

**ONTARIO SOUTH LDC**

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**Make cheques payable to: Ontario South LDC, or email bank transfer. We do not accept credit cards**

<b>TOTAL ORDER</b>		<b>District and Group # -Required:</b>
5% HST		<b>Group Name</b>
<b>Shipping</b>		<b>City where Group meets:</b>
see chart below		<b>Ship to: Name:</b>
13% HST		<b>Address:</b>
		<b>City&amp;Province:</b>
		<b>Postal Code:</b>
		<b>Phone # and E-mail</b>
<b>GRAND TOTAL =</b>		<b>UPDATED FORM EFFECTIVE APRIL 1, 2019</b>

TOTAL ORDER	SHIPPING	13% HST	
up to \$25.00	11.00	1.43	
\$25.01 - \$50	12.00	1.56	
\$50.01 - \$100	15.00	1.95	
\$100.01-\$150	16.00	2.08	
\$150.01-\$200	18.00	2.34	
\$200.01-\$250	21.00	2.73	
\$250.01-\$300	25.00	3.25	
\$300.01-\$400	28.00	3.64	
\$400.01-\$500	35.00	4.55	
\$500.01-\$750	38.00	4.94	
\$750.01-\$1000	45.00	5.85	
\$1000.01-\$1300	50.00	6.50	
\$1300.01-\$1600	75.00	9.75	
\$1600.01-\$2000	100.00	13.00	

**5% HST is calculated on the total order only  
13% HST is calculated on Postage only  
refer to chart for correct amount**

*All Al-Anon/Alateen material is a collection of the shared experience, strength, and hope of its members, regardless of race creed, gender, sexual orientation, age, and walks of life.*

*Further, it is suggested that members read all material, not only that which focuses on particular situations.*

ID #	Quantity	Price	Cost	BOOKS
B-3		10.50		Alateen Hope for Children
B-4		17.00		The Dilemma of the Alcoholic Marriage
B-5		24.50		The Al-Anon Family Groups - Classic Edition
B-6		15.50		One Day at a Time in Al-Anon
B-7		22.50		Lois Remembers
B-8		20.00		Al-Anon's Twelve Steps & Twelve Traditions
B-10		13.50		Alateen A Day At A Time
B-11		19.00		As We Understood...
B-14		28.50		O.D.A.T. - Large Print Edition
B-15		24.50		In All Our Affairs: Making Crises Work for You
B-16		19.00		Courage to Change: O.D.A.T in Al-Anon II
B-17		34.50		Courage to Change - Large-Print Edition
B-18		31.50		Set: ODAT (B-6) and CTC (B-16)
B-19		42.50		Large Print Set: ODAT & CTC
B-21		32.50		From Survival to Recovery
B-23		22.00		Courage To Be Me Alateen
B-24		26.00		Paths to Recovery: Al-Anon's Steps, Traditions and Concepts
B-26		18.50		Living Today in Alateen
B-27		19.00		Hope for Today
B-28		34.50		Hope for Today - Large-print, Softcover edition
B-29		28.50		Opening Our Hearts... Transforming Our Losses
B-30		30.50		Discovering Choices
B-31		32.50		Many Voices - One Journey
B-32		9.00		How Al-Anon Works for Families & Friends PAPERBACK
B-33		22.50		Intimacy in Alcoholic Relationships NEW
<b>RECOVERY</b>				
P-1		0.50		Al-Anon Is for Men
P-2		0.50		Al-Anon, You & The Alcoholic
P-3		1.50		Alcoholism, A Merry-Go-Round Named Denial
P-4		1.50		Alcoholism: The Family Disease
P-4L		3.00		Alcoholism: The Family Disease - Large Print
P-5		8.00		Blueprint for Progress: 4th Step Inventory
P-6		0.50		Freedom From Despair
P-7		0.50		Guide for the Family of Alcoholics
P-9		1.50		How Can I Help My Children?
P-13		0.50		Purpose & Suggestions
P-14		0.50		So You Love An Alcoholic
P-15		0.50		Three Views of Al-Anon
P-16		1.50		To the Parents
P-17		1.50		Twelve Steps & Traditions
P-19		0.50		What Do You Do About the Alcoholics Drinking
P-31		1.00		Sponsorship: Whats It All About
P-32		1.00		This Is Al-Anon
P-33		0.50		Why Anonymity in Al-Anon
P-45		0.50		The Al-Anon Focus
P-47		1.50		Al-Anon Sharings/ Adult Children
P-48		0.50		Understanding Ourselves & Alcoholism
P-49		8.00		Living with Sobriety
P-57		2.00		The Concept's: Al-Anon's Best Kept Secret?
P-60		2.00		12 Traditions Illustrated
P-62		0.50		Does She Drink Too Much?
P-67		0.50		Dear Mom & Dad
P-87		1.00		Al-Anon's Co-Founders
P-91		18.00		Blueprint for Progress: 4th Step Inventory

P-92	21.50	Reaching For Personal Freedom
P-93	20.00	Paths to Recovery workbook
K-31	50.50	Paths to Recovery set
R-18	2.00	REPRINT Parents of Alcoholics
P-94	1.50	Hope & Understanding for Parents and Grandparents NEW
<b>ALATEEN</b>		
P-18	1.50	Alateen 12 Steps & Traditions
P-21	1.00	Youth & the Alcoholic Parent
P-22	1.00	If Your Parent Drinks Too Much
P-59	1.00	Moving On! From Alateen to Al-Anon
P-64	10.00	Alateen 4th Step Inventory Workbook
P-68	4.00	Alateen Talks Back on Acceptance
P-69	4.00	Alateen Talks Back on Serenity
P-70	4.00	Alateen Talks Back on Slogans
P-73	4.00	Alateen Talks Back on Detachment
M-9	2.00	Do's & Don'ts - Alateen (Packs of 10)
M-11	2.00	Just for Today Wallet Card (Packs of 10)
M-13	2.00	Just for Today Bookmark (Packs of 10)
M-18	1.00	Alateen Program Card (Packs of 10)
S-6	0.50	Daily Checklist of Myself
K-6	13.50	Alateen discount package
K-7	21.50	Alateen discount package
K-18	3.00	Alateen Newcomer Packet
<b>GROUP &amp; SERVICE ESSENTIAL MATERIALS</b>		
P-24	2.00	Al-Anon & Alateen Groups at Work
P-24/27	10.00	Manual: Al-Anon/Alateen Service
P-29	0.50	Guide for Sponsors of Alateen
P-35	0.50	Why C.A.L.?
P-46	10.00	World Service Conference Summary
P-53	0.50	Al-Anon Spoken Here
P-78	8.00	When I Got Busy, I Got Better
P-88	1.00	Service Sponsorship
M-7	2.00	Al-Anon Basic Program Card (Packs of 10)
M-8	2.00	Let it Begin With Me Declaration Card (Packs of 10)
M-10	2.00	Just For Today Wallet Card (Packs of 10)
M-12	2.00	Just For Today Bookmark (Packs of 10)
M-26	2.00	Serenity Prayer Card (Packs of 10)
M-40	1.50	Al-Anon Spoken Here door hanger
M-75	40.50	Al-Anon Legact Poster Set
M-78	2.00	Sponsorship - Working Together to Recover (Packs of 10)
M-80	0.50	Alateen Table Card
M-81	2.00	Just for Tonight bookmark (Packs of 10) NEW
S-9	0.50	Anonymity Table Card
S-17	0.50	Are You Toubled by Someone's Drinking (Packs of 10)
S-19	0.50	Detachment (Packs of 10)
S-20	0.50	Was Your Life Affected by Someone Drinking (Packs of 10)
S-21	0.50	The 7th Tradition Suggests
S-23	0.50	Getting in Touch with Al-Anon/Alateen
S-24	3.00	Focus/Declaration Table Card
S-25	0.50	Did You Grow Up With a Problem Drinker? (Packs of 10)
S-27	0.50	Alateen Sponsorship, Is It For You?
S-28	0.50	Links of Service
S-57	0.50	Joy of Service
S-71	2.00	Conflict Resolution
S-72	8.00	Conflict Resolution- Using our Traditions
S-73	9.00	Resolving Conflicts Within Al-Anon
K-10	2.25	Newcomer Packet
K-21	4.00	Adult Children Newcomer Packet
K-23	4.00	Men's Newcomer Packet
K-24	4.00	Parent's Newcomer Packet
K-70	18.00	Using Al-Anon Principles To Resolve Conflicts
<b>PUBLIC OUTREACH</b>		
P-36	0.50	Al-Anon Fact File
P-41	0.50	Facts About Alateen
P-65	0.50	Anonymity
P-81	0.50	What Happens After Treatment?
P-82	0.50	Living in a Shelter?
P-89	0.50	Doubting Your Sanity?
M-1	0.50	Are You Concerned About? (Packs of 10)
M-14	4.50	Logos, Al-Anon (blue) (Packs of 100)
M-15	4.50	Logos, Alateen (red) (Packs of 100)
M-44	2.00	Al-Anon Is & Is Not Bookmark (Packs of 10)
M-76	Free	Outreach Bookmark FREE
S-4	0.50	Information for the Newcomer
S-37	0.50	Fact Sheet for Professionals
S-40	0.50	Attracting and Promoting
S-64	0.50	Information for Educators: Alateen Meetings in Schools
S-65	0.50	Alcoholics, their Families, and the Judicial System
S-67	0.50	Al-Anon Welcomes Native Americans/Aboriginals
S-68	0.50	Al-Anon Welcomes All People of Colour
S-69	0.50	Al-Anon Welcomes Adult Children of Alcoholics
S-70	0.50	Al-Anon Welcomes Gays and Lesbians
K-30c	2.50	Professional Kit
CA-30	16.00	Radio PSA Canadian CD
CAV-30B	60.50	TV PSA Canadian BetaSP
AV-31dvd	10.00	Al-Anon and Alateen's Role in Family Recovery

TOTAL ORDER