

# District 26 Annual Day of Sharing

Carrying the Message of Al-Anon

Unloading the Burden to Lighten the Load

Saturday March 24, 2018

9:00 am – 3:00 pm

St. Mary's Parish Hall

Sycamore St.

Massena NY



Speakers: Cheryl M. Hastings Falls Ontario

Sean H. Helena, NY

Willie M. Potsdam NY

Fr. Mark Massena NY

Panel: Delma W., Albert G., & Mike from Syracuse

Skit: Char B., Carol B., & Mike R.

Join us to discover the burdens we gather, the tools we use, and the freedom we experience when we unload the burdens and fill the Back Pack with Al-Anon tools.

Gift Baskets, 50/ 50 Raffle Bring a Dish to Pass