AA Newcomers with Al-Anon Participation

**SATURDAY** 8:15 PM - O  D19 **TORONTO** Saturday Night Open

**SUNDAY** 7:30 PM - O D16 **OAKVILLE** Oakville Sunday Night Open

- D16** **Lakeshore West** – Mississauga, Oakville, Port Credit
- D17** **GTA North West** – Peel, Georgetown, Halton, Acton, Brampton, Erin, Milton, Woodbridge, Nobleton
- D18** **GTA North** – Simcoe, Aurora, Beaverton, Bradford, Keswick, King City, Newmarket, Orangeville, Stouffville, Sutton West,
- D19** **Toronto North** - Downtown North And Don Mills, Richmond Hill, Thornhill, Willowdale
- D20** **Toronto West** – Etobicoke, Weston
- D21** **Toronto Central** - Downtown South
- D22** **Toronto East** - Scarborough, Agincourt, Markham, Unionville
- D23** **Lakeshore East** Ajax, Bowmanville, Brooklin, Pickering, Port Perry, Oshawa, Orono, Whitby

#### Legend

- AC** Adult Children
- GLBT** Gay, Lesbian, Bisexual, Transgender
- O** Open Meeting
-  Wheelchair Accessible
-  Indicates recent change

#### Meetings At Same Time and Place:

- (AA)** Alcoholics Anonymous
- (AL)** Alateen
- (AN)** Al-Anon

#### For Updates or Further Information Contact us by:

##### Mail:

GTAIS  
Greater Toronto Al-Anon/Alateen Information Service  
P.O. Box 30246  
Rexdale Post Office  
123 Rexdale Blvd  
Etobicoke, On., M9W 0B1

##### Email:

gtais.updates@gmail.com

##### Telephone:

Information Line at 416-410-3809  
Outside GTA call 1-888-425-2666

##### Online:

<http://www.al-anon.alateen.on.ca/>

##### Related Links


**Ontario south:** <http://al-anon.alateen.on.ca/>

**World Service:** <http://al-anon.alateen.org/>

**To Order Al-Anon/Alateen Literature:**

**Ontario South Literature Distribution Centre**  
127 Ford Road  
Smith Falls, Ontario. K7A 4S4  
613-283-1249

## District 16

**MONDAY 8:45AM -  MISSISSAUGA**  
NEW HOPE  
Central Parkway Mall  
377 Burnhamthorpe Rd.  
(2<sup>nd</sup> Floor) Program Room in Active Adult Centre  
**(Closed holiday Mondays)**

**MONDAY 7:45 PM (AL) (AA) OAKVILLE**  
MONDAY NIGHT OAKVILLE  
St. Jude's Anglican Church,  
160 William St  
(2 blocks S of Lakeshore, E of Navy St)

**MONDAY 8:30 PM (AA) MISSISSAUGA**  
POLISH SPEAKING  
St. Maximilian Kolbe RC Church  
4260 Cawthra Rd, Good Shepherd Room  
Polish: "Salka Dobrego Pasterza"

**TUESDAY 8:00 PM - MISSISSAUGA**  
COURAGE TO CHANGE  
Erindale United Church  
1444 Dundas Crescent  
(S off Dundas St W, between  
Mississauga Rd & Credit Woodlands)

**WEDNESDAY 7:15 PM (AL) MISSISSAUGA**  
COFFEE HOUR  
Westminster United Church  
4094 Tomken Rd  
(SW corner of Tomken & Rathburn)

**WEDNESDAY 7:45 PM - MISSISSAUGA**  
**CIRCLE OF HOPE**  
Cooksville United Church  
2500 Mimosa Row (2 blocks N of Queensway at Hwy  
10 & Floradale) Use bell on Double White Doors

**THURSDAY 7:30PM (AL) MISSISSAUGA**  
GROWING TOGETHER  
Westminster United Church  
4094 Tomken Rd (at Rathburn, SW corner)  
Adult Children Welcome

**THURSDAY 8:00 PM (AA) MISSISSAUGA**  
MEADOWVALE BACK TO BASICS  
Eden United Church  
3051 Battleford Rd (near Meadowvale Town Centre)

**THURSDAY 8:00 PM - MISSISSAUGA**  
SUBURBAN WEST **Port Credit**  
St. Andrew's Memorial Presbyterian Church  
24 Stavebank Rd  
(1 block N of Lakeshore, 1 block E of river)

**FRIDAY 10:00 AM - OAKVILLE**  
FRIDAY MORNING  
Glen Abbey United Church  
1469 Nottingham Gate

**FRIDAY 7:30 PM (AA) OAKVILLE**  
OAKVILLE FRIDAY NIGHT BACK TO BASICS  
St. Paul's United Church  
454 Rebecca St.

**SATURDAY 10:00 AM - OAKVILLE**  
OAKVILLE SATURDAY MORNING  
Hopedale Presbyterian Church  
156 Third Line (between Lakeshore & Rebecca)  
Free Child Care Available

**SUNDAY 7:30 PM - O OAKVILLE**  
OAKVILLE SUNDAY NIGHT OPEN  
Munn's United Church,  
5 Dundas St East (at 6th Line)

## -District 17


**TUESDAY 10:00 AM - BRAMPTON**  
SERENITY  
Church of the Holy Family  
10446 Kennedy Road,

**TUESDAY 8:00 PM - BRAMPTON**  
RENEWED HOPE FOR TOMORROW  
St. Jude's Anglican Church  
1000 Central Park Drive  
(Between Tobram Rd. & Bramalea Rd.)  
**((Rear Entrance))**

**TUESDAY 8:00 PM MILTON**  
HOPE FOR TODAY  
Grace Anglican Church  
317 Main St East

**TUESDAY 8:00 PM WOODBRIDGE**  
WOODBRIDGE  
Woodbridge United Church  
8090 Kipling Ave. (N of Hwy 7)  
**(Use side door, go to smaller room)**

**WEDNESDAY 10:00 AM GEORGETOWN**  
ONE DAY AT A TIME  
Knox Presbyterian Church  
116 Main St. (Corner of Church and Main St)  
Church St. entrance, down stairs mtg. room on left)

**WEDNESDAY 8:00PM -  ACTON**  
ACTON  
Trinity United Church  
70 Mill St East  
(Back door off parking lot, downstairs, 2nd door on right)

**WEDNESDAY 7:30 PM BRAMPTON**  
WEDNESDAY NIGHT  
Grace United Church  
156 Main St. North

**THURSDAY 10:00 AM BRAMPTON**  
BRAMPTON SERENITY  
Church of the Holy Family  
10446 Kennedy Road

**THURSDAY 8:00 P.M. NOBLETON**  
ENOUGH IS ENOUGH  
Nobleton United Church  
6076 King Rd.  
(Enter at rear)

**THURSDAY 8:30 PM BOLTON**  
Bolton  
Caven Presbyterian Church  
110 King St. West  
(Main floor, room to the left)

**FRIDAY 7:00 PM  (AL) BRAMPTON**  
ONE DAY AT A TIME  
St Paul's Presbyterian Church  
723 Balmoral Drive  
**(2nd door from street, off parking lot)**


<b>District 18</b>	
<b>MONDAY 8:00 PM</b> FRIENDSHIP St. Andrew's Presbyterian Church 484 Water St (at Main St) <b>(use the back door, go to basement)</b>	<b>NEWMARKET</b>
<b>MONDAY 8:00 PM</b>  MONDAY NIGHT SERENITY Westminster United Church 247 Broadway (Side door, downstairs on left, across from auditorium, Room 5)	<b>ORANGEVILLE</b>
<b>TUESDAY 8:00 PM</b> -  (AA) AURORA SERENITY St. Andrews Presbyterian Church 32 Mosley St. (Church & Mosley) (2 <sup>nd</sup> Floor)	<b>AURORA</b>
<b>WEDNESDAY 8:00 PM</b> BEAVER RIVER St. Andrew's United Church 523 Simcoe St	<b>BEAVERTON</b>
<b>WEDNESDAY 8:00 PM</b> JOURNEY TO FREEDOM Holy Martyrs of Japan Church 167 Essa St	<b>BRADFORD</b>
<b>WEDNESDAY 8:00 PM</b> STOUFFVILLE STEPS TO SERENITY Stouffville United Church 34 Church St (N of Main St)	<b>STOUFFVILLE</b>
<b>WEDNESDAY 8:00 PM</b> (AA)  KESWICK FREEDOM Keswick United Church 177 Church St (Door with ramp – Ground Floor)	<b>KESWICK</b>
<b>THURSDAY 7:00 P.M.</b> <b>BLACK RIVER</b> <b>Knox United Church</b> <b>34 Market Street</b> <b>(Main entrance off Market St. Fellowship Room on the left)</b>	<b>Sutton</b>

**THURSDAY 8:00PM** **KING CITY**  
SERENITY PLUS  
St. Andrew's Presbyterian Church  
13190 Keele St (N of King Side road)

**THURSDAY 8:00 PM** **NEWMARKET**  
THURSDAY NIGHT  
St. Andrew's Presbyterian Church  
484 Water St (at Main)  
(Basement hall, use back door)

**District 19**

**MONDAY 8:00 PM** (AL) **THORNHILL**  
KEEP IT SIMPLE  
Thornhill Presbyterian Church  
271 Centre St (W of Yonge)  
use front door – go to 2nd floor


**MONDAY 8:00 PM** -  **TORONTO**  
NORTH TORONTO **Yonge/Eglinton**  
St. Clements Anglican Church  
70 St Clements Ave (Enter off Briar Hill Ave at Duplex) **7:30 Beginners meeting Free Parking**  
**Closed Holiday Mondays**

**TUESDAY 10:30 AM** **TORONTO**  
12 STEPS BROADWAY **Yonge/Eglinton**  
St. Monica's Church  
44 Broadway Ave  
(N of Eglinton, E of Yonge, Downstairs to basement)


**TUESDAY 7:45 PM** **RICHMOND HILL**  
RICHMOND HILL  
St. Paul's Lutheran Church  
10131 Bayview Ave (N. of Major MacKenzie)  
**(7:15PM – Beginners' Meeting)**

**TUESDAY 8:00 PM** **TORONTO**  
NEW BEGINNINGS **Don Mills**  
Advent Lutheran Church  
2800 Don Mills Rd.  
(N. of Sheppard. Enter from Parking Lot. Go left to Fellowship Hall) (8:00 PM Beginners Meeting)  
If door locked knock on window left of entrance door.


**WEDNESDAY 12:15 PM** **RICHMOND HILL**  
RICHMOND HILL NOON  
St. Mary's Anglican Church  
10030 Yonge St (at Major MacKenzie )  
(Use side door with ramp, off parking lot)

**WEDNESDAY 8:00 P.M.**  **TORONTO**  
THE NEW GROUP  
Glenview Presbyterian Church  
1 Glenview Ave.  
(Enter glass door on N.W. Glenview. Take stairs or elevator to 2<sup>nd</sup> Floor.) Street parking

**THURSDAY 8:00 PM** **TORONTO**  
BAYVIEW  
Oriole – York Mills United Church  
2609 Bayview Ave. (N of York Mills)


**THURSDAY 8:00 PM**  **TORONTO**  
WILLOWDALE **North York**  
Lansing United Church  
49 Bogart Avenue  
(1Bl W of Yonge. 1Bl S of Shepherd. 1 Bl from Yonge/Shepherd Subway) Parking available

**THURSDAY 7:30 PM**  
SERENITY FOR PARENTS AND FAMILIES  
St. George's Anglican Church  
5350 Yonge Street

**SATURDAY 10:00 AM**  **TORONTO**  
LIVING WITH GRATITUDE Don Mills  
The church of St. Bonaventure  
1300 Leslie Street  
(South of Lawrence, next to Edwards Garden)  
Use back door behind the building, off parking lot.

**SATURDAY 11:00 AM** **RICHMOND HILL**  
CHOICES  
St. Mary's Anglican Church,  
10030 Yonge St (at Major MacKenzie Dr)  
Enter off Maj. MacKenzie. N. W. side. First Driveway.  
(Use side door with ramp, off parking lot)

## District 19

**SATURDAY 8:15 PM** -  **TORONTO**

SATURDAY NIGHT OPEN  
St. Ansgar's Lutheran Church  
1498 Avenue Rd

(SW corner of Lawrence Ave West) enter via parking lot, elevator at west end of building)

**SUNDAY 10:00 AM** **THORNHILL**

AL-ANON SPOKEN HERE  
JAC'S Place  
Regina's Plaza  
858 Sheppard Ave. West (Basement)

**SUNDAY 8:00 PM** -  **TORONTO**  
**SECOND CHANCE** **Yonge/Lawrence**

Glenview Presbyterian Church,  
1 Glenview Ave  
(Glengrove & Yonge, S. of Lawrence)  
Beginners Meeting at 7:30PM

## District 20

**MONDAY 1:00 PM** -  **TORONTO**  
**THE ETOBICOKE GROUP** **Etobicoke**

Bloordale United Church  
4258 Bloor St. West (W of Hwy 427)  
Entrance off Parking Lot at rear off Church  
Room 14, **(No children please)**  
Closed Holiday Mondays & Easter Monday

**MONDAY 8:00 PM** -  **Etobicoke**

LONG BRANCH  
L.A.M.P Lakeshore Area Community Centre  
185 - 5th St (at Birmingham) Top floor  
**The Centre locks the door at 8 o'clock.**

**MONDAY 8:00 PM**  **Etobicoke**

KINGSWAY  
St. George's on the Hill Church  
4600 Dundas St West (W of Royal York Rd)  
**(7:30 PM - Beginners Meeting)**

**TUESDAY 8:00 PM**  **Etobicoke**

MARKLAND WOODS  
Bloordale United Church,  
4258 Bloor St. West (W of Hwy 427)  
(Room 14, use back door, ring buzzer if locked)

**WEDNESDAY 10:30 AM** **TORONTO**  
WEDNESDAY MORNING **Bloor/ Jane**

Bloor West Village Baptist Church  
291 South Kingsway  
(1 block south of Bloor, enter from N side of church)  
(Fragrance Free Meeting)  
(Beginners' Meeting 10:00 a.m.) (Scent-free please)

**WEDNESDAY 8:00 PM** **TORONTO**


DOWNSVIEW  
Greenborough Community Church  
2000 Keele St.  
(use rear entrance between Eglinton & Lawrence,)

**THURSDAY 8:00 PM** **TORONTO**

RONCESVALLES  
Roncesvalles United Church  
214 Wright Ave (N of Queen)  
Enter off parking lot on Roncesvalles

**FRIDAY 8:00 PM**  **TORONTO**  
**Etobicoke**

T.G.I.F.  
St. Philip's Parish Hall  
60 Dixon Rd,  
(One block E. of Royal York on the N. side)

**SUNDAY 11:00 AM** (AA)  **TORONTO**  
**PARKDALE** **Parkdale**

Masaryk-Cowan Community Centre  
220 Cowan Ave (W of Dufferin, S of Queen)  
(Concurrent Newcomers/123 meeting)

## District 21

**MONDAY 7:30 PM** (AA) **TORONTO**  
**MID-CITY** **Annex**

Trinity St. Paul's United Church  
427 Bloor St. West (W of Spadina)  
(Children's Education Room, Closed Holiday  
Mondays & Easter Monday,  
7:00pm - Beginners Meeting)

**MONDAY 8:00 PM** **TORONTO**  
**DONLANDS SERENITY** **Danforth**

Holy Cross Roman Catholic Church  
291 Cosburn Ave (at Donlands)  
(Use Cosburn entrance, go to the Basement)

**TUESDAY 7:30 PM** **TORONTO**  
**BEACH R&R** **Beach**

Sr. Aiden's Church  
70 Silver Birch Ave.  
**Newcomers' Meeting 7:00 PM**

**TUESDAY 8:00 PM**  **TORONTO**  
**ST. CLAIR** **St. Clair/ Bathurst**

Holy Rosary Parish Hall  
356 St. Clair Ave West  
(W of Church, opposite entrance, Room 2,  
**(Open meeting every 1st Tuesday of month)**)

**WEDNESDAY 12:00 PM** **TORONTO**  
**LIVING OUR BEST LIFE** **Yonge/Bloor**

Family Health Centre  
38 Isabella Street (Downstairs)

**WEDNESDAY 7:15 PM** **TORONTO**  
**MAIN STREET FELLOWSHIP** **Upper Beach**

Community Centre 55  
97 Main St. (at Swanwick)

**WEDNESDAY 7:30 PM**  **TORONTO**  
**FRESH START** **Cabbagetown**


St. Luke's United Church  
353 Sherbourne St (at Carlton)  
(downstairs, turn left at end of long hallway)  
Wheelchair ramp on South side of building  
Beginners' Meeting: 7:00

**THURSDAY 9:30 A.M.** **TORONTO**  
**MOTHERS AND OTHERS** **Danforth**

Eastminster United Church  
310 Danforth Ave  
(W of Chester Subway Sta. Enter of Danforth. Go left  
through sitting room. Go to Board Room)

## District 21

**THURSDAY 12:15 PM** **TORONTO**  
DOWNTOWN NOON **Yonge/ Dundas**  
Church of the Holy Trinity  
10 Trinity Square  
(next to the Eaton Centre, In rectory basement)

**SATURDAY 9:15AM**  **TORONTO**  
UP'N AT'EM AL-ANON **Bloor/Spadina**  
Trinity St. Paul's United Church  
427 Bloor St. West  
(West of Spadina. Opposite Metro)  
Go to the Memorial Room

## District 22

**MONDAY 8:00 PM** (AA) **TORONTO**  
STEPPING STONES **Scarborough**  
St. Paul's United Church  
200 MacIntosh  
(1 block W of Midland 1 block N of Kingston Rd, use  
back door, go to the Fellowship room)


**MONDAY 7:30 PM** **UNIONVILLE**  
CARING & SHARING  
Central United Church,  
131 Main St (N of Hwy. 7)

**TUESDAY 8:00 PM** **TORONTO**  
AGINCOURT **Scarborough**  
Holy Spirit Roman Catholic Church,  
3526 Sheppard Ave E (W of Birchmount)

**WEDNESDAY 7:30 P.M.** **SCARBOROUGH**  
**TURNING POINT**  
St Steven Presbyterian Church  
3817 Lawrence Ave. East  
(South Side. East of Scarborough Golf Club Rd.)  
(Front Door. Main Floor at east end of building)

**THURSDAY 10:00 AM** **MARKHAM**  
SUNNY FORECASTS  
St. Patrick's Church,  
5633 Hwy 7  
(S side between McCowan & Markham Rd)


**THURSDAY 8:00 PM** **TORONTO**  
CEDARBRAE **Scarborough**  
St. Thomas More Church  
2234 Ellesmere Rd.  
(NE corner of Domington. 1st Light E of Markham  
Rd. Enter through the community hall door on the  
East side of building. Cross through large meeting  
hall (may have card players in it) Go down small  
hallway to room on right.

**FRIDAY 10:00 AM** -  **TORONTO**  
FELLOWSHIP **Scarborough**  
Bendale Bible Chapel  
330 Bellamy road N. (South of Lawrence Ave. E.)  
NO CHILDREN PLEASE

**FRIDAY 8:30 PM** - **O** **TORONTO**  
AA NEWCOMERS WITH **Scarborough**  
AI-ANON PARTICIPATION  
St. Jude's Anglican Church  
10 Howarth Ave (W. of Pharmacy, 2 blocks South of  
Lawrence off Inniswood - Open Speaker meeting)

## Dis District 23


**MONDAY 9:30 AM** **OSHAWA**  
MORNING GLORY  
Glen Stewart Club House  
201 Cabot St


**MONDAY** - 7:30  **PORT PERRY**  
JUST FOR TODAY  
Port Perry United Church  
294 Queen St. (at Simcoe St.)

**TUESDAY 6:30 PM** **PICKERING**  
PATHS TO RECOVERY  
Montessori Learning Centre of Pickering (Portable)  
401 Kingston Rd.  
PLEASE BRING A CHAIR. ONLY CHILD-SIZE CHAIRS  
AVAILABLE.

**TUESDAY 7:30 PM** **OSHAWA**  
TRADITIONS  
St. Luke's Presbyterian Church  
333 Rossland Rd. West.

**TUESDAY 8:00-9:30 PM** **AJAX**  
NEW HOPE  
Pickering Village United Church  
300 Church St. North  
(South Parking Lot, South Doors Entrance) (Doors are  
locked at 8:10)

**WEDNESDAY 12:30 PM**  **OSHAWA**  
HAPPINESS WITHIN  
Glen Stewart Club House  
201 Cabot St. (LIFT AVAILABLE)

**WEDNESDAY 7:30 PM** -  **BROOKLIN**  
BROOKLIN NEW BEGININGS  
Paul J. Sullivan Centre (Renascent Centre)  
90 Colston Avenue

**THURSDAY 10:00 AM** **OSHAWA**  
LET IT BEGIN WITH ME  
Alano Club  
200 Thornton North

**THURSDAY 7:30 PM** **BOWMANVILLE**  
SERENITY  
Salvation Army  
73 Liberty St. South (Rear Entrance)

**FRIDAY 7:30 PM** **ORONO**  
GOTTAWANNA GROUP  
St. Saviours Anglican Church  
23 Mill St. (Side Door / Street Parking)

**SUNDAY 7:00 PM** **OSHAWA**  
YANA  
St Stephen's United Church  
1360 Simcoe Street North  
(On the N.W. corner of Simcoe St. & Taunton Rd.)

## ALATEEN GROUPS

### District 16

**MONDAY 7:45 PM (AN) AA OAKVILLE**

OAKVILLE ALATEEN

St. Jude's Anglican Church,  
160 William St (2 blocks S of Lakeshore, E of Navy St)

**WEDNESDAY 7:15 PM (AN) MISSISSAUGA**

HOPE PREVAILS ALATEEN

Westminster United Church  
4094 Tomken Rd.  
(SW Corner of Tomken & Rathburn)

### District 17

**FRIDAY 7:00 P.M. (AN) (AA) BRAMPTON**

**Y.A.N.A (You Are Not Alone)**

St. Paul's Presbyterian Church  
723 Balmoral Drive

### District 18

**SUNDAY 8:00 PM (AA) AURORA**

AURORA ALATEEN

St. Andrews Presbyterian Church  
32 Mosley St. (Church & Mosley)  
(Upper Church Hall – 2nd Floor)

### District 19

**MONDAY 8:00 PM THORNHILL**

KEEP IT SIMPLE

Thornhill Presbyterian Church  
271 Centre Street

### District 20

**MONDAY 8:00PM (AA) TORONTO/ETOBICOKE**

TOGETHER WE CAN MAKE IT

All Saints Kingsway Anglican Church  
2850 Bloor St. West (Take East exit from Royal York  
Subway and walk two blocks east.)