

Delegate's Report to OS Assembly 2014

of note:

One Day At A Time is an audiobook that you can download through audible.com, amazon.com or Apple iTunes Store. The running time is 7 hours and 48 minutes.

Al-Anon Guidelines - are a collection of shared experiences and can be adapted by members. Guidelines for GR's (G11) and DR's (G37 & G15) are newly revised. All guidelines can be found on-line

World Service Office

www.al-anon.alateen.org

Electronic Books -

Alateen - Hope For Today, Having Had a Spiritual Awakening and How Al-Anon Works are available through your electronic book provider.

For full details on the presentations refer to the World Service Conference Summary.

Your DR has a copy and it can be found on-line
World Service Office
www.al-anon.alateen.org

Service Manual Games can be found on the WSO website
www.al-anon.alateen.org

Chosen Agenda Items

CAI:

How can we encourage more participation in service in our groups including stepping up to serve as a Group Representative and having members sign-up to lead group meetings?

CAI:

How can we inspire service in Al-Anon?

Summary of Discussion

- members in service were initially asked to participate and in turn ask other members directly to participate
- personal connections - fellowship
- attitudes of energy, enthusiasm and fun
- working all the steps leads to step 12
- education - understanding the responsibilities of the service position and sharing the personal recovery benefits
- helping members - being available to be supportive

CAI:

What strategies have been used to address obstacles to success when they arise at the Area level? The three obstacles to success lead to dissension when the principles of our program are not foremost on everyone's mind, not only at the group level, but also at district and Area levels.

CAI:

Dealing with a member (who holds elected positions) that is out of control, dominant, disrespectful, micro-managing everything and everyone; someone with no regard or respect for the feelings and/or anonymity of other members. What is the best action to take to preserve personal integrity and that of the program?

Summary

- be pro-active - state what bothers you in a meeting and what to do about it
- study the Traditions
- get all the facts
- get help - reach out - ask an AWSC member to help with Area problem members
- communicate, communicate, communicate!
- use Conflict Resolution kit

Committee Presentations

Thought Committee - Importance of a Home Group

Thought Committee - Technology for all Members

Task Committee - Principles behind Procedures

Task Committee - Al-Anon-Alateen Service Manual

Games

Task Committee - Compilation of Area Guidelines for Trusted Servants Not Fulfilling Responsibilities

Workshops

- Budget Planner (attached)
- Spiritual Principles (attached)
- Healthy Home Groups: questions for discussion -

What makes your group the best?

What is a home group?

What is a healthy group?

What are the characteristics of a healthy group?

What are the practices that demonstrate the actions of a healthy group?

How can the concepts of a home group benefit Al-Anon?

How do I know I belong to a healthy home group?

How can I let it begin with me?

What bugs me at a meeting?

What do I do that may bug another member?

Policy Discussions

Guidelines for Agreement in Discussions

- is it accurate?
- is it clear?
- can I live with it?

These questions might be of use in your group and district when trying to come to a consensus.

Financial Matters

55% of groups from Ontario South Donate

Average Donation - \$122.99 (per group)

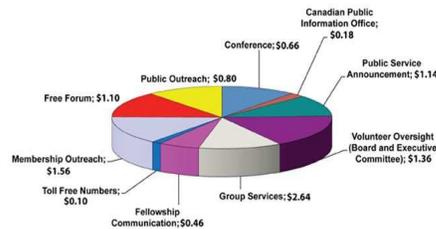
Total Donations - \$ 25,992

Other Donations - \$ 3700

Cost 1

How your \$10 is used 9.99(US\$)

Direct Services Expenses



Salaries, occupancy and other expenses are funded from literature sales

Policy Discussions and Definitions

Dual Members

- Policy Committee's aim was to clarify the spiritual principles that underly Al-Anon's policy on Dual Members.
- Both AA and Al-Anon continue to employ the policy of keeping the fellowships separate.

See Guideline #3

- the term dual members has been replaced with *Members of Al-Anon Family Groups Who Are also Members of Alcoholics Anonymous*.

Memorial Contributions

- this is an on-going discussion based on 2013 Memorial Donation discussions
- issue - whether or not to accept memorial contributions from family members of a deceased Al-Anon member
- clarification of the term "family" - now defined as anyone who plays a significant role in a person's life

Tradition 3 indicates that an Al-Anon member is anyone who says they are

Discussion will continue

Universal Understanding of Recovery (4 member surveys)

Background - to encourage professionals to understand that recovery from alcoholism includes the entire family not only the alcoholic. Personal recovery for the family is desirable to regain their own mental physical and spiritual health

Defintion of Family Recovery (to date)

“Family recovery is a process of healing and growth for the family members who live or have lived in a family affected by someone’s problem drinking.

This process helps these individuals o make healthier life choices, and to develop relationships that are more positive and supportive.”

Discussion will continue

Membership Outreach;
\$1.56

Toll Free Numbers;
\$0.10

Fellowship
Communication; \$0.46

Group Services; \$2.64

Conference; \$0.66

Public Outreach; \$0.80

Free Forum; \$1.10

Can:
Inform

Direct Services Expense

How your \$10 is